

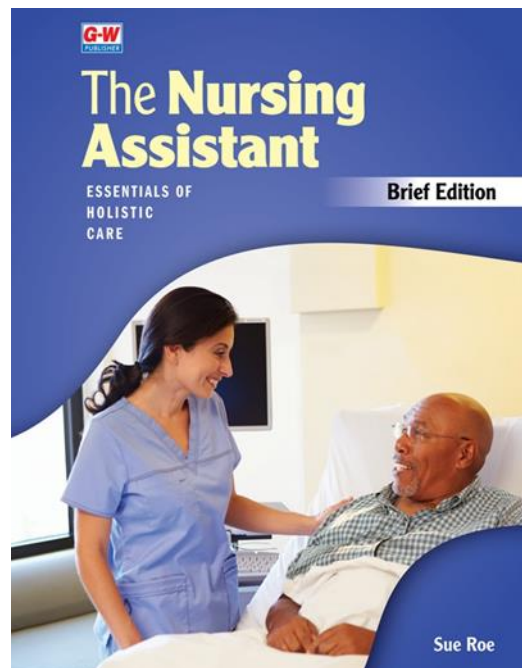
Correlation of
The Nursing Assistant: Essentials of Holistic Care, Brief Edition
Sue Roe

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to

Arizona State Board of Nursing
Nursing Assistant Curriculum

The Nursing Assistant: Essentials of Holistic Care, Brief Edition presents key concepts and skills students need to become nursing assistants. With a sharp focus on holistic care, students learn how to provide safe, effective, and compassionate care, while integrating and considering residents' bodies, minds, and spirits. This concise text, **developed for classes with shorter hour requirements**, is accessible for students of all levels. Richly illustrated **step-by-step procedures** teach students how to perform the tasks required of nursing assistants and prepare them to pass the certification competency examination. The text and its supplements include **abundant reinforcement activities** and practice questions for the certification competency examination, challenging students to apply what they have learned and preparing them for success when taking the exam. Detailed **photographs, illustrations, and videos** bring concepts to life, helping students visualize and understand body positions, care procedures, and the structure of the human body.



Learning Goals	Page References / Reading Assignment
1.0 Competency: Functions as a member of the health team within the health care facility and/or community.	
1.1 Identifies essential functions of the health care facility and states the differences between acute, long-term, assisted living, home care and hospice.	20-21, 416-417
1.2 Explains the essential duties of the nursing team within a care facility.	3-9, 21-23

Learning Goals	Page References / Reading Assignment
1.3 Explains the nursing assistant role as outlined in the different regulatory and professional guidelines.	4-5, 42, 52 – 54 562-563
1.4 Describes the delegation process.	113-114
1.5 Demonstrates professional work habits and time management skills.	146-147, 294-295
1.6 Demonstrates appropriate stress relieving techniques.	143-147
2.0 Competency: Demonstrates ethical and legal behavior that maintains resident's rights.	
2.1 Demonstrates ethical and legal behavior by maintaining the standards set forth for the health care professions.	2-4, 6-9, 12 – 14, 41-50, 121, 175, 562, 261 - 263, 397 – 398, 570, 647 - 648
2.2 Interprets, explains and applies the Resident's Bill of Rights.	46-47, 49, 135, 549
2.3 Provides for resident privacy.	121, 181, 397, 413
2.4 Maintains resident confidentiality.	44-45, 301-302
2.5 Promotes the resident's right to make personal choices to accommodate their needs.	49, 135, 439, 474, 520
2.6 Gives assistance in resolving grievances and disputes.	43 - 47
2.7 Maintains care and security of resident's personal possessions.	121, 401
2.8 Promotes the resident's right to be free from abuse, mistreatment and neglect.	46 - 47
2.9 Reports any instance of abuse, mistreatment or neglect to the appropriate supervisor.	26, 46 - 47
2.10 Utilizes interventions that minimize the need for restraints.	46, 69 - 74
2.11 Promotes resident independence.	49, 135, 439, 512, 520
2.12 Assists residents to participate in activities.	6, 142, 412, 420-421, 471-472, 489-491
3.0 Competency: Assists in identifying the mental health and social service needs of residents.	
3.1 Discuss basic human needs of the individual.	23-25, 128 – 130, 139, 217 – 218, 271-273, 527-530
	23-25, 139, 271-273

Learning Goals	Page References / Reading Assignment
3.2 Explains how cultural and spiritual attitudes may influence psychological responses.	45, 143 – 144, 155, 293, 544 - 546
3.4 Provides appropriate care for residents with mental health problems.	462 – 463, 533 - 537
3.5 Modifies own behavior in response to resident behavior.	69. 272-274, 408 – 409, 529-531
3.6 Describes ways that residents may be expressing their normal sexuality.	129, 271
3.7 Facilitates the resident’s expression of needs and provides supportive communication.	6, 142, 420-421, 471-472, 489-491
4.0 Competency: Demonstrates effective communication.	
4.1 Uses verbal and nonverbal communication to accurately present information.	26, 187-188, 261, 275 – 276, 579-582
4.2 Responds effectively to resident’s behavior in a positive non-threatening way.	260 - 266
4.3 Observes and describes resident’s physical and emotional condition changes.	263, 295-298
4.4 Demonstrates communication skills with the resident who has sensory deficits.	264-265, 518 -532
5.0 Competency: Maintains a safe environment for the resident and others	
5.1 Identifies ways to promote safety and handle non-medical emergencies.	57-81, 105 - 107
5.2 Identifies environmental safety hazards and methods used to prevent accidents.	217-218, 61-67, 327-332, 105-107
5.3 Identifies safety measures to prevent workplace violence.	121, 58-59, 574-575
6.0 Competency: Demonstrates general principles of infection control.	
6.1 Describes measures that promote infection prevention and control.	224, 153-158, 160-176
6.2 Describes and adheres to CDC guidelines for Standard Precautions and for Transmission Based Precautions.	161-176
6.3 Describes and adheres to OSHA guidelines.	241-243, 158, 172-176, 61
7.0 Competency: Provides basic emergency care.	

Learning Goals	Page References / Reading Assignment
7.1 Applies principles of basic emergency care in resident care.	91-97, 99-102
7.2 Demonstrates knowledge of basic first-aid principles.	86-103
7.3 Responds to emergency situations.	88-98
7.4 Identifies specific types of emergencies, responds and reports according to recognized standards of care.	91-103
8.0 Competency: Applies the principles of basic nutrition to resident care.	
8.1 Identifies principles of nutrition.	460-461
8.2 Recognizes personal, cultural, religious and medical conditions leading to variations in the diet.	457-458
8.3 Describes contributory factors and remedies to address age related dietary problems.	234, 240-242, 429-431, 457, 461-463, 471-472, 481-482, 544-546
8.4 Provides and restricts fluids as ordered.	472-487
8.5 Demonstrates care for residents who have an inability to obtain adequate nutrition or fluid independently.	429-431, 472-483
8.6 Identifies therapeutic diets.	466-471, 482-483
9.0 Competency: Provides the resident with personal care and grooming.	
9.1 Provides for and adheres to the principles of daily hygiene and grooming.	420-434
9.2 Assists resident in personal care and grooming needs.	342-343, 408, 420-439, 445-446, 488-513, 529-531
9.3 Reports and documents personal care and grooming tasks, observations and resident response.	296-298
10.0 Competency: Measures vital signs.	
10.1 Identifies normal vital signs values and age-related variations.	349-361
10.2 Measures and records body temperature.	348-357
10.3 Measures and records pulse (radial, apical).	357-361
10. 4 Measures and Records Respirations.	361-362
10.5 Measures and records blood pressure.	362-367

Learning Goals	Page References / Reading Assignment
10.6 Measures and Records Height and Weight.	369-372
11.0 Competency: Demonstrates safe transfers, positioning and turning of residents using effective body mechanics.	
11.1 Demonstrates safe body mechanics.	61-62
11.2. Identifies the effects of limited mobility.	308-316, 333-342
11.3 Assists residents in positioning and turning.	308-321
11.4 Assists the resident to transfer from bed to chair/gurney/stretchers/geri chair.	318-322
11.5 Assists residents to ambulate.	65-68, 318-332
11.6 Demonstrates passive and active range of motion.	334-342
11.7 Removes and applies oxygen devices during transfers with supervision without changing oxygen settings.	80-82
12.0 Competency: Cares for cognitively impaired residents.	
12.1 Addresses the unique needs and behaviors of individuals with dementia (Alzheimer's & others) and delirium.	231-232, 264-265, 524-531
12.2 Respond appropriately to the behavior of cognitively impaired residents.	528-531
12.3 Reports behaviors and resident responses.	297, 531
13.0 Competency: Identifies the function, structure, common health problems and normal aging changes of each of the following systems.	
13.1 Describes major body systems and organs.	188-193
13.2 Identifies the function, structure, common health problems and normal aging changes of the respiratory systems.	207-209, 218, 239-240, 362
13.3 Identifies the function, structure and common health problems and normal aging changes of the circulatory system.	205-207, 218, 236-239
13.4 Identifies the function, structure and common health problems, and normal aging changes of the urinary system.	212-218, 245-247, 501
13.5 Identifies the function, common health problems and normal aging changes of the endocrine system.	203-205, 218, 234-236

Learning Goals	Page References / Reading Assignment
13.6 Identifies the function, structure, common health problems and normal aging changes of the integumentary system.	194-196, 217, 224-228, 177-178, 424-425
13.7 Identifies the function, structure and common health problems and normal aging changes of the nervous system.	197-201, 217, 230-238, 524-527, 100-101
13.8 Identifies the function, structure and common health problems and normal aging changes of the sensory system.	201-203, 217, 233-235, 462-467, 522
13.9 Identifies the function, structure and common health problems and normal aging changes of the gastrointestinal system.	203-218, 243-245
13.10 Identifies the function, structure and common health problems and normal aging changes of the musculoskeletal system.	196-197, 217, 224-230
13.11 Reproductive System	213-218, 247-249
14.0 Competency: Provides for comfort and rest.	
14.1 Gathers data to identify resident's level of comfort (or level of pain).	249 -254, 408-411, 522 - 524, 540 - 542
15.0 Competency: Assists with diagnostic tests.	
15.1 Demonstrate procedures for acquiring different types of specimens.	383-392, 472-473, 483-484, 509-512
15.2 Documents and reports information to nurse.	383 - 392
16.0 Competency: Provides care for the peri-operative resident and/or resident with special needs.	
16.1 Assists with pre-operative care.	596
16.2 Assists with post-operative care.	160-172, 407-408
16.3 Assists with care of residents with special needs.	178-181, 69-75, 469-471, 481-483, 525-526
K. Demonstrates care of resident on a ventilator.	525-526
17.0 Competency: Assists in Admission/Transfer/Discharge of the resident.	
17.1 Demonstrates the procedures for admitting a resident to the unit.	119-120
17.2 Demonstrates the procedures for transferring a resident from the unit.	121-122
17.3 Demonstrates the procedures for discharging a resident.	122-123

Learning Goals	Page References / Reading Assignment
18.0 Competency: Provides care for residents and family when death is imminent.	
18.1 Identifies and recognizes principles of caring for dying residents and their family members.	543-546
18.2 Assists in care of dying resident and their family members considering spiritual and cultural beliefs.	544-552
18.3 Provides care for residents when death is imminent.	547-555
18.4 Provides postmortem care adhering to cultural practices and facility policy.	555-558
18.5 Prepares body for removal from unit.	557-558