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Utah State Office of Education – Core Alignment Correlation to Child Development ©2016

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Review Date: N	1arch 2016	
Core Subject Area: CTE Family	y and Consumer Sciences	
Course: Child Development (34010000020)		
STANDARD / OBJECTIVE	PAGES / DESIGNATED SECTIONS / URLs	
STANDA		
Students will evaluate parenting	roles and responsibilities.	
Objective 1: Recognize the characteristics and	10-13, 24-27, 89-106, 257-261, 270, 353-355, 451-	
responsibilities of parenting.	452	
a. Identify the importance of children in society.		
b. Evaluate the rights of children.		
c. Evaluate parenting responsibilities as they relate to		
children's rights.		
d. Recognize that early childhood experiences impact		
individuals as adults.		
e. Evaluate factors to consider in determining personal		
preparedness for parenthood.		
(i.e., biological, social, emotional, financial, educational)		
f. Discuss ways parenting skills can be developed.		
g. Evaluate the demands and rewards of parenting.		
h. Discuss the importance of literacy in building the		
parent/child relationship, as well as enhancing children's		
areas of development. (This objective may be integrated		
into standards 4, 5, & 6.)	0.40.00.45.400.404.405	
Objective 2: Explain the importance of nurture and	8-13, 39-46, 100, 124-135	
nature.		
a. Discuss nature (heredity) and its implications.		
b. Evaluate the impact of nurturing upon all aspects of development.		
Objective 3: Identify factors influencing the development	464-465, 478, 564-565, 574-575	
of self-concept.	404-403, 476, 304-303, 374-373	
a. Define self-concept.		
b. List the four components of the self-concept cycle and		
describe the effects of each.		
c. Identify the influences that help develop characteristics		
of low and high self-concepts.		
d. Discuss ways to promote positive self-concepts in		
children.		
STANDARD 2		
Students will identify growth and development.		
Objective 1: Identify generalizations of growth and	15-18, 212-223, 244-263, 276-287, 304-313, 332-	
development.	348, 362-372, 390-399, 418-441, 460-473, 496-	



a. Identify and define the basic concepts and patterns of growth and development. (Growth proceeds from head to foot, etc.) b. Define and identify physical, cognitive, social, emotional and moral development. c. Describe the interrelationships between physical, cognitive, social, emotional, and moral aspects of development. Objective 2: Identify the characteristics of selected developmental theories. a. Recognize that the study of child development is based on research. (Erickson, Piaget and others) STANDARD 3 Students will identify characteristics of birth defects, pregnancy, prenatal care and development, and childbirth. Objective 1: Identify heredity and environmental factors influencing birth defects and prenatal care. a. Analyze the influence and effects of genetics and heredity, (x and y chromosomes, etc.) b. Define dominant and recessive genes. c. Specify lifestyle factors that minimize environmental birth defects. (grugs, alcohol, tobacco) d. Identify the role of folic acid in the prevention of neural tube defects. e. Classify types of birth defects. (X-linked, multi-factorial, chromosomal error, etc.) f. Identify heredity and environmental factors influencing birth defects and possible treatments or preventions (bown's syndrome, PRU, muscular dystrophy, fetal alcohol syndrome, promosome, promosome		
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weight gain, and other lifestyle choices on prenatal development.		
development.		
Objective 4: Identify characteristics of prenatal 114-122, 155-159	development.	
	Objective 4: Identify characteristics of prenatal	114-122, 155-159



development.	
a. Outline the stages occurring during prenatal	
development. (zygote, embryo, fetus)	
b. Define and discuss prenatal terminology. (umbilical	
cord, placenta, amniotic fluid, amniotic sac, uterus)	
c. Identify the prenatal development occurring during	
each trimester.	
d. Discuss multiple births. (identical, fraternal, conjoined,	
etc.)	
Objective 5: List the sequential events in the childbirth	159-163, 178-192
process.	·
a. Define childbirth terms. (show, crowning, episiotomy,	
etc.)	
b. Outline the three stages of labor.	
c. Discuss delivery options. (vaginal, natural, with	
epidural, c-section)	
d. Describe possible complications that may occur during	
childbirth. (breech, placenta previa, Rh factor,	
STDs, toxemia/pre-eclampsia, etc.)	
STANDA	DD 4
Students will explain the growth and developm	
Objective 1: Describe the growth and development of the	100, 192, 194-197, 212-230, 279-291, 293-294
neonate (newborn) and infant.	100, 132, 134 137, 212 230, 273 231, 233 234
a. Identify the physical characteristics and needs of the	
neonate.	
b. Explain the Apgar test and scale. c. Identify the function of fontanels.	
<u> </u>	
d. Discuss feeding options of the neonate.	
e. Define nurturing and bonding and discuss the	
importance of the bonding process after delivery.	
f. Identify common newborn reflexes. (rooting, sucking,	
moro/startle, babinski, grasping, tonic neck,	
stepping)	
Objective 2: Describe the growth and development of the	212-223, 235-237, 245-252, 254-255, 276-287,
infant.	289, 292-293, 589-591, 666
a. Identify the sequence of physical development of the	
infant.	
b. Identify the height and weight gains during the first	
year of life.	
c. Describe the emotional and social development of the	
infant.	
d. Define and discuss stranger anxiety and separation	
anxiety.	
e. Describe Erickson's stage of trust vs. mistrust.	
f. Describe Piaget's sensorimotor stage of development.	
g. Define and discuss object permanence.	
h. Discuss the types and role of play for infant age	
children. (solitary and on-looker)	
i. Examine the reasons for infant crying and how to meet	
those needs.	
j. Examine shaken baby syndrome and its ramifications.	



k. Describe sudden infant death syndrome (SIDS) and		
prevention strategies.		
STANDA	RD 5	
Students will explain the growth and development		
Objective 1: Describe the growth and development of the	304-319, 323-325, 333-337, 342-348, 362-372,	
toddler.	589-591	
a. Describe the physical characteristics and skills of		
toddlers.		
b. Discuss the role of nutrition in physical development.		
c. Discuss readiness for appropriate toileting practices.		
d. Describe the social and emotional characteristics of		
toddlers.		
e. Discuss the importance of autonomy for a toddler's		
development. (Erickson's autonomy vs. shame and		
doubt)		
f. Discuss Piaget's sensorimotor and preoperational		
stages of cognitive development.		
g. Describe language development during the toddler		
stage.		
h. Discuss the types and role of play for toddler age		
children. (parallel)		
Objective 2: Describe the growth and development of the	390-399, 419-427, 429-441, 449, 460-473, 477,	
preschooler.	589-591	
a. Describe the physical characteristics and skills of the		
preschooler.		
b. Identify the gross (large) and fine (small) motor skills		
developed. c. Describe the social and emotional characteristics of the		
preschooler.		
d. Discuss Erickson's stage of initiative vs. guilt.		
e. Discuss the development of social skills learned during		
the preschool years.		
f. Describe Piaget's preoperational stage of cognitive		
development during preschool years.		
g. Define and give examples of a child's ability to		
understand terms related to cognitive development.		
(sorting, classifying, seriation, transformation, reversal,		
conservation)		
h. Describe the development of understanding between		
reality and fantasy.		
i. Discuss the types and role of play for preschool age		
children. (cooperative)		
j. Discuss how to teach moral behavior to the		
preschooler.		
STANDARD 6		
Students will practice age-appropriate positive guidance techniques and strategies for coping with challenging situations.		
Objective 1: Analyze appropriate positive guidance	101-106, 367, 375-378	
techniques.	, ,	
a. Define guidance, discipline, and punishment.		
b. Distinguish between punishment and		



discipline/guidance techniques.		
c. Identify common reasons children misbehave. (natural		
curiosity, need to belong, revenge, etc.)		
d. Discuss reasons and guidelines for setting limits.		
e. Compare natural and logical consequences.		
f. Discuss guidelines for using positive guidance		
techniques. (redirection, time out, positive statements,		
etc.)		
Objective 2: Describe challenging situations and the skills	282-283, 295-296, 369-370, 380-382, 469-472,	
needed to cope.	488, 568-570, 580, 648-674, 709-712	
a. Identify and discuss challenging situations (handicaps,		
grief, death, divorce, illness, etc.) and signs of stress in		
children. (biting, crying, power struggles, etc.)		
b. Describe childhood feelings dealing with challenging		
situations and identify coping strategies.		
c. Discuss childhood fears and strategies to deal with		
fears.		
d. List and define the types of abuse. (emotional,		
physical, sexual, neglect)		
e. Discuss reporting procedures for abuse.		
f. Identify local resources available for parent and/or		
child assistance.		
STANDARD 7		
Students will examine issues related to the health and wellness of children.		
Objective 1: Identify health and wellness considerations	612-622, 633-642	
for infants through preschoolers.		
a. Identify signs and symptoms of childhood illnesses.		
b. Describe common childhood immunizations for		
communicable diseases. (MMR, DTP, HIB, hepatitis B,		
chicken pox, polio)		
c. Identify basic first aid practices for bumps and bruises,		
burns, bleeding, poisons, choking, and insect bites.		
Objective 2: Identify safety considerations for infants	623-632	
through preschoolers.		
a. Discuss the importance of car seats.		
b. List appropriate child-proofing strategies.		