

Correlation of National Standards for Interpersonal Relationships with *Contemporary Living*

In planning your program, you may want to use the correlation chart below. This chart correlates the Family and Consumer Sciences Education National Standards with the content of *Contemporary Living*. It lists the competencies for each of the content standards for Interpersonal Relationships. It also identifies the major text concepts that relate to each competency. Bold numbers indicate chapters in which concepts are found.

After studying the content of this text, students will be able to achieve the following comprehensive standard:

13.0 Demonstrate respectful and caring relationships in the family, workplace, and community.

| Content Standard 13.1 Analyze functions and expectations of various types of relationships. | |
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| Competencies | Text Concepts |
| 13.1.1 Analyze processes for building and maintaining interpersonal relationships. | 11: Friendship; Dating patterns; Developing relationships; Communication of love; Physical expressions of affection 12: Engagement; Communication during engagement 13: Components of a successful marriage 14: Characteristics of strong families |
| 13.1.2 Predict the effects of various stages of the family life cycle on interpersonal relationships. | 3: Maslow's theory of human needs; Kohlberg's stages of moral development 8: Adult lifestyle options 14: Family life cycle 23: Young adulthood; Middle adulthood; Older adulthood |
| 13.1.3 Compare physical, emotional, spiritual, and intellectual functioning in stable and unstable relationships. | 7: Dealing with peer pressure 10: Hazing; Bullying; Gangs 11: Friendship; Dating patterns; Developing relationships; Ending a relationship; Signs a relationship should end; Communication of love; Physical expressions of affection; Date or acquaintance rape 19: Violent behavior in families 20: Divorce trends and issues; Legal termination of marriage; Remarriage |
| 13.1.4 Analyze factors that contribute to healthy and unhealthy relationships. | 3: Personal response patterns; Defense mechanisms 7: Dealing with peer pressure 9: Using I-messages, you-messages, and we-messages; Communicating with parents 10: Hazing; Bullying; Gangs 11: Friendship; Dating patterns; Developing relationships; Ending a relationship; Signs a relationship should end; Communication of love; Physical expressions of affection; Date or acquaintance rape 14: Characteristics of strong families 19: Violent behavior in families |

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| Competencies | Text Concepts |
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| 13.1.5 Analyze processes for handling unhealthy relationships. | 7: Dealing with peer pressure 10: Conflict resolution; Sexual harassment 11: Ending a relationship 19: Resources to help withstand crises; Legal action in domestic abuse 20: Divorce trends and issues; Legal termination of marriage |
| 13.1.6 Determine stress management strategies for family, work, and community settings. | 6: Coping with stress; Learning to manage stress 13: Discussion of conflict can release tension; Finding the right time to discuss a problem 18: Techniques for managing family and work 19: Resources to help withstand crises; Coping with crises |
| Content Standard 13.2 Analyze personal needs and characteristics and their effects on interpersonal relationships. | |
| Competencies | Text Concepts |
| 13.2.1 Analyze the effects of personal characteristics on relationships. | 1: Your personality 3: Your self-concept; Your character; Personal response patterns 4: Your values; Set your standards 5: Interpersonal skills 8: Adult lifestyle options 11: Developing relationships 12: Forces affecting mate selection; Choosing a partner; Communication during engagement 13: Components of a successful marriage 14: Characteristics of strong families |
| 13.2.2 Analyze the effect of personal need on relationships. | 3: Maslow's theory of human needs 12: Forces affecting mate selection; Choosing a partner 22: Needs versus wants |
| 13.2.3 Analyze the effects of self-esteem and self-image on relationships. | 1: Your personality; Factors that shape personality 2: Your peers; Peer influence during adolescence 3: Your self-concept; What is self-esteem? 11: Developing relationships |
| 13.2.4 Analyze the effects of life span events and conditions on relationships. | 13: Adjustments in marriage; Time as a factor in making adjustments 14: Changing family; Family life cycle 15: Parenthood is a choice 16: Newborn; Growth and development during the first year 17: Growth and development during the preschool years; School years 19: Coping with crises; Types of crises; Loss of job; Relocation; Addiction to alcohol and other drugs 20: Divorce trends and issues; Legal termination of marriage; Remarriage 21: Young adulthood; Middle adulthood; Older adulthood; Aspects of aging; Accepting death as a reality of life; Stages of dying; Stages of grieving |
| 13.2.5 Explain the effects of personal standards and behaviors on interpersonal relationships. | 4: Set your standards 5: Maintain high ethical standards 8: Sexual decision making; Consequences of your decisions 11: Physical expressions of affection |

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| Content Standard 13.3 Demonstrate communication skills that contribute to positive relationships. | |
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| Competencies | Text Concepts |
| 13.3.1 Analyze communication styles and their effects on relationships. | 9: Forms of communication; Nonverbal communication; Using I-messages, you-messages, and we-messages; Communicating with parents 10: Aspects of group communication; Group behaviors involving violence |
| 13.3.2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication. | 9: Forms of communication; Nonverbal communication; Body language communicates; Your appearance communicates |
| 13.3.3 Demonstrate effective listening and feedback techniques. | 9: Forms of communication; Listening; Empathy; Nonverbal communication |
| 13.3.4 Analyze strategies to overcome communication barriers in family, community, and work settings. | 9: Cultural influences on communication; Solving family communication problems 10: Group behaviors involving violence |
| 13.3.5 Apply ethical principles of communication in family, community, and work settings. | 5: Maintain high ethical standards |
| 13.3.6 Analyze the effects of communication technology in family, work, and community settings. | 2: Influence of technology 6: Support groups, hot lines, and help lines; Technology resources 14: How families adapt to change 16: Assistive technology 18: Employment practices and trends that support families |
| 13.3.7 Analyze the roles and functions of communication in family, work, and community settings. | 5: Strategies for job success; Strategies for job advancement 9: Communicating with parents; Solving family communication problems 10: Aspects of group communication 12: Communication during engagement 13: Communication is vital in marriage |
| Content Standard 13.4 Evaluate effective conflict prevention and management techniques. | |
| Competencies | Text Concepts |
| 13.4.1 Analyze the origin and development of attitudes and behaviors regarding conflict. | 10: Group behaviors involving violence 12: Forces affecting mate selection; Choosing a partner |
| 13.4.2 Explain how similarities and differences among people affect conflict prevention and management. | 10: Conflict resolution 13: Happiness in marriage; Realistic expectations; Functions of conflict |
| 13.4.3 Apply the roles of decision making and problem solving in reducing and managing conflict. | 4: Decision-making process; Management process 13: Resolving relationship conflicts |
| 13.4.4 Demonstrate nonviolent strategies that address conflict. | 13: Adjustments in marriage; Compromise; Accommodation; Concession; Martyrdom; Ongoing hostility; Functions of conflict |
| 13.4.5 Demonstrate effective responses to harassment. | 10: Group behaviors involving violence; Sexual harassment 18: Realities of the workplace |

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| Competencies | Text Concepts |
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| 13.4.6 Assess community resources that support conflict prevention and management. | 10: Conflict resolution 13: Marriage counseling 19: Resources to help withstand crises |
| Content Standard 13.5 Demonstrate teamwork and leadership skills in the family, workplace, and community. | |
| Competencies | Text Concepts |
| 13.5.1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members. | 5: Leadership skills; Teamwork skills |
| 13.5.2 Demonstrate strategies to motivate, encourage, and build trust in group members. | 5: Leadership skills |
| 13.5.3 Demonstrate strategies that utilize the strengths and minimize the limitations of team members. | 5: Leadership skills; Teamwork skills |
| 13.5.4 Demonstrate techniques that develop team and community spirit. | 1: What does it mean to be a good citizen? Community leadership 5: Leadership skills; Teamwork skills |
| 13.5.5 Demonstrate ways to organize and delegate responsibilities. | 1: Community leadership 5: Leadership skills; Teamwork skills |
| 13.5.6 Create strategies to integrate new members into the team. | 1: What does it mean to be a good citizen? Community leadership 5: Leadership skills; Teamwork skills |
| 13.5.7 Demonstrate processes for cooperating, compromising, and collaborating. | 5: Leadership skills; Teamwork skills 13: Compromise |
| Content Standard 13.6 Demonstrate standards that guide behavior in interpersonal relationships. | |
| Competencies | Text Concepts |
| 13.6.1 Apply critical thinking and ethical criteria to evaluate interpersonal relationships. | 3: Kohlberg's stages of moral development 4: Your values; How values influence decisions; Set your standards 8: Lifestyle consequences |
| 13.6.2 Apply guidelines for assessing the nature of issues and situations. | 1: Philosophical growth 3: Your character 8: Sexual decision making |
| 13.6.3 Apply critical thinking and ethical standards when making judgments and taking action. | 4: Set your standards; Making decisions; Management process 5: Maintain high ethical standards 8: Saying no to sexual relations |
| 13.6.4 Demonstrate ethical behavior in family, workplace, and community settings. | 1: What does it mean to be a good citizen? 5: Maintain high ethical standards; honesty |
| 13.6.5 Compare the relative merits of opposing points of view regarding current ethical issues. | 1: What does it mean to be a good citizen? 5: Maintain high ethical standards; honesty |