<table>
<thead>
<tr>
<th>STANDARD</th>
<th>CORRELATING PAGES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Safety &amp; Sanitation</strong></td>
<td></td>
</tr>
<tr>
<td><strong>1</strong></td>
<td>Synthesize research from government publications such as Food and Drug Administration (FDA) Food Codes to identify the pathogens found in foods. Create an alphabetical index of pathogens, citing the research, which illustrates the required environmental factors for transmission, symptoms, and categories.</td>
</tr>
</tbody>
</table>
| Instruction: | • SE – Unit 2/Chapter 7 Pg. 97-105  
• OIR - Chapter 7 – Instructor Lesson Plan |
| Application: | • OIR Chapter 7 – Companion Website Matching Activity  
• SE – In Review Pg. 110 |
| **2** | Summarize the requirements for proper disposal and storage of chemicals used in the commercial foodservice laboratory and adhere to laboratory work requirements throughout the course. Create or update an existing binder of Material Safety Data Sheets (MSDS) outlining how to work with chemicals and potential hazards. Develop a list of, and demonstrate, procedures to schedule when cleaning and sanitizing the commercial foodservice laboratory using the proper chemicals and disposal of waste; include the list in the student portfolio. |
| Instruction: | • SE – Unit 2/Chapter 7 Pg. 108-109  
• OIR - Chapter 7 – Instructor Lesson Plan |
| Application: | • OLS Lab Manual/Lab Activity 7-1 Pg. 11-16 Using Material Data Sheets (MSDS) |
| **3** | Compile, practice, and critique safety and sanitation procedures related to handling, preparing, storing, and serving food from industry-approved technical manuals and government published fact sheets. Identify, review, and demonstrate general laboratory safety procedures including but not limited to prevention and control procedures of pest, insects, and rodents and personal hygiene expectations. Incorporate safety procedures and complete safety test with 100 percent accuracy; include exam in course portfolio. |
| Instruction: | • SE – Unit 2/Chapter 8 Pg. 113-119  
• OIR - Chapter 8 – Instructor PowerPoint  
• OLS Video Clip Library - Food Safety & Sanitation |
| Application: | • OLS Lab Manual/Lab Activity 8-1 Pg. 23 Avoiding Cross-Contamination  
• SE – Critical Thinking Pg. 133 |
### History & Influences on the Food Service Industry

<table>
<thead>
<tr>
<th>4</th>
<th>Articulate important historical events and milestones that influenced culinary practices from ancient times to the present. Create a timeline or other graphic to illustrate the major impacts of these culinary practices on the progression of various styles of cuisine, citing specific textual evidence from research.</th>
</tr>
</thead>
</table>
| Instruction: | - SE – Unit 1/Chapter 3  Pg. 31-36  
- OIR - Chapter 3 – Instructor Lesson Plan |
| Application: | - SE – Core Skills #12  Pg. 40 |

<table>
<thead>
<tr>
<th>5</th>
<th>Research the growth and development of the foodservice industry, focusing on the influence of significant contributors. Craft an explanatory text to outline significant contributions and the impact on the modern day industry. Examples of significant contributors include, but are not limited to:</th>
</tr>
</thead>
</table>
| Instruction: | - SE – Unit 1/Chapter 3  Pg. 37-39  
- OIR -  Chapter 3 – Instructor PowerPoint |
| Application: | - OLS Chapter 3 – Companion Website Matching Activity  
- SE – Core Skills #13  Pg. 40 |

<table>
<thead>
<tr>
<th>6</th>
<th>Evaluate factors that influence the foodservice industry. Form a hypothesis about how specific factors may impact the foodservice industry. Develop claim(s) and counterclaim(s) fairly, supplying data and text-based evidence. Influential factors may include:</th>
</tr>
</thead>
</table>
| Instruction: | - SE – Unit 1/Chapter 3  Pg. 38-39  
- OIR - Chapter 3 – Instructor Lesson Plan |
| Application: | - OLS Chapter 3 – Companion Website In Review Questions  
- SE – Core Skills #11  Pg. 40 |

### Foodservice Careers

<table>
<thead>
<tr>
<th>7</th>
<th>Compile and analyze real-time labor market data, including economic and demographic trends, and compare with authentic vacancy announcements on local and national job boards. Use this information to compare and contrast occupations by education requirements, job availability, salaries, and benefits. Outline an educational pathway to obtain the necessary level of education and relevant certifications for a chosen occupation in the foodservice industry, review and revise throughout the program of study.</th>
</tr>
</thead>
</table>
| Instruction: | - SE – Unit 1/Chapter 5  Pg. 64-66  
- OIR - Chapter 5 – Instructor Lesson Plan |
| Application: | - OLS Chapter 5 – Companion Website In Review Questions  
- SE – Core Skills #13  Pg. 72 |
<table>
<thead>
<tr>
<th>8</th>
<th>Create an organizational diagram of the kitchen workstations in the brigade system, labeling each workstation with its unique list of roles and responsibilities. Examine the licensing, certification, and credentialing requirements for each position. Craft an explanatory essay describing modern variations of the brigade system and how it enhances productivity.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instruction:</td>
<td></td>
</tr>
<tr>
<td>• SE – Unit 1/Chapter 4  Pg. 43-48</td>
<td></td>
</tr>
<tr>
<td>• OIR - Chapter 4 – Instructor Lesson Plan</td>
<td></td>
</tr>
<tr>
<td>Application:</td>
<td></td>
</tr>
<tr>
<td>• OLS Lab Manual/Lab Activity 4-1  Pg. 9-10</td>
<td></td>
</tr>
<tr>
<td>The Brigade System</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>9</th>
<th>Conduct research to develop a persuasive essay on contemporary issues and challenges facing the foodservice industry. Synthesize multiple perspectives and advance an original argument to address the issues. Develop claim(s) and counterclaim(s) fairly, supplying data and text-based evidence. Contemporary issues and challenges may include but are not limited to:</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Living wage</td>
<td></td>
</tr>
<tr>
<td>b. Labor demands</td>
<td></td>
</tr>
<tr>
<td>c. Customer demands</td>
<td></td>
</tr>
<tr>
<td>d. Technology advances impacting labor needs</td>
<td></td>
</tr>
<tr>
<td>Instruction:</td>
<td></td>
</tr>
<tr>
<td>• SE – Unit 1/Chapter 1  Pg. 9-11</td>
<td></td>
</tr>
<tr>
<td>• OIR - Chapter 1 – Instructor Lesson Plan</td>
<td></td>
</tr>
<tr>
<td>Application:</td>
<td></td>
</tr>
<tr>
<td>• OLS Chapter 1 – Companion Website In Review Questions</td>
<td></td>
</tr>
<tr>
<td>• SE – Core Skills #13  Pg. 14</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>10</th>
<th>Compare and contrast the qualities of effective and ineffective teams. Work collaboratively to correct and refine the actions of team members to ensure productivity. Throughout the course, demonstrate teamwork, problem solving, and decision making skills when working collaboratively.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instruction:</td>
<td></td>
</tr>
<tr>
<td>• SE – Unit 1/Chapter 6  Pg. 85</td>
<td></td>
</tr>
<tr>
<td>• OIR - Chapter 6 – Instructor PowerPoint</td>
<td></td>
</tr>
<tr>
<td>Application:</td>
<td></td>
</tr>
<tr>
<td>• SE – Teamwork  Pg. 15</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Nutrition and Health Overview</th>
</tr>
</thead>
<tbody>
<tr>
<td>11</td>
</tr>
<tr>
<td>a. Macro nutrients include: carbohydrates, lipids, and proteins</td>
</tr>
<tr>
<td>b. Micro nutrients include: minerals, vitamins, and water</td>
</tr>
<tr>
<td>Instruction:</td>
</tr>
<tr>
<td>• SE – Unit 5/Chapter 50  Pg. 773-781</td>
</tr>
<tr>
<td>• OIR - Chapter 50 – Instructor Lesson Plan</td>
</tr>
<tr>
<td>Application:</td>
</tr>
<tr>
<td>• OLS Chapter 50 – Companion Website Matching Activity</td>
</tr>
<tr>
<td>• OLS Chapter 50 – Companion Website Expand Learning Videos</td>
</tr>
<tr>
<td>• SE – In Review  Pg. 790</td>
</tr>
</tbody>
</table>
| 12 | Differentiate between food allergies and food intolerances, and describe the body’s reaction to each. Research the eight (8) most common food allergens. Make recommendations for food substitutes and recipe modifications to avoid foods that may cause a reaction, citing specific reasoning and evidence to justify the recommendation. | Instruction:  
- SE – Unit 5/Chapter 50  Pg. 788-789  
- OIR - Chapter 50 – Instructor PowerPoint  

Application:  
- OLS Study Guide/Activity E   Pg. 297-298  
- Accommodations for Special Needs  |
| --- | --- | --- |
| 13 | Examine the anatomy of a recipe identifying the key points and functions of each (name, yield, portion size, ingredients, quantity, and methods). Define common recipe terminology. Use the definitions to gain a proficient working understanding of terms and characteristics used in the standardized recipes. | Instruction:  
- SE – Unit 2/Chapter 15  Pg. 235-244  
- OIR - Chapter 15 – Instructor Lesson Plan  

Application:  
- OLS Chapter 15 – Companion Website Vocabulary Game  
- SE – Core Skills #14  Pg. 246  |
| 14 | Compare and contrast the components of a standardized recipe with a home recipe, citing evidence from each recipe format to support comparisons. Using proper formulas, apply the correct conversion factor to increase and decrease the yield according to specifications noted in recipes. | Instruction:  
- SE – Unit 2/Chapter 15  Pg. 238-245  
- OIR - Chapter 15 – Instructor PowerPoint  

Application:  
- OLS Chapter 15 – Companion Website Expand Learning Videos  
- OLS Lab Manual/Lab Activity 15-1  Pg. 67-70 Converting Recipe Yields |
| 15 | Follow recipes precisely, including defining and utilizing specific culinary and measurement terms as needed. Discuss ways to reduce waste in food products. | Instruction:  
- SE – Unit 2/Chapter 15  Pg. 242-245  
- OIR - Chapter 15 – Instructor PowerPoint  

Application:  
- SE – Teamwork  Pg. 247  |
| 16 | Identify, describe, and effectively demonstrate the use of hand tools and smallwares used in commercial food preparation. Using supporting evidence from a variety of equipment manuals and fact sheets, create an informational guide to differentiate the functions, cleaning procedures, storage, and examples of proper use of tools used in commercial foodservice. | Instruction:  
- SE – Unit 2/Chapter 13  Pg. 201-215  
- OIR - Chapter 13 – Instructor Lesson Plan/PowerPoint  

Application:  
- OLS Chapter 13 – Companion Website Expand Learning – Smallwares Identification Activity |
<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
</table>
| 17 | Examine various pieces of large equipment employed in commercial kitchens, including refrigeration units, holding units, grills and broilers, ranges and ovens. Explain the properties of design and their relationship to functionality for each piece of equipment examined. Determine the appropriate equipment needed for various tasks performed in the commercial kitchen, properly demonstrate safe use, and outline and practice proper cleaning procedures. | Instruction:  
- SE – Unit 2/Chapter 14  Pg. 219-230  
- OIR -  Chapter 14 – Instructor Lesson Plan/PowerPoint  
Application:  
- OLS Chapter 14 – Companion Website  
Expand Learning – Large Equipment Identification Activity  
- OLS Chapter 14 – Companion Website  
Expand Learning – Large Equipment Matching Activity  
- SE – Core Skills #14 & #15  Pg. 232 |
| 18 | Identify, and be able to select, the appropriate measuring tools (i.e. measuring cups, pitchers, spoons, scales, and thermometers) for a variety of ingredients. Execute proper measuring required for ingredients for recipes in lab settings. | Instruction:  
- SE – Unit 2/Chapter 15  Pg. 235-240  
- OIR -  Chapter 15 – Instructor Lesson Plan/PowerPoint  
Application:  
- OLS Chapter 15 – Companion Website  
Expand Learning Videos  
- OLS Chapter 15 – Companion Website  
Review & Assess Questions |
| 19 | Distinguish among the different types of knives (i.e. paring, serrated, slicers, utility, and chef’s) and explain their elements of construction. Identify and demonstrate the correct use, sharpening techniques, and storage options for each type of knife examined. Create a how-to graphic outlining the proper safety handling techniques when using knives in the kitchen, citing evidence. | Instruction:  
- SE – Unit 2/Chapter 11  Pg. 173-182  
- OIR -  Chapter 11 – Instructor Lesson Plan/PowerPoint  
Application:  
- OLS Chapter 11 – Companion Website  
Expand Learning Video  
OLS Lab Manual/Lab Activity 11-1  Identifying Knives and Hand Tools & 11-2  Sharpening a Knife Pg. 39-45  
- SE – Core Skills #17  Pg. 186-187 |
| 20 | Categorize the different types of cuts by justifying how they should be used for a given recipe or presentation. Prepare a workstation for knife work. Practice and execute the three basic knife cuts (slice, stick, and dice) using the correct safety methods. Upload either a | Instruction:  
- SE – Unit 2/Chapter 12  Pg. 189-197  
- OIR -  Chapter 12 – Instructor Lesson Plan/PowerPoint |
<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cooking Principles</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| **21** Using culinary resources, such as textbooks or industry magazines, compare and contrast dry, moist, and combination cooking methods in a class discussion. Create an informational artifact that describes each method, locate an example recipe for each, and demonstrate effective use of the technique in a laboratory setting. Examples may include: |   | Application:  
  - OLS Chapter 12 – Companion Website Expand Learning Videos  
  - OLS Lab Manual/Lab Activity 12-1 & 2 Pg. 47-50 Basic Knife Cuts I & II  
  - SE – Chef’s E-portfolio Activity Pg. 199  
  - OLS Chapter 12 – Companion Website Build Vocabulary Activities  
  - SE – In Review Pg. 294  
  - SE – Core Skills #15 Pg. 295  
  - SE – Core Skills #15 Pg. 295 |
|   |   | Instruction:  
  - SE – Unit 2/Chapter 18 Pg. 285-293  
  - OIR - Chapter 18 – Instructor Lesson Plan/PowerPoint  
  - OLS Chapter 18 Companion Website Build Vocabulary Activities  
  - OLS Chapter 18 – Companion Website Expand Learning Videos  
  - SE – Core Skills #15 Pg. 295  
  - SE – Core Skills #15 Pg. 295 |
| **Kitchen Staples** |   |   |
| **22** Create an index of basic seasonings, herbs, and spices used in professional kitchens. Research and cite evidence from digital text resources and culinary guides that describes the sources, varied forms, and uses in professional kitchens. Assess the cost of using fresh herbs or substituting dried herbs without affecting the quality of the final product. Provide an example of a recipe for which the substitution may be made successfully. |   | Instruction:  
  - SE – Unit 2/Chapter 17 Pg. 263-272  
  - OIR - Chapter 17 – Instructor Lesson Plan/PowerPoint  
  - OLS Chapter 17 Companion Website Build Herbs Identification Activity  
  - OLS Chapter 17 – Companion Website Expand Learning Herbs Identification Activity  
  - SE – Core Skills #17 Pg. 283  
  - SE – Core Skills #17 Pg. 283 |
|   |   | Application:  
  - OLS Chapter 17 Companion Website Build Herbs Identification Activity  
  - OLS Chapter 17 – Companion Website Expand Learning Herbs Identification Activity  
  - SE – Core Skills #17 Pg. 283  
  - SE – Core Skills #17 Pg. 283 |
| **23** Distinguish the differences in form and flavor between the variety of sweeteners (i.e. sugar, molasses, honey, brown sugar, maple syrup, corn syrup, and agave nectar) from a taste test/observation in the lab setting. Discuss common substitutions for sweeteners in recipes without compromising quality, citing culinary research. |   | Instruction:  
  - SE – Unit 2/Chapter 17 Pg. 273-275  
  - OIR - Chapter 17 – Instructor Lesson Plan/PowerPoint  
  - OLS Chapter 17 – Companion Website Expand Learning Spices Identification Activity  
  - SE – Core Skills #17 Pg. 283  
  - SE – Core Skills #17 Pg. 283 |
|   |   | Application:  
  - SE – Core Skills #17 Pg. 283  
  - SE – Core Skills #17 Pg. 283 |

picture or video into the student portfolio documenting correct use.
24 Compare and contrast the different types of starches used in commercial kitchens and describe the physical properties of each:

a. Flour (all-purpose, semolina, rice flour)
b. Cornmeal
c. Cornstarch
d. Arrowroot
e. Breadcrumbs (panko, dried, and fresh breadcrumbs)

Create a chart that describes which starch is best suited for each function in the kitchen, citing an example dish.

Instruction:
- SE – Unit 2/Chapter 17 Pg. 272-273
- OIR - Chapter 17 – Instructor Lesson Plan/PowerPoint

Application:
- OLS Chapter 17 – Companion Website In Review Questions
- SE – Core Skills #17 Pg. 283

25 Research the roles of acids as ingredients in the kitchen using culinary journals and text. Form a hypothesis and design and conduct an experiment to identify the role of the acid ingredients in relations to food preparation techniques. Summarize experiment results into an argument making a claim about the impact of a selected acid ingredient on food composition. Compare results to findings in news media and note when findings support or contradict previous explanations or accounts. Acid ingredients may include but are not limited to vinegars, lemon juice, and lime juice.

Instruction:
- SE – Unit 2/Chapter 17 Pg. 275-277
- OIR - Chapter 17 – Instructor Lesson Plan/PowerPoint

Application:
- OLS Study Guide – Activity C/Chapter 17 Pg. 110-112 Reviewing Key Concepts

Garde Manger

26 Salads: Compare and contrast the different types of salads (i.e. simple, composed, and bound) and the role of the ingredients in each, citing evidence from culinary textbooks. Using print or digital resources, discuss the qualities of simple and emulsified dressings, citing examples of each. Evaluate a salad recipe, analyzing the choice of ingredients, and any proposed modifications, or substitute ingredients. Draft the recipe with modification and prepare the salad. Include the recipe and a photo of the salad in the student portfolio.

Instruction:
- SE – Unit 3/Chapter 19 Pg. 299-314
- OIR - Chapter 19 – Instructor Lesson Plan/PowerPoint
- OIR – Chapter 19 Recipes

Application:
- OLS Chapter 19 – Companion Website Expand Learning Videos
- SE – Critical Thinking #17-#20 Pg. 317
- SE – Chef’s E-portfolio Activity Pg. 317

27 Sandwiches: Categorize the different types of sandwiches, discussing the roles of ingredients, assembly methods, and attributes. Create a recipe for a cold sandwich that reflects the local taste of your region and culinary trends. The recipe should reflect the

Instruction:
- SE – Unit 3/Chapter 22 Pg. 359-369
- OIR - Chapter 22 – Instructor Lesson Plan/PowerPoint

Application:
| Use of local products, taste of consumers, and connections to the region. Craft an accompanying explanatory text discussing the use of the local products, connection to the region, and description of the sandwich. | • OLS Chapter 22 – Companion Website Expand Learning Video  
• OLS Chapter 22 – Companion Website Expand Learning Recipes  
• SE – In Review  Pg. 370  
• SE – Core Skills #12  Pg. 370 |