



			ALIGNMENT
			FLORIDA DEPARTMENT OF EDUCATION
TITLE:	Comprehensive Health ©2018		NEXT GENERATION SUNSHINE STATE
GRADE LEVEL:	Grades 9-12		STANDARDS FOR HEALTH EDUCATION
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BENCHMARK CODE		STRAND / STANDARD / BENCHMARK	
LESSONS WHERE STANDARD/BENCHMARK IS DIRECTLY ADDRESSED IN MAJOR TOOL (MOST IN-DEPTH COVERAGE LISTED FIRST) - Include the student edition and teacher edition with the page numbers of lesson, a link to lesson, or other identifier for easy lookup by reviewers.			
STRAND - HEALTH LITERACY CONCEPTS - GRADES 9-12			
Standard 1: Core Concepts - Comprehend concepts related to health promotion and disease prevention to enhance health.			
<a href="#">HE.912.C.1.1</a>	Predict how healthy behaviors can affect health status.	10-11, 343 (Real World Health)	
<a href="#">HE.912.C.1.2</a>	Interpret the significance of interrelationships in mental/emotional, physical, and social health.	9-10, 12 (#3, 5)	
<a href="#">HE.912.C.1.3</a>	Evaluate how environment and personal health are interrelated.	56-58, 59 (#2, 4)	
<a href="#">HE.912.C.1.4</a>	Propose strategies to reduce or prevent injuries and health problems.	62 (#30), 97, 150-151, 235, 243, 515	
<a href="#">HE.912.C.1.5</a>	Analyze strategies for prevention, detection, and treatment of communicable and chronic diseases.	365-370, 415-417, 419, 421, 428-429, 430-435	
<a href="#">HE.912.C.1.6</a>	Evaluate the relationship between access to health care and health status.	26-31, 31 (Real World Health), 59	
<a href="#">HE.912.C.1.7</a>	Analyze how heredity and family history can impact personal health.	34 (Hands-On Activity), 50 (Warm-Up), 52, 54 (Real World Health), 62 (#29), 412, 413 (#6)	
<a href="#">HE.912.C.1.8</a>	Assess the degree of susceptibility to injury, illness, or death if engaging in unhealthy/risky behaviors.	46-49, 294-295, 385	
Standard 2: Internal and External Influence - Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.			
<a href="#">HE.912.C.2.1</a>	Analyze how the family influences the health of individuals.	133-134, 146, 270, 304	
<a href="#">HE.912.C.2.2</a>	Compare how peers influence healthy and unhealthy behaviors.	133-134, 271, 304-305, 541-542, 544 (Research in Action, 544 (#4, 5)	
<a href="#">HE.912.C.2.3</a>	Assess how the school and community can affect personal health practice and behaviors.	99 (Real World Health), 102 (#27), 167-168, 194 (#36), 279 (#6), 282 (#20), 307, 343 (Real World Health), 346 (#30), 448 (Research in Action), 477	
<a href="#">HE.912.C.2.4</a>	Evaluate how public health policies and government regulations can influence health promotion and disease prevention.	27, 89 (Local and Global Health), 151, 151 (#3), 276, 279 (#3), 308, 311 (#1), 325 (#2)	
<a href="#">HE.912.C.2.5</a>	Evaluate the effect of media on personal and family health.	48, 88 (Health in the Media), 128 (#32), 134-137, 139 (#7), 150 (Health in the Media), 236 (Health in the Media), 271, 303 (Research in Action), 304 (Health in the Media), 305, 321 (Health in the Media), 506 (Health in the Media)	
<a href="#">HE.912.C.2.6</a>	Evaluate the impact of technology on personal, family, and community health.	445 (Health in the Media), 477 (Health in the Media), 555 (#38), 566, 805 (#43)	
<a href="#">HE.912.C.2.7</a>	Analyze how culture supports and challenges health beliefs, practices, and behaviors.	116-117, 118 (#3), 453, 686 (Real World Health), 712 (Real World Health)	
<a href="#">HE.912.C.2.8</a>	Analyze how the perceptions of norms influence healthy and unhealthy behaviors.	137, 270, 581	
<a href="#">HE.912.C.2.9</a>	Evaluate the influence of personal values, attitudes, and beliefs about individual health practices and behaviors.	116-117, 137, 304, 451-452, 712 (Real World Health)	

STRAND - HEALTH LITERACY RESPONSIBLE BEHAVIOR - GRADES 9-12		
Standard 3: Accessing Information - Demonstrate the ability to access valid health information, products, and services to enhance health.		
<a href="#">HE.912.B.3.1</a>	Verify the validity of health information, products, and services.	14-15, 18-19, 20 (Real World Health)
<a href="#">HE.912.B.3.2</a>	Compile data reflecting the accessibility of resources from home, school, and community that provide valid health information.	194 (#36), 279 (#6), 343 (Real World Health), 387, 521 (Real World Health), 554 (#27), 586 (#30)
<a href="#">HE.912.B.3.3</a>	Justify the validity of a variety of technologies to gather health information.	173, 182
<a href="#">HE.912.B.3.4</a>	Justify when professional health services or providers may be required.	124, 466-467, 467 (Real World Health), 493, 495 (#3)
Standard 4: Interpersonal Communication - Demonstrate the ability to use interpersonal-communication skills to enhance health and avoid or reduce health risks.		
<a href="#">HE.912.B.4.1</a>	Explain skills needed to communicate effectively with family, peers, and others to enhance health.	532-534, 537 (#4), 547-548
<a href="#">HE.912.B.4.2</a>	Assess refusal, negotiation, and collaboration skills to enhance health and avoid or reduce health risks.	23-24, 278-279, 307-308, 311 (#5)
<a href="#">HE.912.B.4.3</a>	Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts without harming self or others.	559-561
<a href="#">HE.912.B.4.4</a>	Analyze the validity of ways to ask for and offer assistance to enhance the health of self and others.	124, 128 (#31), 467, 493, 521
Standard 5: Decision Making - Demonstrate the ability to use decision-making skills to enhance health.		
<a href="#">HE.912.B.5.1</a>	Determine the value of applying a thoughtful decision-making process in health-related situations.	22, 24 (#1, 5, Real World Health), 293 (Warm-Up)
<a href="#">HE.912.B.5.2</a>	Generate alternatives to health-related issues or problems.	346 (#29), 406 (#30), 792 (Lesson Activity, #1), 805 (#46)
<a href="#">HE.912.B.5.3</a>	Appraise the potential short-term and long-term outcomes of each alternative on self and others.	346 (#29), 406 (#30), 792 (Lesson Activity, #1), 805 (#46)
<a href="#">HE.912.B.5.4</a>	Assess whether individual or collaborative decision making is needed to make a healthy decision.	24, 24 (#5)
<a href="#">HE.912.B.5.5</a>	Examine barriers that can hinder healthy decision making.	24 (#5)
Standard 6: Goal Setting - Demonstrate the ability to use goal-setting skills to enhance health.		
<a href="#">HE.912.B.6.1</a>	Evaluate personal health practices and overall health status to include all dimensions of health.	10-11, 12 (Real World Health)
<a href="#">HE.912.B.6.2</a>	Formulate a plan to attain a personal health goal that addresses strengths, needs, and risks.	22-23, 24 (#2), 34 (#29), 102 (#26), 128 (#30)
<a href="#">HE.912.B.6.3</a>	Implement strategies and monitor progress in achieving a personal health goal.	34 (#29), 102 (#26), 128 (#30)
<a href="#">HE.912.B.6.4</a>	Formulate an effective long-term personal health plan.	62 (#30), 194 (Hands-On)
STRAND - HEALTH LITERACY PROMOTION - GRADES 9-12		
Standard 7: Self Management - Demonstrate the ability to practice advocacy, health-enhancing behaviors, and avoidance or reduction of health risks for oneself.		
<a href="#">HE.912.P.7.1</a>	Analyze the role of individual responsibility in enhancing health.	59 (Real World Health), 215 (Real World Health), 463
<a href="#">HE.912.P.7.2</a>	Evaluate healthy practices and behaviors that will maintain or improve health and reduce health risks.	12 (Real World Health), 128 (#31), 438 (#20), 467 (#7)
Standard 8: Advocacy - Demonstrate the ability to advocate for individual, peer, school, family, and community health.		
<a href="#">HE.912.P.8.1</a>	Demonstrate how to influence and support others in making positive health choices.	128 (#29), 154 (#27), 194 (#35), 378 (#30), 406 (#30), 438 (#17), 586 (#30)
<a href="#">HE.912.P.8.2</a>	Utilize current, accurate data/information to formulate a health-enhancing message.	88 (Health in the Media, #1), 110 (#7), 118 (#5)
<a href="#">HE.912.P.8.3</a>	Work cooperatively as an advocate for improving personal, family, and community health.	194 (#36), 282 (#20), 378 (#30), 554 (#29)
<a href="#">HE.912.P.8.4</a>	Adapt health messages and communication techniques to a specific target audience.	102 (#28), 128 (#32), 146 (Real World Health), 378 (#31), 461 (Real World Health), 524 (#24), 554 (#29), 609 (Real World Health), 658 (#28), 679 (Real World Health),