



*Correlation of
The Nursing Assistant: Essentials of Holistic Care, Brief Edition*

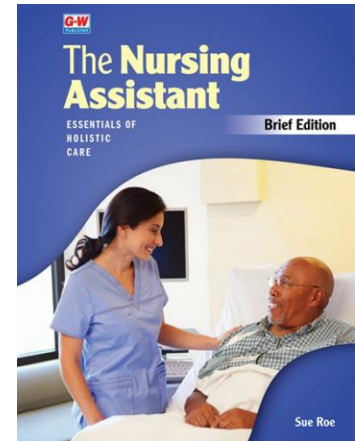
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to

Missouri Curricula Requirements

The Nursing Assistant: Essentials of Holistic Care, Brief Edition presents key concepts and skills students need to become nursing assistants. With a sharp focus on holistic care, students learn how to provide safe, effective, and compassionate care, while integrating and considering residents' bodies, minds, and spirits. This concise text, **developed for classes with shorter hour requirements**, is accessible for students of all levels. Richly illustrated **step-by-step procedures** teach students how to perform the tasks required of nursing assistants and prepare them to pass the certification competency examination. The text and its supplements include **abundant reinforcement activities** and practice questions for the certification competency examination, challenging students to apply what they have learned and preparing them for success when taking the exam. Detailed **photographs, illustrations, and videos** bring concepts to life, helping students visualize and understand body positions, care procedures, and the structure of the human body.



| CURRICULUM REQUIREMENTS | | CORRELATING SECTIONS |
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| At least a total of 16 hours of training in the following areas prior to any direct contact with a resident: | | |
| 1A | Communication and interpersonal skills; | Section 12.1: Holistic Communication Section 12.2: Caring Skills and Interpersonal Relationships Section 12.3: Anxiety, Fear, Anger, and Conflict |
| 1B | Infection control; | Section 9.1: Body Defenses and Infection Section 9.2: Standard and Transmission- Based Precautions Section 9.3: Wound Care |
| 1C | Safety/emergency procedures, including the Heimlich maneuver; | Section 4.1: A Culture and Environment of Safety Section 4.2: Fall Prevention Section 4.3: Restraint-Free Care Section 4.4: Fire, Electrical, Chemical, and Oxygen Safety Section 5.1: Medical Emergencies Section 5.2: Disasters, Terrorism, and Bioterrorism |

| CURRICULUM REQUIREMENTS | | CORRELATING SECTIONS |
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| 1D | Promoting patients' and residents' independence; | Section 7.2: Body, Mind, and Spirit Section 8.1: Wellness and Illness Section 4.3: Restraint-Free Care Section 22.1: Disabilities and Cognitive Disorders |
| 1E | Respecting patients' and residents' rights; and | Section 1.2: Professionalism and Boundaries Section 3.1: Healthcare Laws, Regulations, and Scope of Practice Section 23.1: Dying, Death, and Grief |
| Basic Nursing Skills | | |
| 2A | Taking and recording vital signs; | Section 16.1: Measuring and Recording Vital Signs |
| 2B | Measuring and recording height and weight; | Section 16.2: Measuring and Recording Height and Weight |
| 2C | Caring for the patients' or residents' environment; | Section 4.1: A Culture and Environment of Safety Section 18.1 The Resident's Room Section 18.2: Promoting Comfort, Relaxation, Rest, and Sleep |
| 2D | Recognizing abnormal changes in body functioning and the importance of reporting such changes to a supervisor; and | Section 1.1: Role and Responsibilities Section 6.2: The Nursing Process, Policies, and Procedures Section 8.1: Wellness and Illness Section 11.1: Common Diseases and Conditions Section 12.1: Holistic Communication and Health Literacy Section 14.2 Observing and Reporting Care Section 16.1: Measuring and Recording Vital Signs Section 19.2: Caring for the Skin |
| 2E | Caring for patients or residents when death is imminent | Section 23.1: Dying, Death, and Grief Section 23.2: Family Support and Postmortem Care |
| Personal care skills, including but not limited to the following: | | |
| 3A | Bathing; | Section 19.1: Bathing, Grooming, and Dressing |
| 3B | Grooming, including mouth care; | Section 19.1: Bathing, Grooming, and Dressing |
| 3C | Dressing; | Section 19.1: Bathing, Grooming, and Dressing |

| CURRICULUM REQUIREMENTS | | CORRELATING SECTIONS |
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| 3D | Toileting; | Section 21.2: Assisting with Elimination |
| 3F | Assisting with eating and hydration; | Section 20.2: Therapeutic Diets and Nutritional Support Section 21.1: Maintaining Hydration |
| 3G | Feeding techniques; | Section 20.2: Therapeutic Diets and Nutritional Support |
| 3H | Skin care; and | Section 19.2: Caring for the Skin |
| 3G | Transfers, positioning, and turning to include the use of mechanical lift or movement devices | Section 15.1 Positioning, Turning, Transferring, and Lifting |
| Mental health and social service needs: | | |
| 4A | Modifying aides' behavior in response to patients' or residents' behavior; | Section 7.1: Human Needs, Growth and Development, and Behavior Section 12.2: Caring Skills and Interpersonal Relationships Section 12.3: Anxiety, Fear, Anger, and Conflict |
| 4B | Awareness of developmental tasks associated with the aging process; | Section 7.1: Human Needs, Growth and Development, and Behavior |
| 4C | How to respond to patients' or residents' behavior; | Section 12.1: Holistic Communication Section 12.2: Caring Skills and Interpersonal Relationships Section 12.3: Anxiety, Fear, Anger, and Conflict |
| 4D | Allowing the patient or resident to make personal choices, providing and reinforcing other behavior consistent with the patient's or resident's dignity; and | Section 7.2: Body, Mind, and Spirit Section 8.1: Wellness and Illness Section 4.3: Restraint-Free Care Section 22.1: Disabilities and Cognitive Disorders |
| 4E | Using the patient's or resident's family as a source of emotional support | Section 6.2: The Nursing Process, Policies, and Procedures Section 12.2: Caring Skills and Interpersonal Relationships |
| Care of cognitively impaired patients or residents: | | |
| 5A | Techniques for addressing the unique needs and behaviors of individuals with dementia; | Section 22.1: Disabilities and Cognitive Disorders |
| 5B | Communicating with cognitively impaired patients or residents; | Section 22.1: Disabilities and Cognitive Disorders |

| CURRICULUM REQUIREMENTS | | CORRELATING SECTIONS |
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| 5C | Understanding the behavior of cognitively impaired patients or residents; | Section 22.1: Disabilities and Cognitive Disorders |
| 5D | Appropriate responses to the behavior of cognitively impaired patients or residents; and | Section 22.1: Disabilities and Cognitive Disorders |
| 5E | Methods of reducing the effects of cognitive impairments | Section 22.1: Disabilities and Cognitive Disorders |
| Basic restorative services: | | |
| 6A | Training the patient or resident in self-care according to the patient's or resident's abilities; | Section 7.2: Body, Mind, and Spirit Section 8.1: Wellness and Illness Section 4.3: Restraint-Free Care Section 22.1: Disabilities and Cognitive Disorders |
| 6B | Use of assistive devices in transferring, ambulation, eating, and dressing; | Section 15.2: Ambulation and Assistive Ambulatory Devices Section 19.1: Bathing, Grooming, and Dressing Section 20.2: Therapeutic Diets and Nutritional Support |
| 6C | Maintenance of range of motion; | Section 15.3: Rehabilitation and Restorative Care |
| 6D | Proper turning and positioning in bed and chair; | Section 15.1: Positioning, Turning, Transferring, and Lifting |
| 6E | Bowel and bladder control care training; and | Section 21.2: Assisting with Elimination |
| 6F | Care and use of prosthetic and orthotic devices | Section 22.1: Disabilities and Cognitive Disorders |
| Residents' rights: | | |
| 7A | Providing privacy and maintaining confidentiality; | Section 3.1: Healthcare Laws, Regulations, and Scope of Practice |
| 7B | Promoting the patients' or residents' right to make personal choices to accommodate their needs; | Section 7.2: Body, Mind, and Spirit Section 8.1: Wellness and Illness Section 4.3: Restraint-Free Care Section 22.1: Disabilities and Cognitive Disorders |

| CURRICULUM REQUIREMENTS | | CORRELATING SECTIONS |
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| 7C | Giving assistance in reporting grievances and disputes; | Section 2.2: Working in Healthcare Section 12.3: Anxiety, Fear, Anger, and Conflict |
| 7D | Providing needed assistance in getting to and participating in resident and family groups and other activities; | Section 2.2: Working in Healthcare Section 12.3: Anxiety, Fear, Anger, and Conflict Section 15.1: Positioning, Turning, Transferring, and Lifting Section 15.2: Ambulation and Assistive Ambulatory Devices |
| 7E | Maintaining care and security of patients' or residents' personal possessions; | Section 28.1: The Resident's Room |
| 7F | Promoting the patient's or resident's right to be free from abuse, mistreatment, and neglect and understanding the need to report any instances of such treatment to appropriate facility staff; and | Section 3.1: Healthcare Laws, Regulations, and Scope of Practice |
| 7G | Avoiding the need for restraints in accordance with current professional standards | Section 4.3: Restraint-Free Care |