## **Correlation of**

# The Nursing Assistant: Essentials of Holistic Care, Brief Edition, 2nd Edition

#### 978-1-64925-888-5

## Sue Roe (Goodheart-Willcox Publisher ©2023)

to

## North Carolina State-Approved Nurse Aide I Curriculum

CURRICULUM REQUIREMENTS	CORRELATING PAGES	CHAPTER, SECTION, MAIN TOPIC
Module AA: Measurement		
• Identify the structure and function of the cardiovascular and respiratory systems	198–199	Ch 9, The Body's Anatomy and Physiology, 9.2, How Does the Cardiovascular System Pump Blood through the Body?
	200–201	Ch 9, The Body's Anatomy and Physiology, 9.2, How Does the Respiratory System Supply the Body with Oxygen?
<ul> <li>Define body temperature and associated terminology</li> </ul>	343	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Temperature Measured and Recorded?
• List equipment needed to measure pulse, respirations, blood pressure, temperature, intake of fluids, output,	343–352	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Temperature Measured and Recorded?
height, and weight	353	Ch 15, Vital Signs, Height, and Weight, 15.1, What is Pulse?
	356–357	Ch 15, Vital Signs, Height, and Weight, 15.1, What is the Rate of Respiration?
	358–359	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Blood Pressure Measured?
	364–365	Ch 15, Vital Signs, Height, and Weight, 15.2, Why is it Important to Measure Height and Weight?
	478–479	Ch 20, Hydration and Elimination, 20.1, How Are Intake and Output Documents?
<ul> <li>Compare and contrast the various thermometers used to measure temperature</li> </ul>	343–352	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Temperature Measured and Recorded?

Label components of select	344	Ch 15, Vital Signs, Height, and Weight,
equipment used to measure blood pressure, height, and weight		15.1, How is Temperature Measured and Recorded?
	358–359	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Blood Pressure Measured?
		Ch 15, Vital Signs, Height, and Weight, 15.2, Why is it Important to Measure
	364–365	Height and Weight?
<ul> <li>Compare and contrast normal and abnormal findings of the following</li> </ul>	353	Ch 15, Vital Signs, Height, and Weight, 15.1, What is Pulse?
measurements: pulse, respirations, blood pressure, and temperature	356–357	Ch 15, Vital Signs, Height, and Weight, 15.1, What is the Rate of Respiration?
	357–358	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Blood Pressure Measured?
<ul> <li>Locate sites used to measure pulse, respirations, blood pressure and temperature</li> </ul>	344	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Temperature Measured and Recorded?
	352–357	Ch 15, Vital Signs, Height, and Weight, 15.1, What is Pulse?
	356–357	Ch 15, Vital Signs, Height, and Weight, 15.1, What is the Rate of Respiration?
	357–362	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Blood Pressure Measured?
• Describe the nurse aide's role in the care of residents who have not achieved fluid balance – edema and dehydration	476–478	Ch 20, Hydration and Elimination, 20.1, Why is it Important to Stay Hydrated?
• Explain how to use equipment that measures blood pressure, temperature, intake of fluids, output, height, and	344	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Temperature Measured and Recorded?
weight	358–359	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Blood Pressure Measured?
	364–365	Ch 15, Vital Signs, Height, and Weight, 15.2, Why is it Important to Measure Height and Weight?
	478–479	Ch 20, Hydration and Elimination, 20.1, How Are Intake and Output Documents?
• Differentiate units of measurement nurse aides use during the care of residents – millimeters of mercury (mm Hg), degrees Fahrenheit, ounces,	344	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Temperature Measured and Recorded?

milliliters (mL), cubic centimeters (cc), inches, and feet	358–359	Ch 15, Vital Signs, Height, and Weight, 15.1, How is Blood Pressure Measured?
	364–365	Ch 15, Vital Signs, Height, and Weight, 15.2, Why is it Important to Measure
	478–479	Height and Weight? Ch 20, Hydration and Elimination, 20.1, How Are Intake and Output Documents?
Convert ounces to milliliters and inches to feet/inches		
Module A: The Nurse Aide	•	
• Describe the North Carolina Nurse Aide I		
• Explain requirements for initial listing and renewals on the North Carolina Nurse Aide Registry		
• Describe resources available that outline the range of function of the North Carolina Nurse Aide I		
• Describe the importance of delegation of tasks to nurse aides	113–114	Ch 6, Holistic Care, 6.1, How Does Delegation Influence Delivery of Care?
• Describe the types of skills performed by nurse aides	6–9	Ch 1, The Holistic Nursing Assistant, 1.1, What Are the Responsibilities of a Nursing Assistant?
• Compare basic nursing skills, personal care skills, and interpersonal skills	6–9	Ch 1, The Holistic Nursing Assistant, 1.1, What Are the Responsibilities of a Nursing Assistant?
	11–14	Ch 1, The Holistic Nursing Assistant, 1.2, What Professional Qualities, Attitudes, and Behaviors Are Expected from a Nursing Assistant?
	263–264	Ch 11, Communication and Caring, 11.2, What Are Interpersonal Relationships?
• Describe important characteristics of a competent, caring nurse aide	11–14	Ch 1, The Holistic Nursing Assistant, 1.2, What Professional Qualities, Attitudes, and Behaviors Are Expected from a Nursing Assistant?
• Explain the differences between an effective team and an ineffective team	35–36	Ch 2, Understanding Healthcare, 2.2, What Are the Functions of the Healthcare Team?

	36	Ch 2, Understanding Healthcare, 2.2, How Can I Be an Effective Member of the Healthcare Team?
Module B: Infection Prevention		
• Relate the chain of infection to the work of a nurse aide in long-term care	149–150	Ch 8, Infection Prevention and Control, 8.1, What is the Chain of Infection?
facilities	150–151	Ch 8, Infection Prevention and Control, 8.1, How Do Communicable Diseases Spread?
• Explain the concept of breaking the chain of infection and its importance to infection prevention	149–150	Ch 8, Infection Prevention and Control, 8.1, What is the Chain of Infection?
<ul> <li>Compare Standard Precautions and Transmission-based Precautions</li> </ul>	153–154	Ch 8, Infection Prevention and Control, 8.2, What Are Standard Precautions?
	164–165	Ch 8, Infection Prevention and Control, 8.2, What Are Transmission-Based Precautions?
• Discuss the use of Personal Protective Equipment by the nurse aide	158–163	Ch 8, Infection Prevention and Control, 8.2, What Are Standard Precautions?
• Explain why residents in long-term care facilities are at risk for infection	150–151	Ch 8, Infection Prevention and Control, 8.1, How Do Communicable Diseases Spread?
Module C: The Resident's Environment -	- Safety & Emergen	cy
• Explain why residents in long-term care facilities are at risk for injury.	57–58	Ch 4, Safe Practice, 4.1, What Does Safety Mean in Healthcare?
• Identify the role of the nurse aide in maintaining a safe environment for the	58	Ch 4, Safe Practice, 4.1, How Can You Recognize a Culture of Safety?
resident	58–60	Ch 4, Safe Practice, 4.1, How Do Nursing Assistants Ensure Safety?
• Describe the role of the nurse aide in dealing with emergencies in a health	65–67	Ch 4, Safe Practice, 4.2, How Can Falls Be Prevented?
care facility	67–68	Ch 4, Safe Practice, 4.2, What Should Be Done if a Resident Falls?
	76–77	Ch 4, Safe Practice, 4.4, How Should a Nursing Assistant Respond to a Fire?
	78–79	Ch 4, Safe Practice, 4.4, What Are Electrical and Chemical Hazards?
	86–88	Ch 5, Emergencies and Disasters, 5.1, What First Aid Guidelines Are Important?

	88–91	Ch 5, Emergencies and Disasters, 5.1, What is Basic Life Support?
	91–93	Ch 5, Emergencies and Disasters, 5.1, How Should Chest Pain, Heart Attacks, and Strokes Be Handled?
	93–94	Ch 5, Emergencies and Disasters, 5.1, What is Anaphylaxis?
	94–95	Ch 5, Emergencies and Disasters, 5.1, What is the Best Method for Responding to Burns?
	95–96	Ch 5, Emergencies and Disasters, 5.1, What Should Be Done if Someone is Poisoned?
	96–99	Ch 5, Emergencies and Disasters, 5.1, What Should Be Done If Someone Is Choking?
	99–100	Ch 5, Emergencies and Disasters, 5.1, What Happens When a Person Faints?
	100–101	Ch 5, Emergencies and Disasters, 5.1, What is the Appropriate Way to Respond to a Seizure?
	100–103	Ch 5, Emergencies and Disasters, 5.1, What is a Hemorrhage and How Can it Be Controlled?
	105–106	Ch 5, Emergencies and Disasters, 5.2, What is the Best Way to Respond to a Disaster?
Module D: Communication		1
• Describe components of therapeutic and non-therapeutic communication	255–256	Ch 11, Communication and Caring, 11.1, What is Holistic Communication?
	258–260	Ch 11, Communication and Caring, 11.1, What Are Barriers to Effective Communication?
	260–262	Ch 11, Communication and Caring, 11.1, How Can Communication Be Improved?
	264–265	Ch 11, Communication and Caring, 11.2, What Are Caring Skills?
• Discuss the importance of appropriate communication skills	255–256	Ch 11, Communication and Caring, 11.1, What is Holistic Communication
	260–262	Ch 11, Communication and Caring, 11.1, How Can Communication Be Improved?

	270–271	Ch 11, Communication and Caring, 11.3, How Can Conflict Be Resolved?
Describe barriers to communication	258–260	Ch 11, Communication and Caring, 11.1, What Are Barriers to Effective Communication?
	267–268	Ch 11, Communication and Caring, 11.3, What Is Anxiety and How Can It Be Managed?
	268–269	Ch 11, Communication and Caring, 11.3, What Is Fear and How Can It Be Overcome?
	269–271	Ch 11, Communication and Caring, 11.3, What Strategies Can Be Used to Manage Anger?
• Explore how culture and religion impact communication	275–276	Ch 12, Appreciating Diversity, 12.1, What is Diversity?
	276–278	Ch 12, Appreciating Diversity, 12.1, What Are Challenges to Appreciating Diversity?
	279–281	Ch 12, Appreciating Diversity, 12.2, What Is Cultural Humility?
	281–282	Ch 12, Appreciating Diversity, 12.2, How Can a Nursing Assistant Integrate Cross- Cultural Communication into Care?
<ul> <li>Discuss the NA's role and responsibilities for effectively communicating with a variety of</li> </ul>	281–282	Ch 12, Appreciating Diversity, 12.2, How Can a Nursing Assistant Integrate Cross- Cultural Communication into Care?
individuals	280	Ch 12, Appreciating Diversity, 12.2, What Is Cultural Humility?
Module E: Law and Ethics		
Describe ethical conduct	49–50	Ch 3, Legal and Ethical Practice, 3.2, What Does it Mean to Act Ethically?
	50–52	Ch 3, Legal and Ethical Practice, 3.2, Why Are Ethical Problem Solving and Decision Making Important?
	52–53	Ch 3, Legal and Ethical Practice, 3.2, How Are Ethical Dilemmas Solved?
<ul> <li>Describe a resident's rights in the nursing home</li> </ul>	45–47	Ch 3, Legal and Ethical Practice, 3.1, Which Laws and Regulations Affect Nursing Assistants?

• Give examples of abuse, neglect, and misappropriation of property	45–47	Ch 3, Legal and Ethical Practice, 3.1, Which Laws and Regulations Affect Nursing Assistants?
• Explain the role of the Health Care Personnel Registry	4	Ch 1, The Holistic Nursing Assistant, 1.1, How Do You Become a Nursing Assistant?
• Explain the role of the nurse aide in securing informed consent prior to providing care to the resident	46	Ch 3, Legal and Ethical Practice, 3.1, Which Laws and Regulations Affect Nursing Assistants?
Module F: Dignity		
<ul> <li>Identify caring behaviors consistent with treating a resident with dignity</li> </ul>	11–14	Ch 1, The Holistic Nursing Assistant, 1.2, What Professional Qualities, Attitudes, and Behaviors Are Expected from a Nursing Assistant?
	255–256	Ch 11, Communication and Caring, 11.1, What is Holistic Communication?
	543–547	Ch 22, End-of-Life Care, 22.1, How Do Nursing Assistants Provide Holistic Care for Those Who Are Dying?
Module G: Basic Restorative Care		
• Explain the role of the nurse aide in basic restorative care	328–329	Ch 14, Mobility, 14.3, What Are Rehabilitation and Restorative Care?
	330–337	Ch 14, Mobility, 14.3, What Are Some Ways to Increase Circulation and Exercise?
• Describe the processes involved with bowel and bladder training	483–489	Ch 20, Hydration and Elimination, 20.2, How Can Nursing Assistants Help with Urinary Elimination?
	497–498	Ch 20, Hydration and Elimination, 20.2, How Can Nursing Assistants Help with Bowel Elimination?
	507	Ch 20, Hydration and Elimination, 20.2, What Are Bladder and Bowel Retraining?
Module H: Body Systems		
• Identify the structure and function of the cell and the integumentary, musculoskeletal, nervous, cardiovascular, respiratory, digestive,	185–186	Ch 9, The Body's Anatomy and Physiology, 9.1, What Roles Do Cells, Tissues, and Membranes Play in Body Structure?
urinary, reproductive, endocrine, and immune systems	187–189	Ch 9, The Body's Anatomy and Physiology, 9.2, How Does the Integumentary System Protect the Body?

	189	Ch 9, The Body's Anatomy and
	105	Physiology, 9.2, How Does the Skeletal
		System Support the Body?
		Ch 9, The Body's Anatomy and
		Physiology, 9.2, How Does the Muscular
	190–192	System Enable Movement?
		, Ch 9, The Body's Anatomy and
		Physiology, 9.2, How Does the Nervous
	192–194	System Send Signals Throughout the
		Body?
		Ch 9, The Body's Anatomy and
	196–198	Physiology, 9.2, How Do Hormones of the
		Endocrine System Regulate Body
		Functions?
	198–199	Ch 9, The Body's Anatomy and
		Physiology, 9.2, How Does the
		Cardiovascular System Pump Blood
		through the Body?
	200–201	Ch 9, The Body's Anatomy and
	200-201	Physiology, 9.2, How Does the
		Respiratory System Supply the Body with
		Oxygen?
	201	Ch 9, The Body's Anatomy and
		Physiology, 9.2, How Do the Immune and Lymphatic Systems Keep You Healthy?
		Ch 9, The Body's Anatomy and
	201–204	Physiology, 9.2, What is the
		Gastrointestinal System's Role in
		Nutrition?
		Ch 9, The Body's Anatomy and
	204–205	Physiology, 9.2, How Does the Urinary
		System Produce, Store, and Eliminate
		Urine from the Body?
	205–208	Ch 9, The Body's Anatomy and
		Physiology, 9.2, How Do the Male and
		Female Reproductive Systems Differ?
• Describe the nurse aide's role in the	244–245	Ch 10, Diseases, Conditions, and Pain,
provision of care for a resident with		10.1, How Does Cancer Affect the Body?
cancer		
• Discuss changes in the integumentary,	209–211	Ch 9, The Body's Anatomy and
musculoskeletal, nervous,		Physiology, 9.2, How Do Lifestyle Choices
cardiovascular, respiratory, digestive,		and Aging Affect Body Systems?

urinary, reproductive, endocrine, and		
immune systems due to aging		
• Compare and contrast normal findings		
and variation of normal findings of the		
integumentary, musculoskeletal,		
nervous, cardiovascular, respiratory,		
digestive, urinary, reproductive,		
endocrine, and immune systems		
Describe common disorders of the	219–221	Ch 10, Diseases, Conditions, and Pain,
integumentary, musculoskeletal,		10.1, Which Diseases and Conditions
nervous, cardiovascular, respiratory,		Affect the Integumentary System?
digestive, urinary, reproductive,	221–224	Ch 10, Diseases, Conditions, and Pain,
endocrine, and immune systems		10.1, How Do Diseases and Conditions
		Influence Skeletal Function?
	224–225	Ch 10, Diseases, Conditions, and Pain,
		10.1, Which Diseases Are Associated with
		the Muscular System?
		Ch 10, Diseases, Conditions, and Pain,
	225–227	10.1, How is the Nervous System Affected
		by Disease?
	228–230	Ch 10, Diseases, Conditions, and Pain,
		10.1, How Do Diabetes and Thyroid
		Disease Affect the Endocrine System?
	231–233	Ch 10, Diseases, Conditions, and Pain,
		10.1, How Does Disease Affect the
		Cardiovascular System?
	233–236	Ch 10, Diseases, Conditions, and Pain,
	233 230	10.1, How Does Disease Affect the
		Respiratory System Structures?
		Ch 10, Diseases, Conditions, and Pain,
	236–237	10.1, How Are the Immune and
		Lymphatic Systems Affected by Disease?
		Ch 10, Diseases, Conditions, and Pain,
	237–239	10.1, How Does Disease Influence the
		Gastrointestinal System Function?
		Ch 10, Diseases, Conditions, and Pain,
	239–241	10.1, How is the Urinary System Affected
		by Disease?
		Ch 10, Diseases, Conditions, and Pain,
		10.1, Which Diseases Are Associated with
	241–242	the Reproductive Systems?

• Describe the nurse aide's role related to a resident's integumentary,	219–221	Ch 10, Diseases, Conditions, and Pain, 10.1, Which Diseases and Conditions
musculoskeletal, nervous,		Affect the Integumentary System?
cardiovascular, respiratory, digestive, urinary, reproductive, endocrine, and immune systems	223–224	Ch 10, Diseases, Conditions, and Pain, 10.1, How Do Diseases and Conditions Influence Skeletal Function?
	225	Ch 10, Diseases, Conditions, and Pain, 10.1, Which Diseases Are Associated with the Muscular System?
	226–227	Ch 10, Diseases, Conditions, and Pain, 10.1, How is the Nervous System Affected by Disease?
	229–230	Ch 10, Diseases, Conditions, and Pain, 10.1, How Do Diabetes and Thyroid Disease Affect the Endocrine System?
	232–233	Ch 10, Diseases, Conditions, and Pain, 10.1, How Does Disease Affect the Cardiovascular System?
	234–236	Ch 10, Diseases, Conditions, and Pain, 10.1, How Does Disease Affect the Respiratory System Structures?
	237	Ch 10, Diseases, Conditions, and Pain, 10.1, How Are the Immune and Lymphatic Systems Affected by Disease?
	237–239	Ch 10, Diseases, Conditions, and Pain, 10.1, How Does Disease Influence the Gastrointestinal System Function?
	239–241	Ch 10, Diseases, Conditions, and Pain, 10.1, How is the Urinary System Affected by Disease?
	241–242	Ch 10, Diseases, Conditions, and Pain, 10.1, Which Diseases Are Associated with the Reproductive Systems?
Module I: Body Mechanics	1	
• Describe principles of body mechanics that help prevent injury	61	Ch 4, Safe Practice, 4.1, What Are Body Mechanics?
	61–63	Ch 4, Safe Practice, 4.1, How Are Proper Body Mechanics Used?
<ul> <li>Identify measures to safely assist a falling person to the floor</li> </ul>	65	Ch 4, Safe Practice, 4.2, What Causes Falls?

	65–67	Ch 4, Safe Practice, 4.2, How Can Falls Be Prevented?
	67–68	Ch 4, Safe Practice, 4.2, What Should Be Done if a Resident Falls?
• Describe correct positioning of residents	303–318	Ch 14, Mobility, 14.1, How Should Residents Be Positioned, Turned, Transferred, or Lifted?
Module J: Nutrition		
• Describe nutrition and hydration requirements for the older adult	255–256	Ch 19, Healthy Eating and Nutritional Challenges, 19.1, How Can People Choose Safe and Health Foods?
Identify basic nutrients	453–455	Ch 19, Healthy Eating and Nutritional Challenges, 19.1, What Nutrients Are Most Important?
• Explain the use of the U.S. Department of Agriculture's (USDA's) MyPlate	255–256	Ch 19, Healthy Eating and Nutritional Challenges, 19.1, How Can People Choose Safe and Health Foods?
<ul> <li>Identify special diets ordered for the older adult based on particular illnesses or conditions</li> </ul>	462–464	Ch 19, Healthy Eating and Nutritional Challenges, 19.2, What Nutritional Support is Available for Residents?
• Discuss nurse aide responsibilities related to dysphagia and prevention of aspiration, hydration, and prevention of	466–467	Ch 19, Healthy Eating and Nutritional Challenges, 19.2, What Nutritional Support is Available for Residents?
dehydration	476–477	Ch 20, Hydration and Elimination, 20.1, Why is it Important to Stay Hydrated?
	478–482	Ch 20, Hydration and Elimination, 20.1, How Are Intake and Output Measured?
• Explain the nurse aide's role in enteral and parenteral nutrition	464–467	Ch 19, Healthy Eating and Nutritional Challenges, 19.2, What Nutritional Support is Available for Residents?
Module K: Restraint Elimination, Reduct	ion, Appropriate Use	
• Discuss the use of different types of restraints used in health care	69–70	Ch 4, Safe Practice, 4.3, What is a Restraint?
	72–75	Ch 4, Safe Practice, 4.3, How Are Restraints Applied and Safely Monitored?
• Explore risks encountered from use of restraints	70	Ch 4, Safe Practice, 4.3, What is a Restraint?
<ul> <li>Understand the need for restraints and laws that regulate their use</li> </ul>	70–72	Ch 4, Safe Practice, 4.3, How is a Restraint-Free Environment Promoted and Maintained?

	72	Ch 4, Safe Practice, 4.3, When Should Restraints Be Used?
• Discuss Resident's Rights and the NA's role	72	Ch 4, Safe Practice, 4.3, When Should Restraints Be Used?
	72–75	Ch 4, Safe Practice, 4.3, How Are Restraints Applied and Safely Monitored?
• Discuss the importance of safe application and need for close observation	72–75	Ch 4, Safe Practice, 4.3, How Are Restraints Applied and Safely Monitored?
Module L: Communicating with the Heal	th Care Team	
• Describe components of communication with the health care team	33–35	Ch 2, Understanding Healthcare, 2.2, How Can Staff Members Communicate Effectively?
	36	Ch 2, Understanding Healthcare, 2.2, How Can I Be an Effective Team Member?
• Discuss the importance of reporting and recording accurately	291–292	Ch 13, Planning, Observing, and Documenting Care, 13.2, What Are Objective and Subjective Observations?
	292–293	Ch 13, Planning, Observing, and Documenting Care, 13.2, How Does Accurate Reporting Make a Difference in Care?
• Define Health Insurance Portability and Accountability Act (HIPAA) and its impact on communication	44–45	Ch 3, Legal and Ethical Practice, 3.1, Which Laws and Regulations Affect Nursing Assistants?
• Explain conventional and military time	297	Ch 13, Planning, Observing, and Documenting Care, 13.3, What Guidelines Should Be Followed When Documenting Care?
• Explore the NA's role in reporting and recording objective and subjective data	291–292	Ch 13, Planning, Observing, and Documenting Care, 13.2, What Are Objective and Subjective Observations?
	292–293	Ch 13, Planning, Observing, and Documenting Care, 13.2, How Does Accurate Reporting Make a Difference in Care?
	297	Ch 13, Planning, Observing, and Documenting Care, 13.3, What Guidelines Should Be Followed When Documenting Care?

	297–298	Ch 13, Planning, Observing, and Documenting Care, 13.3, How Are Documenting Errors Corrected?			
Module M: The Nursing Process and Nursing Care Plan					
<ul> <li>Define and discuss the Nursing Process</li> </ul>	115–116	Ch 6, Holistic Care, 6.2, What is the Nursing Process?			
• Explain the importance of the nursing process and the role of the NA	116	Ch 6, Holistic Care, 6.2, Why is the Nursing Process Important?			
<ul> <li>Define and discuss Maslow's Hierarchy of Needs</li> </ul>	128–130	Ch 7, Human Behavior, Needs, and Work- Life Balance, 7.1, What Are Human Needs?			
<ul> <li>Define the Nursing Care Plan and discuss its importance</li> </ul>	286	Ch 13, Planning, Observing, and Documenting Care, 13.1, What is a Plan of Care?			
• Discuss the NA's role in the nursing care plan	286	Ch 13, Planning, Observing, and Documenting Care, 13.1, What is a Plan of Care?			
	286–287	Ch 13, Planning, Observing, and Documenting Care, 13.1, What is the Purpose of a Care Conference?			
Module N: Incident Reporting					
<ul> <li>Define and describe the significance of an incident report</li> </ul>	68	Ch 4, Safe Practice, 4.2, What Should Be Done if a Resident Falls?			
<ul> <li>Discuss the importance of accurate, detailed reporting and documentation</li> </ul>	68	Ch 4, Safe Practice, 4.2, What Should Be Done if a Resident Falls?			
• Determine which incidents require a report and who is involved	47	Ch 3, Legal and Ethical Practice, 3.1, Which Laws and Regulations Affect Nursing Assistants?			
	68	Ch 4, Safe Practice, 4.2, What Should Be Done if a Resident Falls?			
<ul> <li>Provide guidelines for reporting and recording</li> </ul>	292–293	Ch 13, Planning, Observing, and Documenting Care, 13.2, How Does Accurate Reporting Make a Difference in Care?			
Module O: Critical Thinking					
• Define and describe the importance of the nurse aide using critical thinking	32–33	Ch 2, Understanding Healthcare, 2.2, How Can You Become a Critical Thinker?			
skills while performing resident care	33–34	Ch 2, Understanding Healthcare, 2.2, How Can Staff Members Communicate Effectively?			

• Discuss the importance of critical thinking	32–33	Ch 2, Understanding Healthcare, 2.2, How Can You Become a Critical Thinker?
UnitKing	33–34	Ch 2, Understanding Healthcare, 2.2, How Can Staff Members Communicate Effectively?
Discuss five questions that nurse aides		
should ask in order to think critically		
Module P: Family and Family Support		
• Describe the importance of family and family support to the resident.	5	Ch 1, The Holistic Nursing Assistant, 1.1, What Do You Need to Know to Become a Holistic Nursing Assistant?
	14	Ch 1, The Holistic Nursing Assistant, 1.2, What Professional Qualities, Attitudes, and Behaviors are Expected from a Nursing Assistant?
	533–534	Ch 21, Mental and Emotional Health, Disabilities, and Cognitive Disorders, 21.2, How Can Nursing Assistants Care for Residents with Dementia?
	538–539	Ch 22, End-of-Life Care, 22.1, How Do Family Traditions and Spiritual and Religious Beliefs Influence Dying and Death?
	543–544; 546	Ch 22, End-of-Life Care, 22.1, How Do Nursing Assistants Provide Holistic Care for Those Who Are Dying?
• List measures that the nurse aide can do to support family members of residents.	5	Ch 1, The Holistic Nursing Assistant, 1.1, What Do You Need to Know to Become a Holistic Nursing Assistant?
	14	Ch 1, The Holistic Nursing Assistant, 1.2, What Professional Qualities, Attitudes, and Behaviors are Expected from a Nursing Assistant?
	533–534	Ch 21, Mental and Emotional Health, Disabilities, and Cognitive Disorders, 21.2, How Can Nursing Assistants Care for Residents with Dementia?
	538–539	Ch 22, End-of-Life Care, 22.1, How Do Family Traditions and Spiritual and Religious Beliefs Influence Dying and Death?

	543–544; 546	Ch 22, End-of-Life Care, 22.1, How Do Nursing Assistants Provide Holistic Care for Those Who Are Dying?
Module Q: Person-centered Care		
Define person-centered care.	135–136	Ch 7, Human Behavior, Needs, and Work- Life Balance, 7.2, How Does the Mind- Body-Spirit Connection Influence Caregiving?
• Describe the characteristics of a facility incorporating person-centered care		
Module R: Cognitive Changes Due to Ag	ing	
<ul> <li>Identify cognitive changes that occur due to aging</li> </ul>	210	Ch 9, The Body's Anatomy and Physiology, 9.2, How Do Lifestyle Choices and Aging Affect Body Systems?
• Describe the importance of pacing and patience while delivering care to the older adult	532–534	Ch 21, Mental and Emotional Health, Disabilities, and Cognitive Disorders, 21.2, How Can Nursing Assistants Care for Residents with Dementia?
Module S: Psychological Effects of Aging	5	
• Describe the psychological effects of aging	130	Ch 7, Human Behavior, Needs, and Work- Life Balance, 7.1, How Do People Grow and Develop?
	130–131	Ch 7, Human Behavior, Needs, and Work- Life Balance, 7.1, What is Behavior?
	131–132	Ch 7, Human Behavior, Needs, and Work- Life Balance, 7.1, How Do Generational Differences Affect Behavior and Attitudes?
• Explain the nurse aide's role in meeting the basic needs of the resident	135–136	Ch 7, Human Behavior, Needs, and Work- Life Balance, 7.2, How Does the Mind- Body-Spirit Connection Influence Caregiving?
• Describe the nurse aide's role in caring for residents with a variety of responses such as the depressed resident, combative resident, and the	514–517	Ch 21, Mental and Emotional Health, Disabilities, and Cognitive Disorders, 21.1, What Are The Different Types Mental Health Conditions?
agitated resident	517–518	Ch 21, Mental and Emotional Health, Disabilities, and Cognitive Disorders, 21.1, What Should Nursing Assistants Know About Self-Harm and Suicide?

	518	Ch 21, Mental and Emotional Health, Disabilities, and Cognitive Disorders, 21.1,
		What Care is Available for Residents with Mental Health Conditions?
• Describe the feelings and behaviors of		
older adults moving into a nursing		
home		
Module T: Dementia and Alzheimer's Di	sease	
Define the terms, dementia,	529–531	Ch 21, Mental and Emotional Health,
Alzheimer's disease, and delirium		Disabilities, and Cognitive Disorders, 21.2, What Is Delirium and What Are Its Challenges?
• Describe the nurse aide's role in the	529–534	Ch 21, Mental and Emotional Health,
care of the resident with Alzheimer's		Disabilities, and Cognitive Disorders, 21.2, How Can Nursing Assistants Care for Residents With Dementia?
Module U: Mental Health and Mental III	ness	
• Explain the role of the nurse aide in	269–271	Ch 11, Communication and Caring, 11.3,
the de-escalation of the resident who is		What Strategies Can Be Used to Manage
Agitated		Anger?
Describe anxiety disorders	267–268	Ch 11, Communication and Caring, 11.3, What Is Anxiety and How Can It Be Managed?
	514	Ch 21, Mental and Emotional Health, Disabilities, and Cognitive Disorders, 21.1, What Are The Different Types Mental Health Conditions?
Describe mood disorders	515	Ch 21, Mental and Emotional Health, Disabilities, and Cognitive Disorders, 21.1, What Are The Different Types Mental Health Conditions?
Module V: Pain		
Define pain	247–249	Ch 10, Diseases, Conditions, and Pain, 10.2, What is Pain?
• Explain the role of the nurse aide in	249–251	Ch 10, Diseases, Conditions, and Pain,
pain management		10.2, What is the Best Way to Observe and Report Pain?
Module W: End of Life Care		
Describe the nurse aide's role in end of	543–544; 546	Ch 22, End-of-Life Care, 22.1, How Do
life care.		Nursing Assistants Provide Holistic Care for Those Who Are Dying?

• Describe cultural differences in dealing with end of life.	538–539	Ch 22, End-of-Life Care, 22.1, How Do Family Traditions and Spiritual and Religious Beliefs Influence Dying and Death?
• Examine own feelings about the end of life.	538	Ch 22, End-of-Life Care, 22.1, How Do You Feel About Dying and Death?