

Goodheart-Willcox

Correlated to Comprehensive Health Skills for Middle School ©2023

Course: Health and Wellness - Grades 6 – 8

To: Indiana Academic Standards



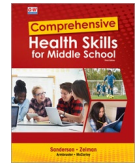
Indiana Academic Standards 2017

Correlating Textbook Pages

Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Core Health Concepts

<p>8.1.1 Analyze the relationship between healthy behaviors and personal health.</p>	<p>13 (Hands-On Activity), 19–32, 35 Develop Your Skills (#19) and (#22), 73 Think Critically (#18), Develop Your Skills (#23), 103–106, 116–122, 135–138, 140–148, 152–158, 161 Think Critically (#16), Develop Your Skills (#22), 174–179, 183–185, 210–216, 218–227, 239 Think Critically (#16), 243–246, 246–260, 262–268, 279–286, 297–300, 337–339, 356–360, 392–400, 403 Think Critically (#18–19), 461–466, 478–487, 508, 533, 542, 559, 623, 632–634, 643, 655</p>
<p>8.1.2 Describe the interrelationships of emotional, intellectual, physical, and social health in adolescence.</p>	<p>10, 15, 35 Think Critically (#15), 99 Think Critically (#20), 103–104, 134–136, 142–148, 150–153, 161 Think Critically (#15), 166–172, 181–182, 189 Think Critically (#16), 475–476, 510, 522, 558</p>
<p>8.1.3 Analyze how the environment impacts personal health.</p>	<p>17–19, 30, 35 Think Critically (#17), 134–135, 166, 179–180, 182–183, 214–215, 229–231, 239 Think Critically (#15 and 17), 258–259, 321–324, 445–454, 559</p>
<p>8.1.4 Describe ways to reduce or prevent adolescent health problems and injuries.</p>	<p>10, 15–21, 77–96, 110–114, 152–158, 161 Develop Your Skills (#19–22), 183–184, 216, 251, 256–260, 266, 268, 325–328, 391–400, 403 Think Critically (#19), Develop Your Skills (#21), 407–438, 441 Think Critically (#18), Develop Your Skills (#21), 453–454, 589–591, 603 Develop Your Skills (#19), 632–634, 655</p>
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<p>8.1.7 Describe the benefits of and barriers to practicing a variety of healthy behaviors.</p>	<p>13, 23-29, 99 (#19), 103-106, 116-122, 137-138, 146-147, 177-179, 239 (#20 and 22), 288-294, 300, 305 (#20), 321-324, 355, 485, 491-495, 498-504, 507-508, 531, 538-539, 559, 577, 623-626, 632-633, 654</p>
<p>8.1.8 Examine the potential seriousness of injury or illness if engaging in unhealthy behaviors.</p>	<p>20–21, 103–104, 116–122, 271 Develop Your Skills (#21), 279–286, 234, 353 (Hands-On Activity), 441 Develop Your Skills (#21), 469 Think Critically (#18), 570, 581 Develop Your Skills (#21), 622–623, 658</p>

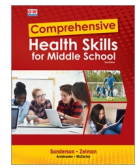


Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

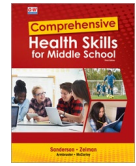
Analyzing Influences	
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Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.

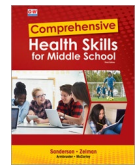
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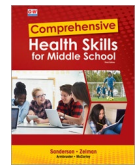
Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.	
Accessing Resources	
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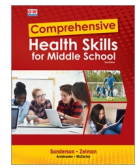
Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.	
Communication Skills	
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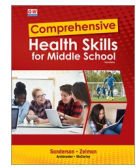
Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.	
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Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.	
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Practicing Healthy Behaviors	
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Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.	
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Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.	
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