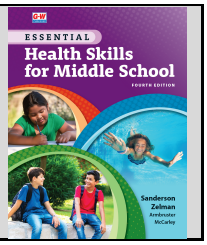
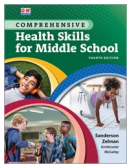
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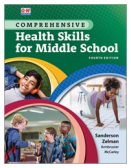
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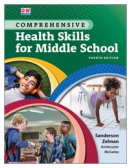
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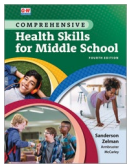
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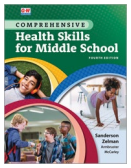
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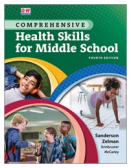
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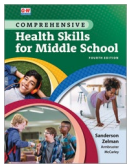
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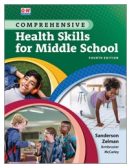
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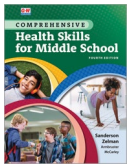
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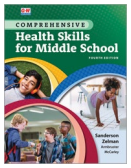
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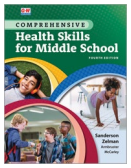
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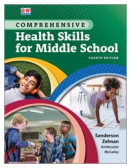
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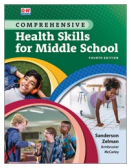
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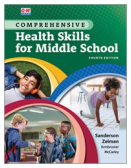
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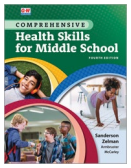
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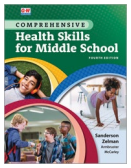
Indiana Academic Standards 2023	Correlating Textbook Pages
	386 Develop Your Skills #3 403 Develop Your Skills #3 414 Develop Your Skills #3 *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health* **Instruction**: 17, 94 17 Figure 8.2.4 Using the Decision Making Process 94 Figure 10.1.7 Using the Decision Making Process to Practice Abstinence **Application**: 19 Develop Your Skills #2 95 Building Your Skills - Making Decisions About Boundaries 108 Develop Your Skills #2
2. Evaluating Health Information	
6-8.5.2 Compile and assess available information to enhance health.	**Instruction**: 27-30, 62 27 Figure 1.3.5 Health Literacy 28 Figure 1.3.6 Medically Accurate Information 29 Figure 1.3.7 Valid Information Online 30 Figure 1.3.8 Health and Safety Information 62 Tips for Choosing Care Products **Application**: 10 Critical Thinking #1 34 Critical Thinking #2, Develop Your Skills #1 58 Building Your Skills - Health in the Media 207 Critical Thinking #2 268 Critical Thinking #1 294 Critical Thinking #3 305 Critical Thinking #1-2 330 Critical Thinking #1 345 Critical Thinking #3 *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health* **Application**: 19 Critical Thinking #1 40 Critical Thinking #1 65 Critical Thinking #1
3. Making Health-Related Decisions	
6-8.5.3 Personalize health risk of decisions to self and others.	**Instruction**: 15, 18-19, 22-23, 267



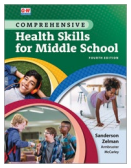
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4. Health Decision Connections	
6-8.5.4 Apply a decision making process to real-life health related situations.	**Instruction**: 21-23 23 Figure 1.3.1 The Decision Making Process **Application**: 21 Reading and Notetaking Activity 34 Critical Thinking #3 66 Develop Your Skills #3 77 Develop Your Skills #2 151 Develop Your Skills #3



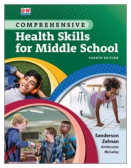
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5. Personal Health Responsibility	
6-8.5.5 Describe how personal health decisions may affect subsequent decisions.	**Instruction**: 21-23 23 Figure 1.3.1 The Decision Making Process **Application**: 21 Reading and Notetaking Activity 34 Critical Thinking #3 66 Develop Your Skills #3 267 Building Your Skills - Making Healthy Decisions *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health*



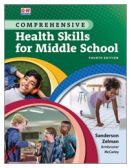
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	Instruction: 17, 94 17 Figure 8.2.4 Using the Decision Making Process 94 Figure 10.1.7 Using the Decision Making Process to Practice Abstinence **Application**: 18 Building Your Skills - Peer Pressure Throughout the Life Span 95 Building Your Skills - Making Decisions About Boundaries 96 Critical Thinking #1, Develop Your Skills #3
6. Personal Health Decisions	
6-8.5.6 Assume responsibility for personal health decisions.	**Instruction**: 21-23 23 Figure 1.3.1 The Decision Making Process **Application**: 21 Reading and Notetaking Activity 34 Critical Thinking #3 66 Develop Your Skills #3 267 Building Your Skills - Making Healthy Decisions *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health* **Instruction**: 17, 94 17 Figure 8.2.4 Using the Decision Making Process 94 Figure 10.1.7 Using the Decision Making Process to Practice Abstinence **Application**: 18 Building Your Skills - Peer Pressure Throughout the Life Span 95 Building Your Skills - Making Decisions About Boundaries 96 Critical Thinking #1, Develop Your Skills #3
Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.	
1. Setting Health Goals	
6-8.6.1 Assess the benefits of planning and setting health goals.	**Instruction**: 23-24, 149, 168-172 24 Figure 1.3.2 Setting SMART Goals 171 Figure 3.4.5 Record Your Progress **Application**: 21 Reading and Notetaking Activity 34 Develop Your Skills #2 134 Develop Your Skills #3 151 Develop Your Skills #1 169 Building Your Skills - Be SMART, Stay Motivated



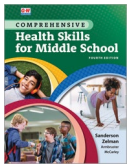
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2. Achieving Health Goals	
6-8.6.2 Develop a personal health goal and a plan to achieve it.	**Instruction**: 23-24, 149, 168-172 24 Figure 1.3.2 Setting SMART Goals 171 Figure 3.4.5 Record Your Progress **Application**: 21 Reading and Notetaking Activity 34 Develop Your Skills #2 134 Develop Your Skills #3 151 Develop Your Skills #1 169 Building Your Skills - Be SMART, Stay Motivated 229 Develop Your Skills #2 237 Develop Your Skills #3 268 Develop Your Skills #3 330 Develop Your Skills #3 370 Develop Your Skills #3 386 Develop Your Skills #2 414 Develop Your Skills #1 *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health* **Application**: 8 Develop Your Skills #3 54 Develop Your Skills #3 96 Develop Your Skills #2
3. Barriers to Health Goals	
6-8.6.3 Examine possible barriers to achieving the personal health goal.	**Instruction**: 23-24, 149, 168-172 24 Figure 1.3.2 Setting SMART Goals 25 Figure 1.3.3 Resisting Pressure 171 Figure 3.4.5 Record Your Progress



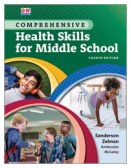
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	Application: 21 Reading and Notetaking Activity 34 Develop Your Skills #2 169 Building Your Skills - Be SMART, Stay Motivated 229 Develop Your Skills #2 237 Develop Your Skills #3 268 Develop Your Skills #3 370 Develop Your Skills #3 386 Develop Your Skills #2 414 Develop Your Skills #1 *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health* **Application**: 8 Develop Your Skills #3 54 Develop Your Skills #3 96 Develop Your Skills #2
4. Health Goal Adaptability	
6-8.6.4 Implement the plan to achieve the personal health goal and overcome possible barriers.	**Instruction**: 23-24, 149, 168-172 24 Figure 1.3.2 Setting SMART Goals 171 Figure 3.4.5 Record Your Progress **Application**: 21 Reading and Notetaking Activity 34 Develop Your Skills #2 134 Develop Your Skills #3 151 Develop Your Skills #1 169 Building Your Skills - Be SMART, Stay Motivated 229 Develop Your Skills #2 237 Develop Your Skills #3 268 Develop Your Skills #3 330 Develop Your Skills #3 370 Develop Your Skills #3 386 Develop Your Skills #2 414 Develop Your Skills #1 *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health* **Application**: 8 Develop Your Skills #3 54 Develop Your Skills #3 96 Develop Your Skills #2
5. Personal Choices and Health Goals	
6-8.6.5 Consider the impact of decisions on the personal health goal.	**Instruction**: 23-24, 149, 168-172 24 Figure 1.3.2 Setting SMART Goals 171 Figure 3.4.5 Record Your Progress



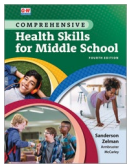
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6. Health Goal Support Systems	
6-8.6.6 Identify personal support systems and explain their importance in achieving the personal health goal.	**Instruction**: 23-24, 149, 168-172, 234-236, 327-329, 389-390, 425-426 24 Figure 1.3.2 Setting SMART Goals 171 Figure 3.4.5 Record Your Progress 234 Figure 4.5.3 What Does a Therapist Do 327 Figure 5.6.7 Support Groups 389 Figure 7.1.1 Types of Relationships 425 Figure 7.3.6 Positive Peer Pressure **Application**: 34 Develop Your Skills #2 237 Develop Your Skills #3 330 Develop Your Skills #3 388 Reading and Notetaking Activity 403 Critical Thinking #1, Develop Your Skills #3
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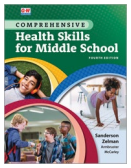
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Standard 7: Students demonstrate the ability to practice strategies and skills to enhance personal health and reduce health risks.	
1. Safety Knowledge Skills	
6-8.7.1 Conduct a personal assessment of health and safety knowledge and skills.	**Instruction**: 165-167, 178-179, 193-195, 333-344, 347-357, 360-369 167 Figure 3.4.3 Checking Your Fitness Level 178 Figure 3.5.2 Prevent Injuries 193 Questions to Help Assess Mental and Emotional Health 334 Figure 6.1.1 Fall Prevention 335 Figure 6.1.2 Poisoning Prevention 336 Figure 6.1.4 Weapons Safety 337 Figure 6.1.5 Understand the Fire Triangle 338 Figure 6.1.6 Fire Safety Inspection Checklist 338 Figure 6.1.7 Have an Escape Plan 339 Figure 6.1.8 When You Are on Fire 341 Preparing for Natural Disasters 342 Figure 6.1.10 Emergency Supply Items 344 Figure 6.1.11 Rules for Staying Home Alone 347 Figure 6.2.1 Potentially Dangerous Places in Your Community 349 Figure 6.2.3 Staying Safe in Public Places 351 Figure 6.2.4 Staying Safe on the Internet 352 Staying Safe on Social Media 355 Figure 6.2.7 Staying Safe on the Road 356 Figure 6.2.8 Vehicle Safety 361 Figure 6.3.2 First Aid Kit 362 Figure 6.3.3 How to Communicate with 911 Dispatchers 363 Figure 6.3.4 First Aid for Bleeding Cuts and Scrapes 364 Figure 6.3.5 Treating Shock 364 Figure 6.3.6 Using an EpiPen 365 Figure 6.3.7 First Aid for Electrical Shock 365 Figure 6.3.8 Burns



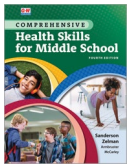
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2. Health and Safety Strengths and Needs	
6-8.7.2 Describe the results of the personal assessment to identify personal health and safety strengths and needs.	**Instruction**: 165-167, 178-179, 193-195, 333-344, 347-357, 360-369 167 Figure 3.4.3 Checking Your Fitness Level 178 Figure 3.5.2 Prevent Injuries 193 Questions to Help Assess Mental and Emotional Health 334 Figure 6.1.1 Fall Prevention 335 Figure 6.1.2 Poisoning Prevention 336 Figure 6.1.4 Weapons Safety 337 Figure 6.1.5 Understand the Fire Triangle 338 Figure 6.1.6 Fire Safety Inspection Checklist 338 Figure 6.1.7 Have an Escape Plan 339 Figure 6.1.8 When You Are on Fire 341 Preparing for Natural Disasters 342 Figure 6.1.10 Emergency Supply Items 344 Figure 6.1.11 Rules for Staying Home Alone 347 Figure 6.2.1 Potentially Dangerous Places in Your Community 349 Figure 6.2.3 Staying Safe in Public Places 351 Figure 6.2.4 Staying Safe on the Internet 352 Staying Safe on Social Media 355 Figure 6.2.7 Staying Safe on the Road 356 Figure 6.2.8 Vehicle Safety 361 Figure 6.3.2 First Aid Kit 362 Figure 6.3.3 How to Communicate with 911 Dispatchers 363 Figure 6.3.4 First Aid for Bleeding Cuts and Scrapes 364 Figure 6.3.5 Treating Shock 364 Figure 6.3.6 Using an EpiPen 365 Figure 6.3.7 First Aid for Electrical Shock 365 Figure 6.3.8 Burns 367 Figure 6.3.9 The Five and Five Method 368 Figure 6.3.10 Hands Only CPR 369 Figure 6.3.11 Using an Automated External Defibrillator (AED)



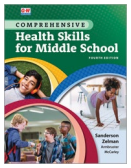
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3. Health and Safety Strengths and Needs	
6-8.7.3 Describe the results of the personal assessment to identify personal health and safety strengths and needs.	**Instruction**: 165-167, 178-179, 193-195, 333-344, 347-357, 360-369 167 Figure 3.4.3 Checking Your Fitness Level 178 Figure 3.5.2 Prevent Injuries 193 Questions to Help Assess Mental and Emotional Health 334 Figure 6.1.1 Fall Prevention 335 Figure 6.1.2 Poisoning Prevention 336 Figure 6.1.4 Weapons Safety 337 Figure 6.1.5 Understand the Fire Triangle 338 Figure 6.1.6 Fire Safety Inspection Checklist 338 Figure 6.1.7 Have an Escape Plan 339 Figure 6.1.8 When You Are on Fire 341 Preparing for Natural Disasters 342 Figure 6.1.10 Emergency Supply Items 344 Figure 6.1.11 Rules for Staying Home Alone 347 Figure 6.2.1 Potentially Dangerous Places in Your Community 349 Figure 6.2.3 Staying Safe in Public Places 351 Figure 6.2.4 Staying Safe on the Internet 352 Staying Safe on Social Media 355 Figure 6.2.7 Staying Safe on the Road 356 Figure 6.2.8 Vehicle Safety 361 Figure 6.3.2 First Aid Kit 362 Figure 6.3.3 How to Communicate with 911 Dispatchers 363 Figure 6.3.4 First Aid for Bleeding Cuts and Scrapes 364 Figure 6.3.5 Treating Shock 364 Figure 6.3.6 Using an EpiPen 365 Figure 6.3.7 First Aid for Electrical Shock 365 Figure 6.3.8 Burns 367 Figure 6.3.9 The Five and Five Method 368 Figure 6.3.10 Hands Only CPR 369 Figure 6.3.11 Using an Automated External Defibrillator (AED) **Application**: 176 Reading and Notetaking Activity 332 Reading and Notetaking Activity 343 Building Your Skills - Planning for an Emergency 345 Critical Thinking #1, Develop Your Skills #1 346 Reading and Notetaking Activity



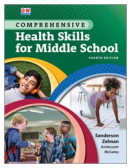
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	370 Critical Thinking #1, Develop Your Skills #1
Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.	
1. Safety Concerns and Assessments	
6-8.8.1 Conduct a personal, family, or community health or safety assessment and/or review data from an existing health assessment.	**Instruction**: 165-167, 178-179, 193-195, 333-344, 347-357, 360-369 167 Figure 3.4.3 Checking Your Fitness Level 178 Figure 3.5.2 Prevent Injuries 193 Questions to Help Assess Mental and Emotional Health 334 Figure 6.1.1 Fall Prevention 335 Figure 6.1.2 Poisoning Prevention 336 Figure 6.1.4 Weapons Safety 337 Figure 6.1.5 Understand the Fire Triangle 338 Figure 6.1.6 Fire Safety Inspection Checklist 338 Figure 6.1.7 Have an Escape Plan 339 Figure 6.1.8 When You Are on Fire 341 Preparing for Natural Disasters 342 Figure 6.1.10 Emergency Supply Items 344 Figure 6.1.11 Rules for Staying Home Alone 347 Figure 6.2.1 Potentially Dangerous Places in Your Community 349 Figure 6.2.3 Staying Safe in Public Places 351 Figure 6.2.4 Staying Safe on the Internet 352 Staying Safe on Social Media 355 Figure 6.2.7 Staying Safe on the Road 356 Figure 6.2.8 Vehicle Safety 361 Figure 6.3.2 First Aid Kit 362 Figure 6.3.3 How to Communicate with 911 Dispatchers 363 Figure 6.3.4 First Aid for Bleeding Cuts and Scrapes 364 Figure 6.3.5 Treating Shock 364 Figure 6.3.6 Using an EpiPen 365 Figure 6.3.7 First Aid for Electrical Shock 365 Figure 6.3.8 Burns 367 Figure 6.3.9 The Five and Five Method 368 Figure 6.3.10 Hands Only CPR 369 Figure 6.3.11 Using an Automated External Defibrillator (AED) **Application**: 176 Reading and Notetaking Activity 332 Reading and Notetaking Activity 343 Building Your Skills - Planning for an Emergency 345 Critical Thinking #1, Develop Your Skills #1 346 Reading and Notetaking Activity 370 Critical Thinking #1, Develop Your Skills #1
2. Standing for Health/Safety Issues	
6-8.8.2 Analyze data to determine a priority health or safety issue on which to take a stand.	**Instruction**: 165-167, 239-246, 319, 335-336, 347-357, 360-369, 372



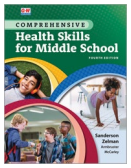
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3. Evidence for Health/Safety Issues	
6-8.8.3 Research the health or safety issue.	**Application**: 247 Critical Thinking #1 370 Critical Thinking #1 386 Critical Thinking #1-3 *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health* **Application**: 54 Critical Thinking #2 65 Critical Thinking #2 77 Develop Your Skills #2 86 Develop Your Skills #2-3



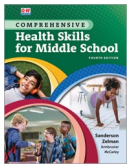
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4. Advocating for Health Issues	
6-8.8.4 Identify agencies, organizations, or others who advocate for the health issue.	**Instruction**: 31, 253, 280, 381, 392-397 31 Figure 1.3.9 Communicating Health Information 253 Figure 4.7.5 Advocate for Mental Health 395 Figure 7.1.6 Communication Styles **Application**: 32 Building Your Skills - Your School Environment 66 Develop Your Skills #2 91 Develop Your Skills #2 106 Develop Your Skills #3 122 Develop Your Skills #2 134 Develop Your Skills #1 163 Develop Your Skills #2 175 Develop Your Skills #2 196 Develop Your Skills #3 207 Develop Your Skills #3 237 Develop Your Skills #1 247 Develop Your Skills #3 256 Develop Your Skills #2 280 Building Your Skills - Advocating for an Opioid Free Life 281 Develop Your Skills #3 294 Develop Your Skills #1 305 Develop Your Skills #3 330 Develop Your Skills #2 345 Develop Your Skills #3 358 Develop Your Skills #2 381 Building Your Skills - Advocating for the Environment *See Supplemental Human Development, Relationships, and Sexual Health* **Instruction**: 127 *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health* **Application**: 40 Develop Your Skills #2 86 Develop Your Skills #2 28 Develop Your Skills #2 108 Develop Your Skills #3 *See Supplemental Human Development, Relationships, and Sexual Health* 127 Building Your Skills - Promoting Acceptance, Tolerance, and Unity 129 Develop Your Skills #1 138 Develop Your Skills #1 150 Develop Your Skills #2



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5. Personal Belief for Health/Safety Issues	
6-8.8.5 Demonstrate personal beliefs regarding the health or safety issue.	**Instruction**: 165-167, 239-246, 319, 335-336, 347-357, 360-369, 372 352 Staying Safe on Social Media 368 Figure 6.3.10 Hands Only CPR 369 Figure 6.3.11 Using an Automated External Defibrillator (AED) 372 Figure 6.4.1 Humans and the Environment Affect One Another 385 Figure 6.4.14 Advocate for Your Environment **Application**: 175 Develop Your Skills #2 196 Develop Your Skills #3 241 Case Study - Asher's Quest to Win 247 Develop Your Skills #3 318 Reading and Notetaking Activity 320 Building Your Skills - Addiction Prevention 330 Develop Your Skills #2 345 Develop Your Skills #3 358 Develop Your Skills #2 370 Develop Your Skills #2 371 Reading and Notetaking Activity 381 Building Your Skills - Advocating for the Environment 386 Develop Your Skills #1 *See Supplemental Human Development and Relationships, and/or Human Development, Relationships, and Sexual Health* **Instruction**: 49-51, 74-75, 82 47 Figure 9.1.4 Cyberbullying 75 Figure 9.3.9 Abuse 82 Figure 9.4.4 Human Trafficking **Application**: 86 Develop Your Skills #2
6. Communicating Health/Safety Issues	
6-8.8.6 Use communication techniques to persuade the individual or group to support or act on the health or safety issue.	**Instruction**: 31, 253, 280, 381, 392-397, 523 31 Figure 1.3.9 Communicating Health Information 253 Figure 4.7.5 Advocate for Mental Health 395 Figure 7.1.6 Communication Styles **Application**: 32 Building Your Skills - Your School Environment 66 Develop Your Skills #2 91 Develop Your Skills #2 106 Develop Your Skills #3



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7. Communicating Health/Safety Issues	
6-8.8.7 Identify an audience and adapt the health or safety message and communication technique to the characteristics of the individual or group.	**Instruction**: 31, 253, 280, 381, 392-397 31 Figure 1.3.9 Communicating Health Information 253 Figure 4.7.5 Advocate for Mental Health 395 Figure 7.1.6 Communication Styles **Application**: 32 Building Your Skills - Your School Environment 66 Develop Your Skills #2 91 Develop Your Skills #2 106 Develop Your Skills #3 122 Develop Your Skills #2 134 Develop Your Skills #1



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8. Communicating Health/Safety Issues	
No standards defined.	