G-W PUBLISHER

100% Aligned to Florida Standards

Florida

Health and Physical Education



Print and Digital Resources Available

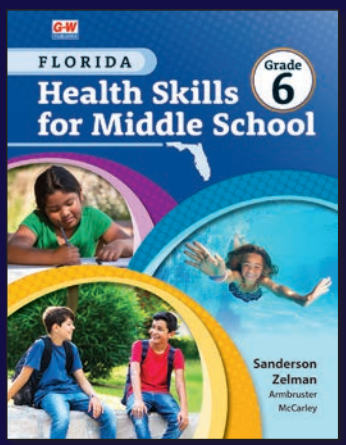
Spanish Resources Included

Created Exclusively for Florida

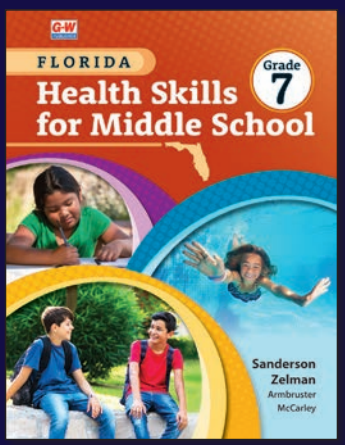
HOPE-Physical Education, 9–12



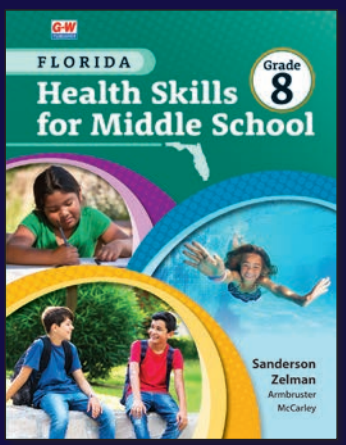
Health, Grade 6



Health, Grade 7



Health, Grade 8



Designed by Educators, Built for Florida

www.g-w.com/florida



NEW!

Bid 1563, Course 3026010: HOPE-Physical Education, 9–12

Topics Include

- Health and Physical Education Fundamentals and Skills
- Building Character and Resiliency
- Stress, Mental Health Conditions, and Resiliency
- Food and Nutrition
- Components of Fitness
- Fitness Safety
- Personal Fitness Plans
- Exercise Movements
- Building Workouts
- Training Principles
- Physical Activity Across the Life Span
- Tobacco, Alcohol, and Other Drugs
- Safety
- Personal Health and Wellness
- Social Health

A companion text is also available: ***Reproductive Health, Abstinence, and Relationships***

Spanish Resources Included!

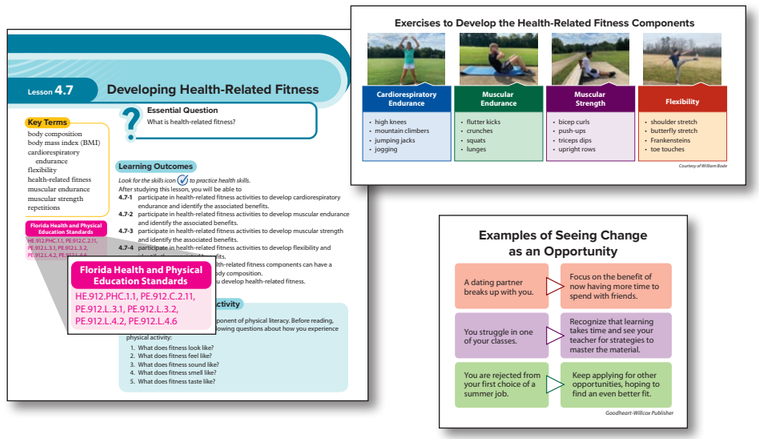
Florida Health Skills for High School: Opportunities Through Physical Education ©2025

by William Bode, Catherine Sanderson, Mark Zelman, Diane Farthing, Melanie Lynch, and Melissa Munsell

Brand-new ©2025 program, created specifically for the Florida HOPE course!

Florida Health Skills for High School: Opportunities Through Physical Education provides the skills and information students need to make responsible decisions, be physically active, and pursue a lifetime of health, fitness, and wellness. It features relevant, contemporary topics, such as empathy and resiliency, the health effects of vaping, the impact of social media, fitness technology, online safety, and social determinants of health.

- 100% aligned to Florida standards, this program was created with input from Florida educators and blends health and physical education.
- The classroom-tested, skills-based activities, aligned to the Florida Health and Physical Education standards, were developed by award-winning educators, including SHAPE America Teachers of the Year.
- Digital resources include a complete digital reflowable textbook with Spanish included; Online Instructor Resources, a time-saving teacher support package with detailed lesson plans, performance-based assessments, and editable PowerPoint® lectures for every lesson; and an Online Learning Suite that includes editable workbook activities and prepared handouts to aid in differentiating learning.

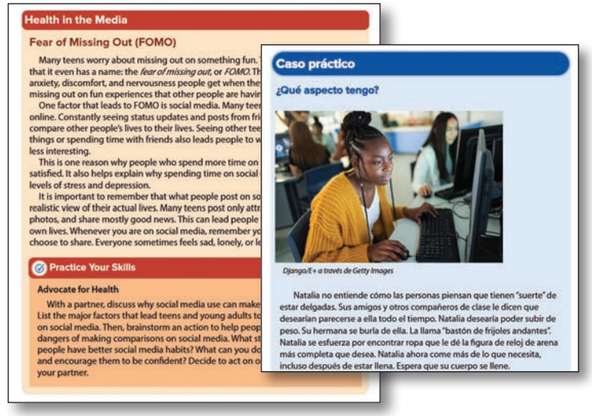


***Florida Health Skills for High School* ©2025**
Course 3026010: HOPE-Physical Education, 9–12
Student bundle with the print textbook, print companion textbook, and the Online Learning Suite, which includes an online textbook, online companion textbook, workbook, handouts, and interactive content.

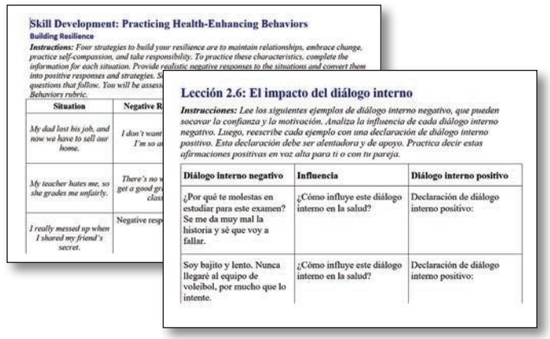
Student Materials
Print Textbook, 640 pp., hardcover with **Companion Textbook,** 156 pp. softcover
Online Learning Suite in English and Spanish
Online Instructor Materials
Online Instructor Resources with Florida lesson plans, Instructor's Edition, answer keys, PowerPoint® presentations, activities, handouts, and performance and standards-based assessments. Included free with purchase.

Comprehensive Package Blending Health and Physical Education

Florida Student Edition
Available online in English and Spanish



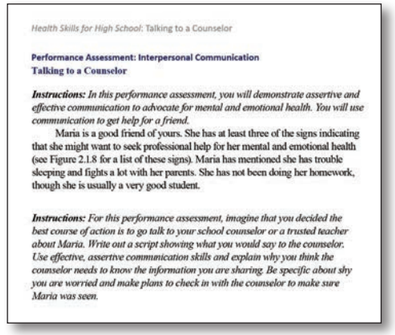
Online Student Workbook



Videos and Interactive Tools



Performance Assessments



Physical Education Resources



Online Instructor Resources

- Florida Lesson Plans
- Teacher-Directed Activites
- Fitness Connection Activities
- Vocabulary Activitites
- PowerPoint® Presentations
- Warm-Ups and Cool Downs
- Exercise Video Clip Demonstration Library
- Task Card Library
- Cooperative Games
- Module Performance-Based Assessments with Rubrics
- Case Study Assessments
- Parent/Other Trusted Adult Engagement Homework Assignments
- Answer Keys





Bid 1560, Course 0800030: Health, Grade 6



Bid 1561, Course 0800040: Health, Grade 7



Bid 1562, Course 0800050: Health, Grade 8

Topics Include

- Foundations for Health and Wellness
- Personal Health and Wellness
- Food, Nutrition, and Physical Activity
- Mental and Emotional Health
- Tobacco, Alcohol, and Other Drugs
- Safety
- Social Health

A companion text is also available for each grade: ***Reproductive Health, Abstinence, and Relationships***

- Puberty
- Abstinence
- Teen Pregnancy
- Violence

Spanish Resources Included!

Florida Health Skills for Middle School: Grade 6 • Grade 7 • Grade 8 ©2025

by Catherine Sanderson, Mark Zelman, Lindsay Armbruster, and Mary McCarley

Skills-based approach that helps middle school students make good choices. Customized content relevant for each grade level.

Florida Health Skills for Middle School: Grade 6, Grade 7, and *Grade 8* provide the skills and information students need to make responsible decisions and pursue a lifetime of health and wellness. This brand-new ©2025 skills-based program aligns to the Florida Health Education Standards. It features relevant, contemporary topics, such as health effects of substance use and abuse, empathy and resiliency, strategies for building healthy relationships, and online safety.

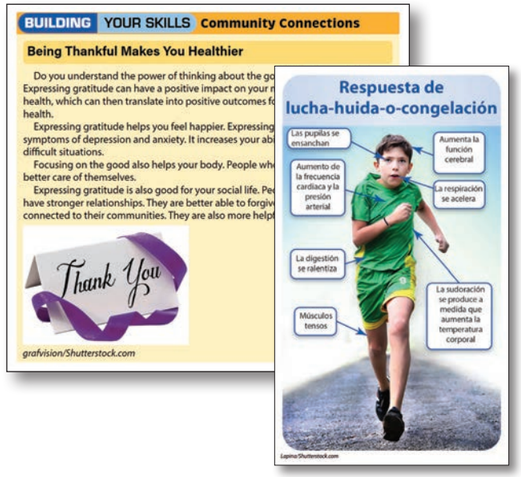
- Skills-based activities align to the skill areas in the Florida Health Education Standards.
- Digital resources include a complete digital reflowable textbook in both English and Spanish.
- Student digital resources include editable workbook activities, handouts, and interactive digital activities in both English and Spanish.
- Online Instructor Resources save teachers time and include editable files for detailed lesson plans, formative and summative assessments, presentations, and prepared handouts to aid in differentiating learning.

***Florida Health Skills for Middle School: Grade 6 • Grade 7 • Grade 8* ©2025**
Course 0800030: Health, Grade 6; Course 0800040: Health, Grade 7; Course 0800050: Health, Grade 8
Student bundle with the print textbook, print companion textbook, and the Online Learning Suite, which includes an online textbook, online companion textbook, workbook, handouts, and interactive content.

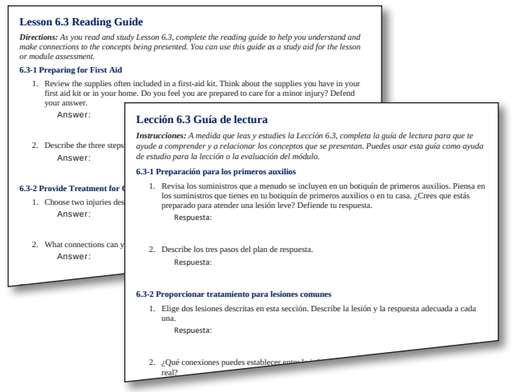
Student Materials
Print Textbook, hardcover with **Companion Textbook,** softcover
Online Learning Suite in English and Spanish
Online Instructor Materials
Online Instructor Resources with Florida lesson plans, Teacher's Edition, answer keys, PowerPoint® presentations, activities, handouts, and performance and standards-based assessments. Included free with purchase.

Florida Student Edition

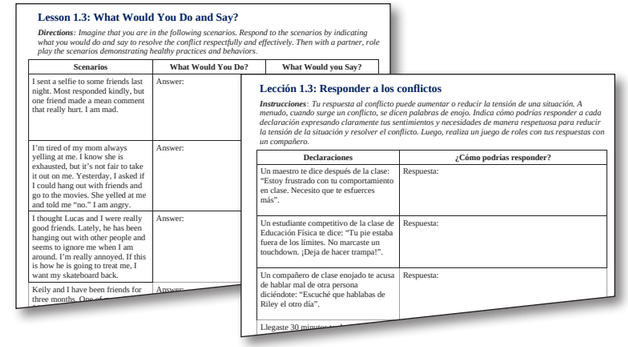
Available online in English and Spanish



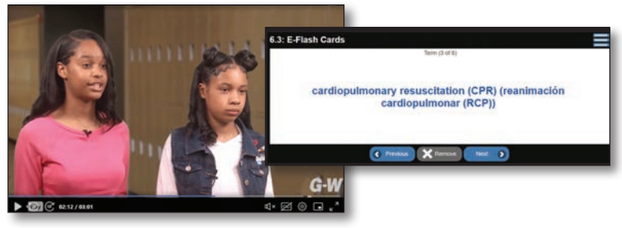
Student Handouts



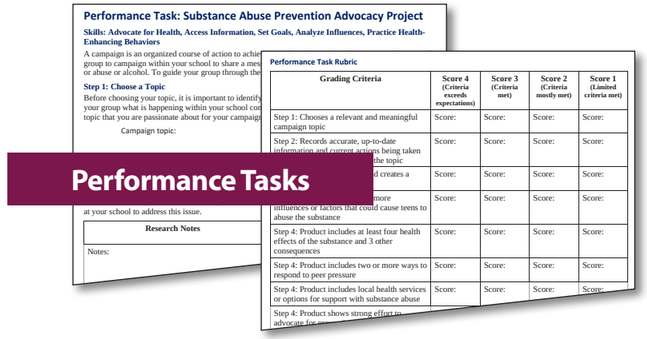
Online Student Workbook



Videos and Interactive Tools

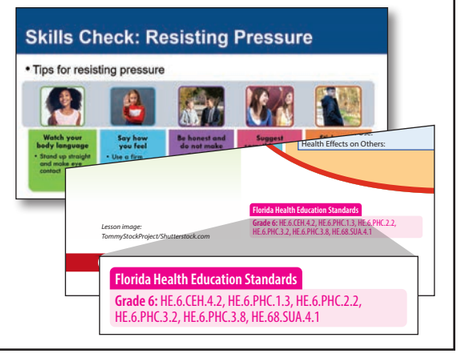


Performance Tasks



Online Instructor Resources

- Florida Lesson Plans that outline which standards are met in each lesson
- Teacher-Directed Activities
- Differentiated Reading Guides
- PowerPoint® Presentations with Student Guided Notes
- Module Performance-Based Assessments with Rubrics
- Parent/Other Trusted Adult Engagement Homework Assignments
- Answer Keys
- Pre-Assessments, Post-Assessments, and Module Exams



Go Digital with G-W!

Flexible Integration • Quick Implementation • Easy Navigation

Easily integrate G-W content—including digital textbooks, digital Spanish textbooks, workbooks, videos, and other interactives—into your Learning Management System with LMS-ready Common Cartridges®.

No LMS? No problem! Our online classroom licenses offer intuitive digital learning resources that can be quickly implemented into your course.

Looking for both print *and* digital? Ask your G-W Educational Consultant, Amy Alley, about our cost-effective bundle options.



Blackboard · D2L BRIGHTSPACE · canvas · moodle · schoology · ClassLink · Clever · Post to Google Classroom · IMS GLOBAL CERTIFIED imscert.org

LMS Integration and Single Sign-On

G-W's LMS-Ready Common Cartridges provide seamless integration with learning management systems—Blackboard, Brightspace, Canvas, Moodle, Schoology, and more. G-W Technical Support is available to guide you through the process and support you through the duration of the adoption.

G-W also supports rostering and single sign-on. We offer IMS-compliant LTI, QTI, and OneRoster products and will work closely with you to ensure that they are configured properly within your LMS.

Classroom Licenses

Created for classrooms that are not using an LMS or SSO but need concurrent access, G-W Online Learning Suites and Online Textbooks provide simple and effective ways to bring technology into your course.



To learn more about the Career and Technical Education titles G-W is bidding, visit our Florida page.

Thank you to all of our Florida contributors. We appreciate your guidance in the development of these resources created just for Florida!

Heather Albritton
Director, Health and Physical Education
Duval County Public Schools, Jacksonville

Ashlee Cappucci, M.Ed
Supervisor of Physical Education and Health
Hillsborough County Public Schools, Tampa

Dominique Clarke
Physical Education Instructor
First Coast High School, Jacksonville

Joe Cursi
Teacher, HOPE/PE
Orlando Science High School, Orlando

Charlie Goetz
Health and Physical Education Specialist
Duval County Public Schools, Jacksonville

Evin Graham
Academic Coach
Community School of Naples, Naples

Ashley H. Grimes
Specialist, PreK–12 Health and Physical Education, Pinellas County Schools, Largo

Nicole Hendricks, MPH CPH
Teacher
Duval County Public Schools, Jacksonville

Frannie Kendall
Health Education Specialist
Duval County Public Schools, Jacksonville

Tequested Kendall-Bhagaloo
Health Teacher
Pasco Middle School, Dade City

Jennifer Longo
Teacher, HOPE
Lincoln Park Academy, Fort Pierce

Amanda Milla
Teacher, HOPE
Cornerstone Classical Academy, Jacksonville

Edgar Pabon
Health and Physical Education Specialist
Duval County Public Schools, Jacksonville

Luis Ramos
Staff Developer, K–12 Health and Physical Education
Pinellas County Schools, Largo

Ilisa Seda
District Supervisor
Miami-Dade County Public Schools, Miami

Patricia Sitowitz
Health Instructor
Mandarin High School, Jacksonville

James Slaton
Supervisor, PE, Health, and Athletics
Sarasota County Schools, Sarasota

Juliette Talmadge
Teacher, K–12 Physical Education, K–12 Health
Orlando Science High School, Orlando

Dawn Townsend
High School Physical Education and Health Teacher
Calvary Chapel Academy, West Melbourne

Amy VanMeter
Health Science Instructor
Columbia County Adult Education, Lake City

Ryan Weston
Dean of Students and Physical Education Department Head
Somerset Academy, Port St. Lucie

Troy Wheaton
Instructional Facilitator, Physical Education and Health
School Board of Broward County, Fort Lauderdale

Heather Whitfield
Middle School Health Teacher
Christa McAuliffe Middle School, Boynton Beach

Written by Experts in Health and Physical Education

William Bode has 30 years of experience as a physical education and health teacher. He was the SHAPE America Southern District High School PE Teacher of the Year in 2017.

Catherine Sanderson is the Poler Family Professor and Chair of Psychology at Amherst College. Her research has received grant funding from the National Science Foundation and the National Institutes of Health. She was named one of the country's top 300 professors by the Princeton Review.

Mark Zelman is the Professor of Biology at Aurora University. He also teaches science education courses for high school educators; has published articles on microbiology, infectious disease, autoimmune disease, and biotechnology; and has written college texts on human diseases and infection control.

Pedagogy Developed *by* Teachers, *for* Teachers

Lindsay Armbruster has more than 20 years of experience teaching Health Education, mainly at the middle school level. She is a winner of the SHAPE America Eastern District Health Teacher of the Year award.

Diane Farthing has 38 years of experience teaching health education. She was the 2020 SHAPE America Western District Teacher of the Year.

Melanie Lynch has more than 25 years in the classroom. In 2016, SHAPE America named Melanie the National Health Education Teacher of the Year.

Mary McCarley taught health education for 14 years and was named the SHAPE America 2016 High School Southern District Teacher of the Year for Health Education.

Melissa Munsell is a former instructional specialist and K–12 Health Education Lead with 28 years of teaching and administrative experience.

Goodheart-Willcox
18604 West Creek Drive
Tinley Park, IL 60477-6243
800.323.0440
www.g-w.com/florida

PRSRT STD
US POSTAGE
PAID
Goodheart-Willcox

Flexible Resources That Work for *You*

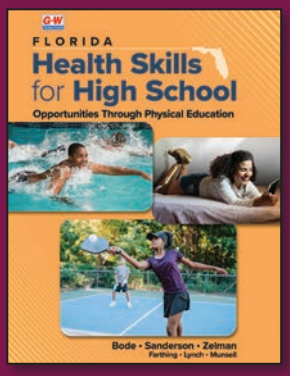
- 100% aligned to Florida standards
- Digital, print, and bundles available
- Spanish resources included
- Easy LMS integration and use with Google Classroom
- Extensive teacher resources
- Free training included!

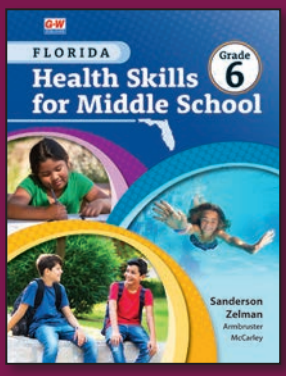
G-W PUBLISHER

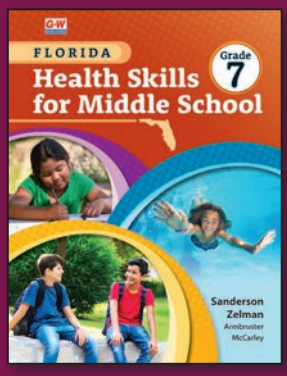
Florida

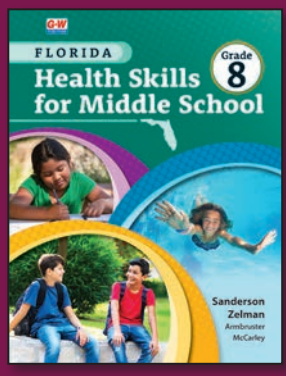
Together, We Build Healthy Lives

Scan me!









Start your digital review now. Contact us to get started.

Meet your Florida team!



Amy Alley
Educational Consultant
aalley@g-w.com
708.638.5708



Michelle Mastainich
Regional Sales Manager
mmastainich@g-w.com
708.341.1798



Kelsey A.
Digital Solutions Specialist



Jamie M.
Sales Development Consultant

Designed by Educators, Built for Florida

www.g-w.com/florida