

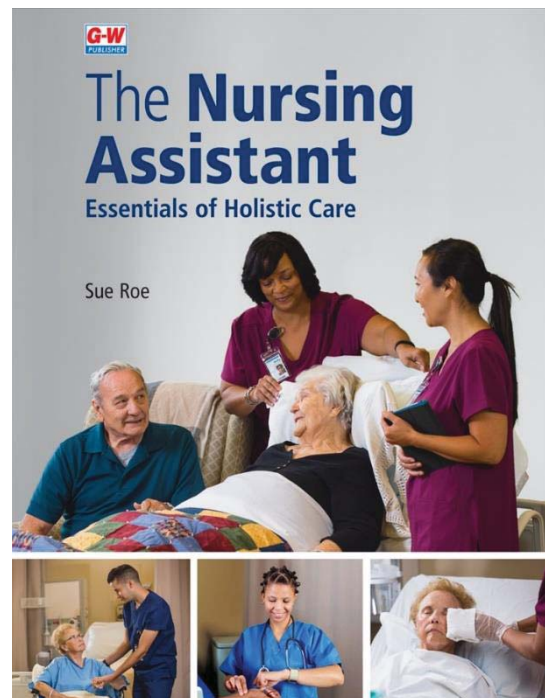


# Goodheart-Willcox

Experts in Career and Technical Education

*Correlation of*  
***The Nursing Assistant: Essentials of Holistic Care,***  
***Sue Roe***  
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to the  
**Texas Administrative Code**

**The Nursing Assistant: Essentials of Holistic Care** provides the knowledge and skills needed to become a certified nursing assistant. With the text's sharp focus on holistic care, students will learn how to perform the procedures required of nursing assistants while integrating and considering patients' and residents' bodies, minds, and spirits. The rich, visual, **step-by-step procedures** in this book illustrate techniques necessary to work in a variety of healthcare settings, including long-term and acute care. **Professional videos** help students visualize the steps they must master for the certification competency examination. **Practice test questions** are accompanied by numerous reinforcement, **critical thinking**, and application activities and provide an opportunity for students to prepare for the certification competency examination.



CLASSROOM TRAINING TOPICS		READING ASSIGNMENT PAGES
1	Communication and interpersonal skills	255–275
2	Infection control	338–365
3	Safety and emergency procedures, including the Heimlich maneuver	370–396, 751–774
4	Promoting a resident's independence	12, 81, 115, 122, 131, 548, 676
5	Respecting a resident's rights	47–49, 785
6	Basic nursing skills, including:	300–301, 454–478, 480–486, 522–534, 539–542, 785–792
	6A Taking and recording vital signs;	454–478

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CLASSROOM TRAINING TOPICS		READING ASSIGNMENT PAGES
	6B Measuring and recording height and weight;	480–486
	6C Caring for a resident's environment;	522–534, 539–542
	6D Recognizing abnormal changes in body functioning and the importance of reporting such changes to a supervisor; and	300–301
	6E Caring for a resident when death is imminent	785–792
7	Personal care skills, including:	408–421, 547–574, 579–581, 618–622, 627–630
	7A Bathing;	547–552
	7B Grooming, including mouth care;	553–572
	7C Dressing;	572–574
	7D Toileting;	635–667
	7E Assisting with eating and hydration;	618–622, 627–630
	7F Proper feeding techniques;	618–622
	7G Skin care; and	579–581
	7H Transfers, positioning, and turning	408–421
8	Mental health and social service needs, including:	107, 691–693, 702, 788
	8A Modifying the aide's behavior in response to a resident's behavior;	691–693, 702
	8B Awareness of developmental tasks associated with the aging process;	107
	8C How to respond to a resident's behavior;	691–693, 702
	8D Allowing a resident to make personal choices, providing and reinforcing other behavior consistent with the resident's dignity; and	12, 81, 115, 122, 131, 548, 676, 692
	8E Using a resident's family as a source of emotional support	693, 788
9	Care of cognitively impaired residents, including:	689–693
	9A Techniques for addressing the unique needs and behaviors of a resident with a dementia disorder including Alzheimer's disease;	689–693
	9B Communicating with a cognitively impaired resident;	691–692
	9C Understanding the behavior of a cognitively impaired resident;	689–691
	9D Appropriate responses to the behavior of a cognitively impaired resident; and	691–693
	9E Methods of reducing the effects of cognitive impairments	691–693

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<b>CLASSROOM TRAINING TOPICS</b>		<b>READING ASSIGNMENT PAGES</b>
10	Basic restorative services, including:	408–421, 424–450, 665–667
	10A Training a resident in self care according to the resident's abilities;	131–132, 548, 621
	10B Use of assistive devices in transferring, ambulation, eating, and dressing;	428–438
	10C Maintenance of range of motion;	440–448
	10D Proper turning and positioning in bed and chair;	408–421
	10E Bowel and bladder training; and	665–667
	10F Care and use of prosthetic and orthotic devices	449–450
11	A resident's rights, including:	47–49, 785
	11A Providing privacy and maintenance of confidentiality;	46–47
	11B Promoting the resident's right to make personal choices to accommodate their needs;	48, 676
	11C Giving assistance in resolving grievances and disputes;	48–49
	11D Providing needed assistance in getting to and participating in resident, family, group, and other activities;	48–49
	11E Maintaining care and security of the resident's personal possessions;	48, 521–522
	11F Promoting the resident's right to be free from abuse, mistreatment, and neglect and the need to report any instances of such treatment to appropriate facility staff; and	48–50
	11G Avoiding the need for restraints in accordance with current professional standards	48, 382–385