



Goodheart-Willcox Publisher Correlation of <i>The Nursing Assistant, Brief Edition: Essentials of Holistic Care</i> ©2023 to Colorado Nurse Aide Candidate Handbook		
STANDARD		CORRELATING PAGES
2016 Written/Oral Exam Content Outline		
I. Physical Care Skills		
A.	Activities of Daily Living	6, 413–450, 483–509
A.1	Hygiene	413–450
A.2	Dressing and Grooming	414–439
A.3	Nutrition and Hydration	451–482
A.4	Elimination	483–509
A.5	Rest/Sleep/Comfort	405–410
B.	Basic Nursing Skills	111–117
B.1	Infection Control	8, 144–178
B.2	Safety/Emergency	8–9, 56–109
B.3	Therapeutic/Technical Procedures	8, 98–104, 302–341, 342–371, 372–390, 413–450, 469–471, 475–511, 551–553
B.4	Data Collection and Reporting	291–299, 342–371
C.	Restorative Skills	247–251, 408–410
C.1	Prevention	57–75, 216–218
C.2	Self Care/Independence	11, 72, 112, 135, 217, 225, 328–329, 337–339, 415, 434, 466–471, 507, 522, 525–528, 533
II. Psychosocial Care Skills		
A.	Emotional and Mental Health Needs	512–536
B.	Spiritual and Cultural Needs	14, 45, 93, 113, 131, 133–136, 148, 184, 238, 249, 257, 259, 274–284, 288, 306, 344, 374, 396, 420, 452–453, 498, 514, 539–540, 541, 543
III. Role of the Nurse Aide		
A.	Communication	8, 14, 33–35, 254–266
B.	Client Rights	45–46
C.	Legal and Ethical Behavior	40–55
D.	Member of the Health Care Team	14, 20–30, 35–36
Skills Evaluation Tasks		
Skill 1	Hand hygiene (hand washing)	155–158
Skill 2	Applies one knee-high elastic stocking	329–320
Skill 3	Assists to ambulate using transfer belt	320–321
Skill 4	Assists with use of bedpan	486–488
Skill 5	Cleans upper or lower denture	426–428
Skill 6	Counts and records radial pulse	353–354
Skill 7	Counts and records respirations	356–357
Skill 8	Donning and removing PPE (gown and gloves)	159–162



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Skill 9	Dresses client with affected (weak) right arm	434–436
Skill 10	Feeds client who cannot feed self	469–471
Skill 11	Gives modified bed bath (face and one arm, hand and underarm)	416–419
Skill 12	Measures and records electronic blood pressure (**State-specific: This skill cannot be substituted for Skill 23 - manual blood pressure)	
Skill 13	Measures and records urinary output	480–482
Skill 14	Measures and records weight of ambulatory client	365–366
Skill 15	Performs modified passive range of motion (PROM) for one knee and one ankle	335–336
Skill 16	Performs modified passive range of motion (PROM) for one shoulder	333
Skill 17	Positions on side	308–309
Skill 18	Provides catheter care for female	492–493
Skill 19	Provides foot care on one foot	430–431
Skill 20	Provides mouth care	424–426
Skill 21	Provides perineal care (peri-care) for female	431–433
Skill 22	Transfers from bed to wheelchair using transfer belt	313–315
Skill 23	Measures and records manual blood pressure (**State specific: cannot be substituted for Skill 12 (electronic blood pressure); also contains overtext: SKILL NOT TESTED	360–362