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Correlation of

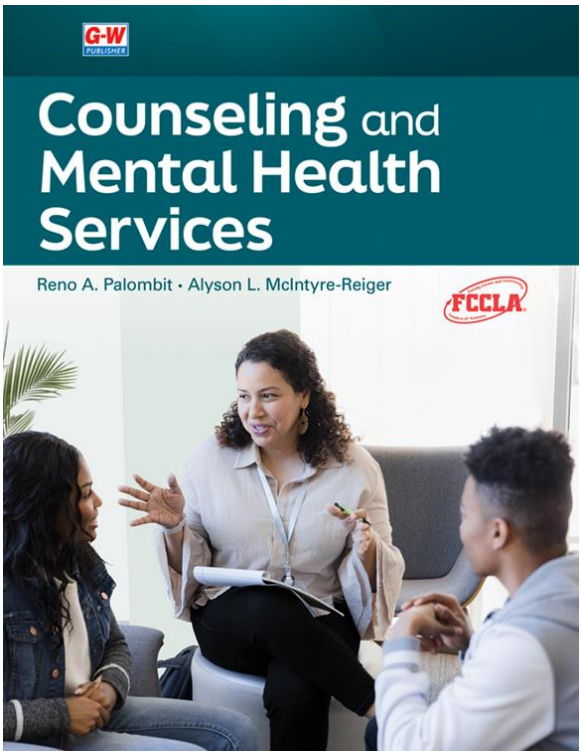
***Counseling and Mental Health Services,* Palombit and McIntyre-Reiger**
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to
National Standards for Family and Consumer Sciences Education: Area of Study 7.0 (Family and Human Services)

In planning your program, you may want to use the following correlation chart. This chart correlates the Family and Consumer Sciences National Standards 3.0 with the content of *Counseling and Mental Health Services*. It lists the competencies for each of the content standards for Area of Study 7—Family and Human Services. It also identifies the major text concepts that relate to each competency.

After studying the content of this text, students will be able to achieve the following comprehensive standard:

- **Area of Study 7.0—Synthesize knowledge, skills, and practices required for careers in family and human services.**

(Family and Consumer Sciences National Standards 3.0 [NASAFACS 2018]; Copyright ©2018–2028. Used with permission.)



Standards / Competencies	G-W Content
Standard 7.1: Analyze career paths within family and human services.	
Competency 7.1.1. Explain the roles and functions of individuals engaged in family and human services careers.	13-17 (Occupations in Counseling and Mental Health), 71, 84-89 (Gottman Methods), 225-229 (Treating ASD), 262-289 (Treatment), 298, 301, 303-304, 307-308, 312-314, 323-324, 358-389 (School and Career Counseling), 392-393, 432-441, 443-445
Competency 7.1.2. Investigate opportunities for employment and entrepreneurial endeavors.	Career Connections: 33, 79, 95, 141, 159, 185, 226, 251, 282, 300, 340, 368, 416, 447, 470 453 (Core Skills #4), 456-459 (Career Research), 481 (Critical Thinking #3, Core Skills #1-2)

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Standards / Competencies	G-W Content
Competency 7.1.3. Summarize education and training requirements and opportunities for career paths in family and human services.	Career Connections: 33, 79, 95, 141, 159, 185, 226, 251, 282, 300, 340, 368, 416, 447, 470
Competency 7.1.4. Analyze the effects of family and human service careers on local, state, national, and global economies.	See G-W title *Principles of Human Services* (Chapters 1, 2, 8, 9, and 11)
Competency 7.1.5. Create an employment portfolio to communicate family and human services knowledge and skills.	College and Career Portfolio: 28, 58, 90, 122, 150, 174, 204, 230, 260, 288, 326, 356, 388, 418, 452, 480
Competency 7.1.6. Analyze the role of professional organizations in family and human services professions.	361 (ASCA), 376-377 (NCDA), 462-463 (professional associations), 470
Standard 7.2: Analyze factors in providing family and human services.	
Competency 7.2.1. Describe local, state, and national agencies and informal support resources providing human services.	422-431 (Mental Health System)
Competency 7.2.2. Analyze professional, ethical, legal, and safety issues for human services employees.	407-412 (Managing Expectations and Boundaries), 415-416 (Counselor Self-Care), 432-437 (Risk and Case Management), 437-441 (Information and Technology Management), 461-463 (Professionalism)
Competency 7.2.3. Summarize licensing laws and regulations that affect service providers and their participants.	409-412 (Professional Boundaries), 426-427 (Policies and Regulatory Agencies), 430, 437-438 (HIPAA), 461-463 (Professionalism)
Competency 7.2.4. Analyze harmful, fraudulent, unethical, and deceptive human services practices.	409-412 (Professional Boundaries), 435
Competency 7.2.5. Summarize the rights and responsibilities of human service participants and their families.	437-438 (HIPAA), 330-334 (Readiness for Change)
Competency 7.2.6. Analyze effective self-advocacy strategies for human services professionals.	415-416 (Counselor Self-Care)
Competency 7.2.7. Investigate community-networking opportunities in family and human services.	458-460 (Work-Based Learning), 469-471 (Building a Network)
Standard 7.3: Demonstrate professional behaviors, skills, and knowledge in providing family and human services.	
Competency 7.3.1. Evaluate rules, regulations, legal and work site policies that affect employer, employee, personal, and family rights and responsibilities.	409-412 (Professional Boundaries), 426-427 (Policies and Regulatory Agencies), 430, 437-438 (HIPAA), 461-463 (Professionalism)

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Standards / Competencies	G-W Content
Competency 7.3.2. Demonstrate professional and ethical behavior with peers in a variety of settings.	407-412 (Managing Expectations and Boundaries), 415-416 (Counselor Self-Care), 432-437 (Risk and Case Management), 437-441 (Information and Technology Management), 461-463 (Professionalism)
Competency 7.3.3. Analyze procedures for maintaining accurate and confidential documentation and submission practices.	409 (confidentiality), 437-441 (Information and Technology Management)
Competency 7.3.4. Demonstrate formal and informal assessment practices that evaluate participants' strengths, needs, preferences, and interests across the life span.	380-386 (Skills, Assessments, and Models)
Competency 7.3.5. Demonstrate use of current and evolving technology in human services.	440-441 (Technology Management), 411 (Technology's Impact), 162-163 (neuroimaging)
Standard 7.4: Analyze the impact of conditions that could influence the well-being of individuals and families.	
Competency 7.4.1. Investigate health, wellness, and safety issues of individual and families with a variety of conditions that could influence their well-being.	292-294 (Stress), 296-301 (Trauma), 301-304 (Bullying and Violence), 214-217 (Specific Learning Disabilities), 217-219 (ADHD), 223-229 (autism spectrum disorder), 242-258 (mental disorders)
Competency 7.4.2. Analyze management and living environment issues of individuals and family conditions that influence their well-being.	217-219 (ADHD), 223-229 (autism spectrum disorder), 242-258 (mental disorders)
Competency 7.4.3. Analyze personal, social, emotional, economic, vocational, educational, and recreational issues of individuals and family conditions that influence their well-being.	292-294 (Stress), 296-301 (Trauma), 301-304 (Bullying and Violence), 214-217 (Specific Learning Disabilities), 217-219 (ADHD), 223-229 (autism spectrum disorder), 242-258 (mental disorders)
Competency 7.4.4. Differentiate between situations that require personal prevention or intervention and those situations that require professional assistance.	351-355 (Wellness Practices), 309-310 (Suicide), 311-314 (Grief), 234-235 (definition of mental disorder)
Competency 7.4.5. Analyze situations which require crisis intervention.	355 (crisis intervention), 309-310 (Suicide)
Competency 7.4.6. Summarize the appropriate support needed to address selected human services issues.	310 (Suicide), 262-289 (Treatment), 295-296 (stress management), 298-301 (treating trauma), 307-308 (spiritual and religious counseling), 312-314 (grief counseling), 323-324 (treating substance use disorders), 355 (seeking professional help)
Standard 7.5: Evaluate services for individuals and families with a variety of conditions that could impact their well-being.	

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Standards / Competencies	G-W Content
Competency 7.5.1. Describe needs and accommodations for people with a variety of conditions that could affect their well-being.	214-217 (Specific Learning Disabilities), 217-219 (ADHD), 223-229 (autism spectrum disorder), 242-258 (mental disorders)
Competency 7.5.2. Analyze ways in which individuals with conditions that affect their well-being influence the family and family members financially, socially, physically, and emotionally over the lifespan.	See G-W title *Principles of Human Services* (Chapters 2, 4, 9, 10, 11, and 12)
Competency 7.5.3. Illustrate coping or adjustment strategies and stress management practices for the participant, a caregiver, and family members.	295-296 (Stress Management), 315-321 (Coping and Resilience)
Competency 7.5.4. Summarize the importance of friends, family, and community relationships for individuals with a variety of conditions that affect their well-being.	See G-W title *Principles of Human Services* (Chapters 2, 4, 5, 7, 9, 10, 11, and 12)
Competency 7.5.5. Demonstrate ways to provide support that validates the participants' capabilities and right to privacy, dignity, and autonomy.	See G-W title *Principles of Human Services* (Chapters 3, 4, 11, and 13)
Competency 7.5.6. Identify strategies that help participants make informed choices, access resources and support, follow through on responsibilities, and take appropriate risks.	See G-W title *Principles of Human Services* (Chapters 3, 4, 5, 6, 7, 8, 9, and 11)
Competency 7.5.7. Demonstrate effective verbal and nonverbal communication skills that support individuals and families with a variety of conditions that could affect their well-being.	See G-W title *Principles of Human Services* (Chapters 3, 5, and 12)

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