

## Correlation of

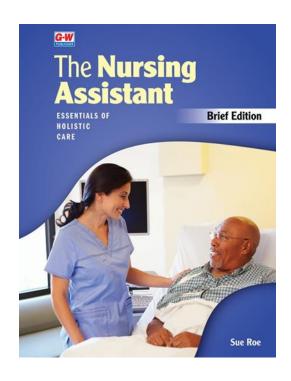
## The Nursing Assistant: Essentials of Holistic Care, Brief Edition Sue Roe

Goodheart-Willcox Publisher ©2021

to

## **California State Standards**

The Nursing Assistant: Essentials of Holistic Care, Brief **Edition** presents key concepts and skills students need to become nursing assistants. With a sharp focus on holistic care, students learn how to provide safe, effective, and compassionate care, while integrating and considering residents' bodies, minds, and spirits. This concise text, developed for classes with shorter hour requirements, is accessible for students of all levels. Richly illustrated step-by-step procedures teach students how to perform the tasks required of nursing assistants and prepare them to pass the certification competency examination. The text and its supplements include abundant reinforcement activities and practice questions for the certification competency examination, challenging students to apply what they have learned and preparing them for success when taking the exam. Detailed photographs, illustrations, and videos bring concepts to life, helping students visualize and understand body positions, care procedures, and the structure of the human body.



STANDARD		CORRELATING PAGES	
Module 1: Introduction			
1A	Role and responsibilities of the Certified	3-4, 6-9	
	Nurse Assistant.		
1B	Title 22, Division 5, California Code of	41-42	
	Regulations, overview.		
1C	Requirements for nurse assistant	4	
	certification.		
1D	Professionalism.	11-14	

	STANDARD	CORRELATING PAGES			
1E	Ethics and confidentiality.	44-47, 49-50			
	Module 2: Patie	nts' Rights			
	Each nursing assistant applicant shall be instructed in patients' rights as specified in Title 22, California Code of Regulations Section 72527; in Sections 1599.1, 1599.2, and 1599.3 of the Health and Safety Code; and in Title 42, Code of Federal Regulations Part 483, Sections 483.10, 483.12, 483.13, and 483.15. The provisions of these sections are incorporated by reference into this regulation.	44-46, 549			
	Module 3: Interpersonal Skills				
3A	Communications.	260-266			
3B	Defense mechanisms.	265			
3C	Sociocultural factors.	263-265			
3D	Attitudes toward illness and health	293, 155, 534, 543-545			
	care.				
3E	Family interactions.	268-269, 551, 554			
	Module 4: Prevention and Management of	Catastrophe and Unusual Occurrences			
4A	Emergency.	86-103			
4B	General safety rules.	57-61, 65-68, 76-82			
4C	Fire and disaster plans.	76-78, 105-107			
4D	Roles and procedures for Certified	3-4, 6-9, 58-60, 65-68, 76-82			
	Nurse Assistants.				
4E	Patient safety.	58-60, 65-68, 76-82			
E 4	Module 5: Body				
5A	Basic rules of body mechanics.	84			
5B	Transfer techniques.	308			
5C	Ambulation.	324-332			
5D	Proper use of body mechanics and positioning techniques.	308-314			
	Module 6: Medical and	Surgical Asansis			
6A	Micro-organisms.	152-153			
6B	Universal precautions for infection	160-176			
O.D	control including methods to handle	100 170			
	patients, and all materials that are				
	soiled with blood and/or body fluids				
	from patients. The methods prescribed				
	shall be designed to reduce the risk of				
	transmission of potentially infectious				
	etiologic agents from patient to patient				
	and between patients and healthcare				
	workers.				

	STANDARD	CORRELATING PAGES			
6C	Basic principles of asepsis.	160			
	Module 7: Weights and Measures				
7A	The metric system.	484, 583			
7B	Weight, length and liquid volume.	369-373, 387-388, 472-473, 483-486			
7C	Military time, i.e. a twenty-four (24)	302-303			
	hour clock.				
	Module 8: Patier				
8A	Bathing and medicinal baths, which	419-424			
	includes substances such as bran,				
	oatmeal, starch, sodium bicarbonate,				
	epsom salts, pine products, tar, sulfur, potassium permanganate, or salt.				
8B	Dressing.	439-443			
8C	Oral hygiene.	429-433			
8D	Hair care, hair shampoo, medicinal	424-429, 433-434			
0.5	shampoo, nail care and shaving.	12 1 123, 133 131			
8E	Prosthetic devices.	342-343, 519-520			
8F	Skin care including prevention of	225-228, 445-446			
	decubitus ulcers.				
8G	Elimination needs.	488-512			
8H	Bowel and bladder retraining.	512-513			
81	Weighing and measuring the patient.	369-373			
	Module 9: Patient Ca				
9A	Collection of specimens, including stool,	383-393			
0.0	urine, and sputum.	70.02.442.442.460.474.404.402.405.504			
9B	Care of patients with tubing to include but not be limited to urinary, gastric,	79-82, 442-443, 469-471, 481-483, 495-501			
	oxygen, and intravenous. This care does				
	not include inserting, suctioning, or				
	changing the tubes.				
9C	Intake and output.	472-473, 476, 483-487			
9D	Bedmaking.	400-408			
9E	Cleansing enemas and laxative				
	suppositories.	505-509			
9F	Admission, transfer, and discharge.	118-123			
9G	Bandages and nonsterile dry dressings,	178-182, 446			
	including the application of nonlegend				
	topical ointments to intact skin				
	surfaces.	tal Signa			
10A	Module 10: Vi Purpose of vital signs.	348			
10A 10B	Factors affecting vital signs.	348-349, 358, 361, 363			
10C	Normal ranges.	348-349, 358, 361, 362-363			
10D	Methods of measurement.	348-350, 357-358, 361, 362-363			
10E	Temperature, pulse, and respiration.	348-362			
10F	Blood pressure.	362-367			
101	bioou pressure.	302-307			

	STANDARD	CORRELATING PAGES		
10G	Abnormalities.	348, 349-350, 358, 361, 362-363		
10H	Recording.	350, 351-354, 356, 357, 359-360, 361-362, 367		
Module 11: Nutrition				
11A	Proper nutrition.	458-461		
11B	Feeding techniques.	472-476		
11C	Diet therapy.	467-469		
	Module 12: Emerger	ncy Procedures		
12A	Signs and symptoms of distress.	91-97, 99-101		
12B	Immediate and temporary intervention.	86-103		
12C	Emergency codes.	76-77		
	Module 13: Long-Ter	m Care Patient		
13A	Needs of persons with developmental	522-524, 526-531, 533-538		
	and mental disorders including mental			
	retardation, Alzheimer's disease,			
	cerebral palsy, epilepsy, dementia, and			
	mental illness.			
13B	Introduction to anatomy and	191-193, 194-215		
	physiology.			
13C	Physical and behavioral needs and	128-130		
405	changes.			
13D	Community resources available.	22, 25, 269-270, 106-107		
13E	Psychological, social, and recreational	130		
125	needs.  Common diseases and disorders	222.254		
13F	including signs and symptoms.	223-251		
	Module 14: Rehabili	tative Nursing		
14A	Promoting patients' potential.	135-136, 140-142, 263		
14B	Devices and equipment.	308, 327, 342-343		
14C	Activities of daily living.	6, 324-332, 420-443, 472-476, 488-512		
14D	Family interactions.	268-269, 551, 554		
14E	Complication of inactivity.	308, 323, 324		
14F	Ambulation.	324-332		
14G	Range of motion.	335-342		
	Module 15: Observati	on and Charting		
15A	Observation of patients and reporting	296-298		
	responsibility.			
15B	Patient care plan.	291-292		
15C	Patient care documentation.	302-303		
15D	Legal issues of charting.	44-45, 300-301		
15E	Medical terminology and abbreviations.	187-188, 579-582		
Module 16: Death and Dying				
16A	Stages of grief.	545-546		
16B	Emotional and spiritual needs of the	544, 549, 551		
	patient and family.			
16C	Rights of the dying patient.	549		

STANDARD		CORRELATING PAGES	
16D	Signs of approaching death.	553-555	
16E	Monitoring of the patient.	549-552	
16F	Post mortem care.	555-558	
Module 17: Abuse			
17A	Preventing, recognizing and reporting	14, 41, 45, 46-47	
	instances of residence abuse.		