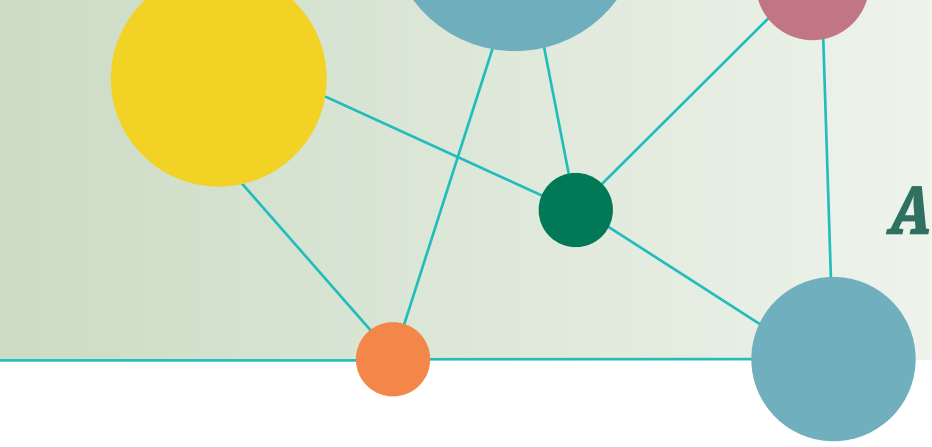


About the Author

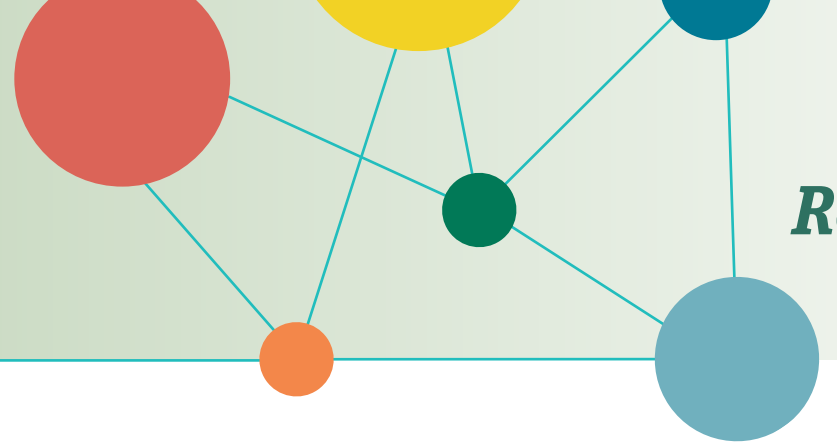
Leona Johnson, EdS, currently resides in Northeastern Minnesota, where she pursues and maintains healthy interpersonal relationships with friends and family in her community. Her career includes being the PK–12 Director of Curriculum and Instruction, elementary principal, and high school Family and Consumer Sciences teacher in her former district; lecturer and research specialist in the Department of Human Development, Family Living, and Community Educational Services at the University of Wisconsin-Stout; and working in childcare services, health care services, manufacturing, and accounting. She continues to provide input into local educational and community initiatives as a school board member, consultant, and presenter.

Johnson has implemented many varied initiatives in K–12 curriculums, and has practiced firsthand her knowledge and skills in using the best teaching and learning practices in multiple subject areas, leading collaborative work groups, facilitating consensus building in group decision making, and participating in group goal setting with both staff and community members. In her years serving the educational community, she brought in several million dollars in grant monies for various programs and initiatives. As a participating member of several professional and community organizations, Johnson has received recognition for her various academic and professional endeavors, including a Kohl Fellow Scholarship and Award of Excellence.

As a teacher, principal, parent, and grandparent, Johnson has experienced the challenges and joys of guiding youth toward reaching their potential. A native of Canada and an immigrant to the United States, she continues to pursue global relationships with family, friends, and colleagues.

Johnson appreciates and acknowledges the input of her son, Dr. Pete Johnson, Associate Professor and CTE program director at Minnesota State University-Winona, who provided expertise to *Interpersonal Relationships* from a CTE perspective, strengthening the work-based connections. His additions promote CTE planning and decision making as well as the development of soft skills required in the workforce today.

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Reviewers

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Kerri Avery
Family and Consumer Sciences Instructor
Mountain View High School
Stafford, Virginia

Ashley Bolan
Family and Consumer Sciences Instructor
Little Rock School District
Little Rock, Arkansas

Ann Bottoms
Family and Consumer Sciences Instructor
Trigg County High School
Cadiz, Kentucky

Jennifer Brannon
Family and Consumer Sciences Instructor
Union County High School
Liberty, Indiana

Barb Bredlow
Family and Consumer Sciences Instructor
Northeast Nodaway R5
Ravenwood, Missouri

Abigail Brosseau
Family and Consumer Sciences Instructor
Munster High School
Munster, Indiana

Stevi Cooper
Family and Consumer Sciences Instructor
Jennings County School Corp
North Vernon, Indiana

Samantha Cosper
Family and Consumer Sciences Instructor
Cassville High School
Cassville, Missouri

Irma Cuevas
CTE Instructor
LAUSD Division of Adult and Career Education
Los Angeles, California

Biswadeep Dhar, PhD, M.Ed., MS
Assistant Professor
University of Maryland Eastern Shore
Princess Anee, Maryland

Tish Dimick
Family and Consumer Sciences Instructor
Goddard High School
Goddard, Kansas

Amelia Dorsey
Family and Consumer Sciences Instructor
Texas High School
Texarkana, Texas

Megan Droste, M.Ed.
Family and Consumer Sciences Instructor
Cedar Falls High School
Cedar Falls, Iowa

Carol Erwin, Ed.D., CFCS
Family and Consumer Sciences Professor
Wayne State College
Wayne, Nebraska

Angelia Ford
Family and Consumer Sciences Instructor
Bearden High School
Knoxville, Tennessee

Stephanie Franklin
CTE Teacher
Centerville Jr. Sr. High School
Centerville, Texas

Amanda Funk
CTE Teacher
McCaskey High School
Lancaster, Pennsylvania

Mary Funk
Family and Consumer Sciences Instructor
Newman Smith High School
Carrollton, Texas

Jamie Gleissner
Family and Consumer Sciences Instructor
Avon High School
Avon, Indiana

Linda Halsel
Family and Consumer Sciences Instructor
Livingston Academy
Livingston, Tennessee

Amanda L. Harle
Family and Consumer Sciences Instructor
Lake Central High School
St. John, Indiana

SAMPLE

Terri Hinkel, M.Ed.
Family and Consumer Sciences Instructor
Thunder Basin High School
Gillette, Wyoming

Angela Key
Family and Consumer Sciences Instructor
Fairfield Middle School
Henrico, Virginia

Wendee Kilgore
Family and Consumer Sciences Instructor
Grundy County High School
Coalmont, Tennessee

Ashley Knust
Family and Consumer Sciences Instructor
Elkhorn Valley Schools
Tilden, Nebraska

Tammie Law
Family and Consumer Sciences Instructor
Prairie Farm Schools
Prairie Farm, Wisconsin

Sarah Lorenson
Family and Consumer Sciences Instructor
Oak Park High School
Kansas City, Missouri

G. Luna
Family and Consumer Sciences Instructor
Calallen High School
Calallen, Texas

Sharon Mang
Family and Consumer Sciences Instructor
Greensburg Community High School
Greensburg, Indiana

April Ann Mast
Family and Consumer Sciences Instructor
Elkhart Community Schools
Elkhart, Indiana

Elisa McIntire
Family and Consumer Sciences Instructor
Elkins High School
Missouri City, Texas

Marcy Minnick
Family and Consumer Sciences Instructor
Palmyra High School
Palmyra, Missouri

Bri O'Brien
Family and Consumer Sciences Instructor
Battle Creek High School
Battle Creek, Nebraska

Kimberly J. Okeley
Family and Consumer Sciences Instructor
Kouts Middle School
Kouts, Indiana

Katelyn Propper
Family and Consumer Sciences Instructor
Hebron High School
Hebron, Indiana

Erica E. Puetz-John
Family and Consumer Sciences Instructor
Mishawaka High School
Mishawaka, Indiana

Krystal Sallee
Family and Consumer Sciences Instructor
Macon County High School
Lafayette, Tennessee

Shelly Spallees Hansen
Family and Consumer Sciences Instructor
John Marshall High School
Rochester, Minnesota

Laura Stadtfeld
Family and Consumer Sciences Instructor
Casper Classical Academy
Casper, Wyoming

Andrea Staton
Family and Consumer Sciences Instructor
Montgomery County High School
Mt. Sterling, Kentucky

Erin Stencil
Family and Consumer Sciences Instructor
Rosemount High School
Rosemount, Minnesota

Caiping Su
Family and Consumer Sciences Instructor
Delavan Darien High School
Delavan, Wisconsin

Alexandria Svoboda
Family and Consumer Sciences Instructor
St. Johns High School
St. Johns, Michigan

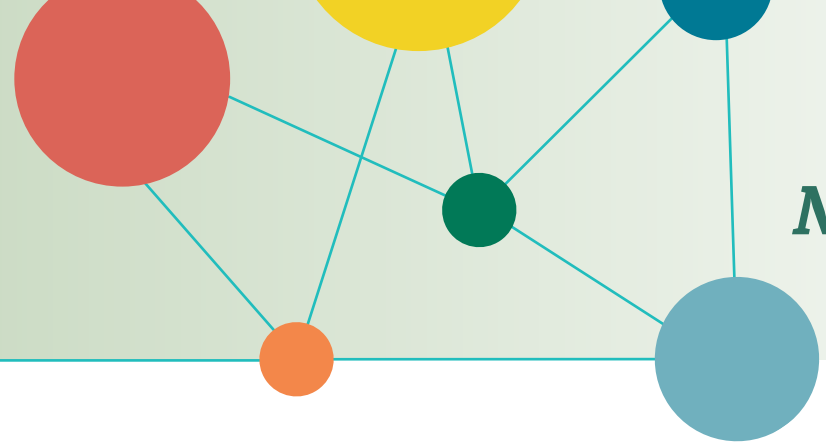
Blake Swan
Family and Consumer Sciences Instructor
Villa Grove High School
Villa Grove, Illinois

Bonnie Thomson
Family and Consumer Sciences Instructor
Skyline High School
Dallas, Texas

Michaela Tigani
Family and Consumer Sciences Instructor
Westside High School
Omaha, Nebraska

Erika Vargas
Family and Consumer Sciences Instructor
Garland High School
Garland, Texas

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New to This Edition

The third edition of *Interpersonal Relationships* features updates throughout to equip students with the knowledge and skills they need to confidently approach the many new roles and responsibilities of adulthood. The following components have been added to the text:

- **Learning Outcomes** are aligned to specific sections of the text including summaries, lesson review questions, and end-of-chapter questions. This organizes the content into smaller chunks to facilitate mastery of concepts by learners of various levels.
- **Lesson Reviews** that include summaries and multiple-choice recall questions.
- **Applying Skills to the Workplace** features connect the skills learned in the chapter to applications in the workplace, asking students to consider how these skills could connect to a career of interest to them.
- **Insights from Experts** features promote analysis of research related to the content and possible further exploration of related research.
- **Think Critically** features increase reading comprehension as students stop to reflect on concepts just covered, making connections that will promote understanding and retention.
- End-of-chapter **Case Studies** and questions provide a way for students to assess the knowledge they gained from chapter content with real-life scenarios.

In addition to these new components, the following changes have been made to the chapters. Any chapters not referenced below had minor changes.

- **Chapter 1** includes the addition of Erikson's Theory of Socialization and expands on diversity in cultures.
- **Chapter 2** includes new visuals for topics covering the continuum of feelings, personality, and Maslow's Hierarchy of Needs.
- **Chapter 3** includes an expansion on handling difficult events and emotions, new figures describing feelings, information on experiencing loss and the grief cycle, and a section on breaking stereotypes.
- **Chapter 4** includes the addition of SMART goals and goals for health and well-being.
- **Chapter 5** includes updates to the career clusters and aligns with the new framework.
- **Chapter 7** includes the addition of new figures related to nonverbal communication, and a new section on communication patterns in problem situations.
- **Chapter 10** includes the addition of dating in Western cultures, social exchange theory, legal consequences related to dating choices, and coping strategies for handling a breakup.
- **Chapter 11** includes the addition of factors to consider while wedding planning.
- **Chapter 12** includes the addition of content on spousal abuse and Equity Theory.
- **Chapter 13** includes updates on generational differences.
- **Chapter 14** includes the addition of studying the family as a system and a new figure on child abuse.
- **Chapter 15** includes the addition of healthy adjustment patterns to loss, trauma-informed care, resources in crises, and triggers for abuse.
- **Chapter 17** includes new information on subsidized adoption, steps in the adoption process, and promoting development in pregnancy.
- **Chapter 18** includes updates to theories of development and parenting styles.
- **Chapter 20** now focuses on reaching career-related goals.
- **Chapter 21** now focuses on reaching financial goals. Additions include information on financial independence and budgeting.
- **Chapter 22** includes additions on work-life balance and understanding the rights and responsibilities of citizens.

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Credentialing Partners and Support

Goodheart-Willcox appreciates the value of industry credentials, certifications, and accreditation. We are pleased to partner with leading organizations to support students and programs in achieving credentials. Integrating industry-recognized credentialing into a career and technical education (CTE) program provides many benefits for the student and for the institution. By achieving third-party certificates, students gain confidence, have proof of a measurable level of knowledge and skills, and earn a valuable achievement to include in their résumés. For educators and administrators, industry-recognized credentials and accreditation validate learning, enhance the credibility of programs, and provide valuable data to measure student performance and help guide continuous program improvement.

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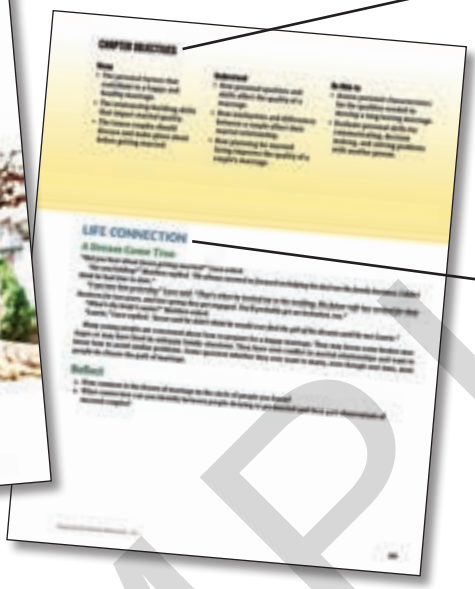
To see how *Interpersonal Relationships* correlates to credentialing and certification standards, visit the Correlations tab at **www.g-w.com/interpersonal-relationships-2027**.

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Guided Tour

The instructional design includes student-focused learning tools to help students succeed. This visual guide highlights the features designed for the textbook.





Chapter Objectives clearly identify the knowledge and skills to be obtained when the chapter is completed.

Life Connection features provide a scenario and questions to engage students before diving into the chapter.

Reading Prep helps prepare you to learn the chapter content.

Learning Outcomes clearly identify the knowledge and skills to be obtained when the lesson is completed. These outcomes are labeled and correlated to related assessment elements to facilitate reporting and remediation.

The **Essential Question** provides a general question for the lesson content.

Focus Your Reading helps prepare you to learn the lesson content.

Key Terms list the terms to be learned in the lesson.



Insights from Experts features provide an in-depth discussion of topics from researchers in the field.

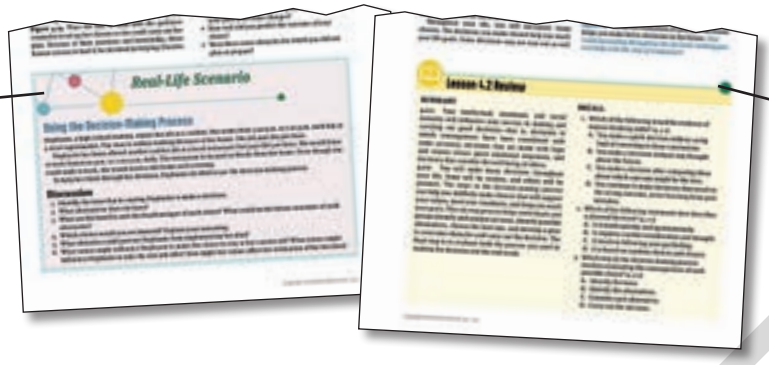


Think Critically features encourage you to pause and reflect on what you read.

Applying Skills to the Workplace features show how the skills learned in the chapter are utilized in the workplace.

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Real-Life Scenarios illustrate various concepts that have been presented.



Lesson Reviews provide a summary of lesson content and recall questions to test your knowledge.

End-of-Chapter Case Studies ask you to analyze a situation; evaluate it for specific characteristics, skills, or lack of skills; and choose a response that illustrates your understanding of the concepts in the chapter.



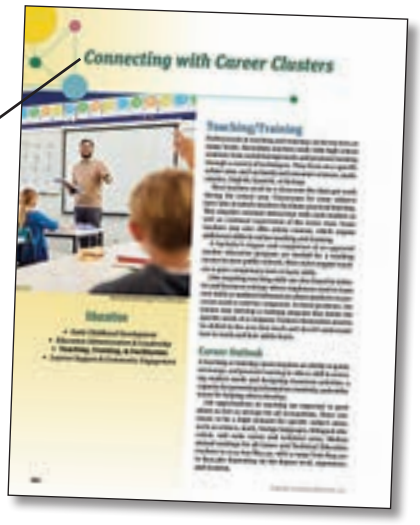
Assess Your Knowledge, **Understanding**, and **Skills** allow you to demonstrate knowledge, identification, and comprehension of chapter material.

Critical Thinking questions develop higher-order thinking and problem-solving abilities.

Career Readiness activities are project-based learning opportunities that ask you to apply the skills you have learned in the chapter to a career setting.

Apply Your Skills questions extend learning and develop your abilities to use learned material in new situations and to break down material into its component parts.

Connecting with Career Clusters explores possible career areas related to the content in each unit.

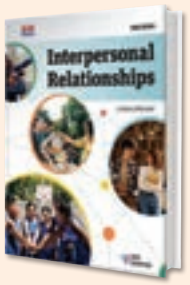


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TOOLS FOR STUDENT AND INSTRUCTOR SUCCESS

Student Tools

Student Text



Available in print and digital, *Interpersonal Relationships* is a comprehensive text that teaches students about interpersonal and intrapersonal skills that promote growth to maturity; development of healthy and long-lasting intimate relationships; and success in friend, family, and work relationships over the life span.

Workbook

- Hands-on practice includes questions and activities.
- Projects offer students opportunities to work on various interpersonal and intrapersonal skills.
- Print and digital options are available.

G-W Digital Companion

- E-flash cards and vocabulary exercises allow interaction with content to create opportunities to master terminology.
- Reading guides provide a way for students to easily follow along with the content.

EduHub LMS-Ready Content

- Students will enjoy intuitive digital resources in your school's preferred platform.
- The digital platform encourages application and discovery.

Instructor Tools

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Integrate EduHub LMS-Ready Content into your preferred platform for a seamless user experience for both you and your students.

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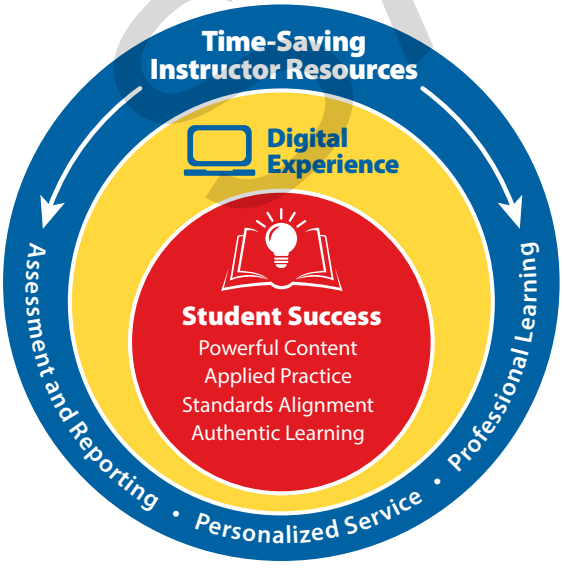
- The Online Textbook and Online Workbook build student knowledge.
- Drill and practice activities help your students remain engaged and learn effectively.
- G-W Assessment gives students easy access to assignments, tests and quizzes, instant feedback, and grades.

Online Instructor Resources

- Tap into time-saving preparation tools: answer keys, editable lesson plans, and other teaching aids.
- Take advantage of Instructor's Presentations for PowerPoint® with fully customizable, richly illustrated slides that help you teach and visually reinforce the key concepts from each chapter.
- Easily create, customize, edit, and print prebuilt questions and tests using G-W Assessment, our cloud-based platform. No more downloads, uploads, or imports needed! Student assessments are autograded and flow automatically into your gradebook when you integrate with your LMS.

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See **www.g-w.com/interpersonal-relationships-2027** for a list of all available formats.



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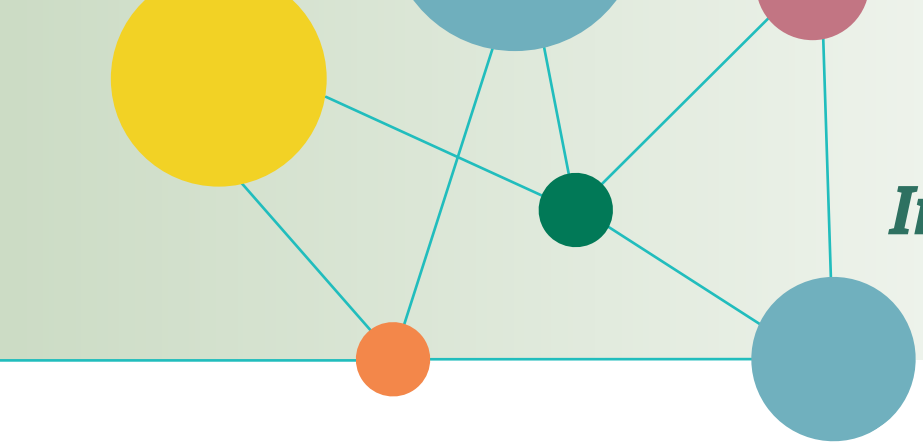
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Introduction

Interpersonal Relationships is designed to promote strong, healthy, and fulfilling relationships in various groups, including friends, families, communities, and workplace groups. It provides opportunities to explore the body of knowledge and research related to personal growth and development, the development of intimate relationships, and relationships over the life span, including those in the workplace.

The soft skills required for success in today's workplace are both intrapersonal and interpersonal. ***Interpersonal Relationships*** incorporates recent research from several areas including neuroscience to facilitate the growth of these skills. Opportunities to develop, practice, and master soft skills are included as they are applied to various relationship-related topics throughout the text. The development of these soft skills will prepare you for success in many different careers.

Healthy relationships with others will help you experience a quality of life that contributes to your well-being. Personal growth to maturity establishes a strong foundation for healthy interpersonal relationships. This foundation includes understanding and accepting who you are; taking steps to mature and reach your potential; learning to set goals and make good decisions, whether alone or in a group; communicating clearly and effectively in various settings; and developing skills for solving problems and resolving conflicts. Skills for developing healthy relationships apply to friendships with peers, romantic relationships, spousal relationships, parent-child relationships, and relationships with others in your community. These skills also can impact success as you participate in the workforce, both as a team member and as a team leader.

Interpersonal Relationships can also help you develop lifelong skills for managing areas of your life. With help from this text, you can acquire the skills needed for adjusting to change, choosing and building a successful career, managing stress, responding to crises, meeting the relational and financial challenges of daily living, and balancing the demands of various family and career roles. All of these skills will help you build, maintain, and manage the diverse relationships and experiences you will encounter.

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