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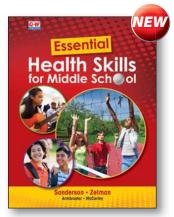






Linking healthy living with academic success





Course: Health Education I

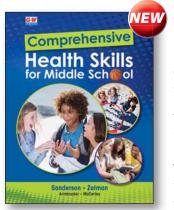
#### Essential Health Skills for Middle School @2019

Essential Health Skills for Middle School is the most up-to-date, skills-based text that helps students make good choices regarding their health and well-being. Students learn strategies to be mentally and emotionally healthy, build healthy relationships, avoid hazardous substances, and promote physical health and safety. Content and skills align with the National Health Education Standards for grades 6, 7, and 8.

Print and Digital Materials	ISBN	School Price
Printed Student Text, hardcover	978-1-63563-295-8	\$69.96
Online Learning Suite (OLS), 6 yr. Classroom Subscription (min. 15)	978-1-63563-298-9	\$80.46
Printed Student Workbook, 226 pp.	978-1-63563-300-9	\$16.50
Companion Website www.g-wlear	www.g-wlearning.com/health	
Online Instructor Resources, 6 yr. Individual Subscription	978-1-63563-304-7	\$396.00*

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Course: Health Education I

## Comprehensive Health Skills for Middle School ©2019

Comprehensive Health Skills for Middle School is the most up-to-date, skills-based text that helps students make good choices regarding their health and well-being. Students learn strategies to be mentally and emotionally healthy, build healthy relationships, avoid hazardous substances, and promote physical health and safety. There is also a unit that covers human sexuality and pregnancy prevention. Content and skills align with the National Health Education Standards and the National Sexuality Education Standards for grades 6, 7, and 8.

Print and Digital Materials	ISBN	School Price
Printed Student Text, hardcover	978-1-63563-308-5	\$69.96
Online Learning Suite (OLS), 6 yr. Classroom Subscription (min. 15)	978-1-63563-311-5	\$80.46
Printed Student Workbook, 250 pp.	978-1-63563-313-9	\$16.50
Companion Website www.g-wlea	www.g-wlearning.com/health	
Online Instructor Resources, 6 yr. Individual Subscription	978-1-63563-317-7	\$396.00*

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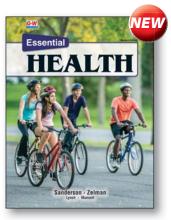
Experts in Today's Health and Wellness

**Educational Consultant** 

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Lynne Lamparski



Course: Health Education II

#### Essential Health @2018, 2nd Edition

Essential Health is the most up-to-date, skills-based text available for high school health and wellness classes. With its engaging writing and numerous supporting activities, this text presents the study of health and wellness as a dynamic discussion, relevant to students' lives. The second edition contains new information about current topics such as nutrition, opioid abuse, and human trafficking. It also gives in-depth coverage of sleep, body image, and health across the lifespan. Content and skills are aligned to the National Health Education Standards.

Print and Digital Materials	ISBN	School Price
Printed Student Text, hardcover	978-1-63563-042-8	\$79.98
Online Learning Suite (OLS), 6 yr. Classroom Subscription (min. 15)	978-1-63563-049-7	\$91.98
Printed Student Workbook, 230 pp.	978-1-63563-044-2	\$18.00
Companion Website www.g-v	www.g-wlearning.com/health	
Online Instructor Resources, 6 yr. Individual Subscription	978-1-63563-051-0	\$396.00*

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Course: Health Education II

### Comprehensive Health ©2018, 2nd Edition

Comprehensive Health offers a complete solution for high school health classes. All health education information, including pregnancy prevention and sexuality topics, is presented in the text, and the second edition contains new information about current topics such as nutrition, opioid abuse, and human trafficking. In this up-to-date, skills-based text, health and wellness topics are presented as a dynamic discussion, relevant to students' lives. In addition to the standard topics, the text contains in-depth coverage of sleep, body image, and health across the lifespan. Content and skills are aligned to the National Health Education Standards and the National Sexuality Education Standards.

Print and Digital Materials	ISBN	School Price
Printed Student Text, hardcover	978-1-63563-030-5	\$79.98
Online Learning Suite (OLS), 6 yr. Classroom Subscription (min. 15)	978-1-63563-037-4	\$91.98
Printed Student Workbook, 250 pp.	978-1-63563-032-9	\$18.00
Companion Website <u>www.g-wlearr</u>	www.g-wlearning.com/health	
Online Instructor Resources, 6 yr. Individual Subscription	978-1-63563-039-8	\$396.00*

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