

## Correlation of

## The Culinary Professional, 4E

(Goodheart-Willcox Publisher © 2023)

## **NOCTI Job Ready Assessment Blueprint:**

## **Culinary Arts Cook NOCTI-ACF**

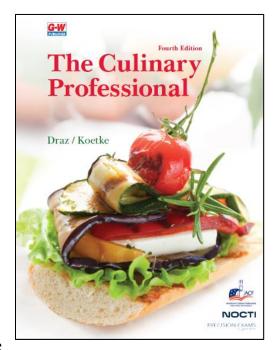
The following chart correlates *The Culinary*Professional textbook to NOCTI's Job Ready

Assessment Blueprint for Culinary Arts Cook

NOCTI-ACF (4536). The chart lists each of the

competencies and skills tested in the assessment and
the page numbers where applicable information can
be found in *The Culinary Professional* textbook.

The competencies and skills for the Culinary
Arts Cook NOCTI-ACF assessment measure
technical skills at the occupational level and include
items that gauge factual and theoretical knowledge.
Job Ready assessments typically offer both written
and performance components, and can be used at the
secondary and postsecondary levels.



Competencies and Skills	G-W Content
Recipes	
Demonstrate an understanding of culinary	Textbook: 286–293 (Reading Review, p. 293 #1–3;
terminology and techniques (e.g., braising, pan	Test Prep #2, 5; Critical Thinking #12)
grilling, batters, breading)	

Demonstrate how to read and follow standard	Textbook: 116–121 (Reading Review p. 119 #2; Test
recipes	Prep #3; Core Skills #10)
Establish recipe mise en place	Textbook: 255–257 (Reading Review, p. 257 #1; Core
	Skills #6)
Knife Skills	
Identify and distinguish knife types and basic	Textbook: 65–68 (Reading Review p. 70, #1; Test Prep
cuts	#1; Core Skills #12; Critical Thinking #14, 15); 260-
	267 (Reading Review p. 264, #1, 3; Reading Review
	p. 267, #2; Test Prep #1-3; Core Skills #8)
Demonstrate knife sharpening skills and safe	Textbook: 70–75 (Reading Review p. 74 #1–3;
knife usage and care	Reading Review p. 75 #1, 2; Test Prep #2; Core Skills
	#7, Culinary Skills Lab); 257-260; 264-267( Reading
	Review p. 260 #2, 30; Reading Review p. 267 #1, 3;
	Core Skills #9, 10; Culinary Skills Lab)
Large and Small Equipment	
Identify and demonstrate proper use of	Textbook: 83–86 (Reading Review p. 86 #1; Core
measurement devices	Skills #12, 13; Critical Thinking #16, 19); 115
	(Reading Review p. 115 #1, 2; Core Skills p. 124 #9)
Identify large and small kitchen equipment	Textbook: 78–89 (Reading Review p. 83 #3; Reading
	Review p. 89 #1-4); 94-105 (Reading Review p. 102
	#1-3; Reading Review p. 104 #2; Test Prep #1-4)
Demonstrate proper use and care of large and	Textbook: 94–107 (Reading Review p. 102 #4;
small equipment	Reading Review p. 105 #2; Reading Review p. 107
	#1, 2; Core Skills #5, 6; Culinary Skills Lab); 89-90
	(Reading Review p. 90 #1, 2; Core Skills #12)
Sanitation and Safety	
Display knowledge of cleaning and sanitizing	Textbook: 24–31 (Reading Review p. 26 #1, 2;
methods	Reading Review p. 31 #1-3; Test Prep #2; Core Skills
	#8)
Maintain basic principles of nationally	Textbook: 17-24 (Reading Review p. 22 #1-4;
recognized sanitation protocols (e.g., ServSafe,	Reading Review p. 23 #1, 2; Reading Review p. 24
CPFM, ACF)	#1, 2; Test Prep #1, 2; Culinary Skills Lab)

Exhibit understanding of prevention, causes,	Textbook: 41–54 (Reading Review p. 44 #1, 2;
and response to workplace injuries	Reading Review p. 45 #1, 2; Reading Review p. 54
	#1–4; Test Prep #1-3; Core Skills #5, 10, 11; Critical
	Thinking #13, 14)
Describe fire extinguishers and fire safety	Textbook: 55–60 (Reading Review p. 60 #1–3; Test
procedures	Prep #4; Critical Thinking #15; Culinary Skills Lab)
Demonstrate personal hygiene	Textbook: 31–34 (Reading Review p. 34 # 1–3; Core
	Skills #8; Critical Thinking #11)
Identify food allergen characteristics	Textbook: 16 (Reading Review p. 16 #1)
Demonstrate proper food storage techniques	Textbook: 21–22 , 23–24 (Reading Review p. 22 #4;
(e.g., canned goods, dry, refrigerated, frozen,	Reading Review p. 24 #2); 389 (Core Skills #6); 432-
fresh)	433 (Reading Review p. 432 #1); 486-487 (Reading
	Review p. 487 #2); 495 (Reading Review p. 495 #1);
	537–538 (Reading Review p. 538 #1, 2); 590–591
	(Reading Review p. 591 #1, 2); 614 (Reading Review
	p. 614 #4); 783-784 (Reading Review p. 789 #3)
Take physical and perpetual inventory	Textbook: 780-782 (Core Skills #9; Critical Thinking
	#17)
Exhibit knowledge of HACCP policies and	Textbook: 36 (Reading Review p. 36 #1, 2)
procedures	
Food Preparation	
Prepare salads and dressings	Textbook: 306–327 (Core Skills #5, 6; Culinary Skills
	Lab)
Prepare soups, appetizers, and desserts	Textbook: 341–347 (Culinary Skills Lab); 472–479;
	703–745 (Culinary Skills Lab)
Prepare cold garnishes	Textbook: 651-655 (Culinary Skills Lab)
Prepare sandwiches, spreads, and fillings	Textbook: 331–340 (Core Skills #8)
Explain procedure for buffet preparation and	Textbook: 662–663 (Reading Review p. 663 #1, 2; Test
maintenance	Prep #6; Core Skills #10, 12); 773–776 (Reading
	review p. 775 #3)
Fruits, Vegetables, and Starches	

Identify quality and grade of fruits and	Textbook: 371 (Reading Review p. 371 #2; Critical
vegetables	Thinking #15); 433 (Reading Review p. 433 #2; Core
	Skills p. 444 #8); 486
Prepare fruits and vegetables for cooking	Textbook: 392–395 (Reading Review p. 398 #1, 2);
	402–403 (Reading Review p. 403 #1, 2; Test Prep #3);
	434-443 (Reading Review p. 437 #1-3; Reading
	Review p.438 #1-3; Reading Review p. 439 #1, 2;
	Reading Review p. 443 #2; Reading Review p. 443
	#2; Test Prep #1; Core Skills #10, 13; Culinary Skills
	Lab)
Identify and prepare potato dishes	Textbook: 496–499 (Reading Review p. 499 #1, 2;
	Core Skills #5, 8; Critical Thinking #10)
Identify and prepare pasta, grains, and	Textbook: 499–508 (Reading Review p. 504 #1–3;
legumes	Reading Review p. 507 #1; Reading Review p. 508
	#1, 2; Test Prep #4; Core Skills #9; Critical Thinking
	#14; Culinary Skills Lab; Chef's E-portfolio)
Bakery Products	
Bakery Products  Prepare batters and doughs using appropriate	Textbook: 685–699 (Core Skills #10, 11; Culinary
•	Textbook: 685–699 (Core Skills #10, 11; Culinary Skills Lab); 705–706 (Reading Review p. 760 #1; Core
Prepare batters and doughs using appropriate	· ·
Prepare batters and doughs using appropriate	Skills Lab); 705–706 (Reading Review p. 760 #1; Core
Prepare batters and doughs using appropriate	Skills Lab); 705–706 (Reading Review p. 760 #1; Core Skills #8); 711; 716–718; 720–722; (Reading Review p.
Prepare batters and doughs using appropriate mixing methods	Skills Lab); 705–706 (Reading Review p. 760 #1; Core Skills #8); 711; 716–718; 720–722; (Reading Review p. 722 #1, 3)
Prepare batters and doughs using appropriate mixing methods	Skills Lab); 705–706 (Reading Review p. 760 #1; Core Skills #8); 711; 716–718; 720–722; (Reading Review p. 722 #1, 3)  Textbook: 703–745 (Core Skills #11; Culinary Skills
Prepare batters and doughs using appropriate mixing methods  Prepare standard dessert items	Skills Lab); 705–706 (Reading Review p. 760 #1; Core Skills #8); 711; 716–718; 720–722; (Reading Review p. 722 #1, 3)  Textbook: 703–745 (Core Skills #11; Culinary Skills
Prepare batters and doughs using appropriate mixing methods  Prepare standard dessert items  Stocks, Sauces, and Hot Soups	Skills Lab); 705–706 (Reading Review p. 760 #1; Core Skills #8); 711; 716–718; 720–722; (Reading Review p. 722 #1, 3)  Textbook: 703–745 (Core Skills #11; Culinary Skills Lab)
Prepare batters and doughs using appropriate mixing methods  Prepare standard dessert items  Stocks, Sauces, and Hot Soups  Prepare and flavor stocks (bones and base) and	Skills Lab); 705–706 (Reading Review p. 760 #1; Core Skills #8); 711; 716–718; 720–722; (Reading Review p. 722 #1, 3)  Textbook: 703–745 (Core Skills #11; Culinary Skills Lab)  Textbook: 447–457; 462 (Core Skills #4; 11; Culinary
Prepare batters and doughs using appropriate mixing methods  Prepare standard dessert items  Stocks, Sauces, and Hot Soups  Prepare and flavor stocks (bones and base) and reductions	Skills Lab); 705–706 (Reading Review p. 760 #1; Core Skills #8); 711; 716–718; 720–722; (Reading Review p. 722 #1, 3)  Textbook: 703–745 (Core Skills #11; Culinary Skills Lab)  Textbook: 447–457; 462 (Core Skills #4; 11; Culinary Skills Lab)
Prepare batters and doughs using appropriate mixing methods  Prepare standard dessert items  Stocks, Sauces, and Hot Soups  Prepare and flavor stocks (bones and base) and reductions  Prepare mother (foundation) sauces	Skills Lab); 705–706 (Reading Review p. 760 #1; Core Skills #8); 711; 716–718; 720–722; (Reading Review p. 722 #1, 3)  Textbook: 703–745 (Core Skills #11; Culinary Skills Lab)  Textbook: 447–457; 462 (Core Skills #4; 11; Culinary Skills Lab)  Textbook: 463–469 (Culinary Skills Lab)
Prepare batters and doughs using appropriate mixing methods  Prepare standard dessert items  Stocks, Sauces, and Hot Soups  Prepare and flavor stocks (bones and base) and reductions  Prepare mother (foundation) sauces  Prepare roux and thickening agents	Skills Lab); 705–706 (Reading Review p. 760 #1; Core Skills #8); 711; 716–718; 720–722; (Reading Review p. 722 #1, 3)  Textbook: 703–745 (Core Skills #11; Culinary Skills Lab)  Textbook: 447–457; 462 (Core Skills #4; 11; Culinary Skills Lab)  Textbook: 463–469 (Culinary Skills Lab)  Textbook: 459–463 (Culinary Skills Lab)

inspection)	Reading Review p. 525 #1, 2; Reading Review p. 531
	#1, 3; Reading Review p. 535 #1; Reading Review p.
	536 #1, 2; Test Prep #1-3; Core Skills #7)
Description of and moult	,
Prepare meat and poultry	Textbook: 537–544 (Reading Review p. 539 #1, 2;
	Reading Review p. 544 #1–3; Test Prep #4; Core
	Skills #9; Critical Thinking #11; Culinary Skills Lab);
	548–564 (Core Skills #10, 11)
Identify various cooking methods	Textbook: 548–564 (Reading Review p. 550 #1, 2; Test
	Prep #1, 2, 4; Core Skills #13)
Determine proper degrees of doneness	Textbook: 551–552 (Reading Review p. 552 #2); 553–
	554 (Reading Review p. 556 #2); 561 (Reading
	Review p. 562 #2; Test Prep #3; 5; Core Skills #6; 11)
Fish and Seafood	
Identify market forms of fish and seafood	Textbook: 568–584 (Reading Review p. 575 #1–3;
	Reading Review p. 580 #1-3; Reading Review p. 581
	#1; Test Prep #2, 3; Core Skills #7)
Prepare fish and seafood	Textbook: 584–591 (Reading Review p. 587 #1, 2;
	Reading Review p. 590 #1-3; Test Prep #4; Core
	Skills #10)
Identify various cooking preparations and	Textbook: 591–597 (Reading Review p. 597 #1–4;
methods	Core Skills #10; Culinary Skills Lab)
Breakfast Foods	
Identify and prepare breakfast starches	Textbook: 623–626 (Reading Review p. 624 #1;
	Reading Review p. 626 #1, 2; Test Prep #4; Critical
	Thinking #15)
Identify and prepare breakfast meats	Textbook: 622 (Reading Review p. 622 #1, 2)
Identify and prepare breakfast different styles	Textbook: 611–621 (Reading Review p. 614 #1–4;
of eggs	Reading Review p. 621 #1-4; Test Prep #3; Core
	Skills #9, 11)
Identify and prepare breakfast cereals	Textbook: 626 (Reading Review p. 626 #1; Core Skills
	#10)
Dairy Products and Alternatives	
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Identify and use various dairy products (e.g.,	Textbook: 601–606 (Reading Review p. 603 #2, 3;
sour cream, butter, yogurt, creams, milk)	Reading Review p. 604 #1, 2; Reading Review p. 604
	#1, 2; Reading Review p. 606 #1, 2; Test Prep #1)
Identify and use dairy alternatives (e.g., soy	Textbook: 610-611 (Reading Review p. 611 #1, 2;
milk, almond milk, low-fat alternatives)	Critical Thinking #15)
Identify and use cheese varieties	Textbook: 606–610 (Reading Review p. 610 #3, 4; Test
	Prep #2; Culinary Skills Lab)
Culinary Nutrition	
Describe the basic food groups; make healthy	Textbook: 825–832 (Reading Review p. 826 #1, 2;
food choices	Reading Review p. 829 #1-3; Reading Review p. 832
	#2, 3; Test Prep #3–5; Core Skills #9, 10; Critical
	Thinking #13)
Describe healthy cooking techniques	Textbook: 833–836 (Reading Review p. 836 #1; Core
	Skills #7, 11; Culinary Skills Lab)
Describe primary functions and food sources	Textbook: 815–823 (Reading Review p. 823 #1, 2; Test
of major nutrients	Prep #1)
Describe food and dietary trends (e.g., farm to	Textbook: 837–839 (Reading Review p. 839 #1; Test
table, organics, religious, dietary concerns)	Prep #6; Culinary Skills Lab)
Culinary Math	
Convert standard recipes	Textbook: 121–122 (Reading Review #1; Test Prep #4;
	Core Skills #5, 6, 9; Culinary Skills Lab)
Calculate food costs, percentages, and mark-up	Textbook: 785–789, 793–794 (A Serving of Math p.
	788 #1, 2; A Serving of Math p. 789 #1, 2; 7, 10; Core
	Skills #6); 810–811 (Core Skills #8, 10, 12)
Calculate guest check with tax and gratuity	Textbook: 766–768 (A Serving of Math p. 767 #1, 2;
	Core Skills #10, 11)
Convert weights and measurements	Textbook: 111-114 (Reading Review p. 114 #1-4; Test
	Prep #1-2; Critical Thinking #16)
Employability Skills	
Exhibit understanding of professional	Textbook: 220–226, 241–243 (Reading Review p. 223
behavior, appearance, and job interview skills	#1; Reading Review p. 226 #1; Reading Review p.

Display knowledge of various job profiles and chain of command	243 #1; Core Skills #7; Critical Thinking #13, 14; Culinary Skills Lab)  Textbook: 207–211 (Reading Review p. 209 #1, 2; Reading Review p. 211 # 1; Core Skills # 10; Critical Thinking #13); 236–237
Dining Service	
Perform basic duties of a wait person (e.g., take	Textbook: 751-755, 761-772 (Reading Review p. 755
orders, selling techniques, serve properly, bus,	#1, 2; Reading Review p. 769 #1, 3; Reading Review
side-work duties)	p. 772 #2; Test Prep #1, 2; Culinary Skills Lab)
Describe various types of service (e.g., lunch, a	Textbook: 755–756, 760, 773–776 (Reading Review p.
la carte, banquet, family-style)	756 #1; Reading Review p. 761 #2; Reading Review
	p. 775 #2, 3; Core Skills #9)
Identify roles of service staff (e.g., hostess,	Textbook: 749–750 (Reading Review p. 750 #1, 2)
cashier, server, busser)	