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### Correlation of *Texas Health Skills for Middle School* ©2023 to

### the Texas Essential Knowledge and Skills, Health Grades 7–8

Standard 1A: describe the relationships among the body systems.

Breakout	Narrative	Activity
(i) describe the relationships among the body systems	Text Pages: 40 (1st and second	Text Pages: 45 (Lesson Review #5), 73
	paragraphs)	(Think Critically #17–19)

Standard 2A: list specific resources or facilities where members of the community can obtain medical care;

Breakout	Narrative	Activity
(i) list specific resources or	Text Pages:	Text Pages:
facilities where members of	12 (Healthcare Settings	13 (Lesson Review #4)
the community can obtain	section)	
medical care		

Standard 2B: explain ways to use health information to help self and others, including seizure awareness, diabetes education, and response plans such as first aid or cardiopulmonary resuscitation (CPR);

Breakout	Narrative	Activity
(i) explain ways to use health	Text Pages:	Text Pages:
information to help self,	380 (2nd paragraph), 388	389 (Hands-On Activity)
including seizure awareness	(Epilepsy section, 2nd	
	paragraph)	
(ii) explain ways to use health	Text Pages:	Text Pages:
information to help self,	380 (2nd paragraph), 386–388	403 (Develop Your Skills #21)
including diabetes education	(Type 1 Diabetes Mellitus	
	section, Type 2 Diabetes	
	Mellitus section), 400	
	(Diabetes section)	
(iii) explain ways to use health	Text Pages:	Text Pages:
information to help self,	431 (1st and last paragraph),	438 (Hands-On Activity), 441
including response plans	432 (Severe Bleeding section),	(Develop Your Skills #23)
	434 (last paragraph)	
(iv) explain ways to use health	Text Pages:	Text Pages:
information to help others,	380 (2nd paragraph), 388	389 (Hands-On Activity)
including seizure awareness	(Epilepsy section, 2nd	
	paragraph)	



Breakout	Narrative	Activity
(v) explain ways to use health information to help others, including diabetes education	<b>Text Pages:</b> 380 (2nd paragraph), 386–388 (Type 1 Diabetes Mellitus section, Type 2 Diabetes Mellitus section), 400 (Diabetes section)	<b>Text Pages:</b> 11f (Thinking Critically #1), 403 (Develop Your Skills #21)
(vi) explain ways to use health information to help others, including response plans	<b>Text Pages:</b> 430 (Determine If You Can Help section), 432 (Severe Bleeding section), 434–438 (Respond to Medical Emergencies section)	<b>Text Pages:</b> 438 (Hands-On Activity), 441 (Develop Your Skills #23)

Standard 2C: identify barriers related to solving health problems and ways to overcome barriers; and

Breakout	Narrative	Activity
(i) identify barriers related to solving health problems	<b>Text Pages:</b> 13 (1st paragraph), 177–178 (Overcome Barriers section), 590 (Abstinence section, 2nd paragraph)	Text Pages: 179 (Lesson Review #4), 239 (Develop Your Skills #24), 271 (Develop Your Skills #20)
(ii) identify ways to overcome barriers [related to solving health problems]	<b>Text Pages:</b> 177–178 (Overcome Barriers section)	<b>Text Pages:</b> 239 (Develop Your Skills #24), 271 (Develop Your Skills #20)

Standard 2D: explain the course, signs, symptoms, and treatments of vector-borne illnesses such as Lyme disease or West Nile Virus.

Breakout	Narrative	Activity
(i) explain the course of vector-	Text Pages:	Text Pages:
borne illnesses	373 (Lyme Disease section), 373-374 (West Nile Virus Disease section)	376 (Lesson Review #4)
(ii) explain the signs of vector-	Text Pages:	Text Pages:
borne illnesses	373 (Lyme Disease section), 373-374 (West Nile Virus Disease section)	376 (Lesson Review #4)
(iii) explain the symptoms of	Text Pages:	Text Pages:
vector-borne illnesses	373 (Lyme Disease section), 373-374 (West Nile Virus	376 (Lesson Review #4)
(iv) explain the treatments of	Disease section)	Toxt Pages
(iv) explain the treatments of vector-borne illnesses	<b>Text Pages:</b> 373 (Lyme Disease section), 373-374 (West Nile Virus	<b>Text Pages:</b> 376 (Lesson Review #4)
	Disease section)	



#### Standard 3A: identify and analyze different emotions and causal thoughts in self;

Breakout	Narrative	Activity
(i) identify different emotions in	Text Pages:	Text Pages:
self	140–141 (Understanding Your	125 (Develop Your Skills #23),
	Emotions section)	161 (Develop Your Skills #22)
(ii) identify casual thoughts in	Text Pages:	Text Pages:
self	140–141 (Understanding Your	125 (Develop Your Skills #23),
	Emotions section)	161 (Develop Your Skills #22)
(iii) analyze different emotions	Text Pages:	Text Pages:
in self	140–141 (Understanding Your	161 (Develop Your Skills #22)
	Emotions section)	
(iv) analyze causal thoughts in	Text Pages:	Text Pages:
self	140–141 (Understanding Your	161 (Develop Your Skills #22)
	Emotions section)	

Standard 3B: analyze the relationship between thoughts, feelings, and behaviors and demonstrate healthy techniques for managing reactions in times of emotional stress;

Breakout	Narrative	Activity
(i) analyze the relationship between thoughts, feelings, and behaviors	<b>Text Pages:</b> 140 (Understanding Your Emotions section)	Text Pages: 125 (Develop Your Skills #23)
(ii) demonstrate healthy techniques for managing reactions in times of emotional stress	<b>Text Pages:</b> 141–145 (Controlling Your Emotions section), 152–158 (Strategies for Managing Stress section), 484–487 (Conflict Resolution Skills section)	<b>Text Pages:</b> 125 (Develop Your Skills #23), 148 (Hands-On Activity)

## Standard 3C: evaluate the importance of social groups and peer influences and explain how they can affect individual mental health and wellness;

Breakout	Narrative	Activity
(i) evaluate the importance of social groups	<b>Text Pages:</b> 475–476 (The Importance of Relationships section), 489– 490 (Functions of Family Relationships section), 497 (1st paragraph)	<b>Text Pages:</b> 513 (Think Critically #14)
(ii) evaluate the importance of peer influences	<b>Text Pages:</b> 497-498 (Types of Friendships section)	<b>Text Pages:</b> 513 (Think Critically #14)
(iii) explain how [social groups] can affect individual mental health	<b>Text Pages:</b> 134–135 (Determining Your Level of Self-Esteem section),	<b>Text Pages:</b> 513 (Think Critically #14)



Breakout	Narrative	Activity
	150 (Sources of Stress section, 1st paragraph, Figure 5.16), 476 (Healthy Versus Unhealthy Relationships, 1st paragraph)	
(iv) explain how [social groups] can affect individual wellness	<b>Text Pages:</b> 475 (The Importance of Relationships section)	<b>Text Pages:</b> 513 (Think Critically #14)
(v) explain how [peer influences] can affect individual mental health	<b>Text Pages:</b> 134–135 (Determining Your Level of Self-Esteem section), 182 (Environmental Risk Factors section)	<b>Text Pages:</b> 513 (Think Critically #14)
(vi) explain how [peer influences] can affect individual wellness	<b>Text Pages:</b> 25 (Using Refusal Skills, last paragraph and Figure 1.12), 293 (1st two full paragraphs), 323 (Peer Pressure section)	<b>Text Pages:</b> 305 (Think Critically #16), 358f (Educating Your Peers)

### Standard 3D: demonstrate perspective-taking and communication skills for building and maintaining healthy relationships and determining when and how to end unhealthy relationships;

Breakout	Narrative	Activity
(i) demonstrate perspective- taking skills for building healthy relationships	<b>Text Pages:</b> 146 (1st paragraph), 477 (Understanding bullet)	<b>Text Pages:</b> 513 (Develop Your Skills #20)
(ii) demonstrate perspective- taking skills for maintaining healthy relationships	Text Pages: 146 (1st paragraph), 477 (Understanding bullet)	<b>Text Pages:</b> 513 (Develop Your Skills #20)
(iii) demonstrate perspective- taking skills for determining when to end unhealthy relationships	<b>Text Pages:</b> 509 (The End of a Dating Relationship section)	<b>Text Pages:</b> 512 (Check Your Knowledge #12)
(iv) demonstrate perspective- taking skills for determining how to end unhealthy relationships	<b>Text Pages:</b> 509 (The End of a Dating Relationship section)	<b>Text Pages:</b> 512 (Check Your Knowledge #12)
(v) demonstrate communication skills for building healthy relationships	<b>Text Pages:</b> 478–483 (Communication Skills section), 484-487 (Conflict Resolution Skills section)	<b>Text Pages:</b> 487 (Lesson Review #5), 504 (Lesson Review #5), 513 (Think Critically #15)
(vi) demonstrate communication skills for maintaining healthy relationships	<b>Text Pages:</b> 478–483 (Communication Skills section), 484-487 (Conflict Resolution Skills section), 492–493 (Maintaining Healthy Relationships with	<b>Text Pages:</b> 495 (Hands-On Activity), 504 (Lesson Review #5), 513 (Think Critically #15)



Breakout	Narrative	Activity
	Parents and Guardians section)	
(vii) demonstrate communication skills for determining when to end unhealthy relationships	<b>Text Pages:</b> 477 (last paragraph), 509 (2nd paragraph)	<b>Text Pages:</b> 487 (Lesson Review #1)
(viii) demonstrate communication skills for determining how to end unhealthy relationships	<b>Text Pages:</b> 477 (last paragraph)	<b>Text Pages:</b> 487 (Lesson Review #1)

Standard 3E: analyze similarities and differences between one's own and others' perspectives; and

Breakout	Narrative	Activity
(i) analyze similarities between	Text Pages:	Text Pages:
one's own and others'	485–486 (Listen section)	125 (Develop Your Skills #23),
perspectives		331 (Develop Your Skills #19),
		365 (Develop Your Skills #20)
(ii) analyze differences	Text Pages:	Text Pages:
between one's own and others'	485–486 (Listen section)	125 (Develop Your Skills #23),
perspectives		331 (Develop Your Skills #19),
		365 (Develop Your Skills #20)

Standard 3F: practice conflict resolution and mediation skills.

Breakout	Narrative	Activity
(i) practice conflict resolution skills	<b>Text Pages:</b> 25-26 (Resolving Conflicts section), 484–487 (Conflict Resolution Skills section)	<b>Text Pages:</b> 125 (Develop Your Skills #23), 545 (Develop Your Skills #23)
(ii) practice mediation skills	<b>Text Pages:</b> 26 (3rd full paragraph), 486– 487 (Mediation section)	<b>Text Pages:</b> 545 (Develop Your Skills #23)

#### Standard 4A: describe how internal and external factors influence self-esteem;

Breakout	Narrative	Activity
(i) describe how internal factors influence self-esteem	<b>Text Pages:</b> 134–135 (Determining Your Level of Self-Esteem section), 245 (Benefits of Physical Activity on Mental Health infographic)	<b>Text Pages:</b> 79f (Thinking Critically #1), 161 (Develop Your Skills #20)



Breakout	Narrative	Activity
(ii) describe how external	Text Pages:	Text Pages:
factors influence self-esteem	134–135 (Determining Your Level of Self-Esteem section), 500 (Damage Control: The Negative Effects of Gossip and Rumors infographic), 522 (Consequences of Cyberbullying section)	161 (Develop Your Skills #20)

#### Standard 4B: identify and develop strategies for setting long-term personal goals;

Breakout	Narrative	Activity
(i) identify strategies for setting	Text Pages:	Text Pages:
long-term personal goals	24–25 (Setting and Achieving	403 (Develop Your Skills #23)
	Goals section)	
(ii) develop strategies for	Text Pages:	Text Pages:
setting long-term personal	24–25 (Setting and Achieving	35 (Develop Your Skills #20),
goals	Goals section), 263 (Building	239 (Develop Your Skills #24),
	Your Skills)	403 (Develop Your Skills #23)

Standard 4C: create and discuss personal life goals that one wishes to achieve and consider the financial impact of graduating from high school, having a full-time job, and waiting until marriage if one plans to have children; and

Breakout	Narrative	Activity
(i) create personal life goals	Text Pages:	Companion Text Pages:
that one wishes to achieve	263 (Building Your Skills)	635 (Building Your Skills), 639
	Companion Text Pages:	(Develop Your Skills #24)
	635 (Building Your Skills)	
(ii) discuss personal life goals	Text Pages:	Companion Text Pages:
that one wishes to achieve	263 (Building Your Skills)	635 (Building Your Skills), 639
	Companion Text Pages:	(Develop Your Skills #24)
	635 (Building Your Skills)	
(iii) consider the financial	Companion Text Pages:	Companion Text Pages:
impact of graduating from high	633 (last paragraph), 634 (2nd	636 (Hands-On Activity)
school	and third paragraphs)	
(iv) consider the financial	Text Pages:	Companion Text Pages:
impact of having a full-time job	19 (Economic Environment	636 (Hands-On Activity)
	section)	
	Companion Text Pages:	
	633 (last paragraph)	
(v) consider the financial	Companion Text Pages:	Companion Text Pages:
impact of waiting until	632–634 (Challenges of Teen	636 (Hands-On Activity)
marriage if one plans to have	Pregnancy and Parenthood	
children	section)	



Standard 4D: identify decision-making skills that promote individual, family, and community mental health.

Breakout	Narrative	Activity
(i) identify decision-making	Text Pages:	Text Pages:
skills that promote individual	23–24 (Making Healthy	125 (Develop Your Skills #22),
mental health	Decisions section), 324	324 (Building Your Skills), 331
	(Building Your Skills)	(Develop Your Skills #23)
(ii) identify decision-making	Text Pages:	Text Pages:
skills that promote family	23–24 (Making Healthy	175 (Building Your Skills), 415
mental health	Decisions section), 415	(Building Your Skills #2)
	(Building Your Skills)	
(iii) identify decision-making	Text Pages:	Text Pages:
skills that promote community	31 (1st and second paragraph)	271 (Develop Your Skills #21),
mental health		331 (Develop Your Skills #20),
		469 (Develop Your Skills #22)

# Standard 5A: explain how adolescent brain development influences cognitive processing, emotions, and decision making;

Breakout	Narrative	Activity
(i) explain how adolescent	Text Pages:	Text Pages:
brain development influences	567–568 (Intellectual	580 (Check Your Knowledge
cognitive processing	Development section)	#8)
(ii) explain how adolescent	Text Pages:	Text Pages:
brain development influences	141 (Controlling Your	148 (Lesson Review #2)
emotions	Emotions section, 1st	
	paragraph), 568 (1st	
	paragraph)	
(iii) explain how adolescent	Text Pages:	Text Pages:
brain development influences	567–568 (Intellectual	580 (Check Your Knowledge
decision making	Development section)	#8)

### Standard 5B: identify and describe how environmental influences such as air, water, or noise can affect an individual's mental health; and

Breakout	Narrative	Activity
(i) identity how environmental	Text Pages:	Text Pages:
influences can affect an	17 (Environmental Factors	454 (Lesson Review #4)
individual's mental health	section), 170 (Seasonal	
	Affective Disorder section)	
(ii) describe how	Text Pages:	Text Pages:
environmental influences can	17 (Environmental Factors	454 (Lesson Review #4)
affect an individual's mental	section), 170 (Seasonal	
health	Affective Disorder section)	



### Standard 5C: discuss the influence of childhood trauma and how to recognize, process, and overcome negative events.

Breakout	Narrative	Activity
(i) discuss the influence of	Text Pages:	Text Pages:
childhood trauma	151 (1st paragraph)	160 (Check Your Knowledge #11)
(ii) discuss how to recognize	Text Pages:	Text Pages:
negative events	151 (1st paragraph)	160 (Check Your Knowledge
		#9-10), 161 (Develop Your
		Skills #22)
(iii) discuss how to process	Text Pages:	Text Pages:
negative events	135 (2nd and last paragraphs),	160 (Check Your Knowledge
	152–158 (Strategies for	#9)
	Managing Stress section)	
(iv) discuss how to overcome	Text Pages:	Text Pages:
negative events	152–158 (Strategies for	160 (Check Your Knowledge
	Managing Stress section), 326	#9), 161 (Develop Your Skills
	(2nd paragraph)	#21)

#### Standard 6A: describe methods to support others who have long-term physical health conditions;

Breakout	Narrative	Activity
(i) describe methods to	Text Pages:	Text Pages:
support others who have long-	389 (last paragraph, Figure	384 (Thinking Critically #2)
term physical health conditions	12.20)	

Standard 6B: examine ways to influence peers positively and promote resiliency in others in stressful situations;

Breakout	Narrative	Activity
(i) examine ways to influence peers positively in stressful situations	<b>Text Pages:</b> 293 (1st paragraph, Figure 9.17), 503 (Positive Peer Pressure section)	<b>Text Pages:</b> 298 (Building Your Skills), 358 (Building Your Skills)
(ii) examine ways to promote resiliency in others in stressful situations	Text Pages: 148 (Show Resilience section)	Text Pages: 160 (Check Your Knowledge #9)

Standard 6C: differentiate between healthy and unhealthy self-management strategies for stress, anxiety, depression, trauma, loss, and grief;



Breakout	Narrative	Activity
(i) differentiate between healthy and unhealthy self- management strategies for stress	Text Pages: 297-298 (Learn to Manage Stress section), 345 (Case Study)	<b>Text Pages:</b> 11 (Thinking Critically #3)
(ii) differentiate between healthy and unhealthy self- management strategies for anxiety	<b>Text Pages:</b> 154 (Maintain a Positive Attitude section, 1st paragraph)	Text Pages: 189 (Think Critically #19)
(iii) differentiate between healthy and unhealthy self- management strategies for depression	<b>Text Pages:</b> 170 (2nd paragraph)	<b>Text Pages:</b> 189 (Think Critically #19)
(iv) differentiate between healthy and unhealthy self- management strategies for trauma	<b>Companion Text Pages:</b> 620–622 (Preventing and Responding to Sexual Assault section)	Text Pages: 160 (Check Your Knowledge #9) Companion Text Pages: 622 (Lesson Review #3)
(v) differentiate between healthy and unhealthy self- management strategies for loss	<b>Text Pages:</b> 578 (2nd paragraph and bullets)	<b>Text Pages:</b> 581 (Think Critically #17)
(vi) differentiate between healthy and unhealthy self- management strategies for grief	<b>Text Pages:</b> 578 (2nd paragraph and bullets)	<b>Text Pages:</b> 581 (Think Critically #17)

Standard 6D: describe the consequences of disordered eating and eating disorders such as bulimia, anorexia, and binge eating disorder and the importance of seeking help from a parent or another trusted adult for oneself or others related to disordered eating;

Breakout	Narrative	Activity
(i) describe the consequences of disordered eating	<b>Text Pages:</b> 232-233 (Health Consequences of Disordered Eating and Eating Disorders section)	<b>Text Pages:</b> 238 (Check Your Knowledge #11)
(ii) describe the consequences of eating disorders	<b>Text Pages:</b> 232-233 (Health Consequences of Disordered Eating and Eating Disorders section)	<b>Text Pages:</b> 238 (Check Your Knowledge #11)
(iii) describe the importance of seeking help from a parent or another trusted adult for oneself or others related to disordered eating	<b>Text Pages:</b> 234 (3rd paragraph)	<b>Text Pages:</b> 239 (Think Critically #19)



Standard 6E: discuss the suicide risk and suicide protective factors as identified by the Centers for Disease Control and Prevention (CDC) and the importance of telling a parent or another trusted adult if one observes the warning sign in self or others;

Breakout	Narrative	Activity
(i) discuss the suicide risk factors as identified by the Centers for Disease Control	<b>Text Pages:</b> 181–183 (Recognize Risk Factors and Protective Factors	<b>Text Pages:</b> 186 (Lesson Review #2)
and Prevention (CDC) (ii) discuss the suicide protective factors as identified by the Centers for Disease Control and Prevention (CDC)	of Suicide section) <b>Text Pages:</b> 183 (Protective Factors section)	<b>Text Pages:</b> 186 (Lesson Review #2)
(iii) discuss the importance of telling a parent or other trusted adult if one observes the warning sign [of suicide] in self or others	<b>Text Pages:</b> 184 (4th paragraph)	<b>Text Pages:</b> 189 (Think Critically #17)

# Standard 6F: research and discuss protective factors and healthy self-management strategies to avoid self-harming behaviors; and

Breakout	Narrative	Activity
(i) research protective factors to avoid self-harming behaviors	<b>Text Pages:</b> 174–175 (last paragraph on 174 and first paragraph on 175)	<b>Text Pages:</b> 189 (Develop Your Skills #22)
(ii) research healthy self- management strategies to avoid self-harming behaviors	<b>Text Pages:</b> 176–177 (Find Treatment section), 184–185 (Take Steps to Help Prevent Suicide section, Advocate for Mental Health section)	<b>Text Pages:</b> 189 (Think Critically #19)
(iii) discuss protective factors to avoid self-harming behaviors	Text Pages: 183 (Protective Factors section)	<b>Text Pages:</b> 189 (Think Critically #17)
(iv) discuss healthy self- management strategies to avoid self-harming behaviors	Text Pages: 176–178 (Find Treatment section, Overcome Barriers section), 183–185 (Protective Factors section, Take Steps to Help Prevent Suicide section, Advocate for Mental Health section)	<b>Text Pages:</b> 189 (Think Critically #19)

Standard 6G: examine how the use of suicide prevention resources such as the National Suicide Prevention Hotline can reduce the likelihood of suicide.



Breakout	Narrative	Activity
(i) examine how the use of	Text Pages:	Text Pages:
suicide prevention resources	184 (last paragraph, Figure	189 (Develop Your Skills #20),
such as the National Suicide	6.15)	189 (Develop Your Skills #23)
Prevention Hotline can reduce		
the likelihood of suicide		

Standard 7A: analyze food labels and menus to determine the nutritional value of foods and make healthy decisions about daily caloric intake;

Breakout	Narrative	Activity
(i) analyze food labels to	Text Pages:	Text Pages:
determine the nutritional value	213 (Understanding Nutrition	239 (Develop Your Skills #21)
of foods	Facts and Food Labels	
	section)	
(ii) analyze menus to	Text Pages:	Text Pages:
determine the nutritional value	214 (Eating Healthy Meals	216 (Hands-On Activity), 239
of foods	Away from Home section)	(Develop Your Skills #21)
(iii) analyze food labels to	Text Pages:	Text Pages:
make healthy decisions about	214 (Eating Healthy Meals	239 (Develop Your Skills #21)
daily caloric intake	Away from Home section)	
(iv) analyze menus to make	Text Pages:	Text Pages:
healthy decisions about daily	214 (Eating Healthy Meals	239 (Develop Your Skills #21)
caloric intake	Away from Home section)	

#### Standard 7B: develop a personal dietary plan; and

Breakout	Narrative	Activity
(i) develop a personal dietary plan	<b>Text Pages:</b> 205–209 (Guidelines for Forming a Healthy Eating Pattern section, MyPlate Food Guidance System section), 211–216 (Skills for Following a Healthy Eating Pattern section)	<b>Text Pages:</b> 216 (Hands-On Activity), 239 (Develop Your Skills #22)

Standard 7C: identify and practice strategies for choosing healthy foods and beverages in diverse social environments, including at home, at school, and while dining out.

Breakout	Narrative	Activity
(i) identify strategies for	Text Pages:	Text Pages:
choosing healthy foods in	211-216 (Skills for Following a	239 (Develop Your Skills #22)
diverse social environments,	Healthy Eating Pattern	
including at home	section)	



Breakout	Narrative	Activity
(ii) identify strategies for choosing healthy foods in diverse social environments, including at school	<b>Text Pages:</b> 214 (Eating Healthy Meals Away from Home section)	Text Pages: 239 (Develop Your Skills #21)
(iii) identify strategies for choosing healthy foods in diverse social environments, including while dining out	<b>Text Pages:</b> 214 (Eating Healthy Meals Away from Home section)	<b>Text Pages:</b> 238 (Check Your Knowledge #6)
(iv) identify strategies for choosing healthy beverages in diverse social environments, including at home	<b>Text Pages:</b> 203 (Water section), 205 (second to last paragraph and Figure 7.11)	<b>Text Pages:</b> 125 (Develop Your Skills #21), 211 (Evaluating Your Food Choices)
(vii) practice strategies for choosing healthy foods in diverse social environments, including at home	<b>Text Pages:</b> 205 (Guidelines for Forming a Healthy Eating Pattern section), 211-216 (Skills for Following a Healthy Eating Pattern section)	<b>Text Pages:</b> 125 (Develop Your Skills #21), 211 (Evaluating Your Food Choices)
(viii) practice strategies for choosing healthy foods in diverse social environments, including at school	<b>Text Pages:</b> 214 (Eating Healthy Meals Away from Home section)	<b>Text Pages:</b> 239 (Develop Your Skills #21)
(ix) practice strategies for choosing healthy foods in diverse social environments, including while dining out	<b>Text Pages:</b> 214 (Eating Healthy Meals Away from Home section)	<b>Text Pages:</b> 238 (Check Your Knowledge #6)
(x) practice strategies for choosing healthy beverages in diverse social environments, including at home	<b>Text Pages:</b> 203 (Water section), 205 (second to last paragraph and Figure 7.11)	<b>Text Pages:</b> 125 (Develop Your Skills #21), 211 (Evaluating Your Food Choices)
(xi) practice strategies for choosing healthy beverages in diverse social environments, including at school	<b>Text Pages:</b> 214 (Eating Healthy Meals Away from Home section)	<b>Text Pages:</b> 30 (Be a Health Advocate at School)
(xii) practice strategies for choosing healthy beverages in diverse social environments, including while dining out	<b>Text Pages:</b> 214 (Eating Healthy Meals Away from Home section)	Text Pages: 238 (Check Your Knowledge #6)

Standard 8A: explain the relationships between nutrition, physical activity, quality of life, and disease in terms of their mental, physical, and social benefits;

Breakout	Narrative	Activity
(i) explain the relationships	Text Pages:	Text Pages:
between nutrition, physical	196 (3rd paragraph), 244 (The	244 (Thinking Critically #1),
activity, quality of life, and	Benefits of Physical Activity	271 (Develop Your Skills #18)
disease in terms of their	section), 245 (infographic)	
mental benefits		



Breakout	Narrative	Activity
(ii) explain the relationships between nutrition, physical activity, quality of life, and disease in terms of their physical benefits	<b>Text Pages:</b> 196 (3rd paragraph), 244 (The Benefits of Physical Activity section)	<b>Text Pages:</b> 244 (Thinking Critically #1), 271 (Develop Your Skills #18)
(iii) explain the relationships between nutrition, physical activity, quality of life, and disease in terms of their social benefits	<b>Text Pages:</b> 196 (3rd paragraph), 244 (The Benefits of Physical Activity section)	<b>Text Pages:</b> 244 (Thinking Critically #1), 271 (Develop Your Skills #18)

#### Standard 8B: identify how to balance caloric intake and physical activity; and

Breakout	Narrative	Activity
(i) identify how to balance caloric intake and physical activity	<b>Text Pages:</b> 222 (Set and Reward Realistic Goals section)	<b>Text Pages:</b> 227 (Lesson Review #3)

### Standard 8C: apply the CDC guidelines for daily physical activity to develop a physical fitness plan using appropriate technology.

Breakout	Narrative	Activity
(i) apply the CDC guidelines	Text Pages:	Text Pages:
for daily physical activity to	246 (2nd paragraph and	247 (Lesson Review #3), 271
develop a physical fitness plan	bullets)	(Develop Your Skills #20)
using appropriate technology		

# Standard 9A: develop and examine progress of short- and long-term goals toward achieving appropriate levels of physical activity, improving personal physical fitness level, and making healthy personal food choices; and

Breakout	Narrative	Activity
(i) develop short-term goals toward achieving appropriate levels of physical activity	<b>Text Pages:</b> 222 (Set and Reward Realistic Goals section), 263–265 (Setting Your Goals section)	<b>Text Pages:</b> 263 (Building Your Skills), 271 (Develop Your Skills #20)
(ii) develop short-term goals toward improving personal physical fitness level	<b>Text Pages:</b> 263–265 (Setting Your Goals section)	<b>Text Pages:</b> 263 (Building Your Skills), 271 (Develop Your Skills #20)
(iii) develop short-term goals toward making healthy personal food choices	<b>Text Pages:</b> 222 (Set and Reward Realistic Goals section)	<b>Text Pages:</b> 239 (Develop Your Skills #24)



Breakout	Narrative	Activity
(iv) develop long-term goals toward achieving appropriate levels of physical activity	<b>Text Pages:</b> 222 (Set and Reward Realistic Goals section), 263–265 (Setting Your Goals section)	<b>Text Pages:</b> 263 (Building Your Skills), 271 (Develop Your Skills #20)
<ul> <li>(v) develop long-term goals</li> <li>toward improving personal</li> <li>physical fitness level</li> <li>(vi) develop long-term goals</li> <li>toward making healthy</li> <li>personal food choices</li> </ul>	Text Pages: 263–265 (Setting Your Goals section) Text Pages: 222 (Set and Reward Realistic Goals section)	Text Pages: 263 (Building Your Skills), 271 (Develop Your Skills #20) Text Pages: 239 (Develop Your Skills #24)
(vii) examine progress of short-term goals toward achieving appropriate levels of physical activity	<b>Text Pages:</b> 222 (Set and Reward Realistic Goals section), 265 (Maximizing Your Workouts section, 1st paragraph)	<b>Text Pages:</b> 263 (Building Your Skills), 271 (Develop Your Skills #20)
(viii) examine progress of short-term goals toward improving personal physical fitness level	<b>Text Pages:</b> 265 (Maximizing Your Workouts section, 1st paragraph)	<b>Text Pages:</b> 263 (Building Your Skills), 271 (Develop Your Skills #20)
(ix) examine progress of short- term goals toward making healthy personal food choices	<b>Text Pages:</b> 222 (Set and Reward Realistic Goals section, 2 <sup>nd</sup> paragraph)	<b>Text Pages:</b> 239 (Develop Your Skills #24)
(x) examine progress of long- term goals toward achieving appropriate levels of physical activity	<b>Text Pages:</b> 222 (Set and Reward Realistic Goals section, 2 <sup>nd</sup> paragraph), 265 (Maximizing Your Workouts section, 1st paragraph)	<b>Text Pages:</b> 263 (Building Your Skills), 271 (Develop Your Skills #20)
(xi) examine progress of long- term goals toward improving personal physical fitness level	<b>Text Pages:</b> 265 (Maximizing Your Workouts section, 1st paragraph)	<b>Text Pages:</b> 263 (Building Your Skills), 271 (Develop Your Skills #20)
(xii) examine progress of long- term goals toward making healthy personal food choices	<b>Text Pages:</b> 222 (Set and Reward Realistic Goals section, 2 <sup>nd</sup> paragraph)	<b>Text Pages:</b> 239 (Develop Your Skills #24)

# Standard 9B: explain how media influences buying decisions regarding physical fitness equipment or nutritional products.

Breakout	Narrative	Activity
(i) explain how media influences buying decisions regarding physical fitness	<b>Text Pages:</b> 214-215 (last paragraph, Figure 7.21), 247 (3rd	<b>Text Pages:</b> 247 (Lesson Review #4)
equipment or nutritional products	paragraph)	

Standard 10A: analyze the impact of moderate physical activity and healthy dietary practices in the prevention of obesity, heart disease, and diabetes;



Breakout	Narrative	Activity
(i) analyze the impact of	Text Pages:	Text Pages:
moderate physical activity in	243 (last paragraph, Figure	271 (Develop Your Skills #18)
the prevention of obesity	8.1), 244 (2nd bullet)	
(ii) analyze the impact of	Text Pages:	Text Pages:
moderate physical activity in	243 (last paragraph, Figure	271 (Develop Your Skills #18)
the prevention of heart disease	8.1), 398 (1st paragraph)	
(iii) analyze the impact of	Text Pages:	Text Pages:
moderate physical activity in	243 (last paragraph, Figure	271 (Develop Your Skills #18)
the prevention of diabetes	8.1), 400 (Diabetes section)	
(iv) analyze the impact of	Text Pages:	Text Pages:
healthy dietary practices in the	212 (2nd paragraph), 222 (1st	239 (Think Critically #19)
prevention of obesity	paragraph), 380-381 (last and	
	1st paragraph)	
(v) analyze the impact of	Text Pages:	Text Pages:
healthy dietary practices in the	398 (Heart Disease section)	239 (Think Critically #19)
prevention of heart disease		
(vi) analyze the impact of	Text Pages:	Text Pages:
healthy dietary practices in the	400 (Diabetes section)	239 (Think Critically #19)
prevention of diabetes		

Standard 10B: analyze risk factors that may lead to the development of chronic conditions and formulate strategies to reduce the likelihood of developing chronic conditions;

Breakout	Narrative	Activity
(i) analyze risk factors that may lead to the development of chronic conditions	<b>Text Pages:</b> 314-315 (Chronic Diseases section), 379–380 (Risk Factors for Noncommunicable Diseases section)	<b>Text Pages:</b> 389 (Lesson Review #1), 403 (Develop Your Skills #21)
(ii) formulate strategies to reduce the likelihood of developing chronic conditions	<b>Text Pages:</b> 396–400 (Preventing Noncommunicable Diseases section)	<b>Text Pages:</b> 400 (Lesson Review #5), 403 (Develop Your Skills #21)

### Standard 10C: identify community and digital resources that can assist in developing healthy eating and physical activity behaviors; and

Breakout	Narrative	Activity
(i) identify community resources that can assist in developing healthy eating behaviors	<b>Text Pages:</b> 206 (MyPlate Food Guidance System section), 215 (1st paragraph)	<b>Text Pages:</b> 239 (Think Critically #20)
(ii) identify community resources that can assist in developing physical activity behaviors	<b>Text Pages:</b> 247 (2nd paragraph)	<b>Text Pages:</b> 271 (Develop Your Skills #20)



Breakout	Narrative	Activity
(iii) identify digital resources	Text Pages:	Text Pages:
that can assist in developing	209 (1st paragraph and Figure	211 (Evaluating Your Food
healthy eating behaviors	7.16), 213 (2nd paragraph)	Choices)
(iv) identify digital resources	Text Pages:	Text Pages:
that can assist in developing	262 (Checking Your Health-	271 (Develop Your Skills #19)
physical activity	Related Fitness Level section),	
	267 (2nd paragraph)	

# Standard 10D: investigate and compare the nutritional differences between preparing and serving fresh or minimally processed food and serving commercially prepared or highly processed foods.

Breakout	Narrative	Activity
(i) investigate the nutritional differences between preparing fresh or minimally processed food and serving commercially prepared or highly processed foods	<b>Text Pages:</b> 212 (1st paragraph)	<b>Text Pages:</b> 239 (Develop Your Skills #22)
(ii) compare the nutritional differences between preparing fresh or minimally processed food and serving commercially prepared or highly processed foods	<b>Text Pages:</b> 212 (1st paragraph)	<b>Text Pages:</b> 239 (Develop Your Skills #22)

#### Standard 11A: demonstrate basic first-aid procedures, including CPR and the choking rescue.

Breakout	Narrative	Activity
(i) demonstrate basic first-aid	Text Pages:	Text Pages:
procedures, including CPR	437–438 (Cardiopulmonary	438 (Hands-On Activity), 441
	Resuscitation section)	(Develop Your Skills #23)
(ii) demonstrate basic first-aid	Text Pages:	Text Pages:
procedures, including the	435–436 (Choking section)	438 (Hands-On Activity), 441
choking rescue		(Develop Your Skills #23)

Standard 12A: analyze strategies for and the benefits of avoiding violence, gangs, weapons, and human trafficking;

Breakout	Narrative	Activity
(i) analyze strategies for	Text Pages:	Text Pages:
avoiding violence	542 (Violence Prevention section)	545 (Develop Your Skills #25)
(ii) analyze strategies for	Text Pages:	Text Pages:
avoiding gangs		542 (Lesson Review #5)



Breakout	Narrative	Activity
	538–539 (Gang Violence section)	
(iii) analyze strategies for avoiding weapons	<b>Text Pages:</b> 408–409 (Weapons Safety section)	Text Pages: 440 (Check Your Knowledge #1)
(iv) analyze strategies for avoiding human trafficking	<b>Text Pages:</b> 539 (Human Trafficking section)	<b>Text Pages:</b> 545 (Think Critically #19)
(v) analyze the benefits of avoiding violence	<b>Text Pages:</b> 542 (last paragraph)	<b>Text Pages:</b> 542 (Hands-On Activity)
(vi) analyze the benefits of avoiding gangs	<b>Text Pages:</b> 538–539 (Gang Violence section), 542 (last paragraph)	<b>Text Pages:</b> 542 (Lesson Review #5), 542 (Hands-On Activity)
(vii) analyze the benefits of avoiding weapons	<b>Text Pages:</b> 540 (last paragraph), 542 (last paragraph)	<b>Text Pages:</b> 542 (Hands-On Activity)
(viii) analyze the benefits of avoiding human trafficking	<b>Text Pages:</b> 539–540 (Human Trafficking section), 542 (last paragraph)	<b>Text Pages:</b> 542 (Hands-On Activity)

#### Standard 12B: define safe haven and identify designated safe haven locations in the community;

Breakout	Narrative	Activity
(i) define safe haven	Text Pages: 361 (1st paragraph), 535 (1st paragraph) Companion Text Pages: 630 (last paragraph)	<b>Text Pages:</b> 365 (Think Critically #15), 545 (Develop Your Skills, #24)
(ii) identify designated safe haven locations in the community	Text Pages: 361 (1st paragraph), 535 (1st paragraph) Companion Text Pages: 630 (last paragraph)	<b>Text Pages:</b> 365 (Think Critically #15), 545 (Develop Your Skills, #24)

#### Standard 12C: evaluate the dangers associated with a variety of weapons;

Breakout	Narrative	Activity
(i) evaluate the dangers associated with a variety of weapons	Text Pages: 408 (Weapons Safety section, 1st paragraph), 537 (School Violence section, 1st paragraph), 540 (Homicide section, 1st paragraph)	<b>Text Pages:</b> 416 (Lesson Review #4)

Standard 12D: evaluate the importance of complying with rules prohibiting possession of and the improper use of weapons; and



Breakout	Narrative	Activity
(i) evaluate the importance of complying with rules prohibiting possession of weapons	<b>Text Pages:</b> 408–409 (Weapons Safety section), 537–538 (School Violence section)	<b>Text Pages:</b> 416 (Lesson Review #4)
(ii) evaluate the importance of complying with rules prohibiting the improper use of weapons	<b>Text Pages:</b> 408–409 (Weapons Safety section)	<b>Text Pages:</b> 416 (Lesson Review #4)

#### Standard 12E: create a personal safety plan.

Breakout	Narrative	Activity
(i) create a personal safety plan	<b>Text Pages:</b> 409 (1st paragraph), 414 (2nd paragraph)	<b>Text Pages:</b> 441 (Develop Your Skills #22)

Standard 13A: develop strategies to resist inappropriate digital and online communication such as social media posts, sending and receiving photos, sexting, and pornography;

Breakout	Narrative	Activity
(i) develop strategies to resist	Text Pages:	Text Pages:
inappropriate digital	420–423 (Staying Safe on the	441 (Develop Your Skills #20)
communication	Internet section)	
(ii) develop strategies to resist	Text Pages:	Text Pages:
inappropriate online	420–423 (Staying Safe on the	441 (Develop Your Skills #20)
communication	Internet section)	

Standard 13B: discuss and analyze the consequences resulting from inappropriate digital and online communication such as social media posts, sending and receiving photos, sexting, and pornography;

Breakout	Narrative	Activity
(i) discuss the consequences	Text Pages:	Text Pages:
resulting from inappropriate	420–423 (Staying Safe on the	426 (Lesson Review #5)
digital communication	Internet section)	
(ii) discuss the consequences	Text Pages:	Text Pages:
resulting from inappropriate	420–423 (Staying Safe on the	426 (Lesson Review #5)
online communication	Internet section)	
(iii) analyze the consequences	Text Pages:	Text Pages:
resulting from inappropriate	420–423 (Staying Safe on the	426 (Lesson Review #5)
digital communication	Internet section)	
(iv) analyze the consequences	Text Pages:	Text Pages:
resulting from inappropriate	420–423 (Staying Safe on the	426 (Lesson Review #5)
online communication	Internet section)	

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# Standard 13C: evaluate strategies and techniques for identity protection in digital and online environments;

Breakout	Narrative	Activity
(i) evaluate strategies for	Text Pages:	Text Pages:
identity protection in digital	420–421 (Staying Safe on the	441 (Think Critically #18), 441
environments	Internet section)	(Develop Your Skills #20)
(ii) evaluate strategies for	Text Pages:	Text Pages:
identity protection in online	420–421 (Staying Safe on the	441 (Think Critically #18), 441
environments	Internet section)	(Develop Your Skills #20)
(iii) evaluate techniques for	Text Pages:	Text Pages:
identity protection in digital	420–423 (Staying Safe on the	441 (Think Critically #18), 441
environments	Internet section)	(Develop Your Skills #20)
(iv) evaluate techniques for	Text Pages:	Text Pages:
identity protection in online	420–423 (Staying Safe on the	441 (Think Critically #18), 441
environments	Internet section)	(Develop Your Skills #20)

# Standard 13D: identify how technology is used to recruit or manipulate potential victims of sex trafficking; and

Breakout	Narrative	Activity
(i) identify how technology is used to recruit or manipulate potential victims of sex trafficking	<b>Text Pages:</b> 539 (Human Trafficking section, 2nd paragraph)	<b>Text Pages:</b> 544 (Check Your Knowledge #11)

Standard 13E: research the current legal consequences of cyberbullying and inappropriate digital and online communication.

Breakout	Narrative	Activity
(i) research the current legal consequences of cyberbullying	<b>Text Pages:</b> 524 (2nd paragraph)	<b>Text Pages:</b> 545 (Develop Your Skills #22)
(ii) research the current legal consequences of inappropriate digital communication	<b>Text Pages:</b> 423 (1st paragraph)	<b>Text Pages:</b> 426 (Lesson Review #5)
(iii) research the current legal consequences of inappropriate online communication	<b>Text Pages:</b> 423 (1st paragraph)	<b>Text Pages:</b> 426 (Lesson Review #5)

Standard 14A: identify forms of family violence, including physical, mental, and emotional violence;



Breakout	Narrative	Activity
(i) identify forms of family violence, including physical violence	<b>Text Pages:</b> 528-532 (Types of Abuse, Intimate Partner Violence, Child Abuse, Sibling Abuse, Elder Abuse sections)	<b>Text Pages:</b> 545 (Think Critically #16)
(ii) identify forms of family violence, including mental violence	<b>Text Pages:</b> 528-532 (Types of Abuse, Intimate Partner Violence, Child Abuse, Sibling Abuse, Elder Abuse sections)	<b>Text Pages:</b> 545 (Think Critically #16)
(iii) identify forms of family violence, including emotional violence	<b>Text Pages:</b> 528-532 (Types of Abuse, Intimate Partner Violence, Child Abuse, Sibling Abuse, Elder Abuse sections)	<b>Text Pages:</b> 545 (Think Critically #16)

# Standard 14B: describe the serious effects of bullying, cyberbullying, or harassment such as suicidal ideation and other effects on the individual;

Breakout	Narrative	Activity
(i) describe the serious effects	Text Pages:	Text Pages:
of bullying, cyberbullying, or	520 (Consequences of	545 (Think Critically #16)
harassment such as suicidal	Bullying section), 522	
ideation and other effects on	(Consequences of	
the individual	Cyberbullying section)	

#### Standard 14C: explain the responsibility to report bullying behavior, including cyberbullying;

Breakout	Narrative	Activity
(i) explain the responsibility to	Text Pages:	Text Pages:
report bullying behavior,	524-526 (Strategies for	526 (Lesson Review #5), 545
including cyberbullying	Responding to Cyberbullying,	(Think Critically #20)
	Bullying and Cyberbullying	
	Prevention sections)	

#### Standard 14D: describe the seriousness of various forms of bullying such as harassment;

Breakout	Narrative	Activity
(i) describe the seriousness of	Text Pages:	Text Pages:
various forms of bullying such	520 (Consequences of	526 (Hands-On Activity)
as harassment	Bullying section), 522	
	(Consequences of	
	Cyberbullying section)	



### Standard 14E: analyze strategies for prevention and intervention of all forms of bullying and cyberbullying such as emotional, physical, social, and sexual; and

Breakout	Narrative	Activity
(i) analyze strategies for prevention of all forms of bullying	<b>Text Pages:</b> 525–526 (Bullying and Cyberbullying Prevention section)	<b>Text Pages:</b> 526 (Lesson Review #5), 526 (Hands-On Activity)
(ii) analyze strategies for prevention of all forms of cyberbullying	<b>Text Pages:</b> 525–526 (Bullying and Cyberbullying Prevention section)	<b>Text Pages:</b> 526 (Lesson Review #5)
(iii) analyze strategies for intervention of all forms of bullying	<b>Text Pages:</b> 520-521 (Strategies for Responding to Bullying section)	<b>Text Pages:</b> 526 (Lesson Review #5)
(iv) analyze strategies for intervention of all forms of cyberbullying	<b>Text Pages:</b> 520-521 (Strategies for Responding to Bullying section)	<b>Text Pages:</b> 526 (Lesson Review #5)

Standard 14F: summarize the advantages of seeking advice and feedback regarding the use of decision-making and problem-solving skills related to personal safety.

Breakout	Narrative	Activity
(i) summarize the advantages	Text Pages:	Text Pages:
of seeking advice regarding	419 (last paragraph), 421	441 (Develop Your Skills #21)
the use of decision-making	(Thinking Before You Post	
skills related to personal safety	section)	
(ii) summarize the advantages	Text Pages:	Text Pages:
of seeking advice regarding	421 (Thinking Before You Post	441 (Develop Your Skills #21)
the use of problem-solving	section)	
skills related to personal safety		
(iii) summarize the advantages	Text Pages:	Text Pages:
of seeking feedback regarding	421 (Thinking Before You Post	441 (Develop Your Skills #21)
the use of decision-making	section)	
skills related to personal safety		
(iv) summarize the advantages	Text Pages:	Text Pages:
of seeking feedback regarding	421 (Thinking Before You Post	441 (Develop Your Skills #21)
the use of problem-solving	section)	
skills related to personal safety		

Standard 15A: differentiate between appropriate and inappropriate use of prescription and overthe-counter drugs, including combining drugs, and the outcomes of each;



Breakout	Narrative	Activity
(i) differentiate between appropriate and inappropriate use of prescription drugs, including combining drugs	<b>Text Pages:</b> 337–342 (Strategies for Using Medications Safely, Medication Misuse and Abuse sections)	<b>Text Pages:</b> 342 (Hands-On Activity)
(ii) differentiate between appropriate and inappropriate use of over-the-counter drugs, including combining drugs	<b>Text Pages:</b> 337–342 (Strategies for Using Medications Safely, Medication Misuse and Abuse sections)	<b>Text Pages:</b> 342 (Hands-On Activity)
(iii) differentiate between the outcomes of [appropriate and inappropriate use of prescription drugs, including combining drugs]	<b>Text Pages:</b> 339-341 (last bullet, Medication Misuse and Abuse section)	<b>Text Pages:</b> 342 (Hands-On Activity)
(iv) differentiate between the outcomes of [appropriate and inappropriate use of over-the- counter drugs, including combining drugs]	<b>Text Pages:</b> 339-341 (last bullet, Medication Misuse and Abuse section)	<b>Text Pages:</b> 342 (Hands-On Activity)

#### Standard 15B: identify and describe the categories of prescription drugs and their proper uses;

Breakout	Narrative	Activity
(i) identify the categories of	Text Pages:	Text Pages:
prescription drugs	336 (Prescription Medications	364 (Check Your Knowledge
	section and Figure 11.2)	#2)
(ii) describe the categories of	Text Pages:	Text Pages:
prescription drugs	336 (Prescription Medications	364 (Check Your Knowledge
	section and Figure 11.2)	#2)
(iii) identify [the] proper uses	Text Pages:	Text Pages:
[of the categories of	336 (Prescription Medications	364 (Check Your Knowledge
prescription drugs]	section and Figure 11.2)	#2)
(iv) describe [the] proper uses	Text Pages:	Text Pages:
[of the categories of	336 (Prescription Medications	364 (Check Your Knowledge
prescription drugs]	section and Figure 11.2)	#2)

# Standard 15C: identify and explain the importance of each component of an over-the-counter drug warning label; and

Breakout	Narrative	Activity
(i) identify the importance of	Text Pages:	Text Pages:
each component of an over-	337–338 (Strategies for Using	342 (Hands-On Activity)
the-counter drug warning label	Medications Safely section)	
(ii) explain the importance of	Text Pages:	Text Pages:
each component of an over-	337–338 (Strategies for Using	342 (Hands-On Activity)
the-counter drug warning label	Medications Safely section)	

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Standard 15D: describe how substance misuse and addiction to alcohol, tobacco, vaping products, drugs, and other substances, including prescription drugs, affect the body systems and brain.

Breakout	Narrative	Activity
(i) describe how substance	Text Pages:	Text Pages:
misuse affect[s] the body systems	339-341 (Medication Misuse and Abuse section)	365 (Think Critically #17)
(ii) describe how substance	Text Pages:	Text Pages:
misuse affect[s] the brain	339 (last paragraph)	365 (Think Critically #17)
(iii) describe how addiction to alcohol affect[s] the body systems	Text Pages: 312–318 (Health Effects of Alcohol Use and Alcohol Use Disorders, Consequences of Alcohol Use and Alcohol Use Disorders sections)	<b>Text Pages:</b> 319 (Hands-On Activity)
(iv) describe how addiction to alcohol affect[s] the brain	<b>Text Pages:</b> 312–314 (Health Effects of Alcohol Use and Alcohol Use Disorders section)	<b>Text Pages:</b> 319 (Hands-On Activity)
(v) describe how addiction to tobacco affect[s] the body systems	Text Pages: 280–282 (Health Effects of Cigarettes, Health Effects of Vaping Devices, Health Effects of Smokeless Tobacco sections)	<b>Text Pages:</b> 305 (Think Critically #17), 305 (Develop Your Skills #20)
(vi) describe how addiction to tobacco affect[s] the brain	<b>Text Pages:</b> 279 (4th paragraph), 280 (Figure 9.4)	<b>Text Pages:</b> 305 (Think Critically #17)
(vii) describe how addiction to vaping products affect the body systems	<b>Text Pages:</b> 281–282 (Health Effects of Vaping Devices section)	<b>Text Pages:</b> 286 (Hands-On Activity), 305 (Think Critically #17), 305 (Develop Your Skills #20)
(viii) describe how addiction to vaping products affect the brain	<b>Text Pages:</b> 279 (4th paragraph), 288–290 (Stages of Substance Use section)	<b>Text Pages:</b> 286 (Hands-On Activity)
(ix) describe how addiction to drugs affect the body systems	<b>Text Pages:</b> 344–353 (Health Effects of Drug Abuse, Commonly Abused Drugs sections)	<b>Text Pages:</b> 365 (Think Critically #17)
(x) describe how addiction to drugs affect the brain	<b>Text Pages:</b> 344 (How Drugs Affect the Brain section)	<b>Text Pages:</b> 365 (Think Critically #17)
(xi) describe how addiction to other substances, including prescription drugs, affect the body systems	<b>Text Pages:</b> 339–342 (Medication Misuse and Abuse section)	<b>Text Pages:</b> 342 (Hands-On Activity)
(xii) describe how addiction to other substances, including	<b>Text Pages:</b> 339–342 (Medication Misuse and Abuse section)	<b>Text Pages:</b> 342 (Lesson Review #4)



Breakout	Narrative	Activity
prescription drugs, affect the		
brain		

Standard 16A: analyze and explain the short- and long-term health consequences of addiction to alcohol and tobacco and prescription and over-the-counter drug misuse and substance use disorders;

Breakout	Narrative	Activity
(i) analyze the short-term	Text Pages:	Text Pages:
health consequences of	312-313 (Immediate Health	319 (Hands-On Activity), 331
addiction to alcohol	Effects section), 316-318	(Develop Your Skills #20)
	(Consequences of Alcohol Use	, , ,
	and Alcohol Use Disorders	
	section)	
(ii) analyze the short-term	Text Pages:	Text Pages:
health consequences of	279-282 (Health Effects of	305 (Develop Your Skills #22)
addiction to tobacco	Tobacco Use section)	
(iii) analyze the short-term	Text Pages:	Text Pages:
health consequences of	339-341 (Health Effects of	365 (Think Critically #17)
prescription drug misuse	Medication Misuse and Abuse	
	section)	
(iv) analyze the short-term	Text Pages:	Text Pages:
health consequences of over-	339-341 (Health Effects of	365 (Think Critically #17)
the-counter drug misuse	Medication Misuse and Abuse	
	section)	
(v) analyze the short-term	Text Pages:	Text Pages:
health consequences of	288-290 (Substance Use	305 (Think Critically #17)
substance use disorders	Disorder section), 311–312	
	(Alcohol Use Disorder section)	
(vi) analyze the long-term	Text Pages:	Text Pages:
health consequences of	313-316 (Long-Term Health	319 (Hands-On Activity), 331
addiction to alcohol	Effects section), 316-318	(Develop Your Skills #20)
	(Consequences of Alcohol Use	
	and Alcohol Use Disorders	
	section)	
(vii) analyze the long-term	Text Pages:	Text Pages:
health consequences of	279-282 (Health Effects of	305 (Develop Your Skills #22)
addiction to tobacco	Tobacco Use section)	
(viii) analyze the long-term	Text Pages:	Text Pages:
health consequences of	339-341 (Health Effects of	365 (Think Critically #17)
prescription drug misuse	Medication Misuse and Abuse	
	section)	
(ix) analyze the long-term	Text Pages:	Text Pages:
health consequences of over-	339-341 (Health Effects of	365 (Think Critically #17)
the-counter drug misuse	Medication Misuse and Abuse	
	section)	
(x) analyze the long-term	Text Pages:	Text Pages:
health consequences of	288-290 (Substance Use	305 (Think Critically #17)
substance use disorders	Disorder section), 311–312	



Breakout	Narrative	Activity
	(Alcohol Use Disorder section), 341 (1st paragraph)	
(xi) explain the short-term health consequences of addiction to alcohol	<b>Text Pages:</b> 312-313 (Immediate Health Effects section), 316-318 (Consequences of Alcohol Use and Alcohol Use Disorders section)	<b>Text Pages:</b> 319 (Hands-On Activity), 331 (Develop Your Skills #20)
(xii) explain the short-term health consequences of addiction to tobacco	<b>Text Pages:</b> 279-282 (Health Effects of Tobacco Use section)	<b>Text Pages:</b> 305 (Develop Your Skills #22)
(xiii) explain the short-term health consequences of prescription drug misuse	<b>Text Pages:</b> 339-341 (Health Effects of Medication Misuse and Abuse section)	<b>Text Pages:</b> 365 (Think Critically #17)
(xiv) explain the short-term health consequences of over- the-counter drug misuse	<b>Text Pages:</b> 339-341 (Health Effects of Medication Misuse and Abuse section)	<b>Text Pages:</b> 365 (Think Critically #17)
(xv) explain the short-term health consequences of substance use disorders	Text Pages: 288-290 (Substance Use Disorder section), 311–312 (Alcohol Use Disorder section), 341 (1st paragraph)	<b>Text Pages:</b> 305 (Think Critically #17)
(xvi) explain the long-term health consequences of addiction to alcohol	Text Pages: 312-313 (Immediate Health Effects section), 316-318 (Consequences of Alcohol Use and Alcohol Use Disorders section)	<b>Text Pages:</b> 319 (Hands-On Activity), 331 (Develop Your Skills #20)
(xvii) explain the long-term health consequences of addiction to tobacco	<b>Text Pages:</b> 279-282 (Health Effects of Tobacco Use section)	<b>Text Pages:</b> 305 (Develop Your Skills #22)
(xviii) explain the long-term health consequences of prescription drug misuse	<b>Text Pages:</b> 339-341 (Health Effects of Medication Misuse and Abuse section)	<b>Text Pages:</b> 365 (Think Critically #17)
(xix) explain the long-term health consequences of over- the-counter drug misuse	<b>Text Pages:</b> 339-341 (Health Effects of Medication Misuse and Abuse section)	<b>Text Pages:</b> 365 (Think Critically #17)
(xx) explain the long-term health consequences of substance use disorders	Text Pages: 288-290 (Substance Use Disorder section), 311–312 (Alcohol Use Disorder section), 341 (1st paragraph)	<b>Text Pages:</b> 305 (Think Critically #17)

Standard 16B: analyze the importance of alternative activities to drug and substance use and misuse on mental and social health; and



Breakout	Narrative	Activity
(i) analyze the importance of alternative activities to drug use on mental health	<b>Text Pages:</b> 347 (last paragraph before Commonly Abused Drugs), 356 (Promote Mental Health section)	Text Pages: 365 (Develop Your Skills #20)
(ii) analyze the importance of alternative activities to substance use on mental health	<b>Text Pages:</b> 347 (last paragraph before Commonly Abused Drugs), 356 (Promote Mental Health section)	<b>Text Pages:</b> 365 (Develop Your Skills #20)
(iii) analyze the importance of alternative activities to drug misuse on mental health	<b>Text Pages:</b> 347 (last paragraph before Commonly Abused Drugs), 356 (Promote Mental Health section)	<b>Text Pages:</b> 365 (Develop Your Skills #20)
(iv) analyze the importance of alternative activities to substance misuse on mental health	<b>Text Pages:</b> 326 (Pay Attention to Mental Health section), 347 (last paragraph before Commonly Abused Drugs)	<b>Text Pages:</b> 365 (Develop Your Skills #20)
(v) analyze the importance of alternative activities to drug use on social health	<b>Text Pages:</b> 347 (last paragraph before Commonly Abused Drugs)	<b>Text Pages:</b> 365 (Develop Your Skills #20)
(vi) analyze the importance of alternative activities to substance use on social health	<b>Text Pages:</b> 347 (last paragraph before Commonly Abused Drugs)	<b>Text Pages:</b> 365 (Develop Your Skills #20)
(vii) analyze the importance of alternative activities to drug misuse on social health	<b>Text Pages:</b> 347 (last paragraph before Commonly Abused Drugs)	<b>Text Pages:</b> 365 (Develop Your Skills #20)
(viii) analyze the importance of alternative activities to substance misuse on social health	<b>Text Pages:</b> 347 (last paragraph before Commonly Abused Drugs)	Text Pages: 365 (Develop Your Skills #20)

Standard 16C: analyze the legal consequences of the use and misuse of alcohol; tobacco; drugs, including prescription drugs; and other substances.

Breakout	Narrative	Activity
(i) analyze the legal	Text Pages:	Text Pages:
consequences of the use of	315 (infographic), 318 (Legal	319 (Hands-On Activity), 331
alcohol	Consequences section)	(Develop Your Skills #20)
(ii) analyze the legal	Text Pages:	Text Pages:
consequences of the use of	284–285 (Legal	286 (Hands-On Activity), 305
tobacco	Consequences section)	(Develop Your Skills #22)
(iii) analyze the legal	Text Pages:	Text Pages:
consequences of the use of	341 (3rd paragraph), 345–347	342 (Hands-On Activity), 353
drugs, including prescription	(Mental, Social, and Legal	(Hands-On Activity)
drugs	Consequences section)	



Breakout	Narrative	Activity
(iv) analyze the legal	Text Pages:	Text Pages:
consequences of the use of	284-285 (Legal Consequences	286 (Hands-On Activity), 305
other substances	section), 349 (Legalization of	(Develop Your Skills #22), 353
	Marijuana section)	(Hands-On Activity)
(v) analyze the legal	Text Pages:	Text Pages:
consequences of the misuse	315 (infographic), 318 (Legal	319 (Hands-On Activity), 331
of alcohol	Consequences section)	(Develop Your Skills #20)
(vi) analyze the legal	Text Pages:	Text Pages:
consequences of the misuse	284–285 (Legal	286 (Hands-On Activity), 305
of tobacco	Consequences section)	(Develop Your Skills #22)
(vii) analyze the legal	Text Pages:	Text Pages:
consequences of the misuse	341 (3rd paragraph), 345–347	342 (Hands-On Activity), 353
of drugs, including prescription	(Mental, Social, and Legal	(Hands-On Activity)
drugs	Consequences section)	
(viii) analyze the legal	Text Pages:	Text Pages:
consequences of the misuse	284-285 (Legal Consequences	286 (Hands-On Activity), 305
of other substances	section), 349 (Legalization of	(Develop Your Skills #22), 353
	Marijuana section)	(Hands-On Activity)

#### Standard 17A: identify and describe treatment options for substance abuse and addiction;

Breakout	Narrative	Activity
(i) identify treatment options for substance abuse	<b>Text Pages:</b> 300–302 (Treating Tobacco Use section), 326–328 (Treating Alcohol Use, Helping Someone with an Alcohol Use Disorder sections), 360–362 (Treating Medication and Drug Misuse and Abuse section)	<b>Text Pages:</b> 364 (Check Your Knowledge #10)
(ii) identify treatment options for addiction	<b>Text Pages:</b> 300–302 (Treating Tobacco Use section), 326–328 (Treating Alcohol Use, Helping Someone with an Alcohol Use Disorder sections), 360–362 (Treating Medication and Drug Misuse and Abuse section)	<b>Text Pages:</b> 331 (Think Critically #18)
(iii) describe treatment options for substance abuse	<b>Text Pages:</b> 300–302 (Treating Tobacco Use section), 326–328 (Treating Alcohol Use, Helping Someone with an Alcohol Use Disorder sections), 360–362 (Treating Medication and Drug Misuse and Abuse, Helping Someone with a Substance Use Disorder sections)	<b>Text Pages:</b> 328 (Lesson Review #5), 365 (Develop Your Skills #21)



Narrative	Activity
Text Pages: 300–302 (Treating Tobacco	Text Pages: 328 (Lesson Review #5)
Use section), 326–328	
Someone with an Alcohol Use	
(Treating Medication and Drug	
	Text Pages: 300–302 (Treating Tobacco Use section), 326–328 (Treating Alcohol Use, Helping Someone with an Alcohol Use Disorder sections), 360–362

# Standard 17B: identify signs and symptoms of alcohol; tobacco; drugs, including prescription drugs; and other substance use and misuse such as using medicine prescribed for someone else or for reasons other than intended; and

Breakout	Narrative	Activity
(i) identify signs of alcohol use	Text Pages: 311–312 (Alcohol Use Disorder section)	<b>Text Pages:</b> 319 (Lesson Review #4)
(ii) identify signs of tobacco use	<b>Text Pages:</b> 279–282 (Health Effects of Tobacco Use section)	<b>Text Pages:</b> 305 (Develop Your Skills #22)
(iii) identify signs of drug use, including prescription drugs	<b>Text Pages:</b> 341–342 (Commonly Misused and Abused Medications section), 344–345 (Health Effects of Drug Abuse section)	<b>Text Pages:</b> 342 (Hands-On Activity), 353 (Lesson Review #2), 364 (Check Your Knowledge #6)
(iv) identify signs of other substance use	<b>Text Pages:</b> 348 (Negative Health Effects section)	Text Pages: 364 (Check Your Knowledge #4), 364 (Check Your Knowledge #5)
(v) identify signs of alcohol misuse	Text Pages: 311–312 (Alcohol Use Disorder section)	<b>Text Pages:</b> 319 (Lesson Review #4)
(vi) identify signs of tobacco misuse	<b>Text Pages:</b> 279–282 (Health Effects of Tobacco Use section)	<b>Text Pages:</b> 305 (Develop Your Skills #22)
(vii) identify signs of drug misuse, including prescription drugs	<b>Text Pages:</b> 341–342 (Commonly Misused and Abused Medications section), 344–345 (Health Effects of Drug Abuse section)	<b>Text Pages:</b> 342 (Hands-On Activity), 353 (Lesson Review #2), 364 (Check Your Knowledge #6)
(viii) identify signs of other substance misuse	<b>Text Pages:</b> 348 (Negative Health Effects section)	Text Pages: 364 (Check Your Knowledge #4), 364 (Check Your Knowledge #5)
(ix) identify symptoms of alcohol use	<b>Text Pages:</b> 311–312 (Alcohol Use Disorder section)	<b>Text Pages:</b> 319 (Lesson Review #4)
(x) identify symptoms of tobacco use	Text Pages:	Text Pages: 305 (Develop Your Skills #22)



Breakout	Narrative	Activity
	279–282 (Health Effects of	
	Tobacco Use section)	
(xi) identify symptoms of drug use, including prescription drugs	<b>Text Pages:</b> 341–342 (Commonly Misused and Abused Medications section), 344–345 (Health Effects of Drug Abuse section)	Text Pages: 342 (Hands-On Activity), 353 (Lesson Review #2), 364 (Check Your Knowledge #6)
(xii) identify symptoms of other substance use	<b>Text Pages:</b> 348 (Negative Health Effects section)	Text Pages: 364 (Check Your Knowledge #4), 364 (Check Your Knowledge #5)
(xiii) identify symptoms of alcohol misuse	<b>Text Pages:</b> 311–312 (Alcohol Use Disorder section)	Text Pages: 319 (Lesson Review #4)
(xiv) identify symptoms of tobacco misuse	<b>Text Pages:</b> 279–282 (Health Effects of Tobacco Use section)	Text Pages:305 (Develop Your Skills #22)
(xv) identify symptoms of drug misuse, including prescription drugs	<b>Text Pages:</b> 341–342 (Commonly Misused and Abused Medications section), 344–345 (Health Effects of Drug Abuse section)	Text Pages: 342 (Hands-On Activity), 353 (Lesson Review #2), 364 (Check Your Knowledge #6)
(xvi) identify symptoms of other substance misuse	<b>Text Pages:</b> 348 (Negative Health Effects section)	Text Pages: 364 (Check Your Knowledge #4), 364 (Check Your Knowledge #5)

Standard 17C: identify at least one example of who, when, where, and how to get help related to the use and misuse of alcohol; tobacco; drugs, including prescription drugs; and other substances.

Breakout	Narrative	Activity
(i) identify at least one	Text Pages:	Text Pages:
example of who to get help	326–328 (Treating Alcohol	331 (Develop Your Skills #20)
[from] related to the use of	Use, Helping Someone with an	
alcohol	Alcohol Use Disorder sections)	
(ii) identify at least one	Text Pages:	Text Pages:
example of who to get help	300 (Treating Tobacco Use	305 (Develop Your Skills #21)
[from] related to the use of	section)	
tobacco		
(iii) identify at least one	Text Pages:	Text Pages:
example of who to get help	361 (1st three paragraphs and	365 (Develop Your Skills #21)
[from] related to the use of	bullets), 361 (Helping	
drugs, including prescription	Someone with a Substance	
drugs	Use Disorder section)	
(iv) identify at least one	Text Pages:	Text Pages:
example of who to get help	361 (1st three paragraphs and	365 (Develop Your Skills #21)
[from] related to the use of	bullets), 361 (Helping	
other substances		



Breakout	Narrative	Activity
	Someone with a Substance	
	Use Disorder section)	
(v) identify at least one	Text Pages:	Text Pages:
example of when to get help	326 (Treating Alcohol Use, 1st	331 (Develop Your Skills #20)
related to the use of alcohol	paragraph)	, , , , , , , , , , , , , , , , , , , ,
(vi) identify at least one	Text Pages:	Text Pages:
example of when to get help	300 (Treating Tobacco Use	305 (Develop Your Skills #21)
related to the use of tobacco	section, 1st paragraph)	
(vii) identify at least one	Text Pages:	Text Pages:
example of when to get help	360–361 (Treating Medication	365 (Develop Your Skills #21)
related to the use of drugs,	and Drug Misuse and Abuse	, , , , , , , , , , , , , , , , , , , ,
including prescription drugs	section)	
(viii) identify at least one	Text Pages:	Text Pages:
example of when to get help	360–361 (Treating Medication	365 (Develop Your Skills #21)
related to the use of other	and Drug Misuse and Abuse	
substances	section)	
(ix) identify at least one	Text Pages:	Text Pages:
example of where to get help	326–327 (Treating Alcohol	331 (Develop Your Skills #18)
related to the use of alcohol	Use section)	331 (Develop Your Skills #20)
(x) identify at least one	Text Pages:	Text Pages:
example of where to get help	300 (Treating Tobacco Use	305 (Develop Your Skills #21)
related to the use of tobacco	section)	
(xi) identify at least one	Text Pages:	Text Pages:
example of where to get help	360–361 (Treating Medication	365 (Develop Your Skills #21)
related to the use of drugs,	and Drug Misuse and Abuse	
including prescription drugs	section)	
(xii) identify at least one	Text Pages:	Text Pages:
example of where to get help	360–361 (Treating Medication	365 (Develop Your Skills #21)
related to the use of other	and Drug Misuse and Abuse	
substances	section)	
(xiii) identify at least one	Text Pages:	Text Pages:
example of how to get help	326–328 (Treating Alcohol	331 (Develop Your Skills #20)
related to the use of alcohol	Use, Helping Someone with an	
	Alcohol Use Disorder sections)	
(xiv) identify at least one	Text Pages:	Text Pages:
example of how to get help	301-302 (Nicotine	305 (Develop Your Skills #21)
related to the use of tobacco	Replacement, Medications,	, , , , , , , , , , , , , , , , , , , ,
	Self-Management Strategies	
	sections)	
(xv) identify at least one	Text Pages:	Text Pages:
example of how to get help	360–362 (Treating Medication	362 (Lesson Review #5), 365
related to the use of drugs,	and Drug Misuse and Abuse,	(Develop Your Skills #21)
including prescription drugs	Helping Someone with a	
	Substance Use Disorder	
	sections)	
(xvi) identify at least one	Text Pages:	Text Pages:
example of how to get help	360–361 (Treating Medication	365 (Develop Your Skills #21)
related to the use of other	and Drug Misuse and Abuse	,
substances	section)	
(xvii) identify at least one	Text Pages:	Text Pages:
example of who to get help	_	331 (Develop Your Skills #20)



Breakout	Narrative	Activity
[from] related to the misuse of alcohol	326–328 (Treating Alcohol Use, Helping Someone with an Alcohol Use Disorder sections)	
(xviii) identify at least one example of who to get help [from] related to the misuse of tobacco	<b>Text Pages:</b> 300 (Treating Tobacco Use section)	<b>Text Pages:</b> 305 (Develop Your Skills #21)
(xix) identify at least one example of who to get help [from] related to the misuse of drugs, including prescription drugs	<b>Text Pages:</b> 361 (1st three paragraphs and bullets), 361 (Helping Someone with a Substance Use Disorder section)	<b>Text Pages:</b> 365 (Develop Your Skills #21)
(xx) identify at least one example of who to get help [from] related to the misuse of other substances	<b>Text Pages:</b> 361 (1st three paragraphs and bullets), 361 (Helping Someone with a Substance Use Disorder section)	<b>Text Pages:</b> 365 (Develop Your Skills #21)
(xxi) identify at least one example of when to get help related to the misuse of alcohol	<b>Text Pages:</b> 326 (Treating Alcohol Use section, 1st paragraph)	Text Pages: 331 (Develop Your Skills #20)
(xxii) identify at least one example of when to get help related to the misuse of tobacco	<b>Text Pages:</b> 300 (Treating Tobacco Use section, 1st paragraph)	<b>Text Pages:</b> 305 (Develop Your Skills #21)
(xxiii) identify at least one example of when to get help related to the misuse of drugs, including prescription drugs	<b>Text Pages:</b> 360–361 (Treating Medication and Drug Misuse and Abuse section)	<b>Text Pages:</b> 365 (Develop Your Skills #21)
(xxiv) identify at least one example of when to get help related to the misuse of other substances	<b>Text Pages:</b> 360–361 (Treating Medication and Drug Misuse and Abuse section)	<b>Text Pages:</b> 365 (Develop Your Skills #21)
(xxv) identify at least one example of how to get help related to the misuse of alcohol	<b>Text Pages:</b> 326–328 (Treating Alcohol Use, Helping Someone with an Alcohol Use Disorder sections)	<b>Text Pages:</b> 331 (Develop Your Skills #20)
(xxvi) identify at least one example of how to get help related to the misuse of tobacco	<b>Text Pages:</b> 301–302 (Nicotine Replacement, Medications, Self-Management Strategies sections)	<b>Text Pages:</b> 305 (Develop Your Skills #21)
(xxvii) identify at least one example of how to get help related to the misuse of drugs, including prescription drugs	<b>Text Pages:</b> 360–362 (Treating Medication and Drug Misuse and Abuse, Helping Someone with a Substance Use Disorder sections)	<b>Text Pages:</b> 362 (Lesson Review #5), 365 (Develop Your Skills #21)
(xxviii) identify at least one example of how to get help	Text Pages:	<b>Text Pages:</b> 365 (Develop Your Skills #21)



Breakout	Narrative	Activity
related to the misuse of other substances	360–361 (Treating Medication and Drug Misuse and Abuse section)	

Standard 18A: examine the effects and role of peer influence on decision making and problem solving regarding the use and misuse of alcohol, tobacco, and other drugs;

Breakout	Narrative	Activity
(i) examine the effects of peer influence on decision making regarding the use of alcohol	<b>Text Pages:</b> 323 (Peer Pressure section)	<b>Text Pages:</b> 331 (Think Critically #16)
(ii) examine the effects of peer influence on decision making regarding the use of tobacco	<b>Text Pages:</b> 292 (last paragraph)	<b>Text Pages:</b> 294 (Hands-On Activity), 305 (Think Critically #16)
(iii) examine the effects of peer influence on decision making regarding the use of other drugs	<b>Text Pages:</b> 355 (Why Do Some People Misuse and Abuse Medications and Drugs?, 3rd paragraph), 358 (Building Your Skills)	<b>Text Pages:</b> 365 (Think Critically #16)
(iv) examine the role of peer influence on decision making regarding the use of alcohol	<b>Text Pages:</b> 323 (Peer Pressure section)	<b>Text Pages:</b> 331 (Think Critically #16)
(v) examine the role of peer influence on decision making regarding the use of tobacco	<b>Text Pages:</b> 292 (last paragraph)	<b>Text Pages:</b> 294 (Hands-On Activity), 305 (Think Critically #16)
(vi) examine the role of peer influence on decision making regarding the use of other drugs	<b>Text Pages:</b> 355 (Why Do Some People Misuse and Abuse Medications and Drugs?, 3rd paragraph), 358 (Building Your Skills)	<b>Text Pages:</b> 365 (Think Critically #16)
(vii) examine the effects of peer influence on problem solving regarding the use of alcohol	<b>Text Pages:</b> 323 (Peer Pressure section)	<b>Text Pages:</b> 331 (Think Critically #16)
(viii) examine the effects of peer influence on problem solving regarding the use of tobacco	<b>Text Pages:</b> 292 (last paragraph)	<b>Text Pages:</b> 294 (Hands-On Activity), 305 (Think Critically #16)
(ix) examine the effects of peer influence on problem solving regarding the use of other drugs	Text Pages: 355 (Why Do Some People Misuse and Abuse Medications and Drugs?, 3rd paragraph), 358 (Building Your Skills)	<b>Text Pages:</b> 365 (Think Critically #16)
(x) examine the effects of peer influence on decision making	Text Pages: 323 (Peer Pressure section)	Text Pages: 331 (Think Critically #16)



Breakout	Narrative	Activity
regarding the misuse of alcohol		
(xi) examine the effects of peer influence on decision making regarding the misuse of tobacco	<b>Text Pages:</b> 292 (last paragraph)	<b>Text Pages:</b> 294 (Hands-On Activity), 305 (Think Critically #16)
(xii) examine the effects of peer influence on decision making regarding the misuse of other drugs	Text Pages: 355 (Why Do Some People Misuse and Abuse Medications and Drugs?, 3rd paragraph)	<b>Text Pages:</b> 365 (Think Critically #16)
(xiii) examine the effects of peer influence on problem solving regarding the misuse of alcohol	<b>Text Pages:</b> 323 (Peer Pressure section)	<b>Text Pages:</b> 331 (Think Critically #16)
(xiv) examine the effects of peer influence on problem solving regarding the misuse of tobacco	<b>Text Pages:</b> 292 (last paragraph)	<b>Text Pages:</b> 294 (Hands-On Activity), 305 (Think Critically #16)
(xv) examine the effects of peer influence on problem solving regarding the misuse of other drugs	<b>Text Pages:</b> 355 (Why Do Some People Misuse and Abuse Medications and Drugs?, 3rd paragraph)	<b>Text Pages:</b> 365 (Think Critically #16)
(xvi) examine the role of peer influence on decision making regarding the misuse of alcohol	<b>Text Pages:</b> 323 (Peer Pressure section)	<b>Text Pages:</b> 331 (Think Critically #16)
(xvii) examine the role of peer influence on decision making regarding the misuse of tobacco	<b>Text Pages:</b> 292 (last paragraph)	<b>Text Pages:</b> 294 (Hands-On Activity), 305 (Think Critically #16)
(xviii) examine the role of peer influence on decision making regarding the misuse of other drugs	Text Pages: 355 (Why Do Some People Misuse and Abuse Medications and Drugs?, 3rd paragraph)	<b>Text Pages:</b> 365 (Think Critically #16)
(xix) examine the role of peer influence on problem solving regarding the misuse of alcohol	Text Pages: 323 (Peer Pressure section)	<b>Text Pages:</b> 331 (Think Critically #16)
(xx) examine the role of peer influence on problem solving regarding the misuse of tobacco	<b>Text Pages:</b> 292 (last paragraph)	<b>Text Pages:</b> 294 (Hands-On Activity), 305 (Think Critically #16)
(xxi) examine the role of peer influence on problem solving regarding the misuse of other drugs	<b>Text Pages:</b> 355 (Why Do Some People Misuse and Abuse Medications and Drugs?, 3rd paragraph)	<b>Text Pages:</b> 365 (Think Critically #16)

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Standard 18B: examine physical and social influences on alcohol, tobacco, and other drug use behaviors;

Breakout	Narrative	Activity
(i) examine physical influences on alcohol use behaviors	<b>Text Pages:</b> 321 (Individual Factors, 1st paragraph)	<b>Text Pages:</b> 331 (Think Critically #16)
(ii) examine physical influences on tobacco use behaviors	<b>Text Pages:</b> 291 (Individual Factors, 1st paragraph)	<b>Text Pages:</b> 305 (Think Critically #16)
(iii) examine physical influences on other drug use behaviors	<b>Text Pages:</b> 355 (Why Do Some People Misuse and Abuse Medications and Drugs? section)	<b>Text Pages:</b> 342 (Lesson Review #5)
(iv) examine social influences on alcohol use behaviors	<b>Text Pages:</b> 321 (Family section), 323 (1st three paragraphs and Peer Pressure section), 324 (Media Messages section)	<b>Text Pages:</b> 331 (Develop Your Skills #21)
(v) examine social influences on tobacco use behaviors	<b>Text Pages:</b> 292-293 (Family, Peer Pressure sections)	<b>Text Pages:</b> 294 (Hands-On Activity), 305 (Think Critically #16), 305 (Develop Your Skills #19)
(vi) examine social influences on other drug use behaviors	<b>Text Pages:</b> 355 (6th paragraph)	<b>Text Pages:</b> 342 (Lesson Review #5), 365 (Develop Your Skills #16)

Standard 18C: differentiate among the relationships of alcohol, tobacco, drugs, and other substances and the roles these substances play in unsafe situations such as drinking and driving; and

Breakout	Narrative	Activity
(i) differentiate among the relationships of alcohol, tobacco, drugs, and other substances	<b>Text Pages:</b> 348 (3rd paragraph), 355 (3rd paragraph)	<b>Text Pages:</b> 365 (Think Critically #15)
(ii) differentiate among the roles [alcohol, tobacco, drugs, and other substances] play in unsafe situations	<b>Text Pages:</b> 284 (3rd paragraph), 316-318 (Consequences of Alcohol Use and Alcohol Use Disorders section), 344 (How Drugs Affect the Brain section)	<b>Text Pages:</b> 353 (Hands-On Activity)

Standard 18D: identify support systems and describe ways to report the suspected abuse of drugs to a parent, school administrator, teacher, or other trusted adult.



Breakout	Narrative	Activity
(i) identify support systems to report the suspected abuse of drugs to a parent, school administrator, teacher, or other trusted adult	<b>Text Pages:</b> 360 (3rd paragraph), 361-362 (Helping Someone with a Substance Use Disorder section)	<b>Text Pages:</b> 365 (Develop Your Skills #19)
(ii) describe ways to report the suspected abuse of drugs to a parent, school administrator, teacher, or other trusted adult	<b>Text Pages:</b> 361-362 (Helping Someone with a Substance Use Disorder section)	<b>Text Pages:</b> 365 (Develop Your Skills #19)

Standard 19A: develop and apply strategies, including demonstrating refusal skills, for avoiding alcohol, tobacco, and other drugs in various scenarios.

Breakout	Narrative	Activity
(i) develop strategies,	Text Pages:	Text Pages:
including demonstrating	325–326 (Preventing Alcohol	331 (Develop Your Skills #20),
refusal skills, for avoiding	Use section)	331 (Develop Your Skills #21)
alcohol in various scenarios		
(ii) develop strategies,	Text Pages:	Text Pages:
including demonstrating	296–300 (Preventing Tobacco	305 (Develop Your Skills #22)
refusal skills, for avoiding	Use section)	
tobacco in various scenarios		
(iii) develop strategies,	Text Pages:	Text Pages:
including demonstrating	356–360 (Preventing	365 (Develop Your Skills #19),
refusal skills, for avoiding other	Medication and Drug Misuse	365 (Develop Your Skills #20)
drugs in various scenarios	and Abuse section)	
(iv) apply strategies, including	Text Pages:	Text Pages:
demonstrating refusal skills,	325–326 (Preventing Alcohol	331 (Develop Your Skills #21)
for avoiding alcohol in various	Use section)	
scenarios		
(v) apply strategies, including	Text Pages:	Text Pages:
demonstrating refusal skills,	296–300 (Preventing Tobacco	302 (Hands-On Activity)
for avoiding tobacco in various	Use section)	
scenarios		
(vi) apply strategies, including	Text Pages:	Text Pages:
demonstrating refusal skills,	356–360 (Preventing	362 (Hands-On Activity)
for avoiding other drugs in	Medication and Drug Misuse	
various scenarios	and Abuse section)	

Standard 20A: compare and contrast the difference between friendship, infatuation, dating/romantic relationships, and marriage;

Breakout	Narrative	Activity
(i) compare and contrast the	Text Pages:	Text Pages:
difference between friendship,	506 (1st paragraph), 506	513 (Develop Your Skills #16)
infatuation, dating/romantic	(Closeness bullet), 506	
relationships, and marriage	(Attraction bullet)	



### Standard 20B: explain how friendships provide a foundation for healthy dating/romantic relationships;

Breakout	Narrative	Activity
(i) explain how friendships	Text Pages:	Text Pages:
provide a foundation for	506 (Closeness bullet)	513 (Develop Your Skills #17)
healthy dating/romantic		
relationships		

#### Standard 20C: describe healthy ways to express friendship, affection, and love;

Narrative	Activity
Text Pages: 499 (Be a Good Friend section)	<b>Text Pages:</b> 513 (Develop Your Skills #14)
Companion Text Pages:	Text Pages:
611 (2nd full paragraph)	513 (Develop Your Skills #14)
<b>Companion Text Pages:</b> 611 (2nd full paragraph)	Text Pages: 513 (Develop Your Skills #14)
	Text Pages: 499 (Be a Good Friend section) Companion Text Pages: 611 (2nd full paragraph)

### Standard 20D: describe appropriate and effective methods of communicating emotions in healthy dating/romantic relationships and marriage;

Breakout	Narrative	Activity
(i) describe appropriate methods of communicating emotions in healthy dating/romantic relationships	<b>Text Pages:</b> 509 (1st paragraph)	<b>Text Pages:</b> 513 (Develop Your Skills #15)
(ii) describe appropriate methods of communicating emotions in marriage	<b>Text Pages:</b> 509 (1st paragraph)	<b>Text Pages:</b> 513 (Develop Your Skills #15)
(iii) describe effective methods of communicating emotions in healthy dating/romantic relationships	<b>Text Pages:</b> 509 (1st paragraph)	<b>Text Pages:</b> 513 (Develop Your Skills #15)
(iv) describe effective methods of communicating emotions in marriage	<b>Text Pages:</b> 509 (1st paragraph)	<b>Text Pages:</b> 513 (Develop Your Skills #15)

Standard 20E: evaluate the importance of mutual respect, trust, support, honesty, commitment, and reliability in healthy dating/romantic relationships and marriage;



Breakout	Narrative	Activity
(i) evaluate the importance of	Text Pages:	Text Pages:
mutual respect in healthy	476-477 (Mutual respect	513 (Develop Your Skills #18)
dating/romantic relationships	bullet)	
(ii) evaluate the importance of	Text Pages:	Text Pages:
trust in healthy dating/romantic	476 (Trust bullet)	513 (Develop Your Skills #18)
relationships		
(iii) evaluate the importance of	Text Pages:	Text Pages:
support in healthy	506 (Support bullet)	513 (Develop Your Skills #18)
dating/romantic relationships		
(iv) evaluate the importance of	Text Pages:	Text Pages:
honesty in healthy	476 (Honesty bullet)	513 (Develop Your Skills #18)
dating/romantic relationships		
(v) evaluate the importance of	Text Pages:	Text Pages:
commitment in healthy	507 (2nd full paragraph)	513 (Develop Your Skills #18)
dating/romantic relationships		
(vi) evaluate the importance of	Text Pages:	Text Pages:
reliability in healthy	507 (Reliability bullet)	513 (Develop Your Skills #18)
dating/romantic relationships		
(vii) evaluate the importance of	Text Pages:	Text Pages:
mutual respect in marriage	477 (Mutual respect bullet),	513 (Develop Your Skills #18)
	506 (Open communication,	
	honesty, and respect bullet)	
(viii) evaluate the importance	Text Pages:	Text Pages:
of trust in marriage	476 (Trust bullet)	513 (Develop Your Skills #18)
(ix) evaluate the importance of	Text Pages:	Text Pages:
support in marriage	506 (Support bullet)	513 (Develop Your Skills #18)
(x) evaluate the importance of	Text Pages:	Text Pages:
honesty in marriage	476 (Honesty bullet)	513 (Develop Your Skills #18)
(xi) evaluate the importance of	Text Pages:	Text Pages:
commitment in marriage	507 (2nd and third full	513 (Develop Your Skills #18)
	paragraphs)	
(xii) evaluate the importance of	Text Pages:	Text Pages:
reliability in marriage	507 (Reliability bullet)	513 (Develop Your Skills #18)

# Standard 20F: describe behaviors in dating/romantic relationships that enhance dignity and respect; and

Breakout	Narrative	Activity
(i) describe behaviors in	Text Pages:	Text Pages:
dating/romantic relationships	476-477 (Mutual respect	513 (Develop Your Skills #18)
that enhance dignity	bullet)	
(ii) describe behaviors in	Text Pages:	Text Pages:
dating/romantic relationships	476-477 (Mutual respect	513 (Develop Your Skills #18)
that enhance respect	bullet)	

Standard 20G: describe the benefits of healthy marriages, including companionship and social, emotional, financial, and health benefits.



Breakout	Narrative	Activity
(i) describe the benefits of	Text Pages:	Text Pages:
healthy marriages, including companionship	507 (3rd full paragraph)	513 (Develop Your Skills #18)
(ii) describe the benefits of	Text Pages:	Text Pages:
healthy marriages, including social benefits	507 (3rd full paragraph)	513 (Develop Your Skills #18)
(iii) describe the benefits of	Text Pages:	Text Pages:
healthy marriages, including emotional benefits	507 (3rd full paragraph)	513 (Develop Your Skills #18)
(iv) describe the benefits of	Text Pages:	Text Pages:
healthy marriages, including financial benefits	507 (3rd full paragraph)	513 (Develop Your Skills #18)
(v) describe the benefits of	Text Pages:	Text Pages:
healthy marriages, including health benefits	507 (3rd full paragraph)	513 (Develop Your Skills #18)

# Standard 21A: explain that physical, emotional, and sexual abuse and exploitation are all forms of abuse;

Breakout	Narrative	Activity
(i) explain that physical abuse	Text Pages:	Text Pages:
[is a] form of abuse	528 (Physical abuse bullet)	535 (Lesson Review #1)
(ii) explain that emotional	Text Pages:	Text Pages:
abuse [is a] form of abuse	528 (Emotional abuse bullet)	535 (Lesson Review #1)
(iii) explain that sexual abuse	Text Pages:	Text Pages:
[is a] form of abuse	528 (Sexual abuse bullet)	535 (Lesson Review #1)
(iv) explain that sexual	Text Pages:	Text Pages:
exploitation [is a] form of	528 (Sexual abuse bullet)	535 (Lesson Review #1), 535
abuse		(Lesson Review #5)

## Standard 21B: explain the social and emotional impacts of sexual harassment, sexual abuse, sexual assault, and sex trafficking;

Breakout	Narrative	Activity
(i) explain the social impacts of sexual harassment	Companion Text Pages: 617 (Sexual Harassment	Companion Text Pages: 622 (Lesson Review #5)
	section)	
(ii) explain the social impacts of sexual abuse	<b>Text Pages:</b> 531 (Figure 16.13) <b>Companion Text Pages:</b> 620 (Impact on Social Health section)	<b>Companion Text Pages:</b> 622 (Lesson Review #5)
(iii) explain the social impacts of sexual assault	<b>Companion Text Pages:</b> 620 (Impact on Social Health section)	<b>Companion Text Pages:</b> 622 (Lesson Review #5)
(iv) explain the social impacts of sex trafficking	Text Pages:	Text Pages:



Breakout	Narrative	Activity
	539 (Human Trafficking, 3rd	544 (Check Your Knowledge
	paragraph)	#10)
(v) explain the emotional	Companion Text Pages:	Companion Text Pages:
impacts of sexual harassment	617 (Figure 19.13)	622 (Lesson Review #5)
(vi) explain the emotional	Text Pages:	Companion Text Pages:
impacts of sexual abuse	531 (Figure 16.13)	622 (Lesson Review #5)
	Companion Text Pages:	
	620 (Impact on Emotional	
	Health section)	
(vii) explain the emotional	Companion Text Pages:	Companion Text Pages:
impacts of sexual assault	620 (Impact on Emotional	622 (Lesson Review #5)
	Health section)	
(viii) explain the emotional	Text Pages:	Text Pages:
impacts of sex trafficking	539 (Human Trafficking, 3rd	544 (Check Your Knowledge
-	paragraph)	#10)

### Standard 21C: define dating violence and the characteristics of unhealthy or harmful relationships, including anger, controlling behavior, jealousy, manipulation, and isolation;

Breakout	Narrative	Activity
(i) define dating violence	<b>Text Pages:</b> 529–530 (Intimate Partner Violence section)	Text Pages: 535 (Lesson Review #2)
(ii) define the characteristics of unhealthy or harmful relationships, including anger	<b>Text Pages:</b> 477 (Emotional Control bullet), 529 (Figure 16.10)	Text Pages: 487 (Lesson Review #1), 535 (Lesson Review #2)
(iii) define the characteristics of unhealthy or harmful relationships, including controlling behavior	<b>Text Pages:</b> 501 (Figure 15.24), 528 (Emotional abuse bullet)	<b>Text Pages:</b> 535 (Lesson Review #2)
(iv) define the characteristics of unhealthy or harmful relationships, including jealousy	<b>Text Pages:</b> 477 (Figure 15.3), 501–502 (Jealousy section)	<b>Text Pages:</b> 487 (Lesson Review #1), 535 (Lesson Review #2)
(v) define the characteristics of unhealthy or harmful relationships, including manipulation	<b>Text Pages:</b> 529 (Figure 16.10)	<b>Text Pages:</b> 535 (Lesson Review #2)
(vi) define the characteristics of unhealthy or harmful relationships, including isolation	<b>Text Pages:</b> 477 (Figure 15.3), 529 (Intimate Partner Violence section, 2nd paragraph)	<b>Text Pages:</b> 487 (Lesson Review #1), 535 (Lesson Review #2)

Standard 21D: identify protective strategies for avoiding unsafe situations that heighten the risk of sexual harassment, sexual abuse, sexual assault, sex trafficking, and teen dating violence;



Breakout	Narrative	Activity
(i) identify protective strategies for avoiding unsafe situations that heighten the risk of sexual harassment	<b>Companion Text Pages:</b> 618 (Preventing and Responding to Harassment section)	<b>Companion Text Pages:</b> 639 (Think Critically #17)
(ii) identify protective strategies for avoiding unsafe situations that heighten the risk of sexual abuse	<b>Text Pages:</b> 533 (4th bullet)	<b>Text Pages:</b> 545 (Think Critically #19)
(iii) identify protective strategies for avoiding unsafe situations that heighten the risk of sexual assault	<b>Companion Text Pages:</b> 620–621 (Preventing and Responding to Sexual Assault section)	<b>Companion Text Pages:</b> 639 (Think Critically #17)
(iv) identify protective strategies for avoiding unsafe situations that heighten the risk of sex trafficking	<b>Text Pages:</b> 539 (Human Trafficking section)	<b>Text Pages:</b> 545 (Think Critically #19)
<ul> <li>(v) identify protective</li> <li>strategies for avoiding unsafe</li> <li>situations that heighten the</li> <li>risk of teen dating violence</li> </ul>	<b>Text Pages:</b> 533 (4th bullet)	<b>Text Pages:</b> 545 (Think Critically #19)

Standard 21E: explain the importance of reporting to a parent or another trusted adult sexual harassment, sexual abuse, sexual assault, sex trafficking, and dating violence involving self or others;

Breakout	Narrative	Activity
(i) explain the importance of reporting to a parent or another trusted adult sexual harassment involving self or others	<b>Companion Text Pages:</b> 618 (Preventing and Responding to Harassment section)	<b>Companion Text Pages:</b> 639 (Think Critically #16)
(ii) explain the importance of reporting to a parent or another trusted adult sexual abuse involving self or others	Text Pages: 533–534 (Report Abuse section)	<b>Text Pages:</b> 535 (Lesson Review #5)
(iii) explain the importance of reporting to a parent or another trusted adult sexual assault involving self or others	<b>Companion Text Pages:</b> 621–622 (Responding to Sexual Assault section)	<b>Companion Text Pages:</b> 639 (Think Critically #16)
(iv) explain the importance of reporting to a parent or another trusted adult sex trafficking involving self or others	<b>Text Pages:</b> 539–540 (Human Trafficking section)	<b>Text Pages:</b> 542 (Lesson Review #2)
(v) explain the importance of reporting to a parent or another trusted adult dating violence involving self or others	<b>Text Pages:</b> 533–534 (Report Abuse section)	<b>Text Pages:</b> 535 (Lesson Review #5)

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Standard 21F: describe how a healthy sense of self and making decisions regarding setting and respecting personal boundaries promote healthy dating/romantic relationships;

Breakout	Narrative	Activity
<ul> <li>(i) describe how a healthy sense of self regarding setting personal boundaries promote[s] healthy dating/romantic relationships</li> </ul>	<b>Text Pages:</b> 506 (Individuality bullet), 507- 508 (last paragraph on 507)	<b>Text Pages:</b> 510 (Lesson Review #4)
<ul> <li>(ii) describe how a healthy sense of self regarding respecting personal boundaries promote[s] healthy dating/romantic relationships</li> </ul>	<b>Text Pages:</b> 506 (Individuality bullet), 507- 508 (last paragraph on 507)	<b>Text Pages:</b> 510 (Lesson Review #4)
<ul> <li>(iii) describe how a healthy sense of making decisions</li> <li>regarding setting personal</li> <li>boundaries promote[s] healthy</li> <li>dating/romantic relationships</li> </ul>	<b>Text Pages:</b> 507-508 (last paragraph on 507)	<b>Text Pages:</b> 510 (Lesson Review #4), 513 (Think Critically #15)
<ul> <li>(iv) describe how a healthy sense of making decisions regarding respecting personal boundaries promote[s] healthy dating/romantic relationships</li> </ul>	<b>Text Pages:</b> 507-508 (last paragraph on 507)	<b>Text Pages:</b> 510 (Lesson Review #4), 513 (Think Critically #15)

Standard 21G: discuss and practice how refusal skills can be used to resist negative peer influences and reinforce personal boundaries to avoid dangerous situations and behaviors that increase sexual risk in dating/romantic relationships; and

Breakout	Narrative	Activity
(i) discuss how refusal skills can be used to resist negative peer influences to avoid dangerous situations that increase sexual risk in dating/romantic relationships	<b>Text Pages:</b> 590 (last paragraph), 591 (Figure 18.9)	<b>Companion Text Pages:</b> 639 (Develop Your Skills #23)
(ii) discuss how refusal skills can be used to resist negative peer influences to avoid dangerous behaviors that increase sexual risk in dating/romantic relationships	<b>Text Pages:</b> 590 (last paragraph), 591 (Figure 18.9)	<b>Text Pages:</b> 513 (Think Critically #15)
(iii) discuss how refusal skills can be used to reinforce personal boundaries to avoid dangerous situations that increase sexual risk in dating/romantic relationships	<b>Companion Text Pages:</b> 621 (Avoid Risky Situations section)	<b>Text Pages:</b> 513 (Think Critically #15) <b>Companion Text Pages:</b> 622 (Hands-On Activity)



Breakout	Narrative	Activity
(iv) discuss how refusal skills can be used to reinforce personal boundaries to avoid dangerous behaviors that increase sexual risk in	Text Pages: 508 (Figure 15.30)	<b>Text Pages:</b> 513 (Think Critically #15)
dating/romantic relationships (v) practice how refusal skills can be used to resist negative peer influences to avoid dangerous situations that increase sexual risk in dating/romantic relationships	<b>Text Pages:</b> 590 (last paragraph), 591 (Figure 18.9)	Companion Text Pages: 639 (Develop Your Skills #23)
(vi) practice how refusal skills can be used to resist negative peer influences to avoid dangerous behaviors that increase sexual risk in dating/romantic relationships	<b>Text Pages:</b> 590 (last paragraph), 591 (Figure 18.9)	Companion Text Pages: 639 (Develop Your Skills #23)
(vii) practice how refusal skills can be used to reinforce personal boundaries to avoid dangerous situations that increase sexual risk in dating/romantic relationships	<b>Companion Text Pages:</b> 621 (Avoid Risky Situations section)	<b>Companion Text Pages:</b> 622 (Hands-On Activity), 639 (Develop Your Skills #23)
(viii) practice how refusal skills can be used to reinforce personal boundaries to avoid dangerous behaviors that increase sexual risk in dating/romantic relationships	<b>Text Pages:</b> 508 (Figure 15.30)	Companion Text Pages: 639 (Develop Your Skills #23)

Standard 21H: explain the importance of clearly communicating and respecting personal boundaries and why individuals have the right to refuse sexual contact.

Breakout	Narrative	Activity
(i) explain the importance of	Text Pages:	Companion Text Pages:
clearly communicating	507-508 (Intimacy and	622 (Hands-On Activity), 639
personal boundaries	Abstinence section)	(Develop Your Skills #23)
(ii) explain the importance of	Text Pages:	Companion Text Pages:
respecting personal	477 (Safety bullet), 507-508	622 (Hands-On Activity), 639
boundaries	(Intimacy and Abstinence	(Develop Your Skills #23)
	section)	
(iii) explain the importance of	Companion Text Pages:	Companion Text Pages:
why individuals have the right	614 (Using Refusal Skills	639 (Develop Your Skills #23)
to refuse sexual contact	section), 616 (What Is Sexual	
	Violence? section)	

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Standard 22A: compare and contrast the physical, hormonal, and emotional changes in males and females that occur during puberty and adolescence;

Breakout	Narrative	Activity
(i) compare and contrast the	Text Pages:	Text Pages:
physical changes in males and	564–567 (Physical	571 (Hands-On Activity)
females that occur during	Development and Puberty	
puberty	section)	
(ii) compare and contrast the	Text Pages:	Text Pages:
hormonal changes in males	564 (Physical Development	571 (Lesson Review #2), 571
and females that occur during	and Puberty, 2nd paragraph),	(Hands-On Activity)
puberty	567 (1st paragraph)	
(iii) compare and contrast the	Text Pages:	Text Pages:
emotional changes in males	568 (Emotional and Social	571 (Hands-On Activity)
and females that occur during	Development section)	
puberty		
(iv) compare and contrast the	Text Pages:	Text Pages:
physical changes in males and	564–567 (Physical	571 (Hands-On Activity)
females that occur during	Development and Puberty	
adolescence	section)	
(v) compare and contrast the	Text Pages:	Text Pages:
hormonal changes in males	564 (Physical Development	571 (Lesson Review #2), 571
and females that occur during	and Puberty, 2nd paragraph),	(Hands-On Activity)
adolescence	567 (1st paragraph)	
(vi) compare and contrast the	Text Pages:	Text Pages:
emotional changes in males	568 (Emotional and Social	571 (Hands-On Activity)
and females that occur during	Development section)	
adolescence		

Standard 22B: identify how the process of fertilization occurs between a man and a woman through sexual intercourse;

Breakout	Narrative	Activity
(i) identify how the process of	Text Pages:	Text Pages:
fertilization occurs between a	553 (Human Sexual	555 (Lesson Review #5), 555
man and a woman through	Reproduction section)	(Hands-On Activity)
sexual intercourse		

Standard 22C: explain significant milestones of fetal development and the harmful effects on the fetus of certain substances such as alcohol, tobacco, and prescription drugs and environmental hazards such as lead;

Breakout	Narrative	Activity
(i) explain significant	Text Pages:	Text Pages:
milestones of fetal	553–554 (Prenatal	555 (Lesson Review #4)
development	Development section)	



Breakout	Narrative	Activity
(ii) explain the harmful effects	Text Pages:	Text Pages:
on the fetus of certain	316 (Alcohol and Pregnancy	581 (Develop Your Skills #22)
substances	section), 345 (2nd paragraph)	
(iii) explain the harmful effects	Text Pages:	Text Pages:
on the fetus of certain	451 (Lead bullet)	454 (Lesson Review #3)
environmental hazards		

### Standard 22D: describe the importance of telling a parent or another trusted adult, obtaining early pregnancy testing, and seeking prenatal care if signs of pregnancy occur; and

Breakout	Narrative	Activity
(i) describe the importance of	Text Pages:	Text Pages:
telling a parent or another	553 (Human Sexual	581 (Develop Your Skills #22)
trusted adult if signs of	Reproduction, 3rd paragraph)	
pregnancy occur		
(ii) describe the importance of	Text Pages:	Text Pages:
obtaining early pregnancy	553 (Human Sexual	581 (Develop Your Skills #22)
testing if signs of pregnancy	Reproduction, 3rd paragraph)	
occur		
(iii) describe the importance of	Text Pages:	Text Pages:
seeking prenatal care if signs	570 (Teen Pregnancy, 2nd	581 (Develop Your Skills #22)
of pregnancy occur	paragraph)	
	Companion Text Pages:	
	633 (1st two paragraphs)	

# Standard 22E: define the emotional changes that may occur during and after pregnancy, including postpartum depression, and discuss resources for support and treatment.

Breakout	Narrative	Activity
(i) define the emotional changes that may occur during pregnancy	<b>Text Pages:</b> 555 (Changes During Pregnancy, Postpartum Changes and Mood Disorders sections)	<b>Text Pages:</b> 581 (Develop Your Skills #22)
(ii) define the emotional changes that may occur after pregnancy, including postpartum depression	<b>Text Pages:</b> 555 (Changes During Pregnancy, Postpartum Changes and Mood Disorders sections)	<b>Text Pages:</b> 581 (Develop Your Skills #22)
(iii) discuss resources for support [for the emotional changes that may occur during pregnancy]	<b>Text Pages:</b> 555 (Postpartum Changes and Mood Disorders section)	<b>Text Pages:</b> 581 (Develop Your Skills #22)
(iv) discuss resources for treatment [for the emotional changes that may occur during pregnancy]	<b>Text Pages:</b> 555 (Changes During Pregnancy section)	<b>Text Pages:</b> 581 (Develop Your Skills #22)



Breakout	Narrative	Activity
(v) discuss resources for support [for the emotional changes that may occur after pregnancy, including postpartum depression]	<b>Text Pages:</b> 555 (Postpartum Changes and Mood Disorders section)	<b>Text Pages:</b> 581 (Develop Your Skills #22)
(vi) discuss resources for treatment [for the emotional changes that may occur after pregnancy, including postpartum depression]	<b>Text Pages:</b> 555 (Postpartum Changes and Mood Disorders section)	<b>Text Pages:</b> 581 (Develop Your Skills #22)

#### Standard 23A: explain how teen pregnancy is a possible outcome of sexual activity;

Breakout	Narrative	Activity
(i) explain how teen pregnancy	Text Pages:	Text Pages:
is a possible outcome of	570 (Teen Pregnancy section)	581 (Think Critically #16)
sexual activity	Companion Text Pages:	
	610 (Physical Consequences	
	section)	

## Standard 23B: explain the short- and long-term educational, financial, and social impacts of pregnancy on teen parents, the child, families, and society;

Breakout	Narrative	Activity
(i) explain the short-term educational impacts of pregnancy on teen parents	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity), 639 (Develop Your Skills #24)
(ii) explain the short-term educational impacts of pregnancy on the child	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(iii) explain the short-term educational impacts of pregnancy on families	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(iv) explain the short-term educational impacts of pregnancy on society	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(v) explain the long-term educational impacts of pregnancy on teen parents	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity), 639 (Develop Your Skills #24)
(vi) explain the long-term educational impacts of pregnancy on the child	Companion Text Pages:	<b>Companion Text Pages:</b> 636 (Hands-On Activity)



Breakout	Narrative	Activity
	632–634 (Challenges of Teen Pregnancy and Parenthood section)	
(vii) explain the long-term educational impacts of pregnancy on families	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(viii) explain the long-term educational impacts of pregnancy on society	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(ix) explain the short-term financial impacts of pregnancy on teen parents	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity), 639 (Develop Your Skills #24)
(x) explain the short-term financial impacts of pregnancy on the child	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xi) explain the short-term financial impacts of pregnancy on famlies	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xii) explain the short-term financial impacts of pregnancy on society	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xiii) explain the long-term financial impact of pregnancy on teen parents	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity), 639 (Develop Your Skills #24)
(xiv) explain the long-term financial impact of pregnancy on the child	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xv) explain the long-term financial impact of pregnancy on families	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xvi) explain the long-term financial impact of pregnancy on sociey	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xvii) explain the short-term social impacts of pregnancy on teen parents	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity), 639 (Develop Your Skills #24)
(xviii) explain the short-term social impacts of pregnancy on the child	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section, Figure 19.26)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)



Breakout	Narrative	Activity
(xix) explain the short-term social impacts of pregnancy on families	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xx) explain the short-term social impacts of pregnancy on society	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section, Figure 19.26)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xxi) explain the long-term social impacts of pregnancy on teen parents	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity), 639 (Develop Your Skills #24)
(xxii) explain the long-term social impacts of pregnancy on the child	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section, Figure 19.26)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xxiii) explain the long-term social impacts of pregnancy on families	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)
(xxiv) explain the long-term social impacts of pregnancy on society	<b>Companion Text Pages:</b> 632–634 (Challenges of Teen Pregnancy and Parenthood section, Figure 19.26)	<b>Companion Text Pages:</b> 636 (Hands-On Activity)

Standard 23C: identify the difference between bacterial and viral sexually transmitted diseases/sexually transmitted infections (STDs/STIs), including long-term or lifetime effects such as infertility and cancer;

Breakout	Narrative	Activity
(i) identify the difference between bacterial and viral sexually transmitted diseases/sexually transmitted infections (STDs/STIs), including long-term or lifetime effects such as infertility and cancer	<b>Text Pages:</b> 585–589 (Common STIs section), 592 (Building Your Skills)	Text Pages: 593 (Lesson Review #5), 602 (Check Your Knowledge #3), 602 (Check Your Knowledge #6)

#### Standard 23D: describe various modes of transmission of STDs/STIs;

Breakout	Narrative	Activity
(i) describe various modes of	Text Pages:	Text Pages:
transmission of STDs/STIs	585 (How People Contract	602 (Check Your Knowledge
	STIs section), 596 (HIV	#2)
	Transmission section)	



# Standard 23E: identify the prevalence of STDs/STIs among teens by referencing county, state, and/or federal data sources;

Breakout	Narrative	Activity
(i) identify the prevalence of	Text Pages:	Text Pages:
STDs/STIs among teens by	593 (1st partial paragraph)	603 (Develop Your Skills #21)
referencing county, state,		
and/or federal data sources		

Standard 23F: list the signs and symptoms of STDs/STIs, including human papillomavirus (HPV), human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS), chlamydia, syphilis, gonorrhea, herpes, and trichomoniasis, and explain why not all STDs/STIs show symptoms initially;

Breakout	Narrative	Activity
(i) list the signs of STDs/STIs, including human papillomavirus (HPV)	<b>Text Pages:</b> 588–589 (Human Papillomavirus section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(ii) list the signs of STDs/STIs, including human immunodeficiency virus (HIV)	Text Pages: 596–597 (Signs and Symptoms of HIV/AIDS section)	<b>Text Pages:</b> 603 (Think Critically #17)
(iii) list the signs of STDs/STIs, including acquired immunodeficiency syndrome (AIDS)	<b>Text Pages:</b> 596–597 (Signs and Symptoms of HIV/AIDS section)	<b>Text Pages:</b> 603 (Think Critically #17)
(iv) list the signs of STDs/STIs, including chlamydia	<b>Text Pages:</b> 585–586 (Chlamydia section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(v) list the signs of STDs/STIs, including syphilis	<b>Text Pages:</b> 587 (Syphilis section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(vi) list the signs of STDs/STIs, including gonorrhea	<b>Text Pages:</b> 586 (Gonorrhea section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(vii) list the signs of STDs/STIs, including herpes	<b>Text Pages:</b> 588 (Genital Herpes section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(viii) list the signs of STDs/STIs, including trichomoniasis	Text Pages: 587–588 (Trichomoniasis section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(ix) list the symptoms of STDs/STIs, including human papillomavirus (HPV)	<b>Text Pages:</b> 588–589 (Human Papillomavirus section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(x) list the symptoms of STDs/STIs, including human immunodeficiency virus (HIV)	Text Pages:	<b>Text Pages:</b> 603 (Think Critically #17)



Breakout	Narrative	Activity
	596–597 (Signs and Symptoms of HIV/AIDS section)	
(xi) list the symptoms of STDs/STIs, including acquired immunodeficiency syndrome (AIDS)	<b>Text Pages:</b> 596–597 (Signs and Symptoms of HIV/AIDS section)	<b>Text Pages:</b> 603 (Think Critically #17)
(xii) list the symptoms of STDs/STIs, including chlamydia	<b>Text Pages:</b> 585–586 (Chlamydia section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(xiii) list the symptoms of STDs/STIs, including syphilis	<b>Text Pages:</b> 587 (Syphilis section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(xiv) list the symptoms of STDs/STIs, including gonorrhea	<b>Text Pages:</b> 586 (Gonorrhea section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(xv) list the symptoms of STDs/STIs, including herpes	<b>Text Pages:</b> 588 (Genital Herpes section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(xvi) list the symptoms of STDs/STIs, including trichomoniasis	<b>Text Pages:</b> 587–588 (Trichomoniasis section), 590 (Figure 18.8)	<b>Text Pages:</b> 603 (Think Critically #17)
(xvii) explain why not all STDs/STIs show symptoms initially	<b>Text Pages:</b> 585 (Common STIs section)	<b>Text Pages:</b> 603 (Think Critically #17)

Standard 23G: explain the importance of STD/STI screening, testing, and early treatment for sexually active individuals, including during yearly physicals or if there is a concern;

Breakout	Narrative	Activity
(i) explain the importance of STD/STI screening for sexually active individuals, including during yearly physicals or if there is a concern	<b>Text Pages:</b> 592 (Treatment of STIs section)	Text Pages: 603 (Check Your Knowledge #15)
(ii) explain the importance of STD/STI testing for sexually active individuals, including during yearly physicals or if there is a concern	<b>Text Pages:</b> 592 (Treatment of STIs section) 598 (3rd full paragraph)	<b>Text Pages:</b> 603 (Check Your Knowledge #15)
(iii) explain the importance of STD/STI early treatment for sexually active individuals, including during yearly physicals or if there is a concern	<b>Text Pages:</b> 592 (Treatment of STIs section)	Text Pages: 602 (Check Your Knowledge #7)



Standard 23H: identify community resources, a minor's right to consent under certain circumstances, and the importance of parent or other trusted adult support for STD/STI testing and treatment;

Breakout	Narrative	Activity
(i) identify community	Text Pages:	Text Pages:
resources for STD/STI testing	592 (Treatment of STIs section)	603 (Develop Your Skills #21)
(ii) identify community	Text Pages:	Text Pages:
resources for STD/STI	592–593 (Treatment of STIs	603 (Develop Your Skills #21)
treatment	section)	
(iii) identify a minor's right to	Text Pages:	Text Pages:
consent under certain	592 (Building Your Skills)	592 (Access Community
circumstances for STD/STI		Resources), 603 (Develop
testing		Your Skills #21)
(iv) identify a minor's right to	Text Pages:	Text Pages:
consent under certain	592 (Building Your Skills)	592 (Access Community
circumstances for STD/STI		Resources), 603 (Develop
treatment		Your Skills #21)
(v) identify the importance of	Text Pages:	Text Pages:
parent or other trusted adult	593 (last paragraph)	603 (Develop Your Skills #21)
support for STD/STI testing		
(vi) identify the importance of	Text Pages:	Text Pages:
parent or other trusted adult	592 (Treatment of STIs	603 (Develop Your Skills #21)
support for STD/STI treatment	section), 593 (last paragraph)	

Standard 23I: identify emotional risks that can be associated with sexual activity for unmarried persons of school age, including stress, anxiety, and depression;

Breakout	Narrative	Activity
(i) identify emotional risks that can be associated with sexual activity for unmarried persons of school age, including stress	<b>Companion Text Pages:</b> 610 (Emotional and Social Consequences, 1st paragraph)	<b>Companion Text Pages:</b> 614 (Lesson Review #4), 614 (Lesson Review #5)
(ii) identify emotional risks that can be associated with sexual activity for unmarried persons of school age, including anxiety	<b>Companion Text Pages:</b> 610 (Emotional and Social Consequences, 1st paragraph)	<b>Companion Text Pages:</b> 614 (Lesson Review #4)
(iii) identify emotional risks that can be associated with sexual activity for unmarried persons of school age, including depression	<b>Companion Text Pages:</b> 610 (Emotional and Social Consequences, 1st paragraph)	<b>Companion Text Pages:</b> 614 (Lesson Review #4)

Standard 23J: identify support from parents and other trusted adults to be abstinent from sexual activity and create strategies for building peer support to be abstinent;



Breakout	Narrative	Activity
(i) identify support from parents to be abstinent from sexual activity	<b>Companion Text Pages:</b> 612 (2nd paragraph)	<b>Companion Text Pages:</b> 639 (Develop Your Skills #22)
(ii) identify support from other trusted adults to be abstinent from sexual activity	<b>Companion Text Pages:</b> 612 (2nd paragraph)	<b>Companion Text Pages:</b> 639 (Develop Your Skills #22)
(iii) identify support from parents to create strategies for building peer support to be abstinent	<b>Companion Text Pages:</b> 612 (2nd paragraph)	<b>Companion Text Pages:</b> 639 (Develop Your Skills #22)
<ul> <li>(iv) identify support from other trusted adults to create strategies for building peer support to be abstinent</li> </ul>	<b>Companion Text Pages:</b> 612 (2nd paragraph)	<b>Companion Text Pages:</b> 639 (Develop Your Skills #22)

Standard 23K: analyze the importance of abstinence as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age;

Breakout	Narrative	Activity
(i) analyze the importance of abstinence as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age	Text Pages: 507 (Intimacy and Abstinence section) Companion Text Pages: 627 (Figure 19.23)	<b>Text Pages:</b> 512 (Check Your Knowledge #11)

Standard 23L: analyze the effectiveness and the risks and failure rates (human-use reality rates) of barrier protection and other contraceptive methods in the prevention of STDs/STIs and pregnancy;

Breakout	Narrative	Activity
(i) analyze the effectiveness of	Text Pages:	Companion Text Pages:
barrier protection in the	591 (Using Condoms section)	639 (Think Critically #19)
prevention of STDs/STIs	Companion Text Pages:	
	626 (last paragraph)	
(ii) analyze the effectiveness of	Companion Text Pages:	Companion Text Pages:
other contraceptive methods in	626 (last paragraph)	639 (Think Critically #19)
the prevention of STDs/STIs		
(iii) analyze the effectiveness	Companion Text Pages:	Companion Text Pages:
of barrier protection in the	626 (last paragraph), 627	639 (Think Critically #19)
prevention of pregnancy	(Figure 19.23)	
(iv) analyze the effectiveness	Companion Text Pages:	Companion Text Pages:
of other contraceptive methods	626 (last paragraph), 627	639 (Think Critically #19)
in the prevention of pregnancy	(Figure 19.23)	
(v) analyze the risks of barrier	Text Pages:	Companion Text Pages:
protection in the prevention of	591 (Using Condoms section)	639 (Think Critically #19)
STDs/STIs	Companion Text Pages:	



Breakout	Narrative	Activity
	626 (last paragraph)	
(vi) analyze the risks of barrier protection in the prevention of pregnancy	<b>Companion Text Pages:</b> 626 (last paragraph), 627 (Figure 19.23)	<b>Companion Text Pages:</b> 639 (Think Critically #19)
(vii) analyze the risks of other contraceptive methods in the prevention of STDs/STIs	Companion Text Pages: 626 (last paragraph)	<b>Companion Text Pages:</b> 639 (Think Critically #19)
(viii) analyze the risks of other contraceptive methods in the prevention of pregnancy	<b>Companion Text Pages:</b> 626 (last paragraph), 627 (Figure 19.23)	<b>Companion Text Pages:</b> 639 (Think Critically #19)
(ix) analyze the failure rates (human-use reality rates) of barrier protection in the prevention of STDs/STIs	<b>Text Pages:</b> 591 (Using Condoms section) <b>Companion Text Pages:</b> 626 (last paragraph)	<b>Companion Text Pages:</b> 639 (Think Critically #19)
(x) analyze the failure rates (human-use reality rates) of barrier protection in the prevention of pregnancy	<b>Companion Text Pages:</b> 626 (last paragraph), 627 (Figure 19.23)	<b>Companion Text Pages:</b> 639 (Think Critically #19)
(xi) analyze the failure rates (human-use reality rates) of other contraceptive methods in the prevention of STDs/STIs	<b>Companion Text Pages:</b> 626 (last paragraph)	<b>Companion Text Pages:</b> 639 (Think Critically #19)
(xii) analyze the failure rates (human-use reality rates) of other contraceptive methods in the prevention of pregnancy	<b>Companion Text Pages:</b> 626 (last paragraph), 627 (Figure 19.23)	<b>Companion Text Pages:</b> 639 (Think Critically #19)

Standard 23M: explain that HPV vaccines can help prevent the transmission of the most common types of HPV, a virus that can cause genital warts and cervical cancer and other cancers in males and females;

Breakout	Narrative	Activity
(i) explain that HPV vaccines can help prevent the transmission of the most common types of HPV, a virus that can cause genital warts	<b>Text Pages:</b> 588–589 (Human Papillomavirus section)	<b>Text Pages:</b> 593 (Lesson Review #2)
(ii) explain that HPV vaccines can help prevent the transmission of the most common types of HPV, a virus that can cause cervical cancer	<b>Text Pages:</b> 588–589 (Human Papillomavirus section)	<b>Text Pages:</b> 593 (Lesson Review #2)
(iii) explain that HPV vaccines can help prevent the transmission of the most common types of HPV, a virus that can cause other cancers in males	<b>Text Pages:</b> 588–589 (Human Papillomavirus section)	<b>Text Pages:</b> 593 (Lesson Review #2)



Breakout	Narrative	Activity
(iv) explain that HPV vaccines can help prevent the transmission of the most common types of HPV, a virus that can cause other cancers in females	<b>Text Pages:</b> 588–589 (Human Papillomavirus section)	<b>Text Pages:</b> 593 (Lesson Review #2)

Standard 23N: research and explain the benefits of abstinence from sexual activity such as increased self-esteem, self-confidence, and student academic achievement;

Breakout	Narrative	Activity
(i) research the benefits of abstinence from sexual activity	<b>Text Pages:</b> 507 (Intimacy and Abstinence, 2nd paragraph) <b>Companion Text Pages:</b> 626 (Birth Control Methods, 2nd and third paragraphs)	<b>Companion Text Pages:</b> 639 (Develop Your Skills #22)
(ii) explain the benefits of abstinence from sexual activity	<b>Text Pages:</b> 507 (Intimacy and Abstinence, 2nd paragraph) <b>Companion Text Pages:</b> 626 (Birth Control Methods, 2nd and third paragraphs)	Text Pages: 510 (Lesson Review #5) Companion Text Pages: 639 (Develop Your Skills #22)

Standard 23O: define legal implications of teen pregnancy, including the legal effects of acknowledgment and proof of paternity;

Breakout	Narrative	Activity
(i) define legal implications of teen pregnancy, including the legal effects of	<b>Companion Text Pages:</b> 628 (last paragraph), 630 (paragraphs)	<b>Companion Text Pages:</b> 639 (Think Critically #20)
acknowledgment of paternity		
(ii) define legal implications of	Companion Text Pages:	Companion Text Pages:
teen pregnancy, including	628 (last paragraph), 630	639 (Think Critically #20)
proof of paternity	(paragraphs)	

Standard 23P: describe legal aspects of sexual activity with a minor person, including the legal age of consent, statutory rape, aggravated sexual assault, sexual assault, sexual abuse, and indecency with a child; and

Breakout	Narrative	Activity
(i) describe legal aspects of sexual activity with a minor	<b>Companion Text Pages:</b> 616 (What Is Sexual Violence?	<b>Companion Text Pages:</b> 639 (Think Critically #16)
	section)	



Breakout	Narrative	Activity
person, including the legal age of consent		-
(ii) describe legal aspects of sexual activity with a minor person, including statutory rape	<b>Companion Text Pages:</b> 619 (1st full paragraph)	<b>Companion Text Pages:</b> 639 (Think Critically #16)
(iii) describe legal aspects of sexual activity with a minor person, including aggravated sexual assault	<b>Companion Text Pages:</b> 618-619 (Sexual Assault section, 1st paragraph)	<b>Companion Text Pages:</b> 639 (Think Critically #16)
(iv) describe legal aspects of sexual activity with a minor person, including sexual assault	<b>Companion Text Pages:</b> 618-619 (Sexual Assault section, 1st two paragraphs), 621 (Responding to Sexual Assault section, last paragraph)	<b>Companion Text Pages:</b> 639 (Think Critically #16)
(v) describe legal aspects of sexual activity with a minor person, including sexual abuse	Text Pages: 530 (Figure 16.11), 534 (1st two paragraphs)	Text Pages: 545 (Develop Your Skills #22) Companion Text Pages: 639 (Think Critically #16)
(vi) describe legal aspects of sexual activity with a minor person, including indecency with a child	<b>Companion Text Pages:</b> 618–619 (Sexual Assault section)	<b>Companion Text Pages:</b> 639 (Think Critically #16)

Standard 23Q: examine the legal ramifications of sexual offenses such as sexual harassment, sexual abuse, and sexual assault.

Breakout	Narrative	Activity
(i) examine the legal ramifications of sexual offenses such as sexual harassment, sexual abuse, and sexual assault	<b>Text Pages:</b> 534 (1st two paragraphs) <b>Companion Text Pages:</b> 618 (Preventing and Responding to Harassment,	<b>Text Pages:</b> 545 (Develop Your Skills #22) <b>Companion Text Pages:</b> 639 (Think Critically #16)
	2nd paragraph)	