Teachion Fourth Edition Teachion Fourth Edition The state of the st

Sharleen L. Kato, EdD, CFCS-HDFS

Emeritus Professor of Human Development and Family Studies,
Family and Consumer Sciences Teacher Education
Seattle Pacific University
Seattle, Washington



Publisher

The Goodheart-Willcox Company, Inc.

Tinley Park, IL

www.g-w.com

$\label{eq:copyright one of control of control of control of the control of the$

Previous editions copyright 2021 and 2016

All rights reserved. No part of this work may be reproduced, stored, or transmitted in any form or by any electronic or mechanical means, including information storage and retrieval systems, without the prior written permission of The Goodheart-Willcox Company, Inc.

ISBN 978-1-68584-251-2

1 2 3 4 5 6 7 8 9 - 24 - 27 26 25 24 23 22

The Goodheart-Willcox Company, Inc. Brand Disclaimer: Brand names, company names, and illustrations for products and services included in this text are provided for educational purposes only and do not represent or imply endorsement or recommendation by the author or the publisher.

The Goodheart-Willcox Company, Inc. Safety Notice: The reader is expressly advised to carefully read, understand, and apply all safety precautions and warnings described in this book or that might also be indicated in undertaking the activities and exercises described herein to minimize risk of personal injury or injury to others. Common sense and good judgment should also be exercised and applied to help avoid all potential hazards. The reader should always refer to the appropriate manufacturer's technical information, directions, and recommendations; then proceed with care to follow specific equipment operating instructions. The reader should understand these notices and cautions are not exhaustive.

The publisher makes no warranty or representation whatsoever, either expressed or implied, including but not limited to equipment, procedures, and applications described or referred to herein, their quality, performance, merchantability, or fitness for a particular purpose. The publisher assumes no responsibility for any changes, errors, or omissions in this book. The publisher specifically disclaims any liability whatsoever, including any direct, incidental, consequential, special, or exemplary damages resulting, in whole or in part, from the reader's use or reliance upon the information, instructions, procedures, warnings, cautions, applications, or other matter contained in this book. The publisher assumes no responsibility for the activities of the reader.

The Goodheart-Willcox Company, Inc. Internet Disclaimer: The Internet resources and listings in this Goodheart-Willcox Publisher product are provided solely as a convenience to you. These resources and listings were reviewed at the time of publication to provide you with accurate, safe, and appropriate information. Goodheart-Willcox Publisher has no control over the referenced websites and, due to the dynamic nature of the Internet, is not responsible or liable for the content, products, or performance of links to other websites or resources. Goodheart-Willcox Publisher makes no representation, either expressed or implied, regarding the content of these websites, and such references do not constitute an endorsement or recommendation of the information or content presented. It is your responsibility to take all protective measures to guard against inappropriate content, viruses, or other destructive elements.

Image Credits. Front cover: FatCamera/iStock/Getty Images Plus; MBI/Shutterstock.com; wavebreakmedia/Shutterstock.com
Reading Prep icon: great19/Shutterstock.com
Journaling Activity icon: Stmool/Shutterstock.com
Perspectives on Teaching, Philosophy of Teaching, College and Career Portfolio box graphic: T.Sumaetho/Shutterstock.com
Professional Tip box graphic: sumkinn/Shutterstock.com
Smart art title graphic: Gideon7/Shutterstock.com

Preface

This text has a simple title—*Teaching*. Teaching implies action. This text introduces you to the actions you can take to become a teacher—not just any teacher—but a well-prepared, committed, compassionate, engaging, skillful, effective, and creative teacher.

This text is about educators who came before you—their motivations, and their accomplishments. These historical accounts will help you understand the business of education—how schools are funded, who is in charge, and how schools impact society today.

Without students, schools would not exist. Students are energetic, engaging, curious, serious, challenging, and fun! As you consider a career in teaching, this text informs you about students—how they change physically, intellectually, and socio-emotionally as they grow and mature. Understanding these dramatic changes in growth and development is a key factor in learning how to teach for optimal student success.

While exploring the world of education today, you will learn what makes a teacher effective. For example, how can inclusive classrooms engage students in the active process of learning? How do teachers plan for effective instruction that meets the diverse needs of all students? How can teachers use technology to enhance and promote learning? What is assessment, and how do teachers use it to evaluate and encourage learner achievement?

Will you learn how to teach? Yes. In this text, you will learn foundational skills in how to design an instructional plan, choose teaching strategies, and assess whether learning has taken place. Asking questions of experienced teachers will motivate and inspire you to learn more about how to become an effective teacher. As you observe teachers who know how to manage classrooms and create an effective learning environment for their students, you will learn more about what it takes to become a teaching professional.

Will you be a teacher when you finish this book? *No.* Becoming a teacher requires much more preparation. Becoming an excellent teacher requires experience and the lifelong desire to keep learning. This text will, however, inspire you and provide a road map for your exploration of the teaching profession. Remember, *teaching* requires action. Begin to take action toward your teaching career today!

About the Author

Sharleen L. Kato loves teaching as well as learning. As a professor emeritus at Seattle Pacific University, she encouraged students to become creative problem solvers and to make a positive impact in their communities. She has taught undergraduate students for more than 30 years and served as the Family and Consumer Sciences Department Director and the Director of Global Engagement. She holds a Doctorate in Education, a Master's in Human Ecology, and an undergraduate degree in Home Economics. Dr. Kato serves on the Bellevue Christian Schools Board of Directors, Hilltop Children's Center Board of Directors, the Health and Wellness Advisory Committee for Seattle Public Schools, and education committees and task forces for Washington State Public Schools. She has published many books and articles and has presented papers in the education field. Her international travel is extensive, and she continues to write and lead travel groups around the world. For ten years, she spent at least two weeks each year serving in a children's home, school, teen home, and prenatal clinic in the Philippines. Dr. Kato is passionate about inspiring others to take on the challenge of improving the quality of life of those around them. Her three young grandsons inspire her to wonder, a critical component of learning.

Reviewers

The author and publisher wish to thank the following industry and teaching professionals for their valuable input into the development of *Teaching*.

Brittany Beckner

Teacher, Career and Technical Education Piedra Vista High School Farmington, New Mexico

Ann Bende

English Instructor; Cadet
Teaching
Zionsville Community High
School
Zionsville, Indiana

Shari Dantzler

Instructor, Teacher Academy
Madison Career and Technical
Center
Madison, Missouri

Andrea Davis

Director/Instructor, Teacher Academy Program Laurel School District Laurel, Delaware

Ann Deal

Instructor, Family and Consumer Sciences North Wilkes High School Ronda, North Carolina

Arnessa Dotson

Instructor, Family and Consumer Sciences Coronado High School Lubbock, Texas

Erin Flores

Teacher, Education & Training Manor High School Elgin, Texas

Amanda Godwin

Teacher, FACS
Bartholomew Consolidated
School Corporation
Columbus, Indiana

Katelyn Hahn

Instructor, Family and
Consumer Sciences
Chippewa Falls High
School
Chippewa Falls, Wisconsin

Suzanne Hudson

Instructor, Teacher Cadets Richmond High School Hamlet, North Carolina

Carol Jackson

English Department Head; Teacher Cadets Instructor Dutch Fork High School Columbia, South Carolina

Erin Just

Teacher
Oconee County High
School
Watkinsville, Georgia

Jonas Knotts

Careers in Education, Social Sciences, and Media Arts Teacher; Educators Rising Advisor Webster County High School Craigsville, West Virginia

Dena Locke

Teacher
Academy of Arts, Careers, and
Technology
Reno, Nevada

Chad Lower

IB Career-Related Program Coordinator and Teacher North Kansas City High School North Kansas City, Missouri

Jolena McFarland

Family and Consumer Sciences Teacher Armstrong High School Kittanning, Pennsylvania

Cathy Mong

CTE Pathway Coordinator Wichita Public Schools Wichita, Kansas

Val Tina Oishi

Teacher, Family and Consumer Sciences James Campbell High School Ewa Beach, Hawaii

Dawn Oler

Department Chair and Instructor, Family and Consumer Sciences Hinsdale Central High School Hinsdale, Illinois

Monica Oliver

Teacher, Family and Consumer Sciences Round Rock High School Round Rock, Texas

Deborah Rice

Teacher, Family and Consumer Sciences Southwest Independent School District San Antonio, Texas

Sara Rosencrance

Education Career Pathway
Developer & Instructor
Wallenpaupack Area School
District
Hawley, Pennsylvania

Irma Siebert

Teacher, Family and Consumer Sciences Tomball Memorial High School Tomball, Texas

Rebecca Williams

Instructor, Teacher Cadets Chapman High School Inman, South Carolina

Precision Exams by YouScience Certification

Goodheart-Willcox is pleased to partner with YouScience to correlate *Teaching* with their Instruction & Classroom Strategies I certification standards. Students who pass the exam and performance portion of the exam can earn a Career Skills certification. Precision Exams and Career Skills Exams were created in partnership with industry and subject matter experts to align real-world job skills with marketplace demands. Students can showcase their skills and knowledge with industry-recognized certifications—and build outstanding résumés to stand out from the crowd!

And for teachers, Precision Exams provides:

 Access to a library of Career Skills Exams, including pre- and postassessments for all 16 National Career Clusters Ask your instructor how you can earn a

CAREER SKILLS™ Certificate for your résumé.

you
science

youscience.com/kertifications

earned a CAREER SKILLS™ Certificate

9nong/Shutterstock.com

- Suite of on-demand reporting to measure program and student academic growth
- Easy-to-use, 100% online administration

To see how *Teaching* correlates to Precision Exams standards, visit the Correlations tab at www.g-w.com/teaching-2024. For more information about Precision Exams, visit www.youscience.com/certifications/career-clusters/.

٧

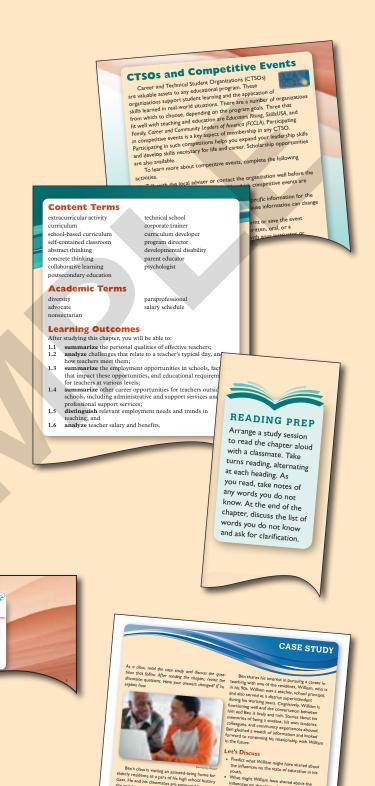
Guided Tour

The instructional design includes student-focused learning tools to help students succeed. This visual guide highlights the features designed for the textbook.

- Each unit opens with an Event Prep feature.
 These activities present information to use when preparing for competitive activities in career and technical student organization (CTSO) competitions.
- Content and Academic Terms provide a preview for important vocabulary covered in the chapter. Expanding personal vocabulary is a vital part of career success in the workplace.
- Learning Outcomes guide learning as you read the chapter. Each outcome is aligned with a content heading, as well as the summary at the end of the chapter. This alignment provides a logical flow through each page of the material so you can build on knowledge as you progress through the chapter.
- English/Language Arts standards for reading, writing, speaking, and listening are incorporated in **Reading Prep** activities that appear in the chapter opener. These activities provide ways for you to demonstrate the literacy and career readiness skills you have mastered.
- Journaling Activities provide opportunities for you to explore your thoughts on a prompt or idea from the chapter.
- Case Studies give school scenarios that you can relate to and discuss.

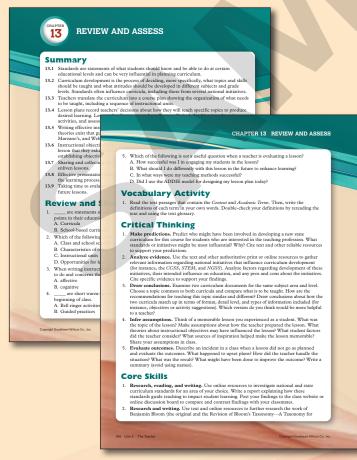
amine the topic of this chapter. Before reading the cha tite about your prior knowledge, understanding, and fe out the teaching profession by answering the following

estion: Why is understanding all aspects of the teaching profession important to titing your carrier goods and planning for postsecondary education? After reading the chapter, review your initial response to the above estion. How has your knowledge and understanding increased about to topic! What do you feel you still need to learn on your journey to coming a teacher.









- Perspectives on Teaching are longer stories describing situations you might encounter as a teacher, reflective thoughts by the person in the story, and a section for you to analyze the person's response.
- Philosophy of Teaching features help you build your own philosophy of teaching based on what you learned in the chapter.
- **Professional Tips** help you understand how to act professionally in the workplace.
- College and Career Portfolio features assist you in building a career portfolio that will help you when applying for jobs in the future
- A concise Summary reiterates the chapter outcomes and provides a brief review of the content for reference purpose.
- Review and Study activities cover the basic concepts presented in the chapter so you can evaluate your understanding of the material.
- Vocabulary Activities review the key terms presented in each section. By completing these activities, you will be able to demonstrate your understanding of teaching terms.
- Critical Thinking activities strengthen higher-order critical-thinking skills related to teaching topics and issues in today's classrooms.
- Core Skills activities provide opportunities for real-world practice in developing teaching workplace knowledge and skills, including technology, teamwork, research, CTE college and career readiness, and more.

TOOLS FOR STUDENT AND INSTRUCTOR SUCCESS

Student Tools

Student Text

Teaching helps students explore the world of education. In addition to investigating teaching as a profession, students will develop an understanding of the different types of learners they will encounter. This includes how humans develop physically, intellectually, and socio-



emotionally, as well as how all of these impact instructional methods. The following supplemental materials are available for students with access to digital resources. The workbook is also available in print.

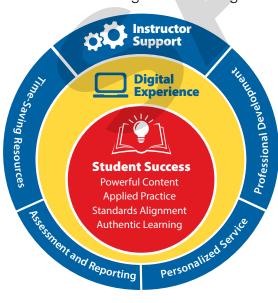
Workbook

- Hands-on practice includes questions and activities.
- Organized to follow the textbook chapters to help students achieve key learning outcomes.

G-W Companion Website

E-flash cards and vocabulary exercises allow interaction with content to create opportunities to increase achievement.





Instructor Tools

G-W Ignite

G-W Ignite provides a seamless user experience for both you and your students. The easy-to-navigate interface and class rostering capabilities make setting up a course easy and intuitive. Instructors can quickly and easily share assignments with students. Auto-graded activities and assessments make grading easier than ever, and rubrics are provided for ease of grading when required. Extensive reporting capabilities allow instructors to view students' progress and evaluate performance against learning outcomes and key standards. Students have their own My Progress dashboard where they can view grades and comments from their instructor.

G-W Ignite provides a complete learning package for you and your students. The included digital resources help your students remain engaged and learn effectively:

- The Online Textbook is a reflowable digital textbook that works well on all devices. It also works well with screen readers and accessibility tools.
- The Online Workbook content in digital format provides opportunities for students to reinforce understanding of learning outcomes in the text. Instructors can easily assign workbook activities and grade student work using the rubrics provided.
- Drill and Practice Vocabulary Activities, which are provided for all key terms in every lesson, provide an active, engaging, and effective way for students to learn the required terminology.
- Use the Pretests, Posttests, and Exams to assess students' knowledge of learning outcomes and key standards. These prebuilt assessments help you measure student knowledge and track progress in achieving learning outcomes.
- The Instructor Resources provide instructors with timesaving preparation tools such as answer keys, editable lesson plans, and other teaching aids.
- Instructor's Presentations for PowerPoint® are fully customizable, richly illustrated slides that help you teach and visually reinforce the key concepts from each chapter.

See www.g-w.com/teaching-2024 for a list of all available resources.

Professional Development

- Expert content specialists
- Research-based pedagogy and instructional practices
- Options for virtual and in-person Professional Development

Brief Contents

Unit $oldsymbol{1}$		
You—The T	eacher of Tomorrow	2
CHAPTER I	The Teaching Profession	
CHAPTER 2	What Makes an Effective Teacher?	32
CHAPTER 3	The Path to Becoming a Teacher	56
CHAPTER 4	Skills for College and Career	76
Unit 2		
The School)(
CHAPTER 5	The Early History of Education in America	
CHAPTER 6	The Modern History of Education in America	
CHAPTER 7	Schools and Society	42
Unit <mark>3</mark>		
The Learne	r	54
CHAPTER 8	Understanding Human Development	66
CHAPTER 9	The Preschool Years: Growth and Development	88
CHAPTER 10	Middle Childhood: Growth and Development	
CHAPTER II	The Teen Years: Growth and Development	
CHAPTER 12	Understanding and Teaching Diverse Learners	
Unit 4		
Unit 4		
The Teache	r	30
CHAPTER 13	Planning for Instruction	
CHAPTER 14	Instructional Methods	30
CHAPTER 15	Technology for Instruction	36
CHAPTER 16	The Role of Assessment	
CHAPTER 17	Classroom Management	
CHAPTER 18	The Challenges of Teaching4	16

Contents

Unit 1	
You—The Teacher of Tomorrow	2
CHAPTER I	
The Teaching Profession	
Personal Qualities of Effective Teachers	
A Teacher's Typical Day	
The Teacher's Workplace	
Other Opportunities in Education	
Employment Needs and Trends	
Teacher Salaries and Benefits	
Chapter I Review and Assess	
CHAPTER 2	
What Makes an Effective Teacher?	
Teaching Roles	
Developing Professional Qualities	
Working Effectively Within a School	
Subject Knowledge and Teaching Skills	
Communicating Effectively	
Resolving Conflicts	
Chapter 2 Review and Assess	
CHAPTER 3	
The Path to Becoming a Teacher	
The Process for Becoming a Teacher	
Getting Started	
Analyzing a Philosophy of Teaching	
Chapter 3 Review and Assess	

CHAPTER 4	
Skills for College and Career	
Preparing for College Success	
Creating Your Portfolio	
Succeeding as a Professional Educator	
Chapter 4 Review and Assess	
Unit 2	
The School	
CHAPTER 5	
The Early History of Education in America	102
The American Colonial Period (1600–1776)	
The American Early National Period (1776–1840)	
The American Common School Period (1840–1880)	
The American Progressive Period (1880–1921)	
The 1920s and the Great Depression Era (1921–1940)	
Chapter 5 Review and Assess	
CHAPTER 6	
The Modern History of Education in America	122
American Education During the 1940s and 1950s	
American Education During the 1960s	
American Education During the 1970s	
American Education During the 1980s	
American Education During the 1990s	
American Education During the 2000s	
American Education During the 2010s	
American Education During the 2020s	
Chapter 6 Review and Assess	

CHAPTER 7	
Schools and Society	. 142
Who Is Responsible for Schools?	
Funding for Education	
Communities and Schools.	
Social Problems Affect Schools	
Chapter 7 Review and Assess	
Unit 3	
The Learner	
CHAPTER 8	
Understanding Human Development	166
Areas of Development	
Principles of Human Development	
Theories of Development	
Chapter 8 Review and Assess	
CHAPTER 9	
The Preschool Years: Growth and Development	
Physical Characteristics and Growth	
Cognitive Characteristics and Growth	
Socio-Emotional Characteristics and Growth	
Special Needs	
School-Readiness Skills	
Chapter 9 Review and Assess	
CHAPTER 10	
Middle Childhood: Growth and Development	
Beginning School	
Children Ages Five to Seven	

Children Ages Eight and Nine222Children Ages 10 to 12226Chapter 10 Review and Assess231

CHAPTER 11

The Teen Years: Growth and Development	
Physical Growth and Development	
Cognitive Development	
Socio-Emotional Development	
Moral Development	248
Chapter 11 Review and Assess	
CHAPTER 12	
Understanding and Teaching Diverse Learners	
Learning Styles and Multiple Intelligences	
Tapping Individual Learning Strengths	263
Cultural Diversity	
Language Diversity	
The Challenge of Teaching Diverse Learners	
Chapter 12 Review and Assess	
Unit 4	
_	200
The Teacher	280
CHAPTER 13	
Planning for Instruction	
Standards: What Should Students Know?	
Curriculum: What Will Be Taught?	
Course Planning: How Will Learning Be Organized?	
Lesson Plans: How Will Learning Take Place?	
Elements of a Lesson Plan	
Finding Ideas and Inspiration	
Making Lesson Plans Come Alive	
Evaluating the Lesson	
Chapter 13 Review and Assess	
CHAPTER 14	
Instructional Methods	
Engaging Learners in Critical Thinking	
Key Instructional Skills	
Basic Instructional Methods	
Choosing Appropriate Teaching Strategies	
Chapter 14 Review and Assess	

CHAPTER 15

Technology for Instruction	336
Teaching and Learning in the Digital Age	339
Technology: Making Learning More Accessible	341
Technology: Providing Tools for Teachers	
Technology: Enhancing Learning Opportunities	350
Chapter 15 Review and Assess	363
CHAPTER 16	
The Role of Assessment	366
The Purposes of Assessment	369
What Can Be Measured?	370
Using Tests to Assess Learning	373
Using Alternative Assessment Strategies	377
Choosing Assessment Strategies	382
Determining Grades and Providing Feedback	382
Course Evaluation	384
Chapter 16 Review and Assess	385
CHAPTER 17	
Classroom Management	388
Creating the Classroom Environment	
Keeping Students Involved in Learning	397
Managing Behavior	401
Handling Problem Behavior.	406
Chapter 17 Review and Assess	413
CHAPTER 18	
The Challenges of Teaching	416
Maintaining Teacher Health and Wellness	419
Work-Life Balance for Teacher Health and Wellness	421
Creating a Healthy Classroom Environment	426
The Classroom Impact of Low Socioeconomic Status (SES)	427
The Impact of Child Abuse and Neglect	431
Creating an Inclusive Classroom: Equity and Empathy	435
Chapter 18 Review and Assess	
ossary	
dex	456

Feature Contents

EWENIT	Chapter 5
CTSO Event Prep	Chapter 6
CITO LICITOR CONTRACTOR	Chapter 7
CTSOs and Competitive Events	Chapter 8
Public Speaking	Chapter 9
Community Service Project	Chapter 10
Role-Play or Interview	Chapter 11
•	Chapter 12
	Chapter 13
JOURNALING ACTIVITY	Chapter 14
	Chapter 15
Chapter I	Chapter 16
Chapter 2	Chapter 17
Chapter 3	Chapter 18
Chapter 4	
Chapter 5	
Chapter 6	PROFESSIONAL TIP
Chapter 7	Market Co. Classific
Chapter 8	Maintaining Confidentiality
Chapter 9	Work-Life Balance
Chapter 10	Responsibility in Action
Chapter II	Dependability
Chapter 12	Dressing like a Professional
Chapter 13	Showing Respect
Chapter 14	Rules and Expectations
Chapter 15	Respect and Dignity
Chapter 16	Environmental Influences Affect Brain Development
Chapter 17	Creating an Effective Environment
Chapter 18	Keeping Relationships Professional 244
	Developing Cultural Competence
CASE STUDY	Backup Plans for Lessons
CASE STUDI	Collaboration 325
Chapter I	Creativity in Teaching
Chapter 2	Guarding Against Bias
Chapter 3	Understanding Organizational Hierarchy 396
Chapter 4 78	Learning for All

PERSPECTIVES on TEACHING

Chapter	Ι																	. 24	1
Chapter	2																	. 42	<u>)</u>
Chapter	3																	. 67	7
Chapter	4																	. 86	Ś
Chapter	5																	117	7
Chapter	6																	132	<u>)</u>
Chapter	7																	157	7
Chapter	8																	17	
Chapter	9																	199)
Chapter	10.																	223	3
Chapter	П.																	240)
Chapter	12.																	262	<u>)</u>
Chapter	13.																	290)
Chapter	14.																	329)
Chapter	15.																	352	<u>)</u>
Chapter	16.																	372	<u>)</u>
Chapter	17.														39	8	,	41	l
Chapter	18.													4	43	36	,	44	

PHILOSOPHY of TEACHING

Chapter I	28
Chapter 2	52
Chapter 3	72
Chapter 4	96
Chapter 5	. 118
Chapter 6	. 138
Chapter 7	. 160
Chapter 8	. 184
Chapter 9	. 208
Chapter 10	. 230
Chapter II	. 250
Chapter 12	. 276
Chapter 13	. 304
Chapter 14	. 332
Chapter 15	. 362
Chapter 16	. 384
Chapter 17	. 412
Chapter 18	. 442

COLLEGE and CAREER PORTFOLIO

Chapter I	31
Chapter 2	55
Chapter 3	75
Chapter 4	99
Chapter 5	121
Chapter 6	141
Chapter 7	163
Chapter 8	187
Chapter 9	211
Chapter 10	233
Chapter II	253
Chapter 12	279
Chapter 13	307
Chapter 14	335
Chapter 15	365
Chapter 16	387
Chapter 17	415
Chapter 18	445

