



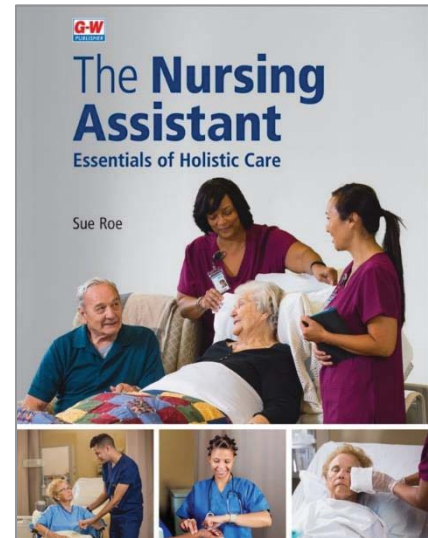
# Goodheart-Willcox

Experts in Career and Technical Education

*Correlation of  
The Nursing Assistant: Essentials of Holistic Care,  
Sue Roe*

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to California State Standards

**The Nursing Assistant: Essentials of Holistic Care** provides the knowledge and skills needed to become a certified nursing assistant. With the text's sharp focus on holistic care, students will learn how to perform the procedures required of nursing assistants while integrating and considering patients' and residents' bodies, minds, and spirits. The rich, visual, **step-by-step procedures** in this book illustrate techniques necessary to work in a variety of healthcare settings, including long-term and acute care. **Professional videos** help students visualize the steps they must master for the certification competency examination. **Practice test questions** are accompanied by numerous reinforcement, **critical thinking**, and application activities and provide an opportunity for students to prepare for the certification competency examination.



Standards		G-W Content
<b>Module 1: Introduction</b>		
1A	Role and responsibilities of the Certified Nurse Assistant.	3–4, 7–10
1B	Title 22, Division 5, California Code of Regulations, overview.	44
1C	Requirements for nurse assistant certification.	4–5
1D	Professionalism.	12–17
1E	Ethics and confidentiality.	46–50, 52–54
<b>Module 2: Patients' Rights</b>		
	Each nursing assistant applicant shall be instructed in patients' rights as specified in Title 22, California Code of Regulations Section 72527; in Sections 1599.1, 1599.2, and 1599.3 of the Health and Safety Code; and in Title 42, Code of Federal Regulations Part 483, Sections 483.10, 483.12, 483.13, and 483.15. The provisions of these sections are incorporated by reference into this regulation.	47–49, 785

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Standards		G-W Content
<b>Module 3: Interpersonal Skills</b>		
3A	Communications.	255–262
3B	Defense mechanisms.	261
3C	Sociocultural factors.	258–261
3D	Attitudes toward illness and health care.	295, 323, 697, 779–780
3E	Family interactions.	265–267, 788, 793
<b>Module 4: Prevention and Management of Catastrophe and Unusual Occurrences</b>		
4A	Emergency.	751–770
4B	General safety rules.	371–375, 377–380, 389–396
4C	Fire and disaster plans.	389–392, 773–774
4D	Roles and procedures for Certified Nurse Assistants.	3–4, 7–10, 372–374, 376–380, 389–396
4E	Patient safety.	372–374, 377–380, 389–396
<b>Module 5: Body Mechanics</b>		
5A	Basic rules of body mechanics.	400–403
5B	Transfer techniques.	417–421
5C	Ambulation.	424–438
5D	Proper use of body mechanics and positioning techniques.	404–411
<b>Module 6: Medical and Surgical Asepsis</b>		
6A	Micro-organisms.	326–329
6B	Universal precautions for infection control including methods to handle patients, and all materials that are soiled with blood and/or body fluids from patients. The methods prescribed shall be designed to reduce the risk of transmission of potentially infectious etiologic agents from patient to patient and between patients and healthcare workers.	339–357
6C	Basic principles of asepsis.	338–339
<b>Module 7: Weights and Measures</b>		
7A	The metric system.	599–600, 821
7B	Weight, length and liquid volume.	480–485, 507, 618–619, 630–633
7C	Military time, i.e. a twenty-four (24) hour clock.	314–315
<b>Module 8: Patient Care Skill</b>		
8A	Bathing and medicinal baths, which includes substances such as bran, oatmeal, starch, sodium bicarbonate, epsom salts, pine products, tar, sulfur, potassium permanganate, or salt.	547–553
8B	Dressing.	572–576
8C	Oral hygiene.	558–563

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Standards		G-W Content
<b>Module 8: Patient Care Skill, continued</b>		
8D	Hair care, hair shampoo, medicinal shampoo, nail care and shaving.	553–558, 564–566
8E	Prosthetic devices.	449–450, 675
8F	Skin care including prevention of decubitus ulcers.	204, 578–581
8G	Elimination needs.	635–665
8H	Bowel and bladder retraining.	665–667
8I	Weighing and measuring the patient.	480–485
<b>Module 9: Patient Care Procedures</b>		
9A	Collection of specimens, including stool, urine, and sputum.	501–513
9B	Care of patients with tubing to include but not be limited to urinary, gastric, oxygen, and intravenous. This care does not include inserting, suctioning, or changing the tubes.	393–396, 575–576, 615–617, 628–630, 643–650
9C	Intake and output.	618–619, 622, 630–634
9D	Bedmaking.	526–534
9E	Cleansing enemas and laxative suppositories.	657–662
9F	Admission, transfer, and discharge.	89–97
9G	Bandages and nonsterile dry dressings, including the application of nonlegend topical ointments to intact skin surfaces.	361–365, 580
<b>Module 10: Vital Signs</b>		
10A	Purpose of vital signs.	454–455
10B	Factors affecting vital signs.	456, 468, 471, 474
10C	Normal ranges.	456–457, 468, 471, 473
10D	Methods of measurement.	456–458, 466–468, 471, 473
10E	Temperature, pulse, and respiration.	455–472
10F	Blood pressure.	473–478
10G	Abnormalities.	455, 457–458, 468, 471, 473
10H	Recording.	458, 460–462, 464, 466, 469–470, 472, 478
<b>Module 11: Nutrition</b>		
11A	Proper nutrition.	597–604
11B	Feeding techniques.	618–622
11C	Diet therapy.	611–615
<b>Module 12: Emergency Procedures</b>		
12A	Signs and symptoms of distress.	757–764, 766–769
12B	Immediate and temporary intervention.	752–770
12C	Emergency codes.	389–390, 736

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Standards		G-W Content
<b>Module 13: Long-Term Care Patient</b>		
13A	Needs of persons with developmental and mental disorders including mental retardation, Alzheimer's disease, cerebral palsy, epilepsy, dementia, and mental illness.	680–683, 688–693, 696–702
13B	Introduction to anatomy and physiology.	146–150, 152–186
13C	Physical and behavioral needs and changes.	102–107
13D	Community resources available.	29, 64, 268, 773–774
13E	Psychological, social, and recreational needs.	106–107
13F	Common diseases and disorders including signs and symptoms.	198–245
<b>Module 14: Rehabilitative Nursing</b>		
14A	Promoting patients' potential.	115–116, 120–122, 130–132, 263–264
14B	Devices and equipment.	405, 428, 449–450
14C	Activities of daily living.	7, 424–438, 547–576, 618–622, 635–665
14D	Family interactions.	265–267, 788, 793
14E	Complication of inactivity.	405, 422, 424
14F	Ambulation.	424–438
14G	Range of motion.	440–448
<b>Module 15: Observation and Charting</b>		
15A	Observation of patients and reporting responsibility.	298–301
15B	Patient care plan.	291–293
15C	Patient care documentation.	314–316
15D	Legal issues of charting.	46–47, 308–309
15E	Medical terminology and abbreviations.	140–143, 191–193
<b>Module 16: Death and Dying</b>		
16A	Stages of grief.	780–782
16B	Emotional and spiritual needs of the patient and family.	780, 785, 788
16C	Rights of the dying patient.	785–786
16D	Signs of approaching death.	790–792
16E	Monitoring of the patient.	785–788
16F	Post mortem care.	794–797
<b>Module 17: Abuse</b>		
17A	Preventing, recognizing, and reporting instances of residence abuse.	16, 43, 48, 50