

Goodheart-Willcox

Correlated to Essential Health Skills for Middle School ©2023

Course: Health and Wellness - Grades 6 – 8

To: Indiana Academic Standards



Indiana Academic Standards 2017

Correlating Textbook Pages

Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Core Health Concepts

<p>8.1.1 Analyze the relationship between healthy behaviors and personal health.</p>	<p>13 (Hands-On Activity), 19–32, 35 Develop Your Skills (#19) and (#22), 73 Think Critically (#18), Develop Your Skills (#23), 103–106, 116–122, 135–138, 140–148, 152–158, 161 Think Critically (#16), Develop Your Skills (#22), 174–179, 183–185, 210–216, 218–227, 239 Think Critically (#16), 243–246, 246–260, 262–268, 279–286, 297–300, 337–339, 356–360, 392–400, 403 Think Critically (#18–19), 461–466, 478–487, 508, 533, 542, 559</p>
<p>8.1.2 Describe the interrelationships of emotional, intellectual, physical, and social health in adolescence.</p>	<p>10, 15, 35 Think Critically (#15), 99 Think Critically (#20), 103–104, 134–136, 142–148, 150–153, 161 Think Critically (#15), 166–172, 181–182, 189 Think Critically (#16), 475–476, 510, 522, 558</p>
<p>8.1.3 Analyze how the environment impacts personal health.</p>	<p>17–19, 30, 35 Think Critically (#17), 134–135, 166, 179–180, 182–183, 214–215, 229–231, 239 Think Critically (#15 and 17), 258–259, 321–324, 445–454, 559</p>
<p>8.1.4 Describe ways to reduce or prevent adolescent health problems and injuries.</p>	<p>10, 15–21, 77–96, 110–114, 152–158, 161 Develop Your Skills (#19–22), 183–184, 216, 251, 256–260, 266, 268, 325–328, 391–400, 403 Think Critically (#19), Develop Your Skills (#21), 407–438, 441 Think Critically (#18), Develop Your Skills (#21), 453–454, 589–591, 603 Develop Your Skills (#19)</p>
<p>8.1.5 Explain how appropriate health care can promote personal health.</p>	<p>10-13, 10 ((Figure 1.3 Interrelatedness of Health), 11 (Case Study), 158, 174-177, 185, 395-396, 403 Think Critically (#17), 441 Develop Your Skills (#23), 553, 570, 577, 591-592, 599-600</p>
<p>8.1.6 Describe how family history can impact personal health.</p>	<p>16–19, 99 Think Critically (#18), 134-135, 150-151, 165, 182 (Figure 6.13 Healthy relationships), 232, 271 Develop Your Skills (#20), 288 (Figure 9.12 Stages of Substance Use Disorder), 289, 321-323, 355, 379–380, 397 (Building Your Skills, (Family History), (Charting Your Family’s History of Disease), 475-476, 489-490, 517, 530-532, 558-559</p>
<p>8.1.7 Describe the benefits of and barriers to practicing a variety of healthy behaviors.</p>	<p>13, 23-29, 99 (#19), 103-106, 116-122, 137-138, 146-147, 177-179, 239 (#20 and 22), 288-294, 300, 305 (#20), 321-324, 355, 485, 491-495, 498-504, 507-508, 531, 538-539, 559, 577</p>
<p>8.1.8 Examine the potential seriousness of injury or illness if engaging in unhealthy behaviors.</p>	<p>20–21, 103–104, 116–122, 271 Develop Your Skills (#21), 279–286, 234, 353 (Hands-On Activity), 441 Develop Your Skills (#21), 469 Think Critically (#18), 570, 581 Develop Your Skills (#21)</p>

Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.



Analyzing Influences	
8.2.1 Examine how the family influences the health of adolescents.	16–19, 99 Think Critically (#18), 134–135, 150–151, 165, 182, 271 Develop Your Skills (#20), 289, 321–323, 355, 475–476, 489–490, 517, 530–532, 559
8.2.2 Analyze how the school and community can affect personal health practices and behaviors.	17–19, 165, 174–175, 182, 185, 271 Develop Your Skills (#18), 289–290, 290 (Figure 9.14 Triggers), 297, 325, 355, 359, 475–476, 503–504, 518, 537–541, 559
8.2.3 Analyze how messages from the media influence health behaviors.	27-32 ,27 (Figure 1.14 Health literacy), 80, 234 – 235, 290-291, 290 (Figure 9.14 Triggers), 298-289, 324, 355 (Figure 11.18 A Young Person’s Environment)
8.2.4 Describe how peers can influence healthy and unhealthy behaviors.	18, 35 Develop Your Skills (#22), 133–135, 165, 179, 182, 185, 289, 297, 323, 355, 441 Develop Your Skills (#21), 475–476, 503–504, 518, 538, 559, 569–570, 590
8.2.5 Describe the influence of culture on health beliefs, practices, and behaviors.	19, 99 Think Critically (#17), 133-135, 182, 355, 490
8.2.6 Analyze the influence of technology on personal and family health.	27, 35 Develop Your Skills (#21), 106–107, 120–122, 125 Think Critically (#17) and 21), 150, 155, 167, 172 (Hands-On Activity), 244 (Case Study), 246, 271 Develop Your Skills (#19), 290–291, 441 Think Critically (#18 and 20), 458–459, 462–463, 469 Think Critically (#16), 483, 522
8.2.7 Explain how the perceptions of norms influence healthy and unhealthy behaviors.	229–231, 325, 355, 503–504, 521, 538
8.2.8 Explain the influence of personal values and beliefs on individual health practices and behaviors.	23–24, 271 Think Critically (#16–17), 288, 321–323, 355–360, 492, 507, 540, 568
8.2.9 Describe how some health risk behaviors can increase the likelihood of engaging in additional unhealthy behaviors.	19–21, 181, 283–284, 288, 316–319, 340, 344–345, 348, 356, 531, 542, 603 Develop Your Skills (#20)
8.2.10 Explain how school and public health policies can influence health practices and behaviors.	10-13, 31-32, 32 (Figure 1.18 Example of Community Resources), 205-209, 213, 246, 271 Develop Your Skills (#18), 296-297, 326, 359-360 (Figure 11.22 Types of Rehabilitation Programs), 431, 436-438, 456-458, 598-599

Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.

Accessing Resources	
8.3.1 Investigate the validity of health information, products, and services.	26–29, 80 (Building Your Skills), 99 Develop Your Skills (#22), 161 Think Critically (#18), 223–225, 298–299, 331 Develop Your Skills (#23–24), 337–339, 359–360, 403 Develop Your Skills (#22), 513 Develop Your Skills (#21), 545 Develop Your Skills (#21), 581 Develop Your Skills (#19), 593 (Hands-On Activity), 603 Develop Your Skills (#23)
8.3.2 Access valid health information from home, school,	26, 73 Develop Your Skills (#23), 161 Develop Your Skills (#19), 176–177, 189 Think Critically (#19), Develop Your Skills (#21), 305 Think



Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.	
Accessing Resources	
and community.	Critically (#18), 328, 365 Develop Your Skills (#21), 403 Develop Your Skills (#22 and 24), 469 Develop Your Skills (#20 and 23), 513 Develop Your Skills (#21), 533, 542 (Hands-On Activity), 545 Develop Your Skills (#21), 581 Develop Your Skills (#19), 593 (Hands-On Activity), 603 Develop Your Skills (#23)
8.3.3 Determine the accessibility of products that enhance health.	223–225, 225 (Figure 7.32 Eat Mindfully), 365 #22, 591 (Planning and Practicing Refusal Skills), 599–600, 600 (Hands-On Activity), 603 #21
8.3.4 Describe situations that may require professional health services.	138, 158, 174–175, 181–184, 232–234, 256–260, 279–282, 291–294, 312, 318–319, 327–328, 344–353, 360–361, 371–376, 378–389, 430–438, 453–454, 513 Develop Your Skills (#21), 541, 577, 591–592, 597–598
8.3.5 Locate valid and reliable health products and services that enhance health.	26–29, 80 (Building Your Skills), 99 Develop Your Skills (#22), 161 Think Critically (#18), 223–225, 298–299, 331 Develop Your Skills (#23–24), 337–339, 359–360, 403 Develop Your Skills (#22), 513 Develop Your Skills (#21), 545 Develop Your Skills (#21), 581 Develop Your Skills (#19), 593 (Hands-On Activity), 603 Develop Your Skills (#23)
Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.	
Communication Skills	
8.4.1 Apply effective verbal and nonverbal communication skills to enhance health.	99 Develop Your Skills (#23), 125 Develop Your Skills (#21 and 22), 137, 138 (Hands-On Activity), 140–148, 152–154, 161 Develop Your Skills (#23), 175 (Building Your Skills), 178–179, 183, 189 Develop Your Skills (#22), 271 Develop Your Skills (#20), 290 (Triggers), 299–300, 302 (Hands-On Activity), 305 Develop Your Skills (#20), 319 (Hands-On Activity), 325, 331 Develop Your Skills (#19 and 21–22), 358–360, 362 (Hands-On Activity), 365 Develop Your Skills (#19–20), 403 Develop Your Skills (#21 and 24), 416 (Hands-On Activity), 421–423, 430, 441 Develop Your Skills (#19–20), 461 (Building Your Skills), 478–483, 492–494, 498–499, 508, 513 Develop Your Skills (#18), 521, 526, 533, 542, 545 Develop Your Skills (#22), 569 (Building Yours Skills), 581 Develop Your Skills (#20), 593 (Hands-On Activity), 603 Develop Your Skills (#20)
8.4.2 Demonstrate active listening and response skills to enhance health.	25–26, 32 (Hands-On Activity), 125 Develop Your Skills (#22), 286 (Hands-On Activity), 299–300, 302 (Hands-On Activity), 325, 331 Develop Your Skills (#21–22), 358–359, 362 (Hands-On Activity), 365 Develop Your Skills (#19–20), 403 Develop Your Skills (#20), 441 Develop Your Skills (#20), 484–487, 508, 542, 545 Develop Your Skills (#22), 590, 603 Develop Your Skills (#20)
8.4.3 Demonstrate healthy ways to express needs, wants, and feelings.	25–26, 125 Develop Your Skills (#23), 239 Think Critically (#2), 331 Develop Your Skills (#19), 484–487, 492–494, 498–499, 521, 533, 545 Develop Your Skills (#22), 603 Develop Your Skills (#20)



Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Communication Skills

<p>8.4.4 Practice ways to communicate care, consideration, and respect for self and others.</p>	<p>99 Develop Your Skills (#24), 175 (Building Your Skills), 183, 226-227, 271 Develop Your Skills (#20), 327-328, 361-362, 419-423, 430, 486-487, 504, 513 Develop Your Skills (#21), 521, 524, 533-535, 538-542, 581 Develop Your Skills (#20), 593 (Hands-On Activity)</p>
<p>8.4.5 Demonstrate the ability to refuse or negotiate health risks in healthy ways.</p>	<p>25–26, 32 (Hands-On Activity), 125 Develop Your Skills (#22), 286 (Hands-On Activity), 299–300, 302 (Hands-On Activity), 325, 331 Develop Your Skills (#21–22), 358–359, 362 (Hands-On Activity), 365 Develop Your Skills (#19–20), 403 Develop Your Skills (#20), 441 Develop Your Skills (#20), 484–487, 508, 542, 545 Develop Your Skills (#22), 590, 603 Develop Your Skills (#20)</p>
<p>8.4.6 Demonstrate how to ask for assistance to enhance the health of self and others.</p>	<p>99 Develop Your Skills (#24), 175 (Building Your Skills), 183, 226-227, 271 Develop Your Skills (#20), 327-328, 361-362, 419-423, 430, 486-487, 504, 513 Develop Your Skills (#21), 521, 524, 533-535, 538-542, 581 Develop Your Skills (#20), 593 (Hands-On Activity)</p>
<p>8.4.7 Implement healthy strategies to prevent and manage conflict.</p>	<p>25–26, 125 Develop Your Skills (#23), 239 Think Critically (#2), 331 Develop Your Skills (#19), 484–487, 492–494, 498–499, 521, 533, 545 Develop Your Skills (#22), 603 Develop Your Skills (#20)</p>
<p>8.4.8 Formulate strategies for overcoming health-related communication barriers.</p>	<p>13, 23–29, 99 Think Critically (#19), 103–106, 116–122, 137–138, 146–147, 177–179, 239 Think Critically (#20 and 22), 288–294, 300, 305 Develop Your Skills (#20), 321–324, 355, 485, 491–495, 498–504, 507–508, 531, 538–539, 559, 577</p>
<p>8.4.9 Examine the impact of communication on relationships.</p>	<p>476-477, (476 Figure 15.2 The Emotional Impact of a Relationship), 506–507</p>

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Decision Making

<p>8.5.1 Identify personal health decisions and differentiate between related internal and external influences.</p>	<p>23–24, 210, 331 Think Critically (#17), 403 Develop Your Skills (#23), 469 Develop Your Skills (#21), 570, 581 Develop Your Skills (#21)</p>
<p>8.5.2 Compile and assess available information to enhance health.</p>	<p>478–483, 478 (Figure 15.4 The Communication Process), 479 (Figure 15.5 Nonverbal Communication Cues Are Used in Person and Digitally), 480 (Figure 15.6 Key Steps to Active Listening), 481 (Building Your Skills), 482(Figure 15.7 Passive, Aggressive, or Assertive),483 (Figure 15.8 Turning You-Statements into I-Statements)</p>
<p>8.5.3 Personalize health risk of decisions to self and others.</p>	<p>15, 21 (Hands-On Activity), 23–32, 23 (Figure 1.10 The Decision Making Process), 35 Develop Your Skills (#22), 77–96, 116–122, 161 Develop Your Skills (#19, 22–23), 183–185, 203 (Hands-On Activity), 211–216, 222–227, 251, 256–260, 266, 268, 296–302, 319 (Hands-On Activity), 325–328, 337–339, 391–400, 403 Develop Your Skills (#20), 416–438, 441 Develop Your Skills</p>



Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.	
Decision Making	
	Develop Your Skills (#19–22), 501–504, 508, 510, 525–526, 533–535, 542, 569–570, 589–591, 599–600
8.5.4 Apply a decision making process to real-life health-related situations.	18–19, 23 (Figure 1.10 The Decision Making Process), 177–178, 229–232, 271 Think Critically (#16–17), 288–291, 296–300, 311, 313, 321–324, 331 Think Critically (#16 and 22), 344, 509–510
8.5.5 Describe how personal health decisions may affect subsequent decisions.	19-21, 23-26, 141-144, 152-158, 161 Develop Your Skills (#22), 174, 178, 181-185, 210-216, 222-227, 256-260, 262-265, 328, 331 Think Critically (#17), 356-360, 403 Think Critically, (#18-19), 403 Develop Your Skills (#21, 23), 461-466, 469 Develop Your Skills (#21), 541-542, 570, 581 Develop Your Skills (#21)
8.5.6 Assume responsibility for personal health decisions.	19-21, 23-26, 35 (Develop Your Skills (#20), 131–138, 141-144, 152-158, 161 Develop Your Skills (#22), 174, 178, 181-185, 211-216, 222-227, 239 Think Critically (#18), 256-260, 262-265, 271 Develop Your Skills (#20), 328, 356-360, 403 Think Critically, (#18-19), Develop Your Skills (#21, 23), 416 (Hands-On Activity), 469 Develop Your Skills (#21–22), 461-466, 513 Develop Your Skills (#20), 545 (Develop Your Skills #20), 541-542, 581 Develop Your Skills (#21)
Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.	
Goal Setting	
8.6.1 Assess the benefits of planning and setting health goals.	24-25, 35 Develop Your Skills (#20), 117 (Building Yours Skills), 137, 211 (Building Yours Skills), 222, 239 Develop Your Skills (#22), 263-265, 271 Develop Your Skills (#20), 297-300, 325-327, 403 Develop Your Skills (#23), 469 Develop Your Skills (#21), 513 Develop Your Skills (#20), 545 Think Critically (#20)
8.6.2 Develop a personal health goal and a plan to achieve it.	24–25, 35 Develop Your Skills (#20), 70 (Hands-On Activity), 135, 222, 239 Develop Your Skills (#22), 263–265, 271 Develop Your Skills (#20), 403 Develop Your Skills (#23), 469 Develop Your Skills (#21), 545 Develop Your Skills (#20), 581 Develop Your Skills (#21)
8.6.3 Examine possible barriers to achieving the personal health goal.	13, 23–29, 99 Think Critically (#19), 103–106, 116–122, 137–138, 146–147, 177–179, 239 Think Critically (#20 and 22), 288–294, 300, 305 Develop Your Skills (#20), 321–324, 355, 485, 491–495, 498–504, 507–508, 531, 538–539, 559, 577
8.6.4 Implement the plan to achieve the personal health goal and overcome possible barriers.	13, 23–29, 99 Think Critically (#19), 103–106, 116–122, 137–138, 146–147, 177–179, 239 Think Critically (#20 and 22), 288–294, 300, 305 Develop Your Skills (#20), 321–324, 355, 485, 491–495, 498–504, 507–508, 531, 538–539, 559, 577
8.6.5 Consider the impact of decisions on the personal health goal.	15-17, 19-21, 103-104, 165, 210-211, 244, 288, 379-380, 382, 386, 396-398



Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.	
Goal Setting	
8.6.6 Identify personal support systems and explain their importance in achieving the personal health goal.	24-25, 35 Develop Your Skills (#20), 117 (Building Yours Skills), 137, 211 (Building Yours Skills), 222, 239 Develop Your Skills (#22), 263-265, 271 Develop Your Skills (#20), 297-300, 325-327, 403 Develop Your Skills (#23), 469 Develop Your Skills (#21), 513 Develop Your Skills (#20), 545 Think Critically (#20)
8.6.7 Assess, reflect on and adjust the plan to reach and maintain the personal health goal.	24-25, 35 Develop Your Skills (#20), 117 (Building Yours Skills), 137, 211 (Building Yours Skills), 222, 239 Develop Your Skills (#22), 263-265, 271 Develop Your Skills (#20), 297-300, 325-327, 403 Develop Your Skills (#23), 469 Develop Your Skills (#21), 513 Develop Your Skills (#20), 545 Think Critically (#20)
Standard 7: Students demonstrate the ability to practice strategies and skills to enhance personal health and reduce health risks.	
Practicing Healthy Behaviors	
8.7.1 Conduct a personal assessment of health and safety knowledge and skills.	13 (Hands-On Activity), 19, 23–26, 35 Develop Your Skills (#19, #22), 73 Think Critically (#18), Develop Your Skills (#23), 103–106, 116–122, 135–138, 140–148, 152–158, 161 Develop Your Skills (#22), 174-179, 181–185, 210–216, 218–227, 243–246, 247–260, 262–268, 279–286, 297–300, 328, 337–339, 356–360, 392–400, 403 Think Critically (#18), Develop Your Skills (#21), 461–466, 541–542, 603 Think Critically (#15)
8.7.2 Describe the results of the personal assessment to identify personal health and safety strengths and needs.	10, 15, 19–21, 23–26, 35 Think Critically (#15), 99 Develop Your Skills (#20), 103–104, 134–136, 141–148, 150–158, 161 Develop Your Skills (#22), 161 Think Critically (#15), 166–172, 174, 178, 181–185, 211–216, 222–227, 256–260, 262–265, 328, 356–360, 403 Think Critically (#18), Develop Your Skills (#21), 461–466, 475–476, 510, 522, 541–542, 558, 603 Think Critically (#15)
8.7.3 Select and apply a strategy to improve personal health or safety.	26-30, 50 (Building Your Skills), 99 Develop Your Skills (#22), 108 (Hands-On Activity), 161 Develop Your Skills (#19-21), 172 (Hands-On Activity), 189 Develop Your Skills (#20-21), 239 Think Critically (#2), 271 Develop Your Skills (#18-19 and 21), 286 (Hands-On Activity), 298 (Building Yours Skills), 305 Develop Your Skills (#19-22), 319 (Hands- On Activity), 353 (Hands-On Activity), 358 (Building Yours Skills), 365 Develop Your Skills (#21), 403 Develop Your Skills (#24)
8.7.4 Identify and access personal support, persons or systems, as needed.	26-30, 50 (Building Your Skills), 99 Develop Your Skills (#22), 108 (Hands-On Activity), 161 Develop Your Skills (#19-21), 172 (Hands-On Activity), 189 Develop Your Skills (#20-21), 239 Think Critically (#2), 271 Develop Your Skills (#18-19 and 21), 286 (Hands-On Activity), 298 (Building Yours Skills), 305 Develop Your Skills (#19-22), 319 (Hands- On Activity), 353



Standard 7: Students demonstrate the ability to practice strategies and skills to enhance personal health and reduce health risks.	
Practicing Healthy Behaviors	
	(Hands-On Activity), 358 (Building Yours Skills), 365 Develop Your Skills (#21), 403 Develop Your Skills (#24)
8.7.5 Explain the importance of assuming responsibility for personal health and safety behaviors.	19–21, 23–26, 141–144, 152–158, 161 Develop Your Skills (#22), 174, 178, 181–185, 211–216, 222–227, 256–260, 262–265, 328, 356–360, 403 Think Critically (#18), Develop Your Skills (#21), 461–466, 541–542, 603 Think Critically (#15)
Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.	
Advocacy	
8.8.1 Conduct a personal, family or community health or safety assessment and/or review data from an existing health assessment.	29-32, 99 Develop Your Skills (#21), 125 Develop Your Skills (#20 and 21), 161 Develop Your Skills (#20), 178-179, 185, 239 Think Critically (#19), Develop Your Skills (#21), 271 Develop Your Skills (#18 and 20), 286 (Hands-On Activity), 289, 296-298, 305 (#20- 22), 319 (Hands-On Activity), 325-328, 331 Develop Your Skills (#19- 20), 358-360, 365 Develop Your Skills (#19-21), 403 Develop Your Skills (#20), 461 (Building Your Skills), 466, 513 Develop Your Skills (#19), 533, 538, 540, 545 Develop Your Skills (#24), 603 Develop Your Skills (#20 and 23)
8.8.2 Analyze data to determine a priority health or safety issue on which to take a stand.	26-30, 50 (Building Your Skills), 99 Develop Your Skills (#22), 108 (Hands-On Activity), 161 Develop Your Skills (#19-21), 172 (Hands-On Activity), 189 Develop Your Skills (#20-21), 239 Think Critically (#2), 271 Develop Your Skills (#18-19 and 21), 286 (Hands-On Activity), 298 (Building Yours Skills), 305 Develop Your Skills (#19-22), 319 (Hands-On Activity), 353 (Hands-On Activity), 358 (Building Yours Skills), 365 Develop Your Skills (#21), 403 Develop Your Skills (#24), 441 Develop Your Skills (#22), 461 (Building Your Skills), 513 Develop Your Skills (#19), 545 Develop Your Skills (#24), 603 Develop Your Skills (#19 and 23)
8.8.3 Research the health or safety issue.	29-32, 99 Develop Your Skills (#21), 125 Develop Your Skills (#20 and 21), 161 Develop Your Skills (#20), 178-179, 185, 239 Think Critically (#19), Develop Your Skills (#21), 271 Develop Your Skills (#18 and 20), 286 (Hands-On Activity), 289, 296-298, 305 (#20- 22), 319 (Hands-On Activity), 325-328, 331 Develop Your Skills (#19- 20), 358-360, 365 Develop Your Skills (#19-21), 403 Develop Your Skills (#20), 461 (Building Your Skills), 466, 513 Develop Your Skills (#19), 533, 538, 540, 545 Develop Your Skills (#24), 603 Develop Your Skills (#20 and 23)
8.8.4 Identify agencies, organizations, or others who advocate for the health issue.	29–32, 99 Develop Your Skills (#21), 179 (Hands-On Activity), 185, 203 (Hands-On Activity), 239 Think Critically (#2), 286 (Hands-On Activity), 298 (Building Yours Skills), 319 (Hands-On Activity), 325–328, 331 Develop Your Skills (#20), 358 (Building Yours Skills), 365 Develop Your Skills (#21), 403 Develop Your Skills (#20–21 and 24),



Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.	
Advocacy	
	469 Develop Your Skills (#20), 513 Develop Your Skills (#19), 538, 540, 545 Develop Your Skills (#24), 603 Develop Your Skills (#19)
8.8.5 Clarify personal beliefs regarding the health or safety issue.	23–24, 271 Think Critically (#16–17), 288, 321–323, 355–360, 492, 507, 540, 568
8.8.6 Take a clear health-enhancing stand.	29-32, 99 Develop Your Skills (#21), 125 Develop Your Skills (#20 and 21), 161 Develop Your Skills (#20), 178-179, 185, 239 Think Critically (#19), Develop Your Skills (#21), 271 Develop Your Skills (#18 and 20), 286 (Hands-On Activity), 289, 296-298, 305 (#20- 22), 319 (Hands-On Activity), 325-328, 331 Develop Your Skills (#19- 20), 358-360, 365 Develop Your Skills (#19-21), 403 Develop Your Skills (#20), 461 (Building Your Skills), 466, 513 Develop Your Skills (#19), 533, 538, 540, 545 Develop Your Skills (#24), 603 Develop Your Skills (#20 and 23)
8.8.7 Use communication techniques to persuade the individual or group to support or act on the health or safety issue.	286 (Hands-On Activity), 299, 403 Develop Your Skills (#24), 441 Develop Your Skills (#23), 461 (Building Your Skills), 513 Develop Your Skills (#19), 603 Develop Your Skills (#23)
8.8.8 Identify an audience and adapt the health or safety message and communication technique to the characteristics of the individual or group.	286 (Hands-On Activity), 299, 403 Develop Your Skills (#24), 441 Develop Your Skills (#23), 461 (Building Your Skills), 513 Develop Your Skills (#19), 603 Develop Your Skills (#23)