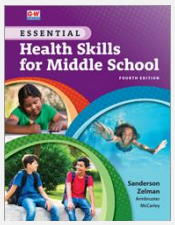
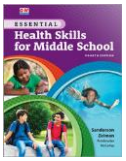
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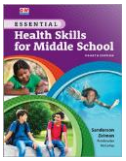
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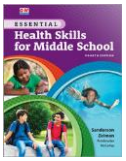
Standards		Correlating Text Pages
GRADE 6		
Component: Personal Wellness **Subcomponent: Nutrition**		
PW.1	6.PW.1 Explain the relationship between a balanced nutrition program and the essential nutrients for overall wellness.	**Instruction**: 125-133 125 Figure 3.1.1 Types of Nutrients 126 Figure 3.1.2 Carbohydrates 127 Figure 3.1.3 Fiber 128 Figure 3.1.4 Protein's Role in the Body 128 Figure 3.1.5 Types of Protein Sources 129 Figure 3.1.6 Types of Vegetarians 130 Figure 3.1.7 Fats in Your Diet 131 Figure 3.1.8 Types and Functions of Vitamins 132 Figure 3.1.9 Types and Functions of Minerals 133 Figure 3.1.10 Water **Application:** 134 Critical Thinking #1-3, Develop Your Skills #1-3
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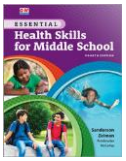
Standards		Correlating Text Pages
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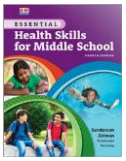
Standards		Correlating Text Pages
		Application: 54 Reading and Notetaking Activity 56 Case Study - Changes in Malcolm's Hygiene 66 Critical Thinking #1-2, Develop Your Skills #1-2 67 Reading and Notetaking Activity 72 Building Your Skills - Caring for Your Mouth, Eyes, and Ears 77 Critical Thinking #1-2, Develop Your Skills #1 *See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health* **Instruction**: 10-15 10 Figure 8.2.1 Primary and Secondary Sexual Characteristics 13 Puberty: What to Expect 14 Figure 8.2.2 Menstruation **Application:** 9 Reading and Notetaking Activity 19 Critical Thinking #1-2, Develop Your Skills #1
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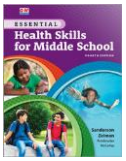
Standards		Correlating Text Pages
Component: Personal Wellness **Subcomponent: Physical Activity and Fitness**		
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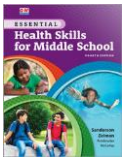
Standards		Correlating Text Pages
		See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health **Instruction**: 6-7 7 Figure 8.1.5 Elements of Grief
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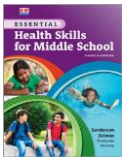
Standards		Correlating Text Pages
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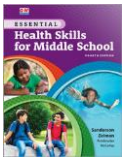
Standards		Correlating Text Pages
		Application: 42 Reading and Notetaking Activity 78 Reading and Notetaking Activity 86 Critical Thinking #1, Develop Your Skills #1-3
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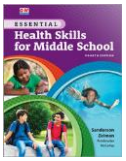
Standards		Correlating Text Pages
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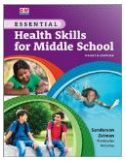
Standards		Correlating Text Pages
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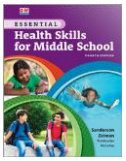
Standards		Correlating Text Pages
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SP.5	6.SP.5 Identify ways that choice affects the lives of an individual, others, and society.	**Instruction**: 21-23 23 Figure 1.3.1 The Decision-Making Process **Application:** 21 Reading and Notetaking Activity 34 Critical Thinking #3 66 Develop Your Skills #3 267 Building Your Skills - Making Healthy Decisions *See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health* **Instruction**: 17, 94 17 Figure 8.2.4 Using the Decision-Making Process



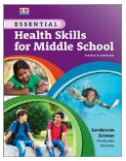
Standards		Correlating Text Pages
		94 Figure 10.1.7 Using the Decision-Making Process to Practice Abstinence **Application:** 18 Building Your Skills - Peer Pressure Throughout the Life Span 95 Building Your Skills - Making Sexual Decisions 96 Critical Thinking #1, Develop Your Skills #3
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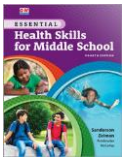
Standards		Correlating Text Pages
		See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health **Instruction**: 37, 103, 136 37 Figure 8.4.7 Words for Resisting Sexual Pressure 136 Figure 11.2.5 Strategies for Choosing Abstinence 103 Figure 10.2.6 Planning and Practicing Refusal Skills
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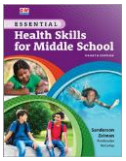
Standards		Correlating Text Pages
Component: Human Growth and Development **Subcomponent: Anatomy and Physiology**		
HGD.1	6.HGD.1 Describe and explain the basic body systems and their functions.	**Instruction**: 36-51 36 Figure 1.4.1 Body Organization 38 Figure 1.4.2 Skeletal System 39 Figure 1.4.3 Muscular System 41 Figure 1.4.4 Circulatory System 43 Figure 1.4.5 Respiratory System 45 Figure 1.4.6 Digestive System 46 Figure 1.4.7 Urinary System 48 Figure 1.4.8 Nervous System 49 Figure 1.4.9 Lobes of the Brain 51 Figure 1.4.10 Endocrine System **Application**: 35 Reading and Notetaking Activity 42 Building Your Skills - Blood Donation 52 Critical Thinking #1-2, Develop Your Skills #1-3
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Component: Human Growth and Development **Subcomponent: Puberty and Adolescent Development**		
HGD.3	6.HGD.3 Explain that puberty and physical development can vary among individuals.	*See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health* **Instruction**: 3-5, 10-18, 131 3 Figure 8.1.1 Stages of the Human Life Cycle 5 Figure 8.1.3 Factors that Influences Development 10 Figure 8.2.1 Primary and Secondary Sexual Characteristics 13 Puberty: What to Expect 15 Figure 8.2.3 Intellectual Development **Application:** 2 Reading and Notetaking Activity 8 Develop Your Skills #1-2 9 Reading and Notetaking Activity 11 Case Study - Akiko Feels Left Behind 19 Critical Thinking #1-2, Develop Your Skills #1-3



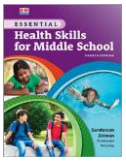
Standards		Correlating Text Pages
HGD.4	6.HGD.4 Understand the changes that occur during puberty and adolescence (e.g., growth spurts, peer influence, self-confidence, mood swings).	*See Supplemental Human Development, Relationships, and Sexual Health* **Instruction**: 3-5, 10-18, 131 3 Figure 8.1.1 Stages of the Human Life Cycle 5 Figure 8.1.3 Factors that Influences Development 10 Figure 8.2.1 Primary and Secondary Sexual Characteristics 13 Puberty: What to Expect 15 Figure 8.2.3 Intellectual Development 17 Figure 8.2.4 Health Issues in Young People 131 Figure 11.2.1 Sexual Changes in Puberty **Application**: 2 Reading and Notetaking Activity 8 Develop Your Skills #1-2 9 Reading and Notetaking Activity 11 Case Study - Akiko Feels Left Behind 18 Building Your Skills - Peer Pressure Throughout the Life Span 19 Critical Thinking #1-2, Develop Your Skills #1-3 130 Reading and Notetaking Activity
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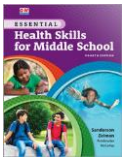
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HGD.7	6.HGD.7 Identify how the media influences risk behavior related to teen pregnancy.	*See Supplemental Human Development, Relationships, and Sexual Health* **Instruction**: 135-136 **Application:** 95 Building Your Skills - Making Sexual Decisions 108 Develop Your Skills #2 116 Develop Your Skills #1 130 Reading and Notetaking Activity 138 Critical Thinking #1 150 Critical Thinking #3
HGD.8	6.HGD.8 Identify the difference between abstinence and risk behaviors and why abstinence is the responsible and preferred choice for adolescence.	*See Supplemental Human Development, Relationships, and Sexual Health* **Instruction**: 36-37, 90, 94, 135-136, 141-143 36 Figure 8.4.5 Reasons Young People Choose Abstinence 36 Figure 8.4.6 Supporting Abstinence 90 Figure 10.1.2 Risk Factors for Teen Pregnancy and Parenthood 94 Figure 10.1.7 Using the Decision Making Process to Practice Abstinence 140 Figure 11.3.1 Myths and Facts of Pregnancy Prevention 142 Figure 11.3.3 Benefits of Abstinence 143 Benefits of Abstinence from Sexual Activity **Application:** 29 Reading and Notetaking Activity 40 Develop Your Skills #2 96 Critical Thinking #2, Develop Your Skills #1-2 137 Case Study - Cameron and Tracee's Not So Magical Relationship 138 Develop Your Skills #1-2 139 Reading and Notetaking Activity 142 Case Study - Aparna Chooses Abstinence 150 Develop Your Skills #2-3
HGD.9	6.HGD.9 Define sexual abstinence as it relates to pregnancy prevention.	*See Supplemental Human Development, Relationships, and Sexual Health* **Instruction**: 36-37, 135-136, 90, 94, 141-143



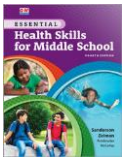
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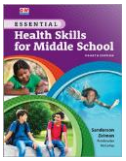
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HGD.12	6.HGD.12 Define human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS).	*See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health* **Instruction**: 110-115 110 Figure 10.3.1 Defining HIV and AIDS 111 Figure 10.3.2 HIV Transmission 112 Figure 10.3.3 HIV 113 Figure 10.3.4 Testing for HIV 115 Figure 10.3.5 HIV Prevention 115 Figure 10.3.6 PrEP and PEP **Application:** 109 Reading and Notetaking Activity 116 Critical Thinking #1-2, Develop Your Skills #1
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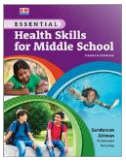
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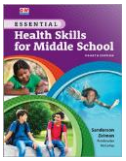
Standards		Correlating Text Pages
		29 Reading and Notetaking Activity 33 Case Study - Martina's First Date 40 Critical Thinking #1-3, Develop Your Skills #1-3
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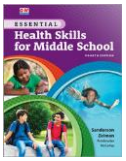
Standards		Correlating Text Pages
		281 Develop Your Skills #1, #3
SUA.2	6.SUA.2 Summarize the effects of alcohol, tobacco, inhalants, and prescription and nonprescription drugs on the human body.	**Instruction**: 272-273, 277-279, 285-289, 292-293, 296, 298-300, 307-308, 310-316 273 Figure 5.2.2 Medicine Interactions 277 Figure 5.2.6 Symptoms of an Overdose 286 Figure 5.3.4 Effects of Nicotine on the Body 287 Figure 5.3.5 Chronic Obstructive Pulmonary Disease (COPD) 288 Figure 5.3.7 Popcorn Lung 288 Figure 5.3.8 Health Risks of Smokeless Tobacco 289 The Myths and Facts of Vaping 292 Figure 5.3.10 Health Effects on Others 296 Figure 5.4.1 Alcohol Can Lead to Death 298 Figure 5.4.4 Effects of Alcohol on Brain Function 299 Figure 5.4.5 Alcohol Poisoning 300 Figure 5.4.6 Cirrhosis 308 Figure 5.5.1 Effects of Drugs on Body Systems 312 Figure 5.5.7 Meth Mouth 313 Figure 5.5.8 Overdose 315 Figure 5.5.9 Long Term Negative Health Effects of Heroin Use 315 Figure 5.5.10 Effects of Club Drugs **Application:** 281 Develop Your Skills #2-3 282 Reading and Notetaking Activity 294 Critical Thinking #1, Develop Your Skills #1 295 Reading and Notetaking Activity 306 Reading and Notetaking Activity 309 Case Study - Mateo's Risky Behavior
SUA.3	6.SUA.3 Describe how the misuse of prescription medicines can progress to addiction to other harmful substances.	**Instruction**: 272-278 278 Facts About Medication Misuse and Abuse 279 Figure 5.2.7 Examples of Prescription Opioids **Application:** 280 Building Your Skills - Advocating for an Opioid Free Life 281 Develop Your Skills #3
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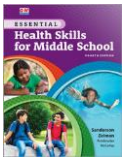
Standards		Correlating Text Pages
Component: Substance Abuse and Use **Subcomponent: Protective Behaviors and Risk Reduction**		
SUA.5	6.SUA.5 Identify influences that pressure people to abuse alcohol, tobacco, or other drugs, including but not limited to interpersonal relationships, advertising, and social media.	**Instruction**: 259-267, 319-320, 322-323, 326 261 Figure 5.1.3 Triggers That Can Lead to a Desire to Use a Harmful Substance 265 Figure 5.1.8 Types of Ads to Which Young People Are Exposed 266 Influences on Substance Use 320 Figure 5.6.1 Characteristics of Healthy Friendships Versus Unhealthy Friendships 322 Figure 5.6.3 Advertisements 326 Staying Substance Free **Application:** 258 Reading and Notetaking Activity 263 Case Study - Kevin's Decision to Vape 318 Reading and Notetaking Activity 330 Critical Thinking #2, Develop Your Skills #1
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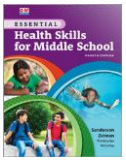
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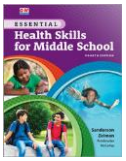
Standards		Correlating Text Pages
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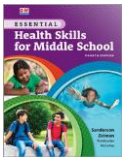
Standards		Correlating Text Pages
		13 Puberty: What to Expect 14 Figure 8.2.2 Menstruation **Application:** 9 Reading and Notetaking Activity 19 Critical Thinking #1-2, Develop Your Skills #1
PW.6	7.PW.6 Compare personal hygiene practices and health/safety issues related to puberty (e.g., showering, use of sanitary products, deodorant, and cleaning of athletic gear).	**Instruction**: 55-65, 68-76 55 Figure 2.1.1 Déodorant Versus Antiperspirant 57 Figure 2.1.2 Acne 62 Tips for Choosing Care Products 63 Figure 2.1.7 Common Hair Conditions 68 Figure 2.2.1 How Can You Protect Your Oral Health 69 Figure 2.2.2 How to Brush Your Teeth and How to Floss 70 Figure 2.2.5 Gum Disease 75 Figure 2.2.10 Protecting and Keeping Ears Healthy **Application:** 54 Reading and Notetaking Activity 56 Case Study - Changes in Malcolm's Hygiene 66 Critical Thinking #1-2, Develop Your Skills #1-2 67 Reading and Notetaking Activity 72 Building Your Skills - Caring for Your Mouth, Eyes, and Ears 77 Critical Thinking #1-2, Develop Your Skills #1 *See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health* **Instruction**: 10-15 10 Figure 8.2.1 Primary and Secondary Sexual Characteristics 13 Puberty: What to Expect 14 Figure 8.2.2 Menstruation **Application:** 9 Reading and Notetaking Activity 19 Critical Thinking #1-2, Develop Your Skills #1
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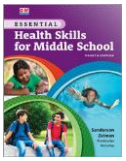
Standards		Correlating Text Pages
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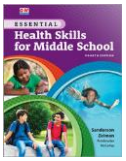
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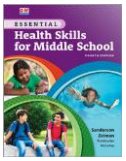
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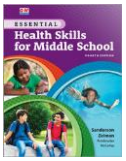
Standards		Correlating Text Pages
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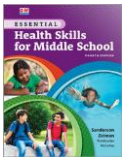
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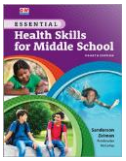
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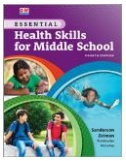
Standards		Correlating Text Pages
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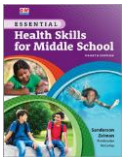
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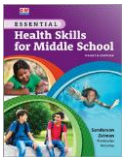
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SP.11	7.SP.11 Demonstrate through varying mediums how health can be impacted by individual choices.	**Instruction**: 15, 18-19, 22-23, 267 15 Figure 1.2.3 Environmental Protective and Risk Factors 19 The Game of Life 23 Figure 1.3.1 The Decision Making Process **Application:** 34 Critical Thinking #3 66 Develop Your Skills #3 77 Develop Your Skills #2 151 Develop Your Skills #3 184 Develop Your Skills #1 247 Develop Your Skills #2 267 Building Your Skills - Making Healthy Decisions 317 Develop Your Skills #3 358 Develop Your Skills #1 414 Develop Your Skills #2 427 Develop Your Skills #3 *See Supplemental Human Development, Relationships, and Sexual Health* **Instruction**: 17, 94 17 Figure 8.2.4 Using the Decision Making Process 94 Figure 10.1.7 Using the Decision Making Process to Practice Abstinence **Application:** 19 Develop Your Skills #3 40 Develop Your Skills #3 77 Develop Your Skills #3 96 Develop Your Skills #3 108 Develop Your Skills #1 116 Develop Your Skills #2 129 Develop Your Skills #3 138 Develop Your Skills #2
Component: Human Growth and Development **Subcomponent: Anatomy and Physiology**		
HGD.1	7.HGD.1 Analyze and explain the impact of personal health behaviors on the functioning of the human body.	**Instruction**: 6, 12-19 6 Skills for Practicing Wellness 12 Figure 1.2.1 Health and Wellness Spectrum 15 Environmental Factors 16 Figure 1.2.4 Cultural Practices That Affect Health and Wellness 19 The Game of Life **Application:** 2 Reading and Notetaking Activity 11 Reading and Notetaking Activity 20 Critical Thinking #1-2, Develop Your Skills #1-3



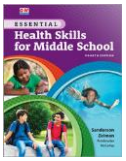
Standards		Correlating Text Pages
HGD.2	7.HGD.2 Describe the human cycle of reproduction, birth, growth, aging, and death.	*See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health* **Instruction**: 3-7 3 Figure 8.1.1 Stages of the Human Life Cycle 5 Figure 8.1.3 Factors That Influence Development 7 Figure 8.1.5 The End of Life **Application:** 2 Reading and Notetaking Activity 8 Critical Thinking #1-2, Develop Your Skills #1-3
Component: Human Growth and Development **Subcomponent: Puberty and Adolescent Development**		
HGD.3	7.HGD.3 Discuss how changes during puberty affect thoughts, emotions, and behaviors.	*See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health* **Instruction**: 10-17 10 Figure 8.2.1 Primary and Secondary Sexual Characteristics 13 Puberty: What to Expect 15 Figure 8.2.3 Intellectual Development 17 Figure 8.2.4 Health Issues in Young People **Application:** 9 Reading and Notetaking Activity 11 Case Study - Akiko Feels Left Behind 18 Building Your Skills - Peer Pressure Throughout the Life Span 19 Critical Thinking #1-2, Develop Your Skills #1-3
HGD.4	7.HGD.4 Describe and demonstrate understanding of the development characteristics of adolescence, including physical and emotional changes.	*See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health* **Instruction**: 10-17 10 Figure 8.2.1 Primary and Secondary Sexual Characteristics 13 Puberty: What to Expect 15 Figure 8.2.3 Intellectual Development 17 Figure 8.2.4 Health Issues in Young People **Application:** 9 Reading and Notetaking Activity 11 Case Study - Akiko Feels Left Behind 18 Building Your Skills - Peer Pressure Throughout the Life Span 19 Critical Thinking #1-2, Develop Your Skills #1-3
HGD.5	7.HGD.5 Differentiate between reliable and unreliable sources of information regarding human growth and development.	**Instruction**: 27-30 27 Figure 1.3.5 Health Literacy 28 Figure 1.3.6 Medically Accurate Information



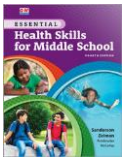
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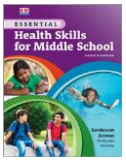
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HGD.8	7.HGD.8 Identify the positive benefits of abstinence from sexual activity outside of marriage.	*See Supplemental Human Development, Relationships, and Sexual Health* **Instruction**: 36-37, 90, 94, 135-136, 141-143 36 Figure 8.4.5 Reasons Young People Choose Abstinence 36 Figure 8.4.6 Supporting Abstinence 90 Figure 10.1.2 Risk Factors for Teen Pregnancy and Parenthood 94 Figure 10.1.7 Using the Decision Making Process to Practice Abstinence 140 Figure 11.3.1 Myths and Facts of Pregnancy Prevention 142 Figure 11.3.3 Benefits of Abstinence 143 Benefits of Abstinence from Sexual Activity **Application:** 29 Reading and Notetaking Activity 40 Develop Your Skills #2 96 Critical Thinking #2, Develop Your Skills #1-2 137 Case Study - Cameron and Tracee's Not So Magical Relationship 138 Develop Your Skills #1-2 139 Reading and Notetaking Activity 142 Case Study - Aparna Chooses Abstinence 150 Develop Your Skills #2-3
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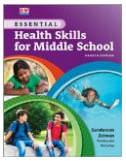
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Component: Human Growth and Development **Subcomponent: Sexually Transmitted Infections / HIV**		
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HGD.11	7.HGD.11 Analyze the immune system in terms of the organs, functions, and their connection to HIV/STIs.	**Instruction**: 47, 100, 104-105 105 Figure 2.4.10 Common Vaccines **Application:** 52 Critical Thinking #1 *See Supplemental Human Development and Relationships and/or Human Development, Relationships, and Sexual Health* **Instruction**: 110-115 110 Figure 10.3.1 Defining HIV and AIDS



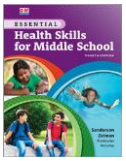
Standards		Correlating Text Pages
		112 Figure 10.3.3 HIV and Immune System **Application:** 109 Reading and Notetaking Activity 116 Develop Your Skills #3
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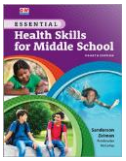
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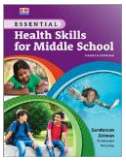
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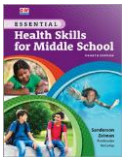
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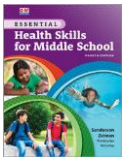
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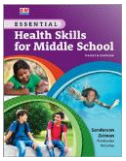
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Component: Personal Wellness **Subcomponent: Personal Hygiene**		



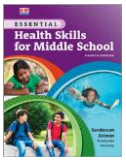
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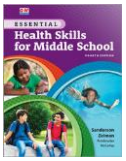
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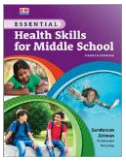
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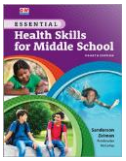
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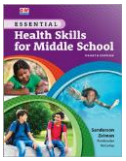
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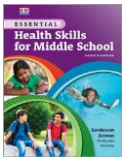
Standards		Correlating Text Pages
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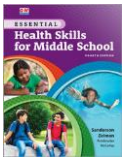
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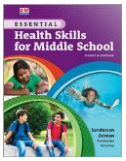
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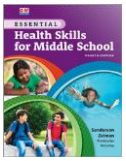
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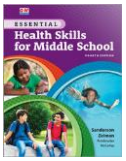
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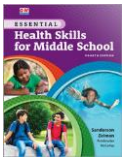
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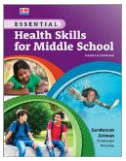
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Component: Human Growth and Development **Subcomponent: Pregnancy and Reproduction**		
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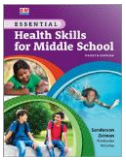
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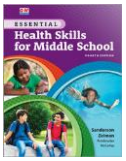
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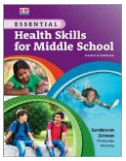
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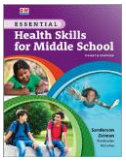
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Component: Substance Abuse and Use **Subcomponent: Health Risks**		



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Component: Substance Abuse and Use **Subcomponent: Protective Behaviors and Risk Reduction**		
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