



# Goodheart-Willcox

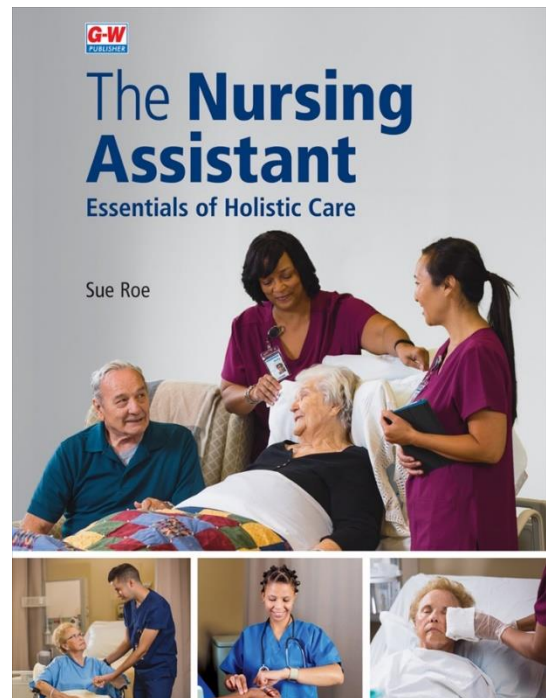
Experts in Career and Technical Education

*Correlation of*  
***The Nursing Assistant: Essentials of Holistic Care,***  
***Sue Roe***

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to

**FL Administrative Code & Florida Administrative Register**  
**CHAPTER 64B9-15 CERTIFIED NURSING ASSISTANTS**

**The Nursing Assistant: Essentials of Holistic Care** provides the knowledge and skills needed to become a certified nursing assistant. With the text's sharp focus on holistic care, students will learn how to perform the procedures required of nursing assistants while integrating and considering patients' and residents' bodies, minds, and spirits. The rich, visual, **step-by-step procedures** in this book illustrate techniques necessary to work in a variety of healthcare settings, including long-term and acute care. **Professional videos** help students visualize the steps they must master for the certification competency examination. **Practice test questions** are accompanied by numerous reinforcement, **critical thinking**, and application activities and provide an opportunity for students to prepare for the certification competency examination.



64B9-15.002 Certified Nursing Assistant Authorized Duties.		
Learning Objectives		Page References
(1) A certified nursing assistant shall provide care and assist residents with the following tasks related to the activities of daily living only under the general supervision of a registered nurse or licensed practical nurse:		
(a) Tasks associated with personal care:	1. Bathing,	547 - 553
	2. Dressing,	572 - 574
	3. Grooming,	548 - 553
	4. Shaving,	557 - 558
	5. Shampooing and caring for hair,	553 - 557
	6. Providing and assisting with oral hygiene and denture care,	558 - 563
	7. Caring for the skin,	578 - 581
	8. Caring for the feet,	566- 568
	9. Caring for the nails,	564 - 566

**Correlation of *The Nursing Assistant: Essentials of Holistic Care* to FL Administrative Code &  
Florida Administrative Register, CHAPTER 64B9-15 CERTIFIED NURSING ASSISTANTS**

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<b>Learning Objectives</b>		<b>Page References</b>
	10. Providing pericare,	635 - 667
	11. Bed making and handling linen,	526 - 534
	12. Maintaining a clean environment.	350 - 352
(b) Tasks associated with maintaining mobility:	1. Ambulating,	376 - 380
	2. Transferring,	418 - 421
	3. Transporting,	94 - 96
	4. Positioning,	406-407, 410, 413-417
	5. Turning,	411-415, 419-420
	6. Lifting,	417-421
	7. Performing range of motion exercises,	440-441
	8. Maintaining body alignment.	406-411
(c) Tasks associated with nutrition and hydration:	1. Feeding and assisting the resident with eating,	621-622
	2. Assisting the resident with drinking.	617, 621, 628-630
(d) Tasks associated with elimination:	1. Toileting,	635-667
	2. Assisting with the use of the bedpan and urinal,	639-643
	3. Providing catheter care,	643 - 647
	4. Collecting specimens,	501 - 511
	5. Emptying ostomy bags, or changing bags that do not adhere to the skin,	662-665
	6. Bowel and bladder training.	665-667
(e) Tasks associated with the use of assistive devices:	1. Caring for dentures, eyeglasses, contact lenses, and hearing aids,	558-563
	2. Applying or donning established or previously fitted and adjusted prosthetic and orthotic devices,	449-450
	3. Applying or donning previously fitted and adjusted orthotic braces,	449-451
	4. Applying previously fitted antiembolus stockings,	744-746
	5. Assisting with wheelchairs, walkers, or crutches,	428-438
	6. Using comfort devices such as pillows, cradles, footboards, wedges, and boots,	405
	7. Assisting with and encouraging the use of self-help devices for eating, grooming, and other personal care tasks,	405
	8. Utilizing and assisting residents with devices for transferring, ambulation, alignment, and positioning,	418-421
	9. Using restraints.	381-388
(f) Tasks associated with maintaining environment and resident safety, including handling of blood and body fluid and cleaning resident care areas.		370-396, 772

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(g) Tasks associated with data gathering:	1. Measuring temperature, pulse, respiration, and blood pressure,	455–473
	2. Measuring height and weight,	480 - 484
	3. Measuring and recording oral intake,	618–619, 630–634
	4. Measuring and recording urinary output, both voided and from urinary drainage systems,	630, 633
	5. Measuring and recording emesis,	559
	6. Measuring and recording liquid stool.	510
(h) Recognition of and reporting of abnormal resident findings, signs, and symptoms.		258, 298 - 300
(i) Post mortem care.		794 - 797
(j) Tasks associated with resident socialization, leisure activities, reality orientation, and validation techniques.		100 - 115
(k) Tasks associated with end of life care.		779 - 789
(l) Tasks associated with basic first aid, CPR skills, and emergency care.		751 - 763
(m) Tasks associated with compliance with resident's/patient's rights.		3–5, 7–10, 44–50, 356
(n) Tasks associated with daily documentation of certified nursing assistant services provided to the resident.		9 - 10, 305 - 316
(2) A certified nursing assistant shall perform all tasks with knowledge of and awareness of a resident's/patient's rights and developmental level.		3–5, 7–10, 44–50, 356
(3) A certified nursing assistant shall not perform any task which requires specialized nursing knowledge, judgment, or skills.		82 - 83
(4) A certified nursing assistant may receive additional training beyond that required for initial certification and upon validation of competence in the skill by a registered nurse may perform such skills as authorized by the facility.		808 - 818
(5) A certified nursing assistant shall not work independently without the supervision of a registered nurse or a licensed practical nurse.		12 - 16