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The Nursing Assistant, Brief Edition: Essentials of Holistic Care, 3rd Edition

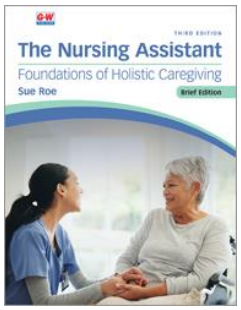
Sue Roe

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to

Florida Department of Education Student Performance Standards, Nursing Assistant 3

The Nursing Assistant: Foundations of Holistic Caregiving, Brief Edition presents the key information students need to become a nursing assistant. With this text's sharp focus on holistic care, students learn how to provide the care required of nursing assistants, while integrating and considering residents' bodies, minds, and spirits. Students will learn how to address the needs of residents, while providing high-quality care that is safe, effective, and compassionate. Richly illustrated step-by-step procedures teach students how to perform the tasks required of a nursing assistant in a long-term care facility, which is what distinguishes this version from the Comprehensive book. By mastering these skills, students will be prepared to pass the certification competency examination. The text and its supplements also include abundant reinforcement opportunities and practice questions for the certification competency examination, challenging students to apply what they have learned and preparing them for success when taking the exam.



CURRICULUM REQUIREMENTS		CORRELATING PAGES
28.0 Use verbal and written communications specific to nurse assisting. The student will be able to:		
28.01	Obtain specified data from patient and family.	118-121
28.02	Utilize verbal and written information to assist with the patient's plan of care.	33-35, 286-290
28.03 Demonstrate use of the communication system.		137-139, 257-258, 393-394
29.0 Demonstrate legal and ethical responsibilities specific to nurse assisting. – The student will be able to:		
29.01	Discuss and demonstrate legal and ethical behavior within the nursing assistant scope of practice including role limitations in Florida.	40-55
29.02	Describe the purpose of the chain of communication to resolve conflict.	270-271
29.03	Follow policies and procedures affecting the health, safety, and well-being of patient.	57-60, 115-117
29.04	Demonstrate safe standards of patient care including prevention and quality of care	57-60, 65-68, 110-127
29.05	Exhibit behavior supporting and promoting patients' and/or residents' rights.	9, 43-47, 49, 462, 513
29.06	Recognize potential for and prevention of medical errors.	58-59, 68, 116
29.07	Practice the proper procedures to follow regarding medical errors.	58-59, 297-298
29.08	Follow policies and procedures affecting the health, safety, and well-being of patients.	57-60, 115-117
29.09	Recognize and report signs of substance abuse.	515, 516
29.10	Demonstrate the understanding of vulnerable population abuse and reporting procedures per agency.	46-47, 54

CURRICULUM REQUIREMENTS		CORRELATING PAGES
29.11	Recognize that a C.N.A. must self-report any crimes they've been involved in within 30 days of the offense in accordance with (FS 456.0727(1) w).	42
29.12	Define Omnibus Budget Reconciliation Act (OBRA).	4, 42, 45, 557
29.13	Define Minimum Data Set (MDS).	57
30.0 Perform physical comfort and safety functions specific to nurse assisting. – The student will be able to:		
30.01	Implement appropriate regulatory and accrediting agency patient safety guidelines.	57-60
30.02	Maintain safe patient units, equipment, and a comfortable environment.	391-412
30.03	Maintain service areas on the units including supplies and equipment.	80, 106, 119
30.04	Observe, report, and record changes in the patient's behavior as needed, including mental awareness.	284-298, 528-534
30.05	Demonstrate adjustment of bed and side-rails according to facility policy.	60, 66, 70, 167-168, 393-394
30.06	Demonstrate and assist patient to dangle.	311-312
30.07	Demonstrate lifting, supporting and transferring patients from bed to chair, bed to bed, and bed to stretcher, including the use of the various assistive devices and equipment while utilizing proper body mechanics and patient safety measures	313-317
30.08	Demonstrate the proper use of a gait/transfer belt in both transfer and ambulation.	66, 313-314, 319-321
30.09	Assist patient in ambulation, including the use of crutch, cane, or walker.	322-327
30.10	Demonstrate the proper wheelchair safety techniques and assist patient as needed with use.	59-60, 66, 313, 528
30.11	Apply supportive devices as directed (e.g., footboard, over-bed cradle, alternating pressure mattress).	224, 303-304, 307, 331
30.12	Assist patient with care and use of prosthetic/orthotic devices.	338, 520-523
30.13	Describe emergency procedures utilized in the clinical area(s) and the role of the nursing assistant in these procedures.	85-109
31.0 Provide personal patient care. – The student will be able to:		
31.01	Perform bed bath; observe and report changes in a patient including skin and level of consciousness.	415-419, 440-448
31.02	Assist with shower or tub bath, including the use of specialty tubs or prepackaged disposable-bagged bath.	415-419, 186-189
31.03	Administer back rub with bath and as needed.	407-410, 419
31.04	Assist patient with hair care utilizing sink, tub, shower, bed or shower cap.	419-423
31.05	Demonstrate the use of a safety and/or electric razor to shave the patient.	423-424
31.06	Demonstrate how to groom patient, including hair, skin, foot, hand and nail care.	419-424, 428-431
31.07	Assist with and/or administer oral hygiene including denture care.	424-428

CURRICULUM REQUIREMENTS		CORRELATING PAGES
31.08	Assist patient to dress.	434-438
31.09	Assist patient with toileting using various types of restorative and rehabilitative equipment.	484-490
31.10	Assist patient with use of bedpan (standard and fracture)	486-488
31.11	Assist with bowel and bladder training.	507-508
31.12	Assist and/or provide perineal care.	431-434
31.13	Empty, measure and record urinary output and/or drainage.	478-482
31.14	Demonstrate application and use of a leg bag, leg strap and dignity bag.	495-496
31.15	Monitor and assist with the drainage of urostomy bags and colostomy bags.	504-507
31.16	Assist patient with both donning and doffing prosthesis and brace.	
31.17	Assist patient with meals.	467-471
31.18	Describe the relationships of body systems when providing patient care.	179-214
31.19	Recognize abnormal signs and symptoms of common diseases and conditions when providing patient care.	218-245
32.0 Perform patient care procedures. – The student will be able to:		
32.01	Demonstrate ability to accurately measure, record and report vital signs.	343-363
32.02	Assist with the admission of a patient and/or resident.	118-121
32.03	Assist with the admission, transfer, and discharge of a patient and/or resident.	118-123
32.04	Maintain patient-belongings list.	119, 120, 122, 123, 553
32.05	Make unoccupied/occupied bed.	395-402
32.06	Provide passive range-of-motion exercises.	330-337
32.07	Apply anti-embolic hose and sequential compression devices.	329-330
32.08	Understand and demonstrate proper collection of routine, timed urine and clean catch urine specimens.	381-385
32.09	Record fluid intake and output (I&O).	478-482
32.10	Observe, record, and report patient's emesis.	478, 479
32.11	Monitor and provide urinary catheter care and drainage systems.	490-497
32.12	Assist with ostomy care including emptying or changing ostomy bags that do not adhere to the skin.	504-507
32.13	Collect stool specimen.	385-387
32.14	Assist with the collection of a sputum specimen.	379-381
32.15	Assist the nurse with care of the patient with complex medical needs.	244-246
32.16	Assist patient to apply binders.	
32.17	Care for patient in skin and skeletal traction.	393

CURRICULUM REQUIREMENTS		CORRELATING PAGES
32.18	Assist with pre-operative and post-operative patient care.	
32.19	Reinforce dressings under the supervision of the RN/LPN.	151, 171-173
32.20	Obtain and record an apical pulse.	355
32.21	Provide cast care and/or pin care.	224
32.22	Provide care for eyeglasses, artificial eyes, and contact lens.	521-522
33.0 Apply principles of nutrition. – The student will be able to:		
33.01	Identify nutrients and food groups.	453-455
33.02	Develop a basic food plan.	455-456
33.03	Describe special diets.	462-464
33.04	Check patient's diet tray for accuracy.	470
33.05	Monitor and document Nutritional Intake.	467-468, 471
33.06	Identify and implement regional, cultural and religious food guidelines/preferences.	280, 452-453
33.07	Demonstrate knowledge of the need for thickened liquids and fluid consistency.	467
33.08	Identify methods of maintaining fluid balance including encouraging and restricting fluids.	480, 454, 455
34.0 Provide care for geriatric patients. – The student will be able to:		
34.01	Identify and assist with methods and procedures to prevent pressure ulcers.	220-221
34.02	Identify and assist with methods to prevent falls in the elderly.	65-68
34.04	Describe general characteristics, particular needs, and age related changes of the elderly.	209-211
34.05	Identify attitudes and living habits that promote positive mental and physical health for the elderly.	513-518, 522-524
34.06	Distinguish between fact and fallacy about the aging process.	130, 208-211, 227, 513
34.07	Apply reality orientation techniques and validation therapy unless it is contraindicated by the patient diagnosis.	72, 533
34.08	Recognize and respond appropriately to symptoms of common diseases, including dementia, depression/suicide and Alzheimer's.	512-536
34.09	Provide and involve patients in diversional activities.	71, 531
34.10	Identify common alterations in elderly patient behavior.	529-534
34.11	Provide care for patients with special needs (e.g., impaired hearing, impaired vision, immobility, impaired body functions, cognitively impaired (dementia)).	520-534
34.12	Demonstrate awareness of common behaviors in drug use and abuse in the elderly.	515, 516-517

CURRICULUM REQUIREMENTS		CORRELATING PAGES
34.13	Report concerns to the nurse and appropriate authorities related to drug use and abuse in the elderly patient.	516-517
34.14	Identify the need for community resources and services available to the elderly and their caregiver.	259, 539-540, 543, 546
34.15	Identify components of the grief process.	540
34.16	Demonstrate an understanding of end of life care, hospice and palliative care.	537-555
35.0 Apply the principles of infection control specific to nursing assisting. – The student will be able to:		
35.01	Discuss transmission-based precautions.	153, 165-168
35.02	Identify the chain of infection.	149-150
35.03	Provide care for patients with infectious diseases applying the principles of "Standard Precautions" utilized with all patients as well as special procedures required.	153-169
35.04	Apply the proper use of personal protective equipment (PPE) for all types of isolation including donning and removing PPE appropriately.	158-163
35.05	Follow isolation procedure with food tray, PPE, and other supplies/equipment.	165-168
35.06	Collect specimen from patient in isolation.	
36.0 Provide biological, psychological, and social support. – The student will be able to:		
36.01	Discuss family roles and their significance to health.	5, 72-73, 115, 120, 123, 138, 251, 279-280, 524
36.02	Respond to patient and family emotional needs.	263-265, 513-519, 543
37.0 Perform supervised organizational functions, following the patient care plan. – The student will be able to:		
37.01	Organize and prioritize patient-care assignments.	115-116, 139-140, 286-290
37.02	Complete assignments accurately and in a timely manner.	79, 113-114, 116
38.0 Assist with restorative (rehabilitative) activities. – The student will be able to:		
38.01	List the purposes of restorative (rehabilitation) program.	328
38.02	Assist patient with specified restorative (rehabilitation) needs.	328-339
38.03	Assist patients/residents to reach the optimum level of independence.	9, 11, 72, 111, 113, 135, 217, 302, 329, 337, 415, 416-419, 434, 466, 469-470-470, 528, 532