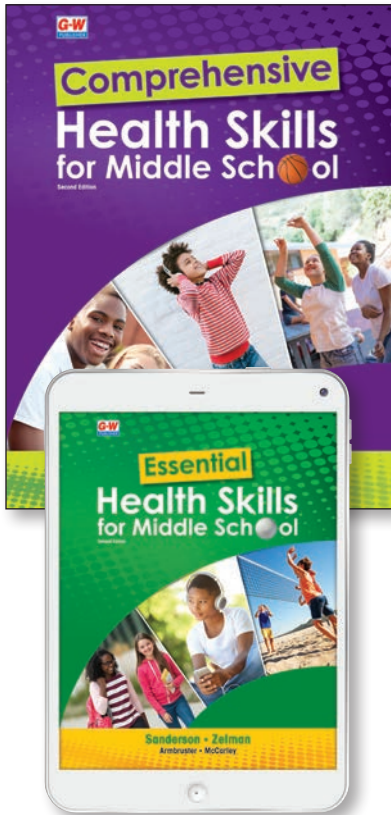
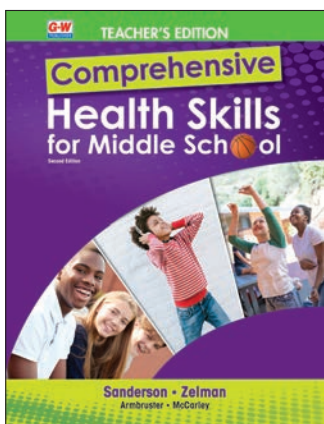


What's New for the 2021 Middle School Edition

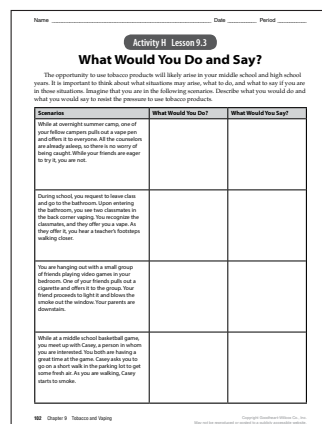


NEW content about health skills	Decision-making, goal setting, evaluating health information, accessing services, advocating for health, communicating with others
UPDATED topics in mental and emotional health	Self-talk, self-compassion, self-care, respect for diversity, ways to get help, gratitude, the mental and emotional health spectrum, mindfulness, influence of social media
NEW content about human development and sexuality	Affirmative consent FDA-approved contraceptive methods, including continuous birth control (<i>Comprehensive Health Skills for Middle School</i> only)
NEW content about establishing healthy relationships	Online friendships; bullying and cyberbullying; the bystander effect, upstanders, and allies; online safety, including digital footprint, online etiquette, the privacy of personal information, thinking before you post, and sexting
NEW content about hazardous substances	Vaping; marijuana; medication abuse, including opioid addiction

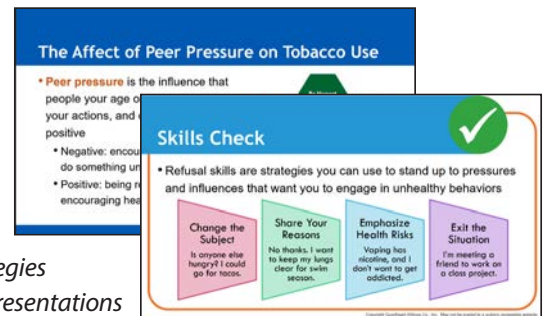
Hands-On Learning from a Comprehensive Teacher Support Package



UPDATED Teacher's Edition



UPDATED skills-based Workbook



- Lesson plans
- Activities
- Teaching strategies
- PowerPoint® presentations
- Correlations to standards
- Performance-based assessments
- Standards-based grading and formative and summative assessments
- Parent/trusted adult engagement homework assignments

UPDATED extensive Instructor Resources