

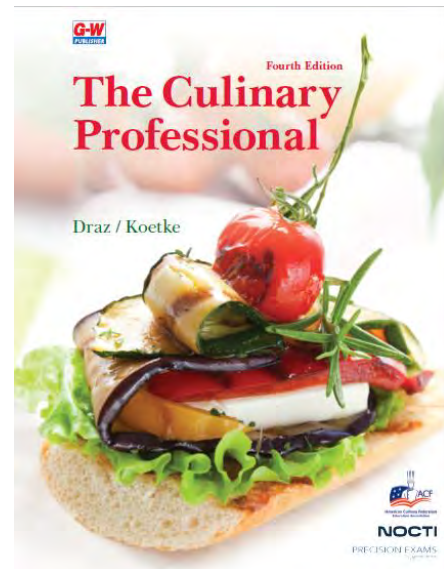


**Correlation of**  
***The Culinary Professional, 4<sup>th</sup> Edition, Draz and Koetke***  
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**to**  
**Precision Exams Culinary 3 (348)**

Goodheart-Willcox is pleased to partner with Precision Exams by correlating *The Culinary Professional* to their Culinary standards. Precision Exams standards and Career Skills Exams were created in concert with industry and subject matter experts to match real-world job skills and marketplace demands. Students that pass the exam and performance portion of the exam can earn a Career Skills Certification.

The correlation chart below lists the Standards, Objectives, and Indicators for the Culinary 3 exam in the left column. Corresponding content from *The Culinary Professional* that can be used by a student to help achieve the standard, objective, or indicator is listed in the right column.

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Standards / Objectives / Indicators	Textbook Pages
<b>Standard 1: Students will differentiate knives and foodservice equipment function, proper use and care.</b>	
<b>Objective 1:</b> Identify types of knives, understand their proper use and care, and demonstrate proper knife safety.	65–75
<b>Indicator 1:</b> Types of knives, including chef, boning, paring, serrated	67–68
<b>Indicator 2:</b> Proper hold, sharpening, wash and storage	68–75, 257–260, 264–267
<b>Objective 2:</b> Identify common smallware food preparation equipment, and how it is to be safely used and cleaned. (i.e. knives, mandoline, piping tools, parisian scoop, scales)	75–77, 80–90

Standards / Objectives / Indicators	Textbook Pages
<b>Objective 3:</b> Identify common food preparation and service equipment and how it is to be safely used and cleaned. (e.g., convection oven, conventional oven, commercial dishwasher/sanitizer, ice machine, stand mixer, deep fat fryer, proofer, steam table, hotel pans, sheet pans, chafing dishes).	81–82, 95–107, 663, 679–684
<b>Objective 4:</b> Identify and demonstrate different knife cuts, including:	72, 260–262, 268–276, 400–401
<b>Indicator 1:</b> Batonnet—1/4 x 1/4 x 2-3 inch	261
<b>Indicator 2:</b> Julienne— 1/8 x 1/8 x 1-2-inch, fine julienne- 1/16 x 1/16 x 1-2 inch	261
<b>Indicator 3:</b> Brunoise—1/8 x 1/8 x 1/8 inch	262
<b>Indicator 4:</b> Dice, small—1/4 x 1/4 x 1/4 inch; medium—1/2 x 1/2 x 1/2 inch; large—3/4 x 3/4 x 3/4 inch	261
<b>Indicator 5:</b> Chiffonade—stack leaves, roll and slice into thin shreds	275
<b>Indicator 6:</b> Diagonal—cut on a 45-degree angle	72, 400–401
<b>Indicator 7:</b> Rondelle—also called coin cut	261
<b>Indicator 8:</b> Mince - to cut or chop into very small pieces	262, 273–274
<b>Indicator 9:</b> Chop - to cut into uniform size when shape is not important	257, 275
<b>Objective 5:</b> Identify the purpose of mise en place.	255–256
<b>Indicator 1:</b> Mise en place (to put in place): organizing equipment and preparing ingredients (measuring, doing knife cuts) before you begin cooking.	255–256
<b>Standard 2: Students will connect workplace safety, food safety, and sanitation as applied to food production.</b>	
<b>Objective 1:</b> Apply established safety rules and guidelines in a work environment.	41–61
<b>Indicator 1:</b> Identify prevention, protocol, and treatment for cuts.	46–48

Standards / Objectives / Indicators	Textbook Pages
<b>Indicator 2:</b> Identify prevention, protocol, and treatment for fires, chemical and heat related incidents.	48, 50–51, 55–59
<b>Indicator 3:</b> Identify prevention, protocol, and treatment for break, strains, and sprains.	48, 51
<b>Objective 2:</b> Identify health and hygiene requirements for food handling.	31–34
<b>Indicator 1:</b> Identify proper handwashing.	32
<b>Indicator 2:</b> Identify appropriate clothing and hair restraints.	33
<b>Indicator 3:</b> When tasting food, always use a clean spoon and use only once.	34
<b>Indicator 4:</b> Discuss appropriate use of gloves.	33
<b>Indicator 5:</b> Any activity involving eating, drinking, smoking/vaping, or chewing gum needs to occur in a designated area away from food preparation areas.	34
<b>Objective 3:</b> Identify the steps in the flow of food, including purchasing, receiving, storage, preparation, cooking, holding (hot/cold), cooling, reheating, and serving.	18–22, 36
<b>Indicator 1:</b> Explain the purpose of the Hazard Analysis Critical Control Point (HACCP) system (i.e., to ensure keeping food safe through a system of identifying and monitoring critical control points).	36
<b>Indicator 2:</b> Discuss methods of purchasing, receiving, and storage.	24, 780–784
<b>Indicator 3:</b> Refrigerator and freezer temperatures (refrigerator: 41°F or lower; freezer: 0°F or lower).	21
<b>Objective 4:</b> Identify the factors contributing to foodborne contamination, illness, and prevention strategies.	3–16
<b>Indicator 1:</b> Discuss general concepts of foodborne illness.	4
<b>Indicator 2:</b> Three types of food contamination hazards.	5–16

Standards / Objectives / Indicators	Textbook Pages
<b>Indicator 3:</b> Identify the four types of pathogen contaminants.	5–12
<b>Indicator 4:</b> Foodborne illness symptoms that exclude a worker from handling food include the following: sore throat with fever, jaundice, diarrhea, vomiting, open and infected sores, and food handlers need to be symptom-free for 24 hours before handling food.	7–8, 34
<b>Indicator 5:</b> Discuss prevention strategies.	18–26
<b>Indicator 6:</b> Identify proper sanitation techniques used with tools, equipment, and surfaces.	24–31
<b>Standard 3: Students will apply math concepts as they apply to controlling food costs, portion control, AP/EP, and menu costing.</b>	
<b>Objective 1:</b> Identify factors in controlling food costs.	118, 154, 583, 780–789
<b>Indicator 1:</b> Monitor product through the flow of food to prevent loss.	780–789
<b>Indicator 2:</b> Employee training regarding food theft and waste.	783–784
<b>Indicator 3:</b> Forecasting sales.	785
<b>Objective 2:</b> Determine how portion control effects food costs.	118, 811
<b>Indicator 1:</b> Portion cost	785–788
<b>Objective 3:</b> Identify concepts of purchasing food to control expenses.	119–120, 780–789
<b>Indicator 1:</b> Purchasing prepared and processed food items increases product costs.	214, 544
<b>Indicator 2:</b> Purchasing raw increases labor costs.	241, 544,
<b>Objective 4:</b> Calculate menu pricing.	810–811
<b>Indicator 1:</b> Food Cost Percentage: the percentage of sales an operation spends on food products.	793–794
<b>Standard 4: Students will demonstrate menu-planning principles.</b>	

Standards / Objectives / Indicators	Textbook Pages
<b>Objective 1:</b> Evaluate nutrition principles and specialized dietary plans.	805–807, 815–839
<b>Indicator 1:</b> Food guidance programs as per the USDA.	824–832
<b>Indicator 2:</b> Special Dietary Needs	837–839
<b>Objective 2:</b> Compare menu types	799–801
<b>Indicator 1:</b> Types of menus	799–801
<b>Standard 5: Students will explore marketing and identify the applications of marketing strategies.</b>	
<b>Objective 1:</b> Define marketing	190, 808–810
<b>Indicator 1:</b> Marketing: the process of attracting and influencing potential customer.	190, 808–810
<b>Standard 6: Students will integrate knowledge and skills as applied to preparation of eggs, milk, and milk products.</b>	
<b>Objective 1:</b> Discuss the selection and preparation of eggs.	611–621
<b>Indicator 1:</b> First Grade or quality, this decreases with age.	611–614
<b>Indicator 2:</b> Size (is determined by weight per dozen)	614
<b>Indicator 3:</b> Purchase form	613
<b>Indicator 4:</b> Color—Shell color is determined by the breed of chicken that lays it. It is not an indicator of taste or nutrition.	611
<b>Objective 2:</b> Define and discuss milk and milk products.	601–611
<b>Indicator 1:</b> Processing prior to purchase.	602–604
<b>Indicator 2:</b> Milk is labeled and sold by fat content: skim, 1%, 2%, and whole (4%)	602
<b>Indicator 3:</b> Cream is also labeled and sold by fat content.	603

Standards / Objectives / Indicators	Textbook Pages
<p><b>Indicator 4:</b> Cultured dairy is made by adding specific bacterial cultures to fluid dairy products. The bacteria convert the milk sugar to lactic acid. The acid slows growth of undesirable microorganisms. The lactic acid gives these products tang, body and unique flavor.</p>	605–606
<p><b>Indicator 5:</b> Butter is produced by agitating cream. Regular composition is 80% fat, 16% water, 2%–4% solids (protein, lactose, etc.)</p>	604
<p><b>Indicator 6:</b> Cheese</p>	606–610
<p><b>Standard 7: Students will identify characteristics of produce including fruits, vegetables, and garnishes while applying preparation principles.</b></p>	
<p><b>Objective 1:</b> Identify characteristics of produce (fruits and vegetables, appropriate selection of, storage and preparation methods).</p>	370–403, 407–432, 434–443
<p><b>Indicator 1:</b> Selecting quality produce.</p>	371–389. 408–433
<p><b>Indicator 2:</b> Proper storage of produce.</p>	389, 432–433
<p><b>Indicator 3:</b> Enzymatic browning is the process of food turning brown from exposure to oxygen and/or cell damage.</p>	398
<p><b>Standard 8: Students will identify characteristics of grains, pasta, potatoes, and legumes and appropriate cooking methods.</b></p>	
<p><b>Objective 1:</b> Identify the characteristics of and cooking methods for grains.</p>	487–493, 499–504
<p><b>Indicator 1:</b> Characteristics.</p>	487–493
<p><b>Indicator 2:</b> Storage.</p>	495
<p><b>Indicator 3:</b> Cooking techniques.</p>	499–504
<p><b>Objective 2:</b> Identify the ingredients, types, and cooking methods for pasta.</p>	493–495, 505–508
<p><b>Indicator 1:</b> Ingredients</p>	493–495, 505
<p><b>Indicator 2:</b> Types and uses</p>	493–495
<p><b>Indicator 3:</b> Cooking pasta</p>	507–508
<p><b>Objective 3:</b> Identify the characteristics of and cooking methods for potatoes.</p>	483–487, 496–499
<p><b>Indicator 1:</b> Characteristics</p>	483–487

Standards / Objectives / Indicators	Textbook Pages
<b>Indicator 2:</b> Russet, yellow, red, white, blue/purple, fingerling, petite, and sweet potato	484–485
<b>Indicator 3:</b> Cooking methods—potatoes are very versatile they make be cooked using almost any dry- or moist-heat method.	496–499
<b>Indicator 4:</b> Receiving, storage, and handling	486
<b>Objective 4:</b> Identify the types and storage of legumes.	426–430, 441–442
<b>Indicator 1:</b> Types of legumes—Beans, Lentils, Peanuts, Peas, Soybeans	426–430
<b>Indicator 2:</b> Storage	432–433
<b>Standard 9: Students will identify sustainable practices in food service.</b>	
<b>Objective 1:</b> Describe sustainable food practices.	152–158
<b>Indicator 1:</b> Local sourcing—seasonal menus, personal production, shopping locally	156–157
<b>Indicator 2:</b> Food production—organic, protecting marine resources, ecology, extending shelf life	154–158, 581
<b>Objective 2:</b> Investigate methods of resource management.	160–165
<b>Indicator 1:</b> Water Conservation—energy star appliances, maintain and repair immediately, low flow toilets and faucet aerators	164–165
<b>Indicator 2:</b> Energy Conservation—lighting, programmable thermostats, energy star rated appliances	160–164
<b>Indicator 3:</b> Supplies and Building Materials	159
<b>Objective 3:</b> Analyze waste management applications.	165–169
<b>Indicator 1:</b> Reduce—Monitoring purchasing, menu adjustments, portion size, packaging	166–167
<b>Indicator 2:</b> Reuse—repurposing food, food donations	168

Standards / Objectives / Indicators	Textbook Pages
<b>Indicator 3:</b> Recycle—environmental food packaging, biofuels, composting	168–169
<b>Standard 10: Students will recognize various types of poultry, meat, and seafood and apply appropriate cooking techniques.</b>	
<b>Objective 1:</b> Explain types, purchasing, preparation, and storage of poultry	532–536, 539–544, 548–564
<b>Indicator 1:</b> Types—poultry include turkey, chicken, duck, goose, pheasant, quail, and other birds	532–536
<b>Indicator 2:</b> Purchasing—mandatory inspection and voluntary grading	516–517
<b>Indicator 3:</b> Storage—41 degrees or lower on the lowest shelf in the refrigerator	23, 537
<b>Indicator 3:</b> Preparation—dry- or moist-cooking methods	548–564
<b>Objective 2:</b> Explain types, purchasing, preparation, and storage of meats.	512–532
<b>Indicator 1:</b> Types—beef, pork, veal, lamb	519–531
<b>Indicator 2:</b> Purchasing—mandatory inspection and voluntary grading	516–517
<b>Indicator 3:</b> Storage—41 degrees or lower, below ready-to-eat foods and above raw poultry	23, 537
<b>Indicator 4:</b> Preparation	548–564
<b>Objective 3:</b> Explain types, purchasing, preparation, and storage of seafood.	568–597
<b>Indicator 1:</b> Types	568–579
<b>Indicator 2:</b> Purchasing—slight sea smell, eyes clear and full, gills bright red, flesh firm, shells closed	574–575, 579–580
<b>Indicator 3:</b> Storage—41 degrees or lower, below ready-to-eat foods and above raw meat and poultry	590–591
<b>Indicator 4:</b> Preparation	23, 583–59
<b>Standard 11: Students will explore and participate in bakery food production.</b>	
<b>Objective 1:</b> Identify the functions and types of each ingredient used in bakery products.	668–674



Standards / Objectives / Indicators	Textbook Pages
<b>Indicator 1:</b> Flour	668–669
<b>Indicator 2:</b> Sugar	670–671
<b>Indicator 3:</b> Fats	671–672
<b>Indicator 4:</b> Leavening	672–673
<b>Indicator 5:</b> Salt	673
<b>Indicator 6:</b> Eggs	673
<b>Indicator 7:</b> Liquids	673
<b>Indicator 8:</b> Flavorings	674
<b>Indicator 9:</b> Chocolate	674–675
<b>Objective 2:</b> Identify the types, preparation, and storage methods of yeast breads.	693–699
<b>Indicator 1:</b> Types	693–694, 699
<b>Indicator 2:</b> Preparation methods	694–699
<b>Indicator 3:</b> Packaging and Storing	697
<b>Objective 3:</b> Identify the types, preparation, and storage methods of pies and pastries.	691–692, 709–718
<b>Indicator 1:</b> Types of doughs and fillings	709–718
<b>Indicator 2:</b> Preparation	709–718
<b>Indicator 3:</b> Storage	21, 783
<b>Objective 4:</b> Identify the preparation and storage methods of cakes and types and functions of icings.	719–727, 732–737
<b>Indicator 1:</b> Preparation methods for cakes	720–722
<b>Indicator 2:</b> Storage of cakes	21, 783
<b>Indicator 3:</b> Types of frosting/icings	725–727, 732–737
<b>Indicator 4:</b> Functions of frosting/icings	725