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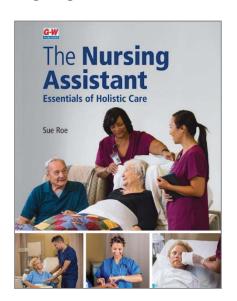
The Nursing Assistant: Essentials of Holistic Care, Sue Roe

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Chapter I: Department of Public Health Subchapter c: Long-Term Care Facilities

Part 395 Long-Term Care Assistants and Aides Training Programs Code Section 395.300 Basic Nursing Assistant Training Program

The Nursing Assistant: Essentials of Holistic Care provides the knowledge and skills needed to become a certified nursing assistant. With the text's sharp focus on holistic care, students will learn how to perform the procedures required of nursing assistants while integrating and considering patients' and residents' bodies, minds, and spirits. The rich, visual, step-by-step procedures in this book illustrate techniques necessary to work in a variety of healthcare settings, including long-term and acute care. Professional videos help students visualize the steps they must master for the certification competency examination. Practice test questions are accompanied by numerous reinforcement, critical thinking, and application activities and provide an opportunity for students to prepare for the certification competency examination.



	Standards	G-W Content
	Module I: Introduc	tion to Health Care
1	Functions of Health Care Organizations Objectives: upon completion of this unit, the student will be able to:	Chapter 2
1A	Describe the purposes and services of health care facilities/agencies; and	22 – 30
1B	Person-Directed Care Across All Settings.	35 – 38
2	The Interdisciplinary Team Objectives: upon completion of this unit, the student will be able to:	Chapter 1, Chapter 4
2A	Discuss the purpose of the Interdisciplinary Team;	61 – 66
2B	Describe ways to enhance the ability of the Interdisciplinary Team to accomplish its purpose;	67 – 68
2C	Describe the role of each member of the Interdisciplinary Team;	62 – 65

	Standards	G-W Content
	Module I: Introduction	n to Health Care, cont.
2D	Examine ways in which a CNA can	68
	become an effective team member; and	
2E	Discuss the crucial role of the CNA with	2, 3, 63
-	the health care team.	
3	The CNA Role Across Health Care	Chapter 1, Chapter 3
	Settings. Objectives: upon completion	
2.4	of this unit, the student will be able to:	12 17
3A	Demonstrate professional behaviors	12 – 17
	expected of a CNA in appearance and behaviors;	
3B	Describe work ethics for CNAs,	43 – 57
36	including qualities, legal implications	45 - 37
	and ethical behaviors;	
3C	Identify competency standards in CNA	44
	practice, which include standardized	
	testing and maintaining safety;	
3D	Discuss person-directed qualities by	53
	describing the attributes of a CNA;	
3E	Discuss the importance of the scope of	57
	practice for a CNA;	
3F	Examine the legal limits of the CNA role;	45
3G	Explain the importance of a job	7 – 10
	description for a CNA;	
3H	Explore the components of a CNA job	7 – 10
	description; and	
31	Discuss the importance of delegation	82 – 83
	and list the five rights of delegation.	
4	Nursing Assistant as a Para-professional	
	Objective: upon completion of this	
4.0	unit, the student will be able to:	12 11
4A	Discuss current state and federal regulations related to CNA certification;	43 – 44
4B	Explain the requirements for	4-5
40	maintaining CNA certification on the	7 3
	Health Care Worker Registry, which	
	include accessing, updating information	
	and maintaining certification;	
4C	Discuss the purpose of and disqualifying	5
	convictions for the Health Care Worker	
	Background Check; and	
4D	Develop awareness of resources to	5
	enhance career development for CNAs	
	through CNA organizations, continuing	
	education and career ladders.	
5	Information Sharing	Chapter 8, Chapter 12, Chapter 13
	Objectives: upon completion of this	
	unit, the student will be able to:	

	Standards	G-W Content
	Module I: Introduction	n to Health Care, cont.
5A	Know frequently-used medical	141 – 143, 200, 425, 440
	terminology and abbreviations;	
5B	Describe the purpose and list	305 – 308
	components of the health care record;	
5C	Discuss pertinent information that	298 – 301, 314
	should be reported to the nurse and	
	give examples of observations that	
	need to be reported immediately;	
5D	Know the legal aspects of recording in	308 – 309
	the health care record;	
5E	Discuss the requirements for recording	305 – 308
	in the health care record; and	
5F	Describe how the Interdisciplinary	291 – 297
	Team works together to develop an	
	individualized plan of care.	15.1.11
1		and Relationships
1	Rights. Objectives: upon completion of	Chapter 1, Chapter 3
1.0	this unit, the student will be able to:	46 50
1A	Identify basic human rights;	46 - 50
1B	Discuss the importance of state and federal regulations in promoting	46 – 50
	resident rights;	
1C	Identify key concepts for person-	6, 81
10	directed care and discuss ways to apply	0,01
	the concepts for person-directed care;	
1D	Discuss the importance and describe	6-7
	the principles of culture competence;	
1E	Discuss abuse, neglect and theft.	50
2	Holistic Care.	Chapter 1, Chapter 5, Chapter 6
	Objectives: upon completion of this	
	unit, the student will be able to:	
2A	Explain the importance and describe	5-7
	the components of holistic care, which	
	include, but are not limited to Physical,	
	Social, Psychosocial and Spiritual;	
2B	Discuss the culture of aging; and	187
2C	Describe ways in which the CNA can	113 – 115
	meet basic human needs of the elder	
	and implement evidence-based	
	practices to provide holistic care.	
3	Communication.	Chapter 10
	Objectives: upon completion of this	
2.4	unit, the student will be able to:	250
3A	List the components of communication;	256
3B	Describe the principles of communication;	256 – 258
20	Identify the types of communication;	257
3C	Tuentity the types of communication;	231

	Standards	G-W Content
		d Relationships, cont.
3D	Identify effective techniques for	74 – 75; 262
	enhancing communication;	,
3E	Discuss barriers to the communication	258 – 261
	process, which include, but are not	
	limited to language, culture, perception,	
	and situation; and	
3F	Discuss the CNA's responsibility for	15 – 16, 262
	effective communication.	
4	Interpersonal Relationships	
	Objectives: upon completion of this	
	unit, the student will be able to:	
4A	Describe professional boundaries in	17
	relationships with residents;	
4B	Discuss the importance of developing	13
	therapeutic relationships;	
4C	Discuss the importance of building	67 – 68
	relationships within the health care	
	team; and	
4D	Describe appropriate relationship	73 – 75
	boundaries for a CNA as a member of	
	the health care team.	ol in the Health Care Setting
1	Infection Control Issues	
1	Objectives: upon completion of this	
	unit, the student will be able to explain	
	the following:	
1A	Microorganisms;	320, 325 – 329
1B	Chain of infection;	331
1C	Signs and symptoms of infection;	333
1D	Asepsis in health care ;	338
1E	State and federal regulations. Discuss	339
	the role of the CNA in meeting current	
	State and federal regulations related to	
	infection control in health care settings;	
1F	Skills in hand hygiene; and	331 – 348
1G	Skills in isolation techniques.	352 – 355
2	Equipment and Supplies	
	Objectives: upon completion of this	
	unit, the student will be able to:	
2A	Discuss methods of disinfection;	356 – 357
2B	Discuss methods of sterilization; and	350 – 352
2C	Explain the role of the CNA in properly	
	caring for equipment and supplies.	
		gency Procedures
1	Fire Safety	389 – 396
	Objectives: upon completion of this	
	unit, the student will be able to:	Page 4 of 17

	Standards	G-W Content
		ncy Procedures, cont.
1A	List the three main types of fire;	389
1B	List the three elements necessary for a fire;	389
1C	Describe risk factors for a fire, which include, but are not limited to oxygen, impaired cognition, electrical hazards, and smoking;	392
1D	Explain safety precautions when oxygen is in use;	395
1E	Describe the responsibility of the CNA in fire prevention; and	391
1F	Describe the actions a CNA should take in the event of a fire, including initial response, proper use of fire extinguisher, other methods to extinguish a fire.	391
2	Disasters Objectives: upon completion of this unit, the student will be able to:	
2A	Describe appropriate actions of the CNA in response to natural disasters, which include, but are not limited to storm, tornado, severe weather, floods, earthquake;	772 – 774
2В	Describe appropriate actions of the CNA in response to man-made disasters, which include, but are not limited to bomb threats and terrorist attacks; and	772 – 774
2C	Explain the role of the CNA in relation to emergency preparedness.	772 – 774
3	Foreign Body Airway Obstruction Objectives: upon completion of this unit, the student will be able to:	764 – 765
3A	Differentiate between partial airway obstruction and complete airway obstruction; and	764 – 765
3B	Demonstrate the procedures for dislodging a foreign body in a conscious and unconscious victim.	729 – 730
4	Incidents Objectives: upon completion of this unit, the student will be able to:	
4A	Identify the responsibility of the CNA when a resident has fallen, eloped, sustained a thermal injury, has a skin tear or bruise, and ingested a harmful substance; and	376 – 380, 760 – 763

	Standards	G-W Content
		ncy Procedures, cont.
4B	Identify the role of the CNA in providing	773
	psychosocial support after an	
_	incident/emergency.	
5	State and Federal Regulations	772 – 773
	Objective: upon completion of this unit,	
	the student will be able to review	
	current state and federal regulations	
	pertaining to resident rights during an	
	emergency.	n the Heelth Core Environment
1		n the Health Care Environment
1	Risk Management	
	Objectives: upon completion of this	
1.0	unit, the student will be able to:	222 252 254 256 274 202 202 046
1A	Explain and discuss state and federal	332, 353 – 354, 356, 374, 392 – 393, 816
	regulations pertaining to injury, Occupational Safety and Health	
	Administration (OSHA) and its role to	
	injury prevention, the purpose of	
	Material Safety Data Sheets; and	
1B	Explain and discuss ergonomics.	
2	Resident Safety	
	Objectives: upon completion of this	
	unit, the student will be able to:	
2A	Discuss the importance of maintaining	370 – 376
2/1	safety for the resident;	370 370
2B	Identify factors in the elderly that	370 – 376
20	contribute to an increased risk for	370 370
	injury;	
2C	Determine the CNA responsibility	370 – 376
	regarding each of the following safety	370 370
	issues: falls, elopement, resident	
	identification, thermal injury, skin tears,	
	choking, and poisoning;	
2D	Explain and discuss restraint safety; and	385 – 386
2E	Examine the responsibilities of the CNA	370 – 376
	in maintaining resident safety in regard	
	to Person-directed strategy,	
	Observation of actual risk and potential	
	risk, Documentation; and Reporting.	
3	Personal Safety	
	Objectives: upon completion of this	
	unit, the student will be able to:	
3A	Describe environmental factors that	816
	have an impact on personal safety in	
	the workplace; and	
3B	Explain and discuss workplace violence.	816

	Standards	G-W Content
		ne Health Care Environment, cont.
4	Equipment Safety	,
	Objectives: upon completion of this	
	unit, the student will be able to:	
4A	Discuss the responsibility of the CNA for	371 – 373
	assuring safe use of equipment; and	
4B	Examine the importance of proper	371 – 373
	reporting of unsafe equipment.	
5	Documentation	
	Objectives: upon completion of this	
	unit, the student will be able to:	
5A	Describe various types of	373
	documentation required when safety	
	infractions have occurred; and	
5B	Discuss the responsibility of the CNA for	373
	documenting problems related to	
	safety.	CH. D. H.
4		e of the Resident
1	Resident Living Space	
	Objectives: upon completion of this	
4.4	unit, the student will be able to:	F4.C
1A	Explain why a comfortable environment	516
1 D	is important to a person's well-being;	516 – 517
1B	Identify and discuss factors related to residential living space;	510-517
1C	Explain and discuss the role of furniture	516 – 520
10	and equipment in residential living	310 – 320
	space;	
1D	Explain the rules for proper	516 – 519
10	maintenance of the resident's living	310 313
	space;	
1E	Explain and discuss call system devices;	521
1F	Explain and discuss bed making;	
1G	Examine the importance of frequent	525 – 533
	observations of the resident in his/her	
	living space, including, but not limited	
	to side rails, bed position, call light,	
	safety alarms, personal items, linens	
	and personal preferences; and	
1H	Demonstrate consistent maintenance of	516 – 540
	resident's comfort and safety.	
2	Admission, Transfer, Discharge	
	Objectives: upon completion of this	
	unit, the student will be able to:	
2A	Discuss admission procedures;	89 – 93
2B	Discuss room transfers;	93 – 95
2C	Discuss discharge procedures; and	95 – 97
2D	Demonstrate skills: height, weight.	480 – 485

	Standards	G-W Content
	Module VI: Care of	the Resident, cont.
3	Psychosocial Concerns	
	Objectives: upon completion of this	
3A	unit, the student will be able to: Explain the importance of recognizing	106 – 107
3A	psychosocial concerns;	100 – 107
3B	Discuss psychosocial concerns common	265 – 274
32	to residents;	
3C	Describe common behaviors associated	287
	with how a person is feeling; and	
3D	Recognize the CNA's role in meeting the	290 – 300
	resident's psychosocial needs, which	
	include person-directed strategies, observations, documentation and	
	reporting.	
4	Promoting Resident Comfort and	
	Managing Pain	
	Objectives: upon completion of this	
	unit, the student will be able to:	
4A	Recognize indicators that a resident is	85, 246 – 260
	not comfortable and the CNA's role in	
	maintaining a person's comfort, which include person-directed strategies,	
	observations, documentation and	
	reporting; and	
4B	Discuss the importance of identifying	246 – 250
	when a person is experiencing pain.	
5	Body Structure	
	Objectives: upon completion of this	
	unit, the student will be able to explain the organization of the human body,	
	including cells, tissue, organs and	
	systems.	
6	Integumentary System	153
	Objectives: upon completion of this	
	unit, the student will be able to:	
6A	Identify the structures of the	153
CD.	integumentary system;	152
6B	Identify the functions of the integumentary system;	153
6C	Discuss how changes in the skin may	201 – 203
	affect a person's life physically,	
	psychologically, and socially;	
6D	Discuss healthy skin;	201 – 203, 578
6E	Discuss common health concerns;	201 – 203
6F	Discuss pressure ulcers;	202 – 203

	Standards	G-W Content
		the Resident, cont.
6G	Recognize the CNA's role in preventing pressure ulcers, which includes person directed strategies, observations, documentation, and reporting;	204
6H	Explain and demonstrate oral hygiene skills;	559
61	Discuss bathing skills;	549 – 554
6J	Discuss and identify back massage skills;	540
6K 6L	Explain and discuss perineal care skills; Identify and demonstrate hair care skills;	569 554
6M	Explain and demonstrate shaving skills;	557
6N	Explain and demonstrate nail care skills;	554
60	Explain and demonstrate dressing and undressing skills; and	572 – 574
6P	Discuss therapeutic applications.	578 – 590
7	Musculoskeletal System Objectives: upon completion of this unit, the student will be able to:	
7A	Describe the structures of the musculoskeletal system, including the following types of bones, function and types of joints, types of muscles;	155 – 160
7B	Describe the functions of the musculoskeletal system;	155 – 160
7C	Discuss how age-related changes in the musculoskeletal system may affect a person's life physically, psychologically, and socially;	188
7D	Identify the complications of immobility, including, but not limited to contractures and atrophy;	188
7E	Explain the importance of preventing complications of immobility and identify interventions to prevent these complications;	399 – 439
7F	Identify common health concerns: arthritis, fractures, amputations;	206 – 208
7G	Discuss range of motion exercise skills;	440 – 450
7H	Discuss prosthetic and orthotic devices skills;	449 – 450
7 J	Discuss repositioning skills;	409 – 411
7K	Discuss transfer skills;	418 – 422
7L	Discuss ambulating skills; and	424 – 436
7M	Discuss transporting skills.	424

	Standards	G-W Content
	Module VI: Care o	f the Resident, cont.
8	Gastrointestinal System	
	Objectives: upon completion of this	
	unit, the student will be able to:	
8A	Identify the structures of the	176 – 180
	gastrointestinal system;	
8B	Identify the functions of the	176 – 180
	gastrointestinal system;	
8C	Discuss how age-related changes in the	189
	gastrointestinal system may affect a	
	person's life physically, psychologically,	
0.0	and socially;	504 607
8D 8E	Discuss basic nutrition;	594 – 607
8F	Discuss hydration; Discuss therapeutic diets/	609
ог	nourishments;	009
8G	Discuss dining experience;	610
8H	Discuss assistance with the dining	610 – 611
011	experience; and	010 - 011
81	Discuss bowel elimination.	652 – 667
9	Urinary System	032 007
J	Objectives: upon completion of this	
	unit, the student will be able to:	
9A	Identify the structures of the urinary	180 – 182
	system;	
9B	Identify the functions of the urinary	180 – 182
	system;	
9C	Discuss how age-related changes in the	189
	urinary system may affect a person's	
	life physically, psychologically and	
	socially;	
9D	Describe common health concerns	235 – 238
	associated with urinary elimination,	
	including urinary tract infection and	
0.7	incontinence;	640 640 600 604
9E	Discuss intake and output; and	618 - 619, 630 - 634
9F	Discuss urinary elimination;	636 – 649
10	The Reproductive System	
	Objectives: upon completion of this	
10A	unit, the student will be able to: Identify the structures of the	182 – 186
IUA	reproductive system;	102 – 100
10B	Identify the functions of the	182 – 186
100	reproductive system;	102 100
10C	Discuss how age-related changes in the	189
100	reproductive system may affect a	
	person's life physically, psychologically	
	and socially;	
	"	

	Standards	G-W Content
	Module VI: Care of	the Resident, cont.
10D	Differentiate between sex and	281 – 282
	sexuality, promoting sexuality, the	
	importance of sensitivity related to a	
	person's sexuality, and inappropriate	
	expression of sexuality and appropriate	
	interventions; and	
10E	Discuss common health concerns of	230 – 232, 822 – 824
	sexually transmitted diseases.	
11	The Cardiovascular System	
	Objectives: upon completion of this	
	unit, the student will be able to:	
11A	Identify the structures of the	170 – 172
	cardiovascular system;	
11B	Identify the functions of the	170 – 172
	cardiovascular system;	
11C	Discuss how age-related changes in the	189
	cardiovascular system may affect a	
	person's life physically, psychologically	
	and socially;	
11D	Identify the signs/symptoms of various	220 – 226
	cardiovascular diseases, which include,	
	but are not limited to hypertension,	
	coronary artery disease, angina	
	pectoris, myocardial infarction and	
	congestive heart failure;	
11E	Recognize the CNA's role in caring for a	220 – 226
	person with a cardiovascular disease;	
11F	Discuss dietary modification related to	612 – 615
	cardiovascular diseases; and	
11G	Describe the role of the CNA in the	745 – 746
	application and removal of anti-	
- 10	embolism stockings (TED hose).	
12	The Respiratory System	
	Objectives: upon completion of this	
124	unit, the student will be able to:	472 474
12A	Identify the structures of the	172 – 174
420	respiratory system;	472 474
12B	Identify the functions of the respiratory	172 – 174
130	system;	100
12C	Discuss how age-related changes in the	189
	respiratory system may affect a	
	person's life physically, psychologically	
120	and socially;	226 220
12D	Discuss common health concerns COPD,	226 – 229
125	asthma, pneumonia, and tuberculosis;	204 206
12E	Discuss oxygen therapy;	394 – 396

	Standards	G-W Content
	Module VI: Care of	the Resident, cont.
12F	Identify the purposes of sputum	503 – 504
	collection and explain the procedure	
	used when collecting a sputum	
120	specimen;	AFA A70
12G	Discuss vital signs: temperature, pulse, respiration, blood pressure; and	454 – 478
12H	Discuss CPR.	753 – 756
13	The Nervous System Objectives: upon	755 750
13	completion of this unit, the student will	
	be able to:	
13A	Identify the structures of the nervous	160 – 164
	system;	
13B	Identify the functions of the nervous	160 – 164
	system;	
13C	Discuss how age-related changes in the	189
	nervous system may affect a person's	
	life physically, psychologically and	
120	socially;	240 242
13D	Discuss common health concerns:	210 – 213
	cerebrovascular accident, Parkinson's disease, multiple sclerosis and types of	
	traumatic injuries, hearing disorders,	
	visual disorders;	
13E	Discuss hearing instrument skills; and	677 – 679
13F	Discuss visual aids skills.	673 – 678
	Module VII: Fundamentals of I	Rehabilitation/Restorative Care
1	Philosophy	
	Objectives: upon completion of this	
	unit, the student will be able to:	100
1A	Explain the philosophy of rehabilitation;	439 – 448
1B	Review basic human needs;	102 – 104
1C	Identify individual motivations for a	439
	person participating in rehabilitation; and	
1D	Apply holism to the philosophy of	439
10	rehabilitation.	
2	Objective: upon completion of this	
	unit, the student will be able to discuss	
	principles of rehabilitation.	
3	Objective: upon completion of this	439
	unit, the student will be able to	
	compare and contrast rehabilitation	
	and restorative nursing.	
4	Objective: upon completion of this	439
	unit, the student will be able to identify	
	the members of the rehabilitation	
	team.	

	Standards	G-W Content
		abilitation/Restorative Care, cont.
5	Objective: upon completion of this	
	unit, the student will be able to identify	
	State and federal regulations that have an impact on rehabilitation/restorative	
	care.	
6	Objective: upon completion of this	
	unit, the student will be able to	
	recognize the CNA's role in providing	
	rehabilitation/restorative care, which	
	includes:	
6A	Importance;	439
6B	Care-giving modifications;	115 – 116
6C	Observations;	298 – 300
6D	Reporting; and	300 – 301
6E	Documentation.	305 – 316
7	ADL Programs	
	Objectives: upon completion of this	
7A	unit, the student will be able to:	424 – 438, 547 – 553, 725 – 727, 572 – 576,
/A	Describe the types of ADL programs available for persons needing	617 – 618, 620 – 622, 676, 635 – 667, 546 – 576,
	rehabilitation/restorative care, which	578 – 590
	include, but are not limited to eating,	
	dressing/grooming, mobility, and	
	communication;	
7B	Explain the purpose of ADL programs;	
7.0	and	40 420
7C	Discuss adaptive devices.	48 – 438 nd-of-Life Care
1	End-of-Life Issues	nd-oi-Life Care
	Objectives: upon completion of this	
	unit, the student will be able to:	
1A	Discuss attitudes; and	779 – 780
1B	Explore legal issues associated with	783 – 784
	end-of-life care, which include, but are	
	not limited to self-determination,	
	guardianship, advanced directives, DNR,	
	and POLST.	
2	State and Federal Regulations	
	Objectives: upon completion of this	
	unit, the student will be able to discuss	
	current state and federal regulations	
2A	related to end-of-life issues, such as:	785
2B	Resident rights; Resident behaviors and facility	779 – 782, 788
ZD	practices;	113 102, 100
2C	Quality of life; and	784 – 787
2D	Quality of care.	786 – 787
	Assured or control	.00 707

	Standards	G-W Content
	Module VIII: End-	of-Life Care, cont.
3	Care of a Dying Person	
	Objectives: upon completion of this	
	unit, the student will be able to:	
3A	Discuss physical aspects;	790 –792
3B	Discuss psychosocial aspects; and	787 – 788
3C	Discuss hospice care and palliative care.	785
4	Post-mortem Care	
	Objectives: upon completion of this	
4.0	unit, the student will be able to:	704 707
4A	Explain the principles involved in caring	794 – 797
4.0	for the body after death; and	704 707
4B	Perform post-mortem care according to	794 – 797
	established facility practices.	and Other Demonties
1	Cognitive Impairment	s and Other Dementias
1	Objectives: upon completion of this	
	unit, the student will be able to:	
1A	Differentiate between normal aging and	688 – 693
1/	dementias;	000 033
1B	Describe how dementias are diagnosed;	689 – 690
1C	List types of reversible dementia; and	689 – 691
1D	List types of non-reversible dementia.	689 – 691
2	Alzheimer's Disease	
	Objectives: upon completion of this	
	unit, the student will be able to:	
2A	Describe the physical changes that	688 – 693
	occur as the person progresses through	
	Alzheimer's Disease; and	
2B	List the signs and symptoms of	688 – 693
	Alzheimer's Disease.	
3	Impacts of Cognitive	260 – 261, 672 – 673, 688 – 693
	Impairments. Objectives: upon	
	completion of this unit, the student will	
	be able to describe the impact of	
	cognitive impairment on society, the	
	family and the individual.	504 500
4	State and Federal Regulations	691 – 693
	Objectives: upon completion of this	
	unit, the student will be able to discuss current State and federal regulations	
	related to the care of the person with	
	dementia.	
5	Ability Centered Care	
5A	Overview	
3/(Objectives: upon completion of this	
	unit, the student will be able to:	
	and the state of the state of	

	Standards	G-W Content
	Module IX: Alzheimer's a	nd Other Dementias, cont.
5A i	Discuss the philosophy of person-	691 – 693
	directed, ability-centered care;	
5A ii	Describe the goals of ability-centered	691 – 693
- A ···	care;	500
5A iii	Discuss the importance of a team	693
	approach in caring for a person with dementia; and	
5 iv	Discuss the role of the CNA in providing	691 – 693
3 10	ability-centered care.	091 - 093
5B	Therapeutic Environment	
35	Objectives: upon completion of this	
	unit, the student will be able to:	
5B i	Discuss elements of a therapeutic	692
	environment; and	
5B ii	Discuss creative strategies to promote a	692
	therapeutic environment.	
5C	Communication	
	Objectives: upon completion of this	
	unit, the student will be able to:	
5C i	Describe how challenges in	691 – 692
	communication change as the person	
	progresses through the stages of	
FO::	dementia;	504 502
5C ii	Discuss creative strategies to enhance	691 – 692
5C iii	communication; and Discuss appropriate techniques for	692
5C III	physical touch with someone with	092
	dementia.	
5D	Relationships	
32	Objectives: upon completion of this	
	unit, the student will be able to:	
5D i	Examine the importance of	692
	relationships between care givers and	
	the person who has dementia; and	
5D ii	Describe ways that the CNA can	692
	enhance his/her relationship with the	
	person with dementia.	
5E	Activities. Objectives: upon completion	
	of this unit, the student will be able to:	
5E i	Discuss examples of activities	693
	appropriate for persons in different	
FF ''	stages of dementia;	503
5E ii	Discuss approaches the CNA can use to	693
FF :::	engage residents in activities;	C02
5E iii	Compare and contrast traditional versus	693
	non-traditional activities; and	

	Standards	G-W Content
		nd Other Dementias, cont.
5E iv	Compare and contrast structured	693
	versus spontaneous activities.	
5F	Activities of Daily Living (ADL)	
	Objectives: upon completion of this	
	unit, the student will be able to:	
5F i	Discuss the purpose of restorative	
	goals, including improving performance,	
	maintaining abilities, and preventing	
	complications; and	F47 FF2 72F 727 F72 F76 61 619
5F ii	Explore physical challenges, psychosocial challenges, environmental	547 – 553, 725 – 727, 572 – 576, 61 – 618, 620 – 622, 676, 635 – 667, 546 – 576, 578 - 590
	challenges, and approaches to support	020 - 022, 070, 033 - 007, 340 - 370, 378 - 390
	resident's independence related to each	
	ADL, which include, but are not limited	
	to dressing, bathing, grooming, oral	
	hygiene, toileting, and eating/	
	nutritional issues.	
6	Understanding Behaviors as Unmet	
	Needs. Objectives: upon completion of	
	this unit, the student will be able to:	
6A	Explain the difference between	124, 691
	symptoms and behaviors;	
6B	Describe defense mechanism/coping	692
	behaviors used to compensate for	
	cognitive impairment;	
6C	Examine ways in which the CNA can	692
	diminish behavioral challenges; and	
6D	Explore creative strategies to manage	692
_	common behavioral challenges.	
7	Safety	
	Objectives: upon completion of this	
7.4	unit, the student will be able to:	C02
7A	Describe challenges in maintaining the	692
	safety of the resident while supporting the resident's need to remain	
	active. These include physical,	
	psychosocial and environmental	
	challenges; and	
7B	Investigate creative strategies to	692
, 5	provide for the safety of the person	32
	with dementia.	
8	Psychosocial Needs	
	· ·	
	unit, the student will be able to:	
8A	Discuss the Person with Dementia;	689 – 691
8B	Discuss Family and Loved Ones; and	693
8C	Discuss Caregivers and Staff.	693
8A 8B	Objectives: upon completion of this unit, the student will be able to: Discuss the Person with Dementia; Discuss Family and Loved Ones; and	693

Standards		G-W Content		
Module IX: Alzheimer's and Other Dementias, cont.				
9	Resources. Objectives: upon completion of this unit, the student will be able to identify community resources available to the following:			
9A	Persons with dementia;	689 – 691		
9B	Families and loved ones; and	693		
9C	Caregivers and staff.	693		