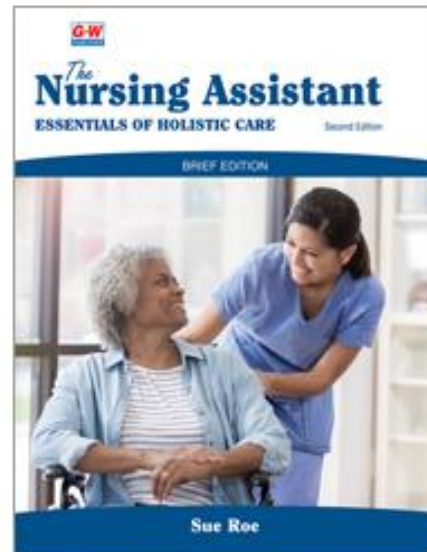




Correlation of
The Nursing Assistant, Brief Edition: Essentials of Holistic Care, 2nd Edition
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Sue Roe
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to
Georgia Curriculum Requirements

The Nursing Assistant: Essentials of Holistic Care, Brief Edition presents the key information students need to become a nursing assistant. With this text's sharp focus on holistic care, students learn how to provide the care required of nursing assistants, while integrating and considering residents' bodies, minds, and spirits. Students will learn how to address the needs of residents, while providing high-quality care that is safe, effective, and compassionate.



CURRICULUM REQUIREMENTS	CORRELATING PAGES
<i>At least 16 a total of hours of training in the following six areas prior to any direct contact with a resident:</i>	
1A: Communication and interpersonal skills (to include stress management)	31-37, 137-139, 255-266
1B: Infection Control	144-178
1C: Safety/emergency procedures/FBAO/Body Mechanics	56-82, 61-63, 85-107
1D: Promoting residents' independence	133-136, 216-246
1E: Respecting residents' rights	69-75, 513, 518, 524, 529, 544
<i>Basic nursing skills as follows:</i>	
2A: Taking/recording vital signs and vital sign parameters	343-363
2B: Measuring and recording height and weight	364-369
2C: Caring for the residents' environment	391-412
2D: Recognizing abnormal changes in body function and the importance of reporting such changes to a supervisor. Some examples of abnormal changes are:	4, 8, 95-96, 171, 293, 358, 362, 500, 503

CURRICULUM REQUIREMENTS	CORRELATING PAGES
• Shortness of breath	225, 234, 237, 305, 478
• Rapid respiration	83, 101-102, 232, 293, 356-357
• Fever	67, 224, 230, 478
• Coughs	94, 465-466
• Chills	224, 240
• Pains in chest	87, 91-92, 231, 267, 478
• Blue color to lips	236, 312
• Pain in abdomen	236, 238, 499
• Nausea	92, 93-94, 96, 230, 466
• Vomiting	67, 92, 93-94, 96, 230, 293, 466
• Drowsiness	67, 230, 241, 467
• Excessive thirst	46, 102, 229-230, 476
• Sweating	92, 141, 230, 235-236, 237, 267, 476
• Pus	148, 171, 220, 381
• Blood or sediment in urine	381, 385
• Difficulty urinating	242, 484
• Frequent urination in small amounts	229
• Pain or burning on urination	240, 242, 388, 484
• Urine has dark color or strong odor	484
• Behavioral change	4, 9, 37, 227, 232, 237, 267, 297, 517, 518, 531, 533
• Talks or communicates less	37
• Physical appearance/mental health changes	141, 291, 531, 544
• Participated less in activities or refused to attend	129, 287, 331, 472
• Eating less	287, 461-462, 471
• Drinking less	287, 549
• Weight change	462, 515
• Appears tired, weak, confused or drowsy	74, 93, 95-96, 141, 230, 232-233, 237, 240-241, 379
• Change in skin color or condition	82, 95, 224, 441, 443
• Requires more assistance with dressing, toileting, transfers	313-317, 434-438, 483-508
• Recognizing and reporting pain to supervisor	74, 75, 91-92, 101-102, 151, 176, 223, 227, 229, 247-251
• Caring for a resident when death is imminent and post mortem care	537-553
<i>Personal care skills, including but not limited to, the following:</i>	

CURRICULUM REQUIREMENTS	CORRELATING PAGES
3A: Bathing (to include observation for pressure ulcers)	220-221, 288, 415-419
3B: Grooming, including mouth care	414, 419-434
3C: Dressing	434-439
3D: Toileting	483-509
3E: Assisting with eating and hydration	451-472, 476-482
3F: Proper feeding techniques	469-471
3G: Skin-care including observation for pressure ulcers and skin tears	221, 224, 305, 440-448
3H: Transfers, positioning, and turning (to include observation for pressure ulcers)	303-318
<i>Mental health and social service needs as follows:</i>	
4A: Modifying aide's behavior in response to residents' behavior including depression	31-32, 131, 134-136, 258-262, 267-271, 277-278, 517, 530-531
4B: Awareness of developmental tasks associated with the aging process	130-132, 209-211
4C: How to respond to resident behavior including depression	260-262, 267-271, 530-533
4D: Allowing residents to make personal choices, providing and reinforcing other behavior consistent with the resident's dignity	9, 15, 25, 50, 45-46, 358, 403, 435, 436, 496, 537, 544, 551
4E: Utilizing the resident's family as a source of emotional support	5, 14, 46, 425, 533-534, 541, 546
4F: Spiritual and cultural needs of the residents	6, 14, 28, 36, 45, 58, 93, 112, 113, 131, 148, 184, 208, 249, 257, 277, 279, 288, 306, 344, 374, 396, 420, 453, 498, 514, 538-540, 541, 572
<i>Care of cognitively impaired residents as follows:</i>	
5A: Techniques for addressing the unique needs and behaviors of individuals with dementia (Alzheimer's and others)	529-534
5B: Communicating with cognitively impaired residents	520-526
5C: Understanding the behavior of cognitively impaired residents	520-526
5D: Appropriate responses to the behavior of cognitively impaired residents	520-526
5E: Methods of reducing the effects of cognitive impairments	520-526
5F: Spiritual and cultural health	6, 14, 28, 36, 45, 58, 93, 112, 113, 131, 148, 184, 208, 249, 257, 277, 279, 288, 306, 344, 374, 396, 420, 453, 498, 514, 538-540, 541, 572

CURRICULUM REQUIREMENTS	CORRELATING PAGES
<i>Basic restorative services - The nurse aide should be able to demonstrate skills which incorporate principles of restorative nursing, including but not limited to:</i>	
6A: Training the resident in self-care according to the resident's abilities	135, 217
6B: Ambulation with/without a gait belt	319-327
6C: The use of assistive devices in transferring, ambulation, eating, and dressing	303-304, 313, 315-316, 319-327, 337-339, 466-471
6D: Maintenance of range of motion	330-337
6E: Proper turning and positioning in bed and chair	303-311
6F: Bowel and bladder training	508
6G: Care and use of prosthetic/orthotic devices and eyeglasses	66, 72, 259, 337-339, 461, 521
<i>Residents' Rights - The nurse aide should be able to demonstrate behavior which maintains residents' right, including but not limited to:</i>	
7A: Providing privacy and maintenance of confidentiality	9, 43, 44-46, 49-50, 120, 123, 167, 168, 173, 257, 295-297, 307, 308, 310, 311, 314-316, 321, 323, 325, 329, 332, 346-348, 350-351, 354-356, 360, 362, 366-368, 380, 382-384, 387, 392, 398, 408, 416, 421, 425, 427, 430, 432, 433, 435-437, 442, 444, 447, 469, 471, 480, 484-485, 487, 489, 491-492, 494, 500, 502-503, 505, 508, 549, 552-553
7B: Promoting the residents' right to make personal choices to accommodate their needs	45-46, 280, 532, 539
7C: Giving assistance in resolving grievances and disputes (to include the role of ombudsman)	46
7D: Providing needed assistance in getting to and participating in resident and family groups and other activities	313-327
7E: Maintaining care and security of residents' personal possessions	396
7F: Providing care which maintains the resident free from abuse, mistreatment, and neglect and the reporting any instances of such treatment to appropriate facility staff	42, 46-47
7G: Avoiding the need for restraints in accordance with current professional standards	45, 70-72