

Correlation of
The Nursing Assistant: Essentials of Holistic Care, Brief Edition

Sue Roe

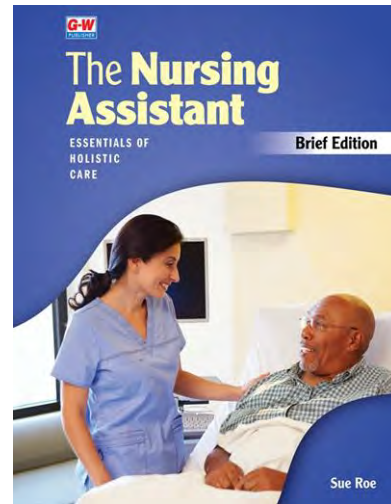
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to

FL Administrative Code & Florida Administrative Register

CHAPTER 64B9-15 CERTIFIED NURSING ASSISTANTS

The Nursing Assistant: Essentials of Holistic Care, Brief Edition presents key concepts and skills students need to become nursing assistants. With a sharp focus on holistic care, students learn how to provide safe, effective, and compassionate care, while integrating and considering residents' bodies, minds, and spirits. This concise text, **developed for classes with shorter hour requirements**, is accessible for students of all levels. Richly illustrated **step-by-step procedures** teach students how to perform the tasks required of nursing assistants and prepare them to pass the certification competency examination. The text and its supplements include **abundant reinforcement activities** and practice questions for the certification competency examination, challenging students to apply what they have learned and preparing them for success when taking the exam. Detailed **photographs, illustrations, and videos** bring concepts to life, helping students visualize and understand body positions, care procedures, and the structure of the human body.



64B9-15.002 Certified Nursing Assistant Authorized Duties

Learning Objectives		Page References
(1) A certified nursing assistant shall provide care and assist residents with the following tasks related to the activities of daily living only under the general supervision of a registered nurse or licensed practical nurse:		
(a) Tasks associated with personal care:	1. Bathing,	419 - 425
	2. Dressing,	439 - 444
	3. Grooming,	425
	4. Shaving,	428 - 429
	5. Shampooing and caring for hair,	425 - 428
	6. Providing and assisting with oral hygiene and denture care,	429 - 434
	7. Caring for the skin,	445 - 453
	8. Caring for the feet,	435 - 436
	9. Caring for the nails,	434

Learning Objectives		Page References
	10. Providing pericare,	437 - 439
	11. Bed making and handling linen,	400 - 408
	12. Maintaining a clean environment.	396 - 408
(b) Tasks associated with maintaining mobility:	1. Ambulating,	324 - 327
	2. Transferring,	318 - 322
	3. Transporting,	175
	4. Positioning,	308 -318
	5. Turning,	313 - 316
	6. Lifting,	318 - 323
	7. Performing range of motion exercises,	335 - 343
	8. Maintaining body alignment.	308 - 318
(c) Tasks associated with nutrition and hydration:	1. Feeding and assisting the resident with eating,	472 - 477
	2. Assisting the resident with drinking.	480 - 481
(d) Tasks associated with elimination:	1. Toileting,	488 - 491
	2. Assisting with the use of the bedpan and urinal,	491 - 494
	3. Providing catheter care,	495 - 501
	4. Collecting specimens,	383 - 393
	5. Emptying ostomy bags, or changing bags that do not adhere to the skin,	495 – 501, 510 - 512
	6. Bowel and bladder training.	513 - 514
(e) Tasks associated with the use of assistive devices:	1. Caring for dentures, eyeglasses, contact lenses, and hearing aids,	519 - 521
	2. Applying or donning established or previously fitted and adjusted prosthetic and orthotic devices,	343
	3. Applying or donning previously fitted and adjusted orthotic braces,	343
	4. Applying previously fitted antiembolus stockings,	334 - 335
	5. Assisting with wheelchairs, walkers, or crutches,	329 -332
	6. Using comfort devices such as pillows, cradles, footboards, wedges, and boots,	308
	7. Assisting with and encouraging the use of self-help devices for eating, grooming, and other personal care tasks,	308
	8. Utilizing and assisting residents with devices for transferring, ambulation, alignment, and positioning,	308 - 327
	9. Using restraints.	69 - 75
(f) Tasks associated with maintaining environment and resident safety, including handling of blood and body fluid and cleaning resident care areas.		60, 158
(g) Tasks associated with data gathering:	1. Measuring temperature, pulse, respiration, and blood pressure,	6, 8, 348 - 367
	2. Measuring height and weight,	369 - 374

Learning Objectives		Page References
	3. Measuring and recording oral intake,	485 - 487
	4. Measuring and recording urinary output, both voided and from urinary drainage systems,	485 - 487
	5. Measuring and recording emesis,	485 - 487
	6. Measuring and recording liquid stool.	485 - 487
(h) Recognition of and reporting of abnormal resident findings, signs, and symptoms.		296 - 298
(i) Post mortem care.		553 - 558
(j) Tasks associated with resident socialization, leisure activities, reality orientation, and validation techniques.		141, 530
(k) Tasks associated with end of life care.		553 - 558
(l) Tasks associated with basic first aid, CPR skills, and emergency care.		86 - 104
(m) Tasks associated with compliance with resident's/patient's rights.		44 - 48
(n) Tasks associated with daily documentation of certified nursing assistant services provided to the resident.		299 - 304
(2) A certified nursing assistant shall perform all tasks with knowledge of and awareness of a resident's/patient's rights and developmental level.		3-5, 7-10, 44-50
(3) A certified nursing assistant shall not perform any task which requires specialized nursing knowledge, judgment, or skills.		42 - 44
(4) A certified nursing assistant may receive additional training beyond that required for initial certification and upon validation of competence in the skill by a registered nurse may perform such skills as authorized by the facility.		576 - 577
(5) A certified nursing assistant shall not work independently without the supervision of a registered nurse or a licensed practical nurse.		25 - 27