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Exploratory Course		
Exploratory Family and Consumer Sciences, Grade 6		
ACADEMIC STANDARD / INDICATOR	CORRELATING PAGES	
B. Interpersonal Relationships		
B1. Implement strategies to build positive,	5–15, 20–22, 25–29, 37–40, 54–55, 57–67, 69–	
nurturing, caring, and respectful relationships.	71, 85–97	
What Students Should Know:		
Personal characteristics		
2. Relationships improvement strategies		
3. Characteristics of quality relationships		
What Chudanta Chauld Da Abla ta Day		
What Students Should Be Able to Do:		
1. Generate a list of personal characteristics that		
lead to successful relationships.		
2. Describe effective strategies that lead to		
improved relationships.		
3. Identify characteristics of quality relationships.	(20	
C. Consumer and Family Resour	T T T T T T T T T T T T T T T T T T T	
C1. Critique different methods of managing	113–125	
personal resources.		
What Students Should Know:		
1. Resources		
2. Management skills		
What Students Should Be Able to Do:		
1. Identify human, non-human, and community		
resources.		
Demonstrate resource management skills.		
D. Housing and Interior Design	n (Creating Environments)	
D1. Examine strategies to create or enhance	537–544, 624–653	
personal space.	33. 3, 32. 333	
What Students Should Know:		
1. Personal space		
2. Ideal personal space		
3. Room design		
4. Home safety and security		
5. Emergency procedures		
What Students Should Be Able to Do:		
1. Describe personal space in various locations.		
2. Describe an ideal personal space.		



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3. Design a room using the elements and principles		
of design.		
4. Generate strategies to avoid accidents and		
improve home security.		
5. Prepare for different types of emergencies.		
E. Education and Early Childh	ood (Challenging Children)	
E1. Analyze the responsibilities of caring for young	193, 259–291. 295–311, 315–320, 327–331,	
children related to child development, safety, and	353–359	
health.		
What Students Should Know:		
Components of a safe and healthy environment		
2. Safe and healthy practices		
3. Responsibilities in child care		
4. Infant and child first aid/CPR		
5. Child care provider and facility		
What Charles Charles Da Abla to Day		
What Students Should Be Able to Do:		
Describe a safe and healthy environment for		
young children.		
2. Explain safe and healthy practices when working		
with young children.		
3. Analyze responsibilities when caring for young		
children.		
4. Demonstrate first aid and CPR skills.		
5. Identify the characteristics of a quality child care		
provider and facility.		
F. Textiles, Fashion and App	arel (Winning Images)	
F1. Analyze factors that influence grooming habits,	336–339, 537–559, 561–575, 577–601	
clothing selection, and clothing repairs.		
What Students Should Know:		
1. Grooming habits		
2. Clothing for body types and occasions		
3. Trends, fads, and classics		
4. Clothing budgets		
5. Basic sewing skills		
What Students Should Be Able to Do:		
1. Analyze personal grooming habits.		
2. Select appropriate clothing for body types and		
occasions.		
3. Generate examples of trends, fads, and classics.		
4. Develop a clothing budget.		
5. Demonstrate basic sewing skills.		
G. Nutrition and Wellness (Kitchen Connections)		
G1. Evaluate factors that affect dietary needs and	335–336, 340–345, 363–399, 409–431, 444–	
wellness.		
WEIIIIE33.	471, 475–495, 497–517, 519–533	



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What Students Should Know:

- 1. Dietary needs
- 2. Safe and sanitary practices
- 3. The names and functions of common kitchen utensils
- 4. Common cooking terms
- 5. Measurements
- 6. Recipe preparation
- 7. Table settings and etiquette

What Students Should Be Able to Do:

- 1. Identify dietary needs for teenagers.
- 2. Evaluate the food lab for sanitation and safety.
- 3. Select appropriate tools for specific tasks
- 4. Explain the meaning of common cooking terms.
- 5. Measure ingredients accurately.
- 6. Prepare a simple recipe.
- 7. Demonstrate appropriate table settings and etiquette.

H. Career, Community and Family Connections (Cash and Consumer)

H1. Explore entrepreneurship and employment opportunities available to young people.

What Students Should Know:

- 1. Foundation skills
- 2. Academic skills
- 3. Employer/Employee characteristics
- 4. Job and career
- 5. Entrepreneurship and employment opportunities

What Students Should Be Able to Do:

- 1. Identify foundation skills essential to employment success.
- 2. Analyze the relationship between academic skills and career opportunities.
- 3. Outline characteristics of effective employers/employees.
- 4. Compare and contrast job and career.
- 5. Explore entrepreneurship and employment opportunities available to tweens and teens.

2–3, 98–99, 182–183, 185–201, 203–221, 223–235, 237–257, 332–333, 472–473, 534–535, 622–623



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Exploratory	Course	
Introduction to Family and Co	nsumer Sciences, Grade 7	
ACADEMIC STANDARD / INDICATOR	CORRELATING PAGES	
B. Interpersonal Relationships	(Teen Success Strategies)	
B1. Investigate strategies to promote positive and	5-15, 19-29, 31-55, 57-67, 69-77, 85-97	
healthy character traits.		
What Students Should Know:		
1. Personal characteristics		
2. Self-esteem		
3. Interpersonal relationships		
4. Characteristics of quality relationships.		
What Students Should Be Able to Do:		
1. Generate a list of personal characteristics that		
lead to successful relationships.		
2. Identify importance of good self-esteem in		
achieving one's potential.		
3. Describe types of interpersonal relationships		
4. Analyze the characteristics of quality		
relationships.		
C. Consumer and Family Resou	rces (Management Magic)	
C1. Analyze the impact of financial literacy on	118–125, 133–147, 156–157, 159–169, 180–	
consumer issues.	181, 193, 206, 435–436, 554, 663	
What Students Should Know:		
1. Consumer problems and issues		
2. Consumer rights and responsibilities		
3. Financial literacy		
4. Financial planning		
5. Factors that influence decisions		
What Students Should Be Able to Do:		
1. Determine current consumer problems and		
issues.		
2. Investigate consumer rights and responsibilities.		
3. Analyze aspects of financial literacy.		
4. Evaluate the need for financial planning.		
5. Analyze a problem, identify options, and make a		
decision.		
D. Housing and Interior Design (Creating Environments)		
D1. Evaluate methods to maintain and enhance	170–181, 633–641	
living spaces.		



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What Students Should Know:	
1. Ways to reduce waste by recycling	
2. How to conserve energy	
3. Furniture arrangement and functional space	
What Students Should Be Able to Do:	
1. Identify recycling methods.	
2. Recommend energy saving strategies.	
3. Arrange furniture to create a pleasing and	
functional space.	
E. Education and Early Childh	nood (Challenging Children)
E1. Examine typical characteristics, needs, and	101–106, 259–291, 293–311, 315–318, 321–
activities of young children.	331
What Students Should Know:	
1. Typical development	
2. Basic needs	
3. Developmentally appropriate activities	
4. Child guidance	
What Students Should Be Able to Do:	
Describe characteristics of children at different	
ages.	
2. Explain the basic needs of children.	
3. Describe how children learn through play.	
4. Evaluate practices for guiding young children.	
F. Textiles, Fashion and App	parel (Winning Images)
F1. Demonstrate methods for proper care of	602–621
clothing.	
What Students Should Know:	
1. Clothing care	
2. Laundry products	
3. Sort clothing	
4. Care labels	
5. Redesign	
What Students Should Be Able to Do:	
1. Analyze various methods for clothing care.	
Evaluate laundry products.	
3. Examine how to sort clothing.	
4. Analyze care labels.	
5. Redesign garments.	
G. Nutrition and Wellnes	s (Kitchen Connections)
G1. Evaluate methods used to promote health and	335–361, 363–399, 401–431, 433–471, 475–
wellness.	495, 497–517, 519–533
What Students Should Know:	755, 457-517, 515-555
1. Food groups	
L. 1. FOOO BLOUDS	1



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2. Safety and sanitation 3. Healthy snacks 4. Physical activity for wellness 5. Food budgeting 6. Table settings 7. Meal etiquette What Students Should Be Able to Do: 1. Determine basic nutrients in the USDA food groups. 2. Demonstrate safe and sanitary kitchen and food handling practices. 3. Prepare healthy snacks. 4. Correlate the importance of energy intake and energy expenditure balance. 5. Demonstrate table settings for different styles of meal service. 6. Create a food budget for financial health. 7. Demonstrate meal etiquette. H. Career, Community and Family Connections (Cash and Consumer) H1. Investigate skills required to locate and maintain 190-201, 203-221, 223-235, 237-255 employment. What Students Should Know: 1. Skills for employment 2. Steps to locate employment 3. Traits for employment 4. Employers' expectations

What Students Should Be Able to Do:

- 1. Analyze skills for employment.
- 2. Identify steps to locate employment.
- 3. Identify traits for employment success.
- 4. Evaluate employers' expectations.



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Exploratory Course Introduction to Family and Consumer Sciences, Grade 8	
ACADEMIC STANDARD / INDICATOR	CORRELATING PAGES
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B. Interpersonal Relationships	
B1. Investigate factors that influence healthy	31–55, 57–67, 69–77, 85–97
relationships.	
What Students Should Know:	
1. Family structures	
2. Healthy relationships	
3. Role expectations of relationships	
What Students Should Be Able to Do:	
1. Describe various family structures.	
2. Determine ways to strengthen relationships.	
3. Assess role expectations of various relationships.	
C. Consumer and Family Resou	rces (Management Magic)
C1. Evaluate financial resources available to	118–125, 133–147, 156–157, 159–169, 180–
consumers.	181, 193, 206, 435–436, 554, 663
What Students Should Know:	
1. Financial Literacy	
2. Financial Decisions	
3. Consumer Resources	
What Students Should Be Able to Do:	
1. Evaluate aspects of financial literacy.	
2. Make informed financial decisions.	
3. Evaluate consumer resources.	(0); 5 ;
D. Housing and Interior Desig	1
D1. Evaluate environments for sanitation and safety	279–291, 298, 307–308, 348, 475–480, 494–
standards.	495, 642–653
What Students Should Know:	
1. The advantages of a clean, safe home	
2. Home care routines	
3. Organization and management	
What Students Should Be Able to Do:	
1. Discuss the advantages of a clean and safe home.	
2. Plan a cleaning routine to accomplish a clean and	
safe environment.	
3. Determine how to organize and manage cleaning	
tasks.	



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E. Education and Early Childh	nood (Challenging Children)	
E1. Evaluate age-appropriate activities for young	261–291, 293–311	
children.		
What Students Should Know:		
1. Ages and Stages of Development		
2. Domains of Development		
3. Stages of Play		
4. Active Learning		
Tribute Learning		
What Students Should Be Able to Do:		
1. Explain major developmental milestones in child		
development.		
2. Describe social, emotional, cognitive (intellectual)		
and physical development of children.		
3. Differentiate stages and types of play.		
4. Explain characteristics of active learning.		
F. Textiles, Fashion and Apparel (Winning Images)		
F1. Recommend procedures for the production, use,	561–575, 577–601, 603–621	
and care of textile, fashion, and apparel products.		
What Students Should Know:		
1. Performance characteristics		
2. Sewing equipment		
3. Textile product		
4. Textile labeling practices		
5. Repairing, recycling, reusing		
What Students Should Be Able to Do:		
Identify performance characteristics of textile		
fibers and fabrics.		
2. Demonstrate how to safely use and care for		
sewing equipment.		
3. Construct a textile product.		
4. Analyze textiles care labels.		
5. Demonstrate techniques to repair, recycle, and		
reuse textile products.		
G. Nutrition and Wellness (Kitchen Connections)		
G1. Analyze nutrition and wellness guidelines.	364–371, 373–399, 409–431, 433–471, 497–	
What Students Should Know:	517	
1. Essential nutrients		
2. Malnutrition		
3. Major eating disorders		
4. Diet modifications		
5. Healthy choices		
6. Food preparation		



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What Students Should Be Able to Do:

- 1. Identify the role of essential nutrients in the USDA guidelines.
- 2. Analyze the causes and treatments for malnutrition.
- 3. Examine symptoms and treatments for a variety of eating disorders.
- 4. Evaluate simple diet modifications.
- 5. Recommend nutritious choice strategies when eating out.
- 6. Demonstrate healthy food preparation techniques.

H. Career, Community and Family Connections (Cash and Consumer)

H1. Examine Family and Consumer Sciences careers.

203-221, 223-235, 244-247

What Students Should Know:

- 1. Career options
- 2. Career clusters
- 3. Career investigations
- 4. Career planning

What Students Should Be Able to Do:

- 1. Analyze career options at their employability levels: entry, post-secondary, and collegiate.
- 2. Organize careers by clusters.
- 3. Investigate different careers.
- 4. Develop education and employment plans.

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