

Lesson 1.3: What Would You Do and Say?

Communicate with Others and Make Decisions

Directions: Imagine that you are in the following scenarios. Respond to the scenarios by indicating what you would do and say to resolve the conflict respectfully and effectively. Then with a partner, role play the scenarios demonstrating healthy practices and behaviors.

Scenarios	What Would You Do?	What Would you Say?
I posted a picture last night on social media and was shocked this morning by the mean comments. I don't care about most of the people who made the comments, but there was one person who I thought was a friend, and her comment really hurt. I am mad.	Answer:	Answer:
I'm tired of my mom always yelling at me. I know she is exhausted, but it's not fair to take it out on me. Yesterday, I asked if I could hang out with friends and go to the movies. She yelled at me and told me "no." I am angry.	Answer:	Answer:
I thought Lucas and I were really good friends. Lately, he has been hanging out with other people and seems to ignore me when I am around. I'm really annoyed. If this is how he is going to treat me, I want my skateboard back.	Answer:	Answer:
Keily and I have been dating for three months. One of my friends recently told me that Keily has been flirting with someone else. I feel betrayed.	Answer:	Answer:
During PE class, Peyton and I bumped into each other during the soccer game. Peyton yelled at me, so I yelled back. Peyton whispered that she was going to beat me up in the locker room after class.	Answer:	Answer: