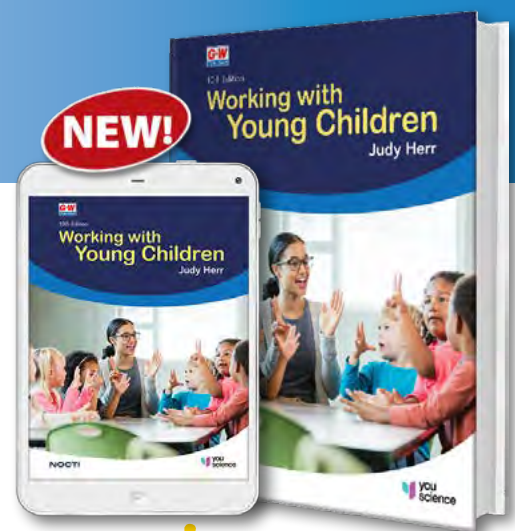


# Introduce the exciting and challenging field of early childhood education and care

Aligned to Industry-Recognized Credentials with the content needed to pursue the Child Development Associate Credential™ (CDA).



- Updated to reflect current standards and trends including gender-neutral language, family diversity, inclusivity, trauma-informed care, and current career paths.
- New content related to brain development, dual language learners, and health and safety.
- Additional features, such as Early Childhood Insights, Safety First, Health Highlights, Focus on Careers, Ethical Responsibilities, and Workplace Connections, prepare students for work-based learning and professional experiences.

**Workplace Connections**

**Activity Timing to Avoid Behavior Challenges**

Conduct an experiment in an early childhood, childcare, or Head Start program to determine the optimum time that four-year-old children should spend on specific activities to avoid behavior challenges. An example may be to spend 20, 15, and 10 minutes respectively on different days on gross-motor, fine-motor, and circle-time activities.

1. How long should free play or discovery time activities be conducted?
2. What suggestions could you make for future scheduling?

**Workplace Connections** explore policies and guidelines in early learning environments.



**Figure 14.4** Being in control is important for young children. When they are not in control, they may become frustrated. *As a teacher, what actions can you take to help reduce frustration in children?*

**Photo captions** ask critical-thinking questions throughout the text.

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